# Year 9-10-11 TREVOR WHITEHEAD RESTAURANT

		Sweet and Sour Chicken with Egg Fried Rice	
MONDAY 23rd Jun	Fast Food	Sd, E, Sb (Without Gluten)	£2.60
	Traditional	Honey Roasted Bacon Loin with Spicy Wedges and Sweetcorn N/A	£2.60
	Vegetarian	Sweet and Sour Quorn with Egg Fried Rice (E, Sb, Sd) (Without Gluten)	£2.60
	Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
	Fast Food	Fusilli Bolognese served with Parmesan Cheese	£2.60
TUESDAY 24th Jun	Traditional	G (w, b), C, Sb, M, F, may contain E Roasted Turkey Stuffing Roast Potatoes and Carrots (Available without Gluten) G (w), C, Sb	£2.60
	Vegetarian	Vegan Meatballs in Tomato Sauce with Gluten Free Pasta (Sb, C, Sd) (Without Gluten)	£2.60
	Dessert	Raspberry and Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
	Fast Food	Pork Chasseur On a Bed of Soft Noodles	£2.60
		G (w), Sb, C	
WEDNESDAY 25th Jun	Traditional	Cottage Pie with Buttered Savoy Cabbage and Gravy C, Sb, M (Without Gluten)	£2.60
	Vegetarian	Vegetarian Cottage Pie with Buttered Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten)	£2.60
	Dessert	Sticky Toffee Pudding and Custard (G (w), M, E, may contain Sb)	£1.10
	Fast Food	Sausage Chips and Beans (Available without Gluten) G (w), C, M, Sd, Sb	£2.60
THURSDAY 26th Jun	Traditional	Vegetable, Chickpea and Spinach Tikka Masala with Rice (Vegan) C, Sb, Mu, Sd, may contain N, P (Without Gluten)	£2.60
	Vegetarian	Vegan Sausage Chips and Beans (G (w), M, E, may contain S)	£2.60
	Dessert	Strawberry Cheesecake (G (w), M, Sb)	£1.10
FRIDAY 27th Jun	Fast Food	Pasta with a Choice of Two Sauces :Tomato and BasilorCarbonaraG (w), C, Sb, SdG (w), C, Sb, M, E	£2.60
	Traditional	Lincolnshire Fishcakes served with Parsley Potatoes and Mushy Peas with Tartare Sauce (Without Gluten Fish Fingers Available) G (w), F, Mu, M, E	£2.60
	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),

L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

#### St. Aidan's Catering

### Restaurant - Lighter Options Menu - Years 9, 10 & 11

### 23rd - 27th June

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 - £2.50 to include:

> Tuna Mayonnaise Egg and Cress Cheddar Cheese and Tomato Ham Chicken Artisan Selection

> > Freshly made Wraps Premium Rolls

#### Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Greek Style Chicken Wrap <mark>(Available Without Gluten)</mark>	Roasted Bacon Loin (Available Without Gluten)	Roast Turkey and Cranberry Sauce (Available Without Gluten)	Sausage With Onion Gravy (Available Without Gluten)	Lincolnshire Fishcakes with Tartare Sauce (Available Without Gluten Fish Fingers)
G (w),	G (w), Sb,	G (w), C, Sb,	G (w), Sb, C, M, Sd,	G (w), Sb, F, E,
may contain Mu	may contain M, E, S	may contain M, E, S	may contain E, S	may contain M, S

#### Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Broccoli and Stilton G (w), C, Sb, M (Available without Gluten)	£1.85
Salad of the Week	Onion Bhaji With a Mint and Mango Chutney (Vegan) Mu (Without Gluten)	£2.20
Jacket Potato	Cheese 'n' Beans M - Cheese only	£2.35
Jacket Potato of the Week	Vegetable Chilli (Vegan) C, Sb (Without Gluten)	£2.35
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

# **DELI BAR MENU**

# 23rd - 27th June

#### Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Greek Style Chicken Wrap (Available Without Gluten)	Roasted Bacon Loin (Available Without Gluten)	Roast Turkey and Cranberry Sauce (Available Without Gluten)	Sausage With Onion Gravy (Available Without Gluten)	Lincolnshire Fishcakes with Tartare Sauce (Available Without Gluten Fish Fingers)
G (w),	G (w), Sb,	G (w), C, Sb,	G (w), Sb, C, M, Sd,	G (w), Sb, F, E,
may contain Mu	may contain M, E, S	may contain M, E, S	may contain E, S	may contain M, S

#### **Weekly Specials**

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps Please See Packaging for Allergens	£2.50	
Soup of the Week with a Bread Roll	Broccoli and Stilton	£1.85	
(G (w), Sb, may contain E, M)	G (w), C, Sb, M (Available without Gluten)		
Salad of the Week	Onion Bhaji With a Mint and Mango Chutney (Vegan)	£2.20	
	Mu (Without Gluten)		
Jacket Potato	Cheese 'n' Beans	£2.45	
	M - cheese only		
Jacket Potato of the Week	Vegetable Chilli (Vegan)	£2.45	
of the week	C, Sb (Without Gluten)		

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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MONDAY 23rd Jun	Fast Food	Sweet and Sour Chicken with Egg Fried Rice	£2.60
		Sd, E, Sb (Without Gluten)	
	Traditional	Honey Roasted Bacon Loin with Spicy Wedges and	60.60
	Traditional	Sweetcorn N/A	£2.60
	Vegetarian	Sweet and Sour Quorn with Egg Fried Rice (E, Sb, Sd) (Without Gluten)	£2.60
	Dessert	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
	Fast Food	Fusilli Bolognese served with Parmesan Cheese	£2.60
		G (w, b), C, Sb, M, F, may contain E	
TUESDAY 24th Jun	Traditional	Roasted Turkey Stuffing Roast Potatoes and Carrots (Available without Gluten) G (w), C, Sb	£2.60
24th Jun	Vegetarian	Vegan Meatballs in Tomato Sauce with Gluten Free Pasta (Sb, C, Sd) (Without Gluten)	£2.60
	Dessert	Raspberry and Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10
	Fast Food	Pork Chasseur On a Bed of Soft Noodles	£2.60
		G (w), Sb, C	
WEDNESDAY	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
25th Jun		M - cheese only	
	Vegetarian	Vegetarian Cottage Pie with Buttered Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten)	£2.60
	Dessert	Sticky Toffee Pudding and Custard (G (w), M, E, may contain Sb)	£1.10
	Fast Food	Sausage Chips and Beans (Available without Gluten) G (w), C, M, Sd, Sb	£2.60
THURSDAY 26th Jun	Traditional	Vegetable, Chickpea and Spinach Tikka Masala with Rice (Vegan) C, Sb, Mu, Sd, may contain N, P (Without Gluten)	£2.60
	Vegetarian	Vegan Sausage Chips and Beans (G (w), M, E, may contain S)	£2.60
	Dessert	Fresh Fruit or A Selection of Fruit Yogurts	
FRIDAY 27th Jun	Fast Food	Pasta with a Choice of Two Sauces :Tomato and BasilorCarbonaraG (w), C, Sb, SdG (w), C, Sb, M, E	£2.60
	Traditional	Lincolnshire Fishcakes served with Parsley Potatoes and Mushy Peas with Tartare Sauce (Without Gluten Fish Fingers Available) G (w), F, Mu, M, E	£2.60
	Vegetarian	Dish of the Day see Menu Cards	£2.60
	Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

Sb: Soya, Sd: Sulphur Dioxide

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# St. Aidan's Catering

## SIXTH FORM - LUNCH MENU

### 23rd - 27th June

#### **Daily Special Options**

	Sweet and Sour Chicken with Egg Fried Rice	£2.60	
Monday	Sd, E, Sb (Without Gluten)	7	
	Sweet and Sour Quorn with Egg Fried Rice (E, Sb, Sd) (Without Gluten)	£2.60	
	Treacle Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
	Fusilli Bolognese served with Parmesan Cheese	£2.60	
<b>T</b>	G (w, b), C, Sb, M, F, may contain E		
Tuesday	Vegan Meatballs in Tomato Sauce with Gluten Free Pasta (Sb, C, Sd) (Without Gluten)	£2.60	
	Raspberry and Apple Crumble and Custard (G (w), M, may contain Sb)	£1.10	
	Pork Chasseur On a Bed of Soft Noodles		
Wednesday	G (w), Sb, C		
weunesuay	Vegetarian Cottage Pie with Buttered Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten)	£2.60	
	Sticky Toffee Pudding and Custard (G (w), M, E, may contain Sb)	£1.10	
	Sausage Chips and Beans (Available without Gluten)	£2.60	
Thursday	G (w), C, M, Sd, Sb		
	Vegan Sausage Chips and Beans (G (w), M, E, may contain S)	£2.60	
	Strawberry Cheesecake (G (w), M, Sb)	£1.10	
Friday	Dish of the Day	£2.60	
	Allergens will be shown		
Friday	Dish of the Day see Menu Cards	£2.60	
	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

#### Weekly Specials

Jacket Potato	Cheese 'n' Beans M - cheese only	£2.35
Jacket Potato of the Week	Vegetable Chilli (Vegan) C, Sb (Without Gluten)	£2.35
Salad of the Week	Onion Bhaji With a Mint and Mango Chutney (Vegan)	£2.20
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Broccoli and Stilton G (w), C, Sb, M (Available without Gluten)	£1.85
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

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