

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 7th July	Fast Food	Chicken Madras with Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork & Stuffing served with Confit Potatoes and Mixed Vegetables	£2.60
		G (w), C, Sb	
TUESDAY 8th July	Vegetarian	Quorn Madras with Coriander Rice (E, C, Sb, Mu)	£2.60
	Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
	Fast Food	Beef Lasagne served with Garlic Bread and Mixed Leaf Salad	£2.60
		G (w, b) C, Sb, M, may contain E	
WEDNESDAY 9th July	Traditional	Roast Bacon Loin with Jacket Wedges and Sweetcorn	£2.60
		No Allergens	
	Vegetarian	Vegan Lasagne with Garlic Bread and a Mixed Leaf Salad (G (w), C, Sb)	£2.60
	Dessert	Chocolate Brownie and Custard (G (w), E, M, Sb)	£1.10
THURSDAY 10th June	Fast Food	Spanish Chicken Leg on a bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Beef Stew served with Yorkshire Pudding and Minted Potatoes (Without Gluten Available)	£2.60
		G (w), C, Sb, E, M	
FRIDAY 11th July	Vegetarian	Tomato and Cheese Pasta Bake (G (w), C, Sb, Sd, M)	£2.60
	Dessert	Oaty Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
THURSDAY 10th June	Traditional	Italian Style Stuffed Peppers with a Tomato Coulis (Vegan)	£2.60
		C, Sb, Sd	
	Vegetarian	Vegan Southern Style Quorn Burger (G (w), M, may contain S)	£2.60
	Dessert	Key Lime Pie (G (w), E, Sb)	£1.10
FRIDAY 11th July	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock with Buttered New Potatoes and Minted Peas with Tartare Sauce (Without Gluten Fish Fingers Available)	£2.60
		G (w), F, E, M, Mu	
FRIDAY 11th July	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above serving points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

7th July - 11th July

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads
from £1.60 - £2.50 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Chicken
Artisan Selection

Freshly made Wraps
Premium Rolls

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce (Available without Gluten)	Chicken Balti Wrap (Available Without Gluten)	Honey Roasted Bacon Loin (Available Without Gluten)	Vegan Meatballs in Tomato Sauce (Available Without Gluten)	Battered Haddock with Tartare Sauce (Without Gluten Fish Fingers Available)
G (w), C, Sb, M, may contain E, S	G (w), Mu, M, may contain N, P	G (w), Sb, M, may contain E, S	G (w), Sb, C, Sd, M, may contain E, S	G (w), F, E, Sb, M, may contain S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Leek and Potato (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Salad of the Week	A selection of Fresh Salads Daily. Please see Menu Cards	£2.20
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Garlic Mushrooms with Spinach (Vegan)	£2.35
	C, Sb	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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St. Aidan's Catering

DELI BAR MENU

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce (Available without Gluten)	Chicken Balti Wrap (Available Without Gluten)	Honey Roasted Bacon Loin (Available Without Gluten)	Vegan Meatballs in Tomato Sauce (Available Without Gluten)	Battered Haddock with Tartare Sauce (Without Gluten Fish Fingers Available)
G (w), C, Sb, M, may contain E, S	G (w), Mu, M, may contain N, P	G (w), Sb, M, may contain E, S	G (w), Sb, C, Sd, M, may contain E, S	G (w), F, E, Sb, M, may contain S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Leek and Potato (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Salad of the Week	A selection of Fresh Salads Daily. Please see Menu Cards	£2.20
Jacket Potato	Cheese 'n' Beans	£2.45
	M - Cheese only	
Jacket Potato of the Week	Garlic Mushrooms with Spinach (Vegan)	£2.45
	C, Sb	

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Main Hall

Year 7 - 8

MONDAY 7th July	Fast Food	Chicken Madras with Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork & Stuffing served with Confit Potatoes and Mixed Vegetables	£2.60
		G (w), C, Sb	
	Vegetarian	Quorn Madras with Coriander Rice (E, C, Sb, Mu)	£2.60
TUESDAY 8th July	Fast Food	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
	Traditional	Beef Lasagne served with Garlic Bread and Mixed Leaf Salad	£2.60
		G (w, b) C, Sb, M, may contain E	
	Traditional	Roast Bacon Loin with Jacket Wedges and Sweetcorn	£2.60
		No Allergens	
WEDNESDAY 9th July	Vegetarian	Vegan Lasagne with Garlic Bread and a Mixed Leaf Salad (G (w), C, Sb)	£2.60
	Dessert	Chocolate Brownie and Custard (G (w), E, M, Sb)	£1.10
	Fast Food	Spanish Chicken Leg on a bed of Soft Noodles	£2.60
		G (w), C, Sb	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
THURSDAY 10th June	Vegetarian	Tomato and Cheese Pasta Bake (G (w), C, Sb, Sd, M)	£2.60
	Dessert	Oaty Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Italian Style Stuffed Peppers with a Tomato Coulis (Vegan)	£2.60
		C, Sb, Sd	
FRIDAY 11th July	Vegetarian	Vegan Southern Style Quorn Burger (G (w), M, may contain S)	£2.60
	Dessert	Fresh Fruit or A Selection of Fruit Yogurts	
	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock with Buttered New Potatoes and Minted Peas with Tartare Sauce (Without Gluten Fish Fingers Available)	£2.60
		G (w), F, E, M, Mu	
FRIDAY 11th July	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

7th July - 11th July

Daily Special Options

Monday	Chicken Madras with Coriander Rice	£2.60
	G (w), C, Sb, M, Mu	
	Quorn Madras with Coriander Rice (E, C, Sb, Mu)	£2.60
	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and Mixed Leaf Salad	£2.60
	G (w, b) C, Sb, M, may contain E	
	Vegan Lasagne with Garlic Bread and a Mixed Leaf Salad (G (w), C, Sb)	£2.60
	Chocolate Brownie and Custard (G (w), E, M, Sb)	£1.10
Wednesday	Spanish Chicken Leg on a bed of Soft Noodles	£2.60
	G (w), C, Sb	
	Tomato and Cheese Pasta Bake (G (w), C, Sb, Sd, M)	£2.60
	Oaty Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Vegan Southern Style Quorn Burger (G (w), M, may contain S)	£2.60
	Key Lime Pie (G (w), E, Sb)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Garlic Mushrooms with Spinach (Vegan)	£2.35
	C, Sb	
Salad of the Week	A selection of Fresh Salads Daily. Please see Menu Cards	£2.20
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Leek and Potato (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
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