

Year 9-10-11

## TREVOR WHITEHEAD RESTAURANT

MONDAY 1st Sept	Fast Food	TRAINING DAY	
	Traditional	TRAINING DAY	
	Vegetarian	TRAINING DAY	
	Dessert	TRAINING DAY	
TUESDAY 2nd Sept	Fast Food	Creamy Chicken Curry with Coriander rice	£2.60
		G (w), C, Sb, Mu, M	
	Traditional	Roasted Bacon Loin with Spicy Wedges and Sweetcorn	£2.60
		N/A	
	Vegetarian	Creamy Quorn Curry (Mu, M, Sb, E, C, Sd) (Without Gluten)	£2.60
	Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
WEDNESDAY 3rd Sept	Fast Food	Fusilli Bolognese with Parmesan Cheese	£2.60
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Roast Turkey with Stuffing served with Garlic Roast Potatoes and Carrots	£2.60
		No Allergens	
	Vegetarian	Vegan Pasta Bolognese (G (w), C, Sb)	£2.60
	Dessert	Apple and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10
THURSDAY 4th Sept	Fast Food	Sausage with Chips and Beans	£2.60
		G (w), C, M, Sb, Sd	
	Traditional	Cauliflower and Chickpea Balti served with Braised Rice	£2.60
		C, Sb, Mu, Sd, may contain N, P (Vegan) (Without Gluten)	
	Vegetarian	Vegan Sausage Chips and Beans (G (w), Sb, Sd)	£2.60
	Dessert	Eton Mess (E, M)	£1.10
FRIDAY 5th Sept	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock served with Mushy Peas and New Potatoes with Tartare Sauce (Without Gluten Fish Fingers Available)	£2.60
		G (w), F, Mu, M, E	
	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	Chocolate and Vanilla Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),  
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,  
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above serving points for up to date information on allergens.

# St. Aidan's Catering

## Restaurant - Lighter Options Menu - Years 9, 10 & 11

### 1st - 5th September

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads  
from £1.65 - £2.70 to include:

Tuna Mayonnaise  
Egg and Cress  
Cheddar Cheese and Tomato  
Ham  
Chicken  
Artisan Selection

Freshly made Wraps  
Premium Rolls

### Hot Baguette - £2.60

Monday	Tuesday	Wednesday	Thursday	Friday
<b>TRAINING DAY</b>	N/A	Honey Roasted Bacon Loin (Available without Gluten)	Sausage with Onion Gravy (Available without Gluten)	Battered Haddock and Tartare Sauce (Without Gluten Fish Fingers Available)
		G (w), Sb, may contain M, E, S	G (w), Sb, C, Sd, M, may contain E, S	G (w), Sb, F, E, may contain M, S

### Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Sweet Potato (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Buffalo Mozzarella and Beef Tomato with Spring Onions and a Balsamic Glaze	£2.20
	Sd, M (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Beef Chilli	£2.35
	C, Sb (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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## St. Aidan's Catering

# DELI BAR MENU

1st - 5th September

Hot Baguette - £2.60

Monday	Tuesday	Wednesday	Thursday	Friday
<b>TRAINING DAY</b>	N/A	Honey Roasted Bacon Loin (Available without Gluten)	Sausage with Onion Gravy (Available without Gluten)	Battered Haddock and Tartare Sauce (Without Gluten Fish Fingers Available)
		G (w), Sb, may contain M, E, S	G (w), Sb, C, Sd, M, may contain E, S	G (w), Sb, F, E, may contain M, S

## Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.60
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Sweet Potato (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Salad of the Week	Buffalo Mozzarella and Beef Tomato with Spring Onions and a Balsamic Glaze	£2.20
	Sd, M (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Beef Chilli	£2.45
	C, Sb (Without Gluten)	

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## Main Hall

Year 7 - 8

<b>MONDAY</b> 1st Sept	Fast Food	<b>TRAINING DAY</b>	
	Traditional	<b>TRAINING DAY</b>	
	Vegetarian	<b>TRAINING DAY</b>	
	Dessert	<b>TRAINING DAY</b>	
<b>TUESDAY</b> 2nd Sept	Fast Food	Creamy Chicken Curry with Coriander rice G (w), C, Sb, Mu, M	£2.60
	Traditional	Roasted Bacon Loin with Spicy Wedges and Sweetcorn N/A	£2.60
	Vegetarian	Creamy Quorn Curry (Mu, M, Sb, E, C, Sd) (Without Gluten)	£2.60
	Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
<b>WEDNESDAY</b> 3rd Sept	Fast Food	Fusilli Bolognese with Parmesan Cheese G (w, b), C, Sb, F, M, may contain E	£2.60
	Traditional	Jacket Potato with Cheese 'n' Beans M - cheese only	£2.60
	Vegetarian	Vegan Pasta Bolognese (G (w), C, Sb)	£2.60
	Dessert	Apple and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10
<b>THURSDAY</b> 4th Sept	Fast Food	Sausage with Chips and Beans G (w), C, M, Sb, Sd	£2.60
	Traditional	Cauliflower and Chickpea Balti served with Braised Rice C, Sb, Mu, Sd, may contain N, P ( <b>Vegan</b> ) (Without Gluten)	£2.60
	Vegetarian	Vegan Sausage Chips and Beans (G (w), Sb, Sd)	£2.60
	Dessert	Fresh Fruit or A Selection of Fruit Yogurts	
<b>FRIDAY</b> 5th Sept	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese G (w), C, Sb, Sd G (w), C, Sb, M, E	£2.60
	Traditional	Battered Haddock served with Mushy Peas and New Potatoes with Tartare Sauce ( <b>Without Gluten Fish Fingers Available</b> ) G (w), F, Mu, M, E	£2.60
	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	Chocolate and Vanilla Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

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# St. Aidan's Catering

## SIXTH FORM - LUNCH MENU

1st - 5th September

### Daily Special Options

Monday	TRAINING DAY	£2.60
	TRAINING DAY	£2.60
Tuesday	TRAINING DAY	£1.10
	Creamy Chicken Curry with Coriander rice	£2.60
	G (w), C, Sb, Mu, M	
	Creamy Quorn Curry (Mu, M, Sb, E, C, Sd) (Without Gluten)	£2.60
Wednesday	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
	Fusilli Bolognese with Parmesan Cheese	£2.60
	G (w, b), C, Sb, F, M, may contain E	
	Vegan Pasta Bolognese (G (w), C, Sb)	£2.60
Thursday	Apple and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10
	Sausage with Chips and Beans	£2.60
	G (w), C, M, Sb, Sd	
	Vegan Sausage Chips and Beans (G (w), Sb, Sd)	£2.60
Friday	Eton Mess (E, M)	£1.10
	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate and Vanilla Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

### Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Beef Chilli	£2.35
	C, Sb (Without Gluten)	
Salad of the Week	Buffalo Mozzarella and Beef Tomato with Spring Onions and a Balsamic Glaze	£2.20
	Sd, M (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Sweet Potato (Vegan)	£1.85
	G (w), C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	£2.60
	Please See Packaging For Allergens	

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