



ST. AIDAN'S CE HIGH SCHOOL

# The Duke of Edinburgh Gold Award

The Duke of Edinburgh Gold Award Scheme is available to Y12 students at St Aidan's. The Scheme is recognised around the world and it is highly regarded by employers and academic institutions alike. It provides an excellent opportunity for young people to pursue new or existing interests, develop practical and interpersonal skills and to help others both in their local community and further afield. The Scheme allows participants to complete the Gold Award any time before their 25<sup>th</sup> birthday but we aim for students to complete it mid-way through Year 13 and to receive their Awards at the Palace as a group. The Award takes place largely in Year 12, with a reduced level of commitment in Year 13. In addition, we endeavour to organise activities and expeditions at times that will not impinge on pre-examination study time or field trips.

# Timescales

The sections must be undertaken once a week. They must spend 12 months on the Volunteering section. For the Physical and Skills section, they must spend 12 months on one and 6 months on the other. If your child did not do their Silver Award, they are required to do a further 6 months on either of the activities they did for 12 months.

# Commitment & Cost

Although students will have some meetings with our Gold DofE Coordinator to receive support, we would like to remind you that, as this is an extra-curricular activity, we expect students, as well as parents / carers, to ensure that the different sections are completed and they are done so on time.

The cost of registering for the Award and for undertaking the Expedition is in the region of £524\* Tents and stoves are provided. \*Please note once your child has been accepted, any monies paid are non-refundable.

### Deadlines for staged payments: TBC

### **Useful Information**

Please <u>click here</u> for some ideas to help you complete each section. We offer an extensive range of extra-curricular activities at St Aidans School which can help you to fulfil each section. Activities you do outside of school could also count towards the different sections. Choose activities that motivate you and go on your own personal journey. We expect all participants to abide by the DofE <u>20 Conditions</u> during their expedition section.

### Further information

You can find useful information on the **DofE website** or on the **edofe website**.

In conjunction with BXM: https://www.bxmoutdoors.com/duke-of-edinburghs-award/

Please <u>click here</u> for advice and kit list from BXM Expeditions.

We would recommend precautionary measures against possible insect bites / <u>Lyme</u> <u>disease</u> such as DEET use, wearing full leg covers, clothing tucked into socks, tents zipped up. For more information, please look online.



If you are interested in taking part speak to Mr Walsh in the Biology office.