

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

| | | | |
|-----------------------|-------------|--|-------|
| MONDAY 7th July | Fast Food | Chicken Madras with Coriander Rice | £2.60 |
| | | G (w), C, Sb, M, Mu | |
| | Traditional | Roast Pork & Stuffing served with Confit Potatoes and Mixed Vegetables | £2.60 |
| | | G (w), C, Sb | |
| TUESDAY 8th July | Vegetarian | Quorn Madras with Coriander Rice (E, C, Sb, Mu) | £2.60 |
| | Dessert | Treacle Sponge and Custard (G (w), M, E, may contain Sb) | £1.10 |
| | Fast Food | Beef Lasagne served with Garlic Bread and Mixed Leaf Salad | £2.60 |
| | | G (w, b) C, Sb, M, may contain E | |
| WEDNESDAY 9th July | Traditional | Roast Bacon Loin with Jacket Wedges and Sweetcorn | £2.60 |
| | | No Allergens | |
| | Vegetarian | Vegan Lasagne with Garlic Bread and a Mixed Leaf Salad (G (w), C, Sb) | £2.60 |
| | Dessert | Chocolate Brownie and Custard (G (w), E, M, Sb) | £1.10 |
| THURSDAY 10th June | Fast Food | Spanish Chicken Leg on a bed of Soft Noodles | £2.60 |
| | | G (w), C, Sb | |
| | Traditional | Beef Stew served with Yorkshire Pudding and Minted Potatoes (Without Gluten Available) | £2.60 |
| | | G (w), C, Sb, E, M | |
| FRIDAY 11th July | Vegetarian | Tomato and Cheese Pasta Bake (G (w), C, Sb, Sd, M) | £2.60 |
| | Dessert | Oaty Apple Crumble and Custard (G (w), M, may contain Sb) | £1.10 |
| | Fast Food | Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available) | £2.60 |
| | | G (w), C, M, Sb, Sd, may contain S, Mu | |
| THURSDAY 10th June | Traditional | Italian Style Stuffed Peppers with a Tomato Coulis (Vegan) | £2.60 |
| | | C, Sb, Sd | |
| | Vegetarian | Vegan Southern Style Quorn Burger (G (w), may contain S) | £2.60 |
| | Dessert | Key Lime Pie (G (w), E, Sb) | £1.10 |
| FRIDAY 11th July | Fast Food | Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese | £2.60 |
| | | G (w), C, Sb, Sd G (w), C, Sb, M, E | |
| | Traditional | Battered Haddock with Buttered New Potatoes and Minted Peas with Tartare Sauce (Without Gluten Fish Fingers Available) | £2.60 |
| | | G (w), F, E, M, Mu | |
| FRIDAY 11th July | Vegetarian | Dish of the Day see Menu Cards | £2.60 |
| | Dessert | Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 |

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above serving points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

7th July - 11th July

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads
from £1.60 - £2.50 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Chicken
Artisan Selection

Freshly made Wraps
Premium Rolls

Hot Baguette - £2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| Roast Pork and Apple Sauce (Available without Gluten) | Chicken Balti Wrap (Available Without Gluten) | Honey Roasted Bacon Loin (Available Without Gluten) | Vegan Meatballs in Tomato Sauce (Available Without Gluten) | Battered Haddock with Tartare Sauce (Without Gluten Fish Fingers Available) |
| G (w), C, Sb, M, may contain E, S | G (w), Mu, M, may contain N, P | G (w), Sb, M, may contain E, S | G (w), Sb, C, Sd, M, may contain E, S | G (w), F, E, Sb, M, may contain S |

Weekly Specials

| | | |
|--|--|-------|
| Soup of the Week with a Bread Roll (G (w), Sb may contain E, M) | Leek and Potato (Vegan) | £1.85 |
| | C, Sb (Available without Gluten) | |
| Salad of the Week | A selection of Fresh Salads Daily. Please see Menu Cards | £2.20 |
| | | |
| Jacket Potato | Cheese 'n' Beans | £2.35 |
| | M - Cheese only | |
| Jacket Potato of the Week | Garlic Mushrooms with Spinach (Vegan) | £2.35 |
| | C, Sb | |
| Vegetarian Dish | Changed Daily. Please ask the Server for Allergen Information. | £2.60 |
| | | |
| Dessert | Changed Daily. Please ask the Server for Allergen Information. | £1.10 |
| | | |

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St. Aidan's Catering

DELI BAR MENU

Hot Baguette - £2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| Roast Pork and Apple Sauce (Available without Gluten) | Chicken Balti Wrap (Available Without Gluten) | Honey Roasted Bacon Loin (Available Without Gluten) | Vegan Meatballs in Tomato Sauce (Available Without Gluten) | Battered Haddock with Tartare Sauce (Without Gluten Fish Fingers Available) |
| G (w), C, Sb, M, may contain E, S | G (w), Mu, M, may contain N, P | G (w), Sb, M, may contain E, S | G (w), Sb, C, Sd, M, may contain E, S | G (w), F, E, Sb, M, may contain S |

Weekly Specials

| | | |
|---|--|-------|
| Wrap of the Week G (w), may also contain Mu | A selection of Freshly Made Wraps | £2.50 |
| | Please See Packaging for Allergens | |
| Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M) | Leek and Potato (Vegan) | £1.85 |
| | C, Sb (Available without Gluten) | |
| Salad of the Week | A selection of Fresh Salads Daily. Please see Menu Cards | £2.20 |
| | | |
| Jacket Potato | Cheese 'n' Beans | £2.45 |
| | M - Cheese only | |
| Jacket Potato of the Week | Garlic Mushrooms with Spinach (Vegan) | £2.45 |
| | C, Sb | |

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Main Hall

Year 7 - 8

| | | | |
|-----------------------|-------------|--|-------|
| MONDAY 7th July | Fast Food | Chicken Madras with Coriander Rice | £2.60 |
| | | G (w), C, Sb, M, Mu | |
| | Traditional | Roast Pork & Stuffing served with Confit Potatoes and Mixed Vegetables | £2.60 |
| | | G (w), C, Sb | |
| | Vegetarian | Quorn Madras with Coriander Rice (E, C, Sb, Mu) | £2.60 |
| TUESDAY 8th July | Fast Food | Treacle Sponge and Custard (G (w), M, E, may contain Sb) | £1.10 |
| | | | |
| | Traditional | Beef Lasagne served with Garlic Bread and Mixed Leaf Salad | £2.60 |
| | | G (w, b) C, Sb, M, may contain E | |
| | Traditional | Roast Bacon Loin with Jacket Wedges and Sweetcorn | £2.60 |
| | | No Allergens | |
| WEDNESDAY 9th July | Vegetarian | Vegan Lasagne with Garlic Bread and a Mixed Leaf Salad (G (w), C, Sb) | £2.60 |
| | Dessert | Chocolate Brownie and Custard (G (w), E, M, Sb) | £1.10 |
| | Fast Food | Spanish Chicken Leg on a bed of Soft Noodles | £2.60 |
| | | G (w), C, Sb | |
| | Traditional | Jacket Potato with Cheese 'n' Beans | £2.60 |
| | | M - cheese only | |
| THURSDAY 10th June | Vegetarian | Tomato and Cheese Pasta Bake (G (w), C, Sb, Sd, M) | £2.60 |
| | Dessert | Oaty Apple Crumble and Custard (G (w), M, may contain Sb) | £1.10 |
| | Fast Food | Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available) | £2.60 |
| | | G (w), C, M, Sb, Sd, may contain S, Mu | |
| | Traditional | Italian Style Stuffed Peppers with a Tomato Coulis (Vegan) | £2.60 |
| | | C, Sb, Sd | |
| FRIDAY 11th July | Vegetarian | Vegan Southern Style Quorn Burger (G (w), may contain S) | £2.60 |
| | Dessert | Fresh Fruit or A Selection of Fruit Yogurts | |
| | Fast Food | Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese | £2.60 |
| | | G (w), C, Sb, Sd G (w), C, Sb, M, E | |
| | Traditional | Battered Haddock with Buttered New Potatoes and Minted Peas with Tartare Sauce (Without Gluten Fish Fingers Available) | £2.60 |
| | | G (w), F, E, M, Mu | |
| | Vegetarian | Dish of the Day see Menu Cards | £2.60 |
| | Dessert | Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 |

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

7th July - 11th July

Daily Special Options

| | | |
|------------------|--|-------|
| Monday | Chicken Madras with Coriander Rice | £2.60 |
| | G (w), C, Sb, M, Mu | |
| | Quorn Madras with Coriander Rice (E, C, Sb, Mu) | £2.60 |
| | Treacle Sponge and Custard (G (w), M, E, may contain Sb) | £1.10 |
| Tuesday | Beef Lasagne served with Garlic Bread and Mixed Leaf Salad | £2.60 |
| | G (w, b) C, Sb, M, may contain E | |
| | Vegan Lasagne with Garlic Bread and a Mixed Leaf Salad (G (w), C, Sb) | £2.60 |
| | Chocolate Brownie and Custard (G (w), E, M, Sb) | £1.10 |
| Wednesday | Spanish Chicken Leg on a bed of Soft Noodles | £2.60 |
| | G (w), C, Sb | |
| | Tomato and Cheese Pasta Bake (G (w), C, Sb, Sd, M) | £2.60 |
| | Oaty Apple Crumble and Custard (G (w), M, may contain Sb) | £1.10 |
| Thursday | Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available) | £2.60 |
| | G (w), C, M, Sb, Sd, may contain S, Mu | |
| | Vegan Southern Style Quorn Burger (G (w), may contain S) | £2.60 |
| | Key Lime Pie (G (w), E, Sb) | £1.10 |
| Friday | Dish of the Day | £2.60 |
| | Allergens will be shown | |
| | Dish of the Day see Menu Cards | £2.60 |
| | Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 |

Weekly Specials

| | | |
|--|--|-------|
| Jacket Potato | Cheese 'n' Beans | £2.35 |
| | M - Cheese only | |
| Jacket Potato of the Week | Garlic Mushrooms with Spinach (Vegan) | £2.35 |
| | C, Sb | |
| Salad of the Week | A selection of Fresh Salads Daily. Please see Menu Cards | £2.20 |
| | | |
| Vegetarian Dish | Changed Daily. Please ask the Server for Allergen Information. | £2.60 |
| | | |
| Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M) | Leek and Potato (Vegan) | £1.85 |
| | C, Sb (Available without Gluten) | |
| Wrap of the Week G (w), may also contain Mu | A Selection of Freshly Made Wraps | |
| | Please See Packaging For Allergens | |

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