## Year 9-10-11 TREVOR WHITEHEAD RESTAURANT

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MONDAY 14th July	Fast Food	Fusilli Pasta Bolognese with Parmesan Cheese	£2.60
		G (w, b), C, Sb, M, F, E	
	Traditional	Turkey and Ham Pie Buttered New Potatoes and Broccoli	£2.60
		G (w), C, Sb, M	
	Vegetarian	See Daily Menu Cards	£2.60
	Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10
	Fast Food	Chicken Jalfrezi with Braised Coriander Rice	£2.60
		G (w), M, Sd, Mu, C, Sb	
TUESDAY	Traditional	Roasted Bacon Loin served with Dauphinoise Potatoes and Carrots	£2.60
15th July		M	
	Vegetarian	See Daily Menu Cards	£2.60
	Dessert	Apple and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10
	Fast Food	Sweet Chilli Pork on a Bed of Soft Noodles	£2.60
		G (w), C, Sb, Sd	
WEDNESDAY	Traditional	Beef and Vegetable Hotpot with Mixed Vegetables	£2.60
16th July		C, Sb	
	Vegetarian	See Daily Menu Cards	£2.60
	Dessert	Jam Sponge with Custard (G (w), E, M, may contain Sb)	£1.10
	Fast Food	Pasta with a Choice of Two Sauces : Tomato or Carbonara G (w), C, Sb, Sd G (w), C, Sb, M, E	£2.60
THURSDAY 17th July	Traditional	Fish of the day with Buttered New Potatoes and Peas (Without Gluten Fish Fingers Available) G (w), F, E	£2.60
	Vegetarian	See Daily Menu Cards	£2.60
	Dessert	Apple Charlotte and Custard (G (w), E, M, may contain Sb)	£1.10
FRIDAY 18th July	Fast Food	Sausage Chips and Beans (Available without Gluten)  G (w), M, Sd, Sb	£2.60
	Traditional	Vegan Sausage Chips and Beans G (w), Sb, Sd	£2.60
	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	A Selection of Delicious Desserts	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

### St. Aidan's Catering

## Restaurant - Lighter Options Menu - Years 9, 10 & 11

## 14th July -18th July

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 - £2.50 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Chicken
Artisan Selection

Freshly made Wraps Premium Rolls

#### Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka Balti Wrap (Available Without Gluten)	Roasted Bacon Loin and Mustard (Available Without Gluten)	Meatballs in Tomato Sauce (Available Without Gluten)	Jumbo Fish Fingers and Tartare sauce (Available Without Gluten)	Baguette of the Day
G (w), may contain Mu, N, P	G (w), Sd, M, Mu, may contain E, S	G (w), C, Sb, Sd, M may contain E, S	G (w), Sb, F, E, M, may contain S	

#### **Weekly Specials**

Soup of the Day (Vegan)	£1.85
Buffalo Mozzarella and Beef Tomato Salad with Balsamic Glaze	£2.20
M, Sd (Without Gluten)  Cheese 'n' Beans	£2.35
M - Cheese only Tuna and Sweetcorn	£2.35
F, E (Without Gluten)  Changed Daily. Please ask the Server for Allergen Information.	£2.60
Changed Daily. Please ask the Server for Allergen Information.	£1.10
	C, Sb (Available without Gluten)  Buffalo Mozzarella and Beef Tomato Salad with Balsamic Glaze  M, Sd (Without Gluten)  Cheese 'n' Beans  M - Cheese only  Funa and Sweetcorn  E, E (Without Gluten)  Changed Daily. Please ask the Server for Allergen Information.

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

## St. Aidan's Catering

## **DELI BAR MENU**

# 14th July -18th July

### Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tikka Balti Wrap (Available Without Gluten)	Roasted Bacon Loin and Mustard (Available Without Gluten)	Meatballs in Tomato Sauce (Available Without Gluten)	Jumbo Fish Fingers and Tartare sauce (Available Without Gluten)	Baguette of the Day
G (w), may contain Mu, N, P	G (w), Sd, M, Mu, may contain E, S	G (w), C, Sb, Sd, M may contain E, S	G (w), Sb, F, E, M, may contain S	

### **Weekly Specials**

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps  Please See Packaging for Allergens	£2.50	
Soup of the Week with a Bread Roll	Soup of the Day (Vegan)	£1.85	
(G (w), Sb, may contain E, M)	C, Sb (Available without Gluten)	21.03	
Salad of the Week	Buffalo Mozzarella and Beef Tomato Salad with Balsamic Glaze	£2.20	
	M, Sd (Without Gluten)	22.20	
Jacket Potato	Cheese 'n' Beans	£2.45	
	M - cheese only		
Jacket Potato of the Week	Tuna and Sweetcorn	£2.45	
	F, E (Without Gluten)		

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**Main Hall** 

MONDAY 14th July	Fast Food	Fusilli Pasta Bolognese with Parmesan Cheese		
		G (w, b), C, Sb, M, F, E	£2.60	
	Traditional	Turkey and Ham Pie Buttered New Potatoes and Broccoli	£2.60	
		G (w), C, Sb, M		
	Vegetarian	See Daily Menu Cards	£2.60	
	Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 15th July	Fast Food	Chicken Jalfrezi with Braised Coriander Rice	£2.60	
	Traditional	G (w), M, Sd, Mu, C, Sb  Roasted Bacon Loin served with Dauphinoise Potatoes and Carrots  M	£2.60	
roun outy	Vegetarian	See Daily Menu Cards	£2.60	
	Dessert	Apple and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10	
	Fast Food	Sweet Chilli Pork on a Bed of Soft Noodles	£2.60	
	<b>-</b>	G (w), C, Sb, Sd  Jacket Potato with Cheese 'n' Beans	00.00	
WEDNESDAY 16th July	Traditional	M - cheese only	£2.60	
rour odry	Vegetarian	See Daily Menu Cards	£2.60	
	Dessert	Jam Sponge with Custard (G (w), E, M, may contain Sb)	£1.10	
	Fast Food	Pasta with a Choice of Two Sauces : Tomato or Carbonara G (w), C, Sb, Sd G (w), C, Sb, M, E	£2.60	
THURSDAY 17th July	Traditional	Fish of the day with Buttered New Potatoes and Peas (Without Gluten Fish Fingers Available) G (w), F, E	£2.60	
-	Vegetarian	See Daily Menu Cards	£2.60	
	Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 18th July	Fast Food	Sausage Chips and Beans (Available without Gluten)  G (w), M, Sd, Sb	£2.60	
	Traditional	Vegan Sausage Chips and Beans G (w), Sb, Sd	£2.60	
	Vegetarian	Dish of the Day see Menu Cards	£2.60	
	Dessert	A Selection of Delicious Desserts	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

# St. Aidan's Catering

### SIXTH FORM - LUNCH MENU

### 14th July -18th July

#### **Daily Special Options**

	Fusilli Pasta Bolognese with Parmesan Cheese	£2.60	
Monday	G (w, b), C, Sb, M, F, E		
,	See Daily Menu Cards	£2.60	
	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	
	Chicken Jalfrezi with Braised Coriander Rice	£2.60	
Tuesday	G (w), M, Sd, Mu, C, Sb		
_	See Daily Menu Cards	£2.60	
	Apple and Raspberry Crumble with Custard (G (w), M, may contain Sb)	£1.10	
	Sweet Chilli Pork on a Bed of Soft Noodles	£2.60	
Wednesday	G (w), C, Sb, Sd		
	See Daily Menu Cards	£2.60	
	Jam Sponge with Custard (G (w), E, M, may contain Sb)	£1.10	
	Dish of the Day	£2.60	
Thursday	Allergens will be shown		
•	See Daily Menu Cards	£2.60	
	Apple Charlotte and Custard (G (w), E, M, may contain Sb)	£1.10	
Friday	Sausage Chips and Beans (Available without Gluten)	£2.60	
	G (w), M, Sd, Sb		
	Dish of the Day see Menu Cards	£2.60	
	A Selection of Delicious Desserts	£1.10	

### **Weekly Specials**

Jacket Potato	Cheese 'n' Beans M - cheese only	£2.35
Jacket Potato of the Week	Tuna and Sweetcorn  F, E (Without Gluten)	£2.35
Salad of the Week	Buffalo Mozzarella and Beef Tomato Salad with Balsamic Glaze  M, Sd (Without Gluten)	£2.20
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Soup of the Day (Vegan)  C, Sb (Available without Gluten)	£1.85
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps  Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide