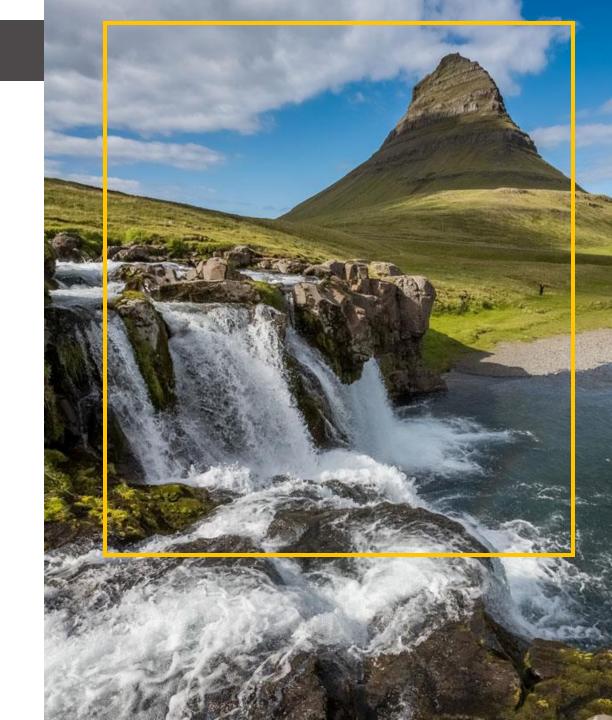




## **INTRODUCTION ICELAND**

- Your destination Iceland
- Your itinerary
- Travel details and tips
- Expectations and student conduct
- Your tour operator Discover the World Education





### Iceland Trip 2025 Trip Information and Kit List

### Prior to the trip

- Please bring GHIC and Passports to A006 at St Aidan's on Friday 13th June 13:00. You will also be asked for your rooming preferences.
- Please email or call Mrs Robinson (c.robinson@staidans.co.uk)
   directly if you have any confidential questions you wish to raise.

### Wednesday 2nd July

- . Meet at St. Aidan's main car park no later than 7.00am.
- · 10:35 Check in at Manchester Airport
- 13:05 Depart on Icelandair flight FI441
- 14:50 Arrive Keflavík International Airport
- Coach transfer from Keflavik Airport

#### Sunday 6th July

- · Breakfast at 04.45am then coach transfer to airport
- 05:30 Check in at Keflavík International Airport
- 08:20 Depart on Icelandair flight FI440
- 12:00 Arrive Manchester Airport Terminal 1
- Coach transfer to St Aidan's expected around 15.00 (tbc on the way)

#### Contacts:

- In the first instance call St. Aidan's school (school hours) 01423 885814
- · Emergency out of hours contact: Mr D Holdsworth 07785 979914

#### Tour company:

· Discover the World Education



### What to pack in your hand luggage:

- · Passport (will be with staff apart from in the airport)
- · Money / Monza card
- · Medication (Esp. inhalers and EpiPens)
- Camera (optional)
- Swimming costume/shorts
- Toiletries less than 100ml in a clear small zip-lock bag
- Snacks and packed lunch (no drinks through security!)
- · Empty water bottles

### What to pack in your suitcase - You have 23kg hold luggage

- · Waterproof coat
- · Waterproof trousers
- · Walking shoes or boots (not wellies)
- Outdoor clothing trousers/leggings (not jeans) (x2 or 3), warm fleece/jumper (x2/3), t-shirts (x3), walking socks
- Evening clothes (nothing fancy) e.g. jeans, warm top/hoody, t-shirt, trainers or indoor shoes
- PJs
- · Underwear and socks
- · Other toiletries and non-essential medication (can be over 100ml)
- Towel
- (Hair dryer)
- · Sun cream, sunglasses/sunhat, bug repellent
- Hat and gloves
- Spare plastic bag
- · Empty water bottle and any snacks
- · Plug adaptor and chargers for cameras/phones etc



### Other reminders:

- Check credit/debit cards work and inform bank of international travel if necessary.
- Set up roaming and check with phone providers with regards to roaming packages.

## **ICELAND FACTFILE**

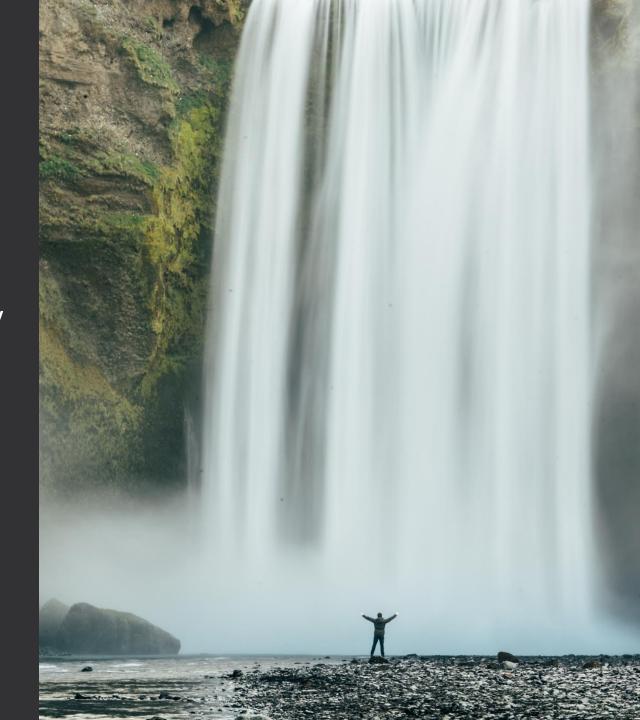
Iceland is an island which is located where the North Atlantic and Arctic Oceans meet. Iceland was created by divergence at the Mid Atlantic Ridge. It is a land full of volcanoes, glaciers, waterfalls, jagged coastlines and other incredible geographical features, unmatched by any other place.

Currency: Icelandic króna

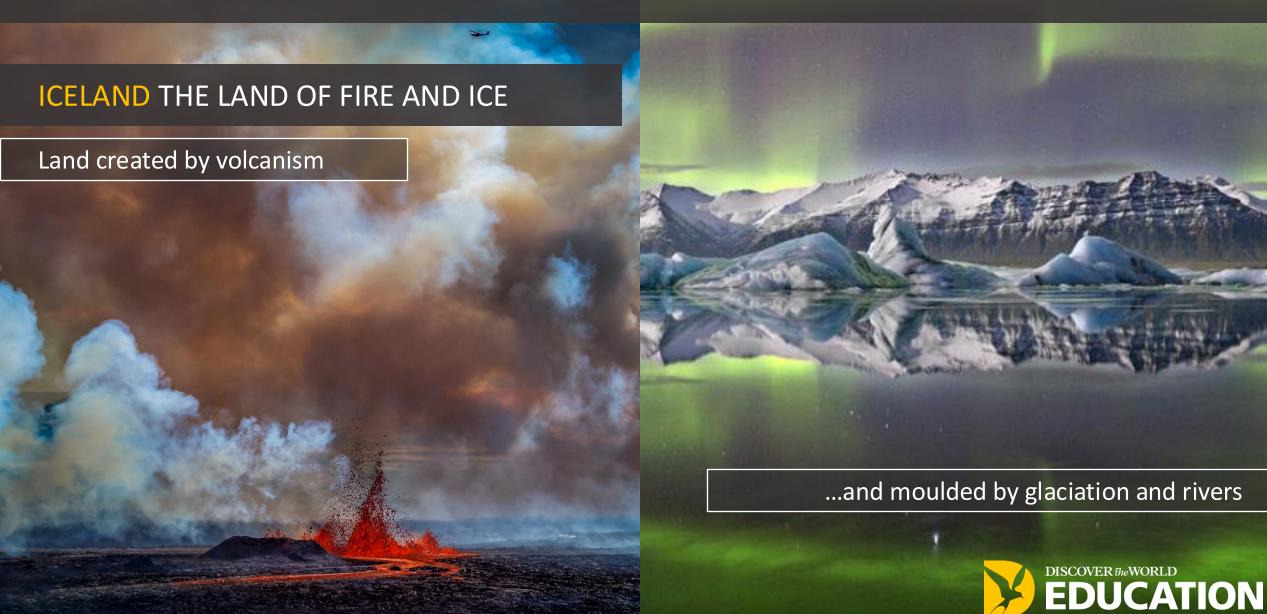
Flight duration: 2.5hr

Time zone: GMT

Average temperature: 10 °C



## WHAT IS THERE TO SEE AND DO IN ICELAND?...









## **CURRICULUM LINKS**

TECTONIC PROCESSES, LANDFORMS AND HAZARDS

WEATHER
PROCESSES AND
HAZARDS

WATER, RIVER AND COASTAL PROCESSES, LANDFORMS AND MANAGEMENT

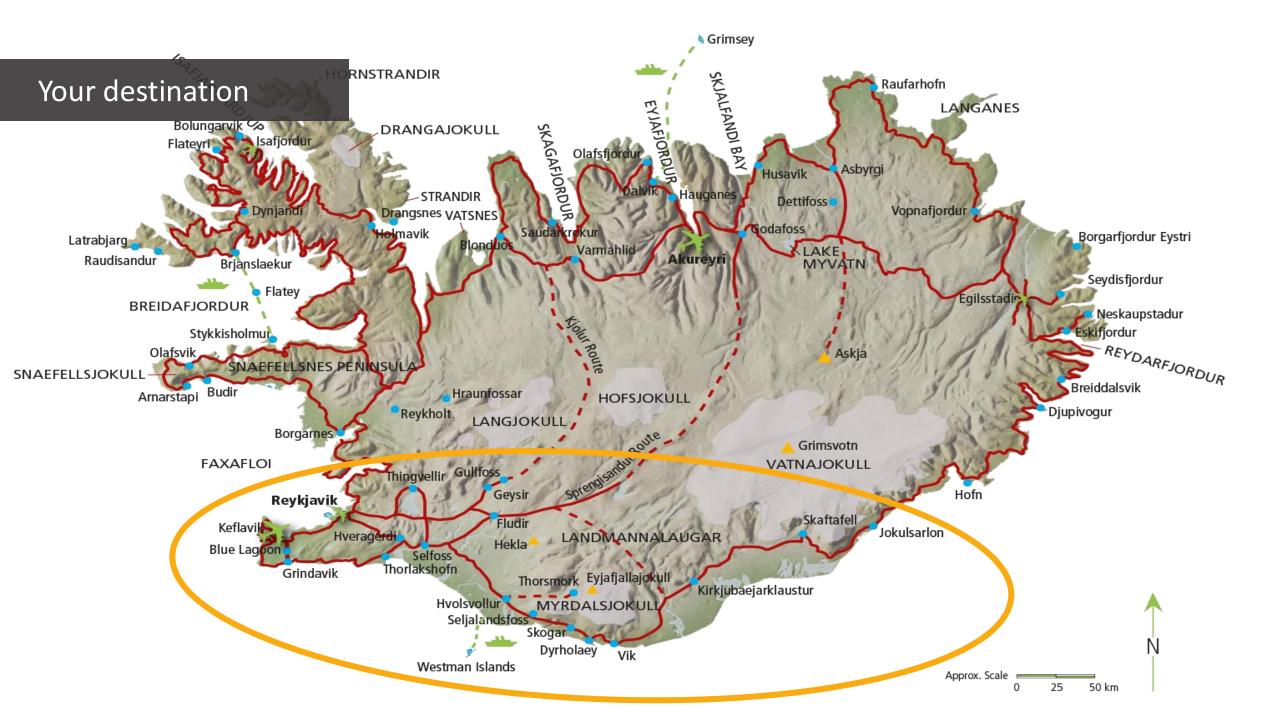
POPULATION, ECONOMIC AND URBAN CHANGE GLACIAL PROCESSES, LANDFORMS AND MANAGEMENT

**CLIMATE CHANGE** 

GEOLOGICAL PROCESSES AND LANDFORMS FOOD, WATER AND ENERGY RESOURCES

**ECOSYSTEMS** 

**FIELDWORK** 



## YOUR ITINERARY – DAY 1

### Wednesday 2nd July

- Meet at St. Aidan's main car park no later than 7.00am.
- 10:35 Check in at Manchester Airport
- 13:05 Depart on Icelandair flight FI441
- 14:50 Arrive Keflavík International Airport
- · Coach transfer from Keflavik Airport







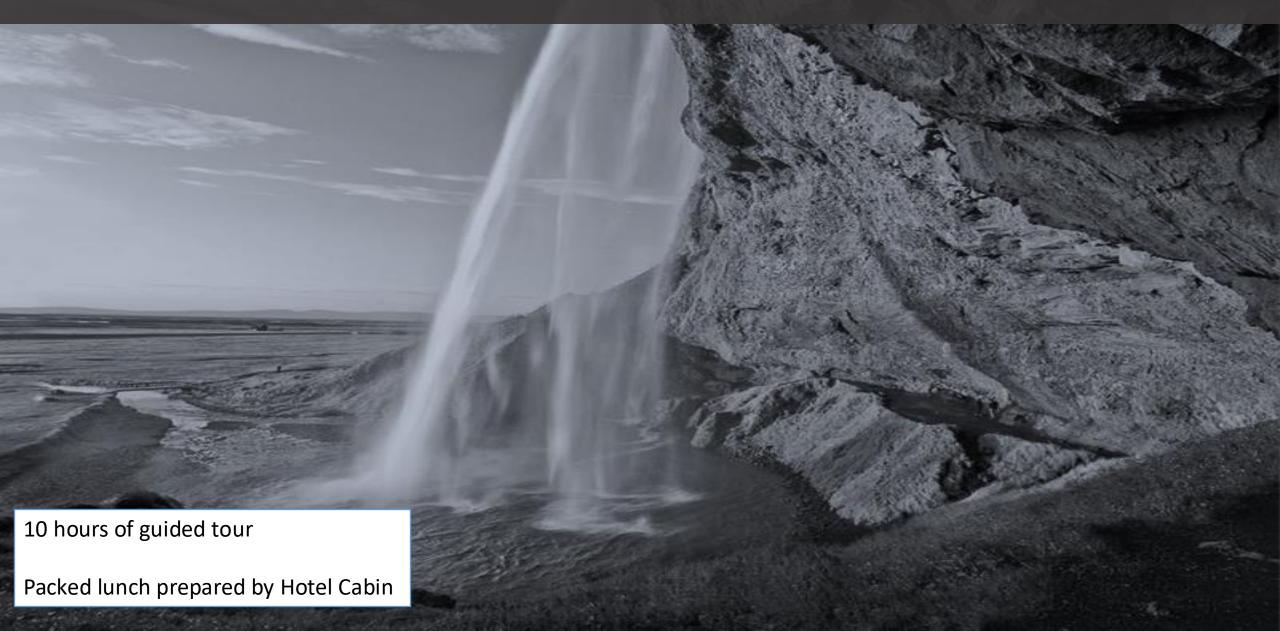
## YOUR ACCOMMODATION

Overnight at Hotel Cabin





# YOUR ITINERARY – DAY 2



Meet your guide, who will accompany you for the next few days...











Marvel at Iceland's most photographed waterfall, Gullfoss "Golden Falls"





## YOUR ACCOMMODATION

Dinner and overnight Hjarðarból Guesthouse, Hjardarboli, Ölfus





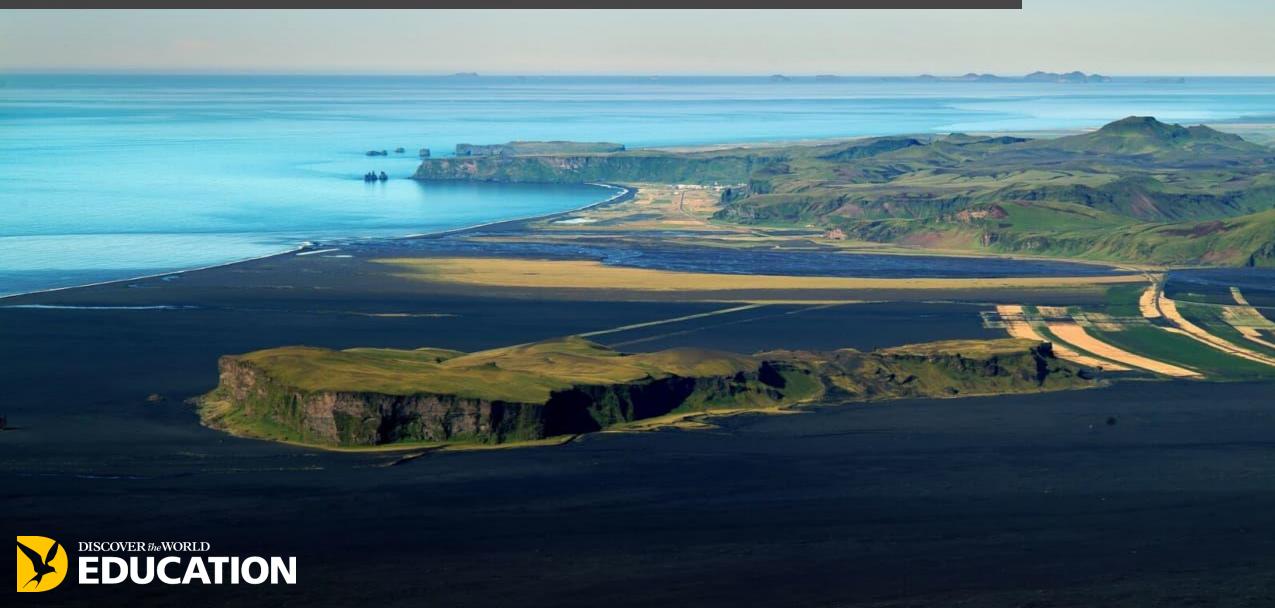




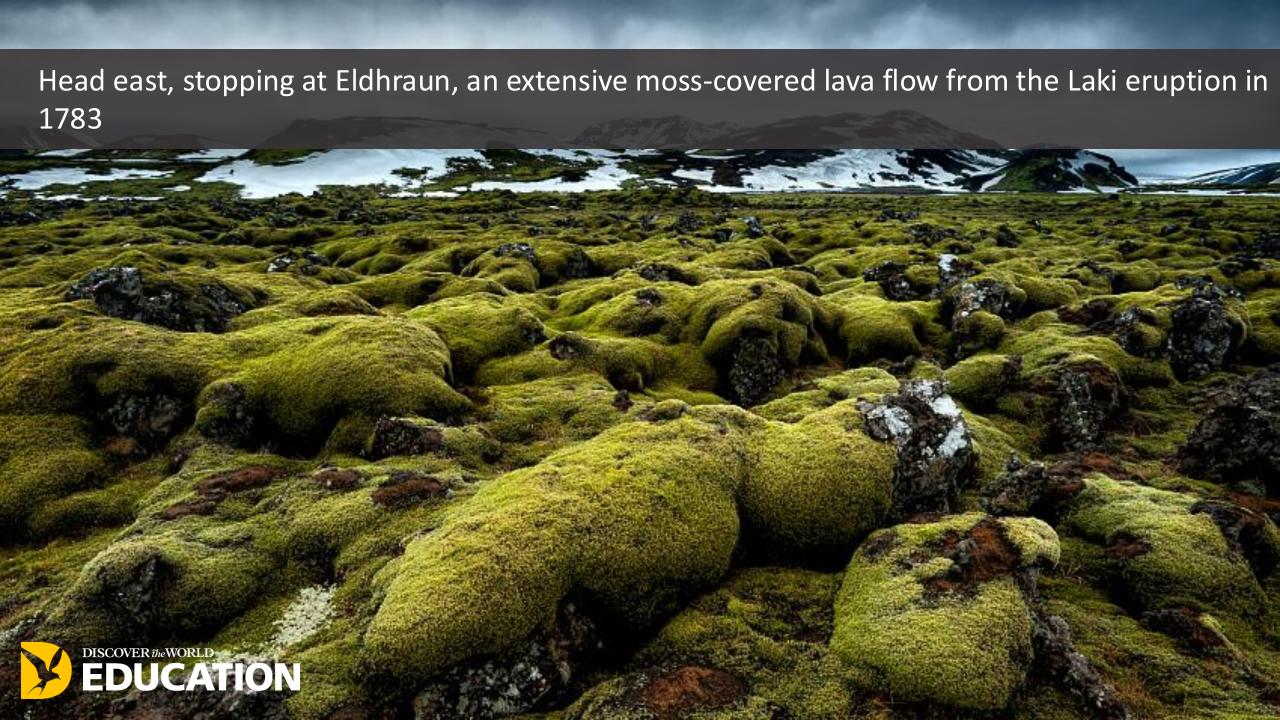
# YOUR ITINERARY - DAY 3



Mýrdalssandur is an area of 700km2 of sand flats created by volcanic eruptions.







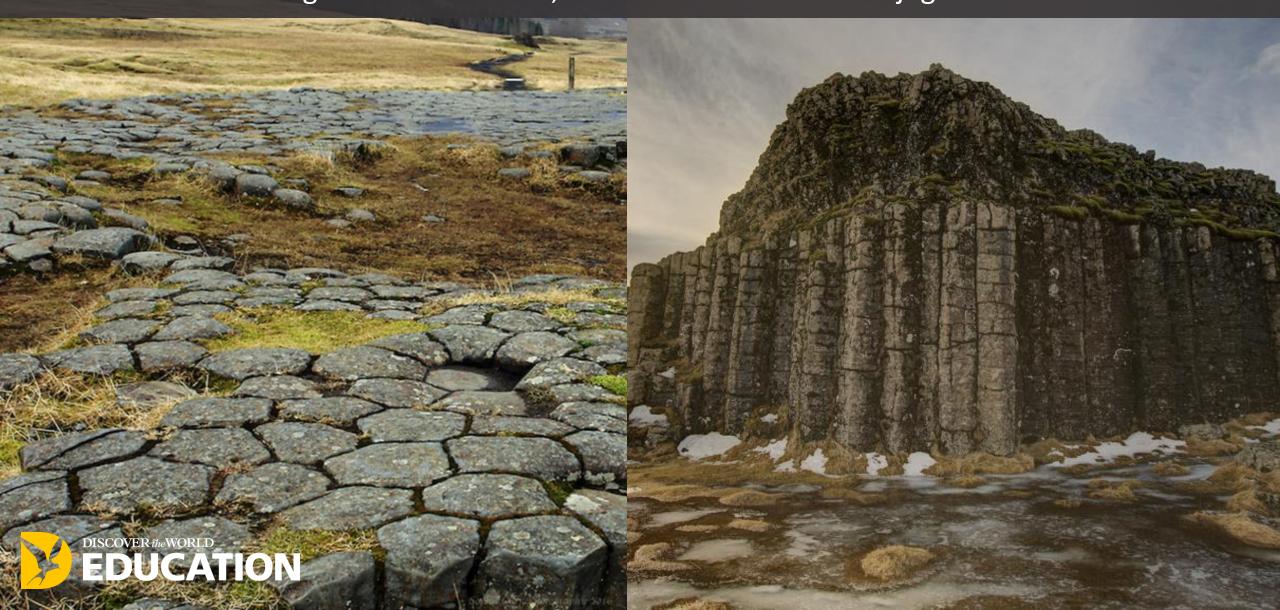


Continue to Skaftafell National Park, one of Iceland's prime areas of natural beauty









## YOUR ACCOMMODATION

Dinner and overnight Hjarðarból Guesthouse, Hjardarboli, Ölfus









# YOUR ITINERARY – DAY 4



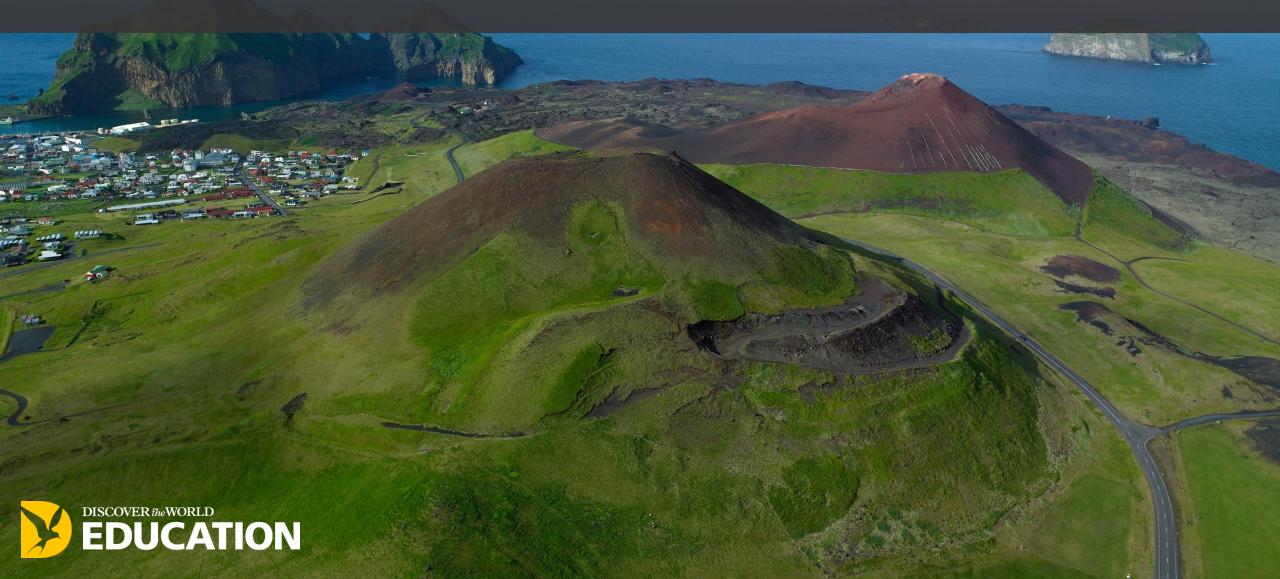
# HEIMAEY DAY



Take a 30 minute morning ferry ride from the mainland to Heimaey, the largest and only inhabited island in the Westman Islands



Thought to be volcanically inactive until 1973, see how the eruption of that year changed the landscape and increased the size of the island by more than 2 square kilometres



The Westman Islands have the largest puffin colony in Europe, view them at Storhofði puffin view point



Visit Eldheimar museum to learn about the 1973 eruption and its impact on the local community. See the family home recently excavated, after being buried in ash and lava for over 40 years



### YOUR ACCOMMODATION

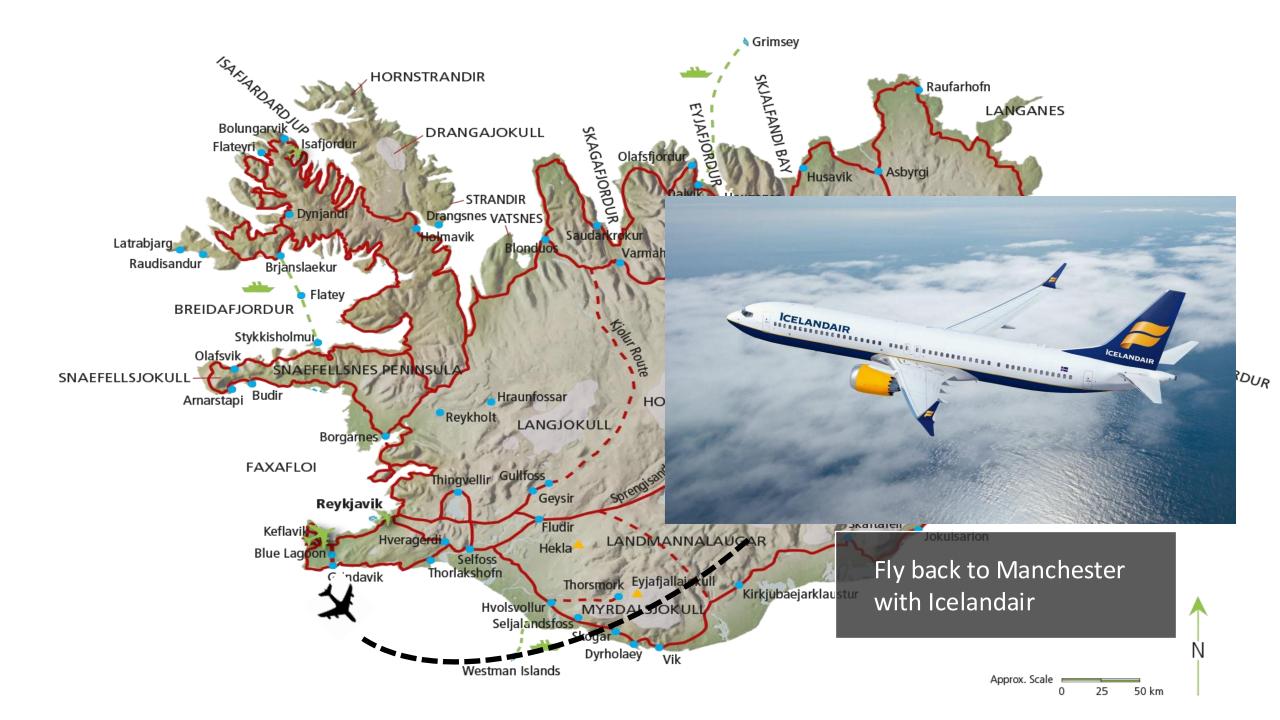
Dinner at the 'Old Dairy farm'
Overnight at Hotel Cabin





# YOUR ITINERARY – DAY 5

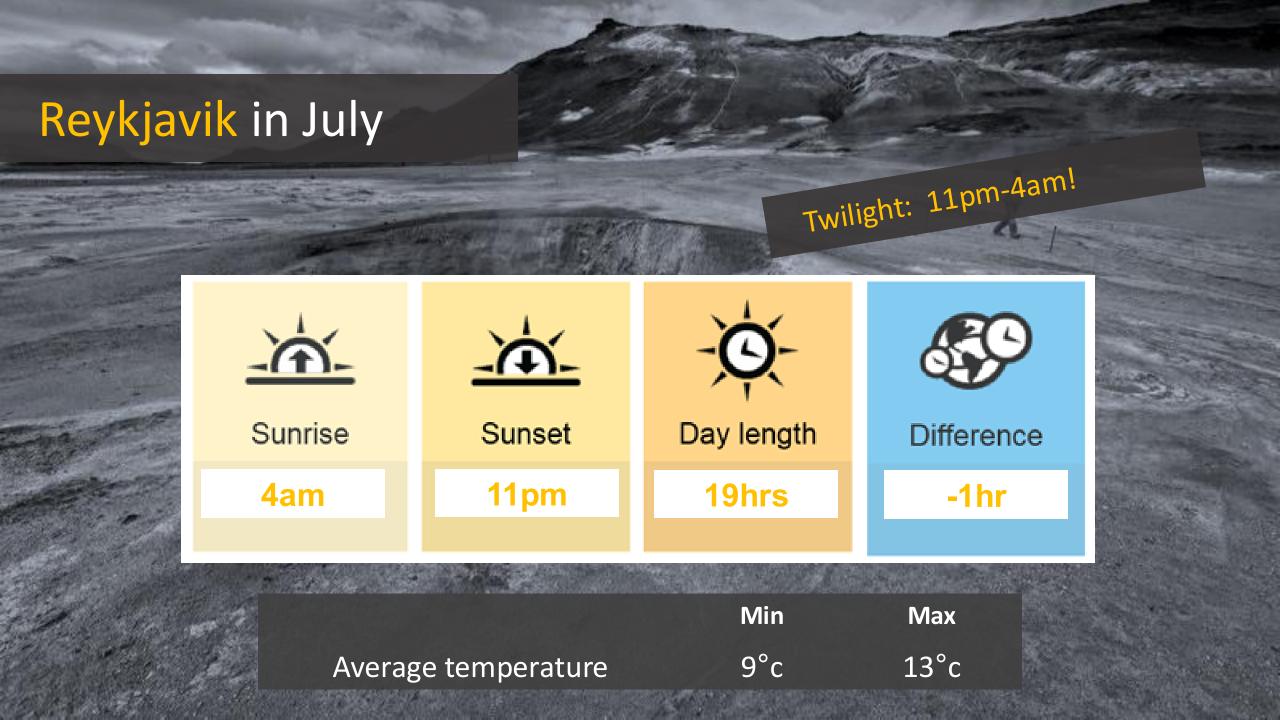






## **Currency & Spending Money**

- There are only a few opportunities to spend money while we are on the trip and Iceland is notoriously expensive.
- All meals, drinks and activities are included.
- May want to bring snacks
- There are some possible gift shop / snack stops.
- Currency: Icelandic Króna. If you think you might want to spend a little money, you could get some Króna, or something like a Monzo card and pre-load it.
- The plane operates a cashless system. You get a complimentary drink on board but no food is included on the flight. Bring a packed lunch/snacks, or some money to buy something in the airport. You can bring an empty water bottle to fill up once airside.



#### Tour company:

· Discover the World Education



#### What to pack in your hand luggage:

- · Passport (will be with staff apart from in the airport)
- · Money / Monza card
- · Medication (Esp. inhalers and EpiPens)
- · Camera (optional)
- · Swimming costume/shorts
- · Toiletries less than 100ml in a clear small zip-lock bag
- · Snacks and packed lunch (no drinks through security!)
- · Empty water bottles

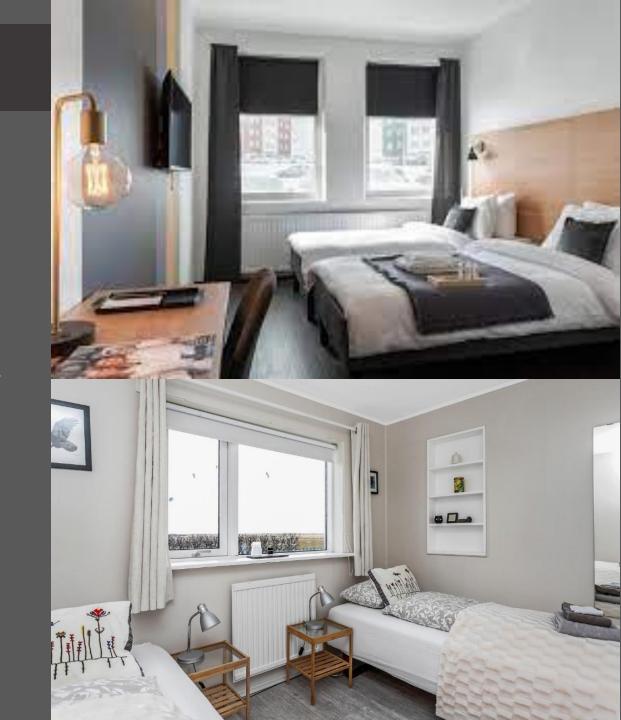
#### What to pack in your suitcase - You have 23kg hold luggage

- · Waterproof coat
- · Waterproof trousers
- · Walking shoes or boots (not wellies)
- Outdoor clothing trousers/leggings (not jeans) (x2 or 3), warm fleece/jumper (x2/3), t-shirts (x3), walking socks
- Evening clothes (nothing fancy) e.g. jeans, warm top/hoody, t-shirt, trainers or indoor shoes
- PJs
- · Underwear and socks
- · Other toiletries and non-essential medication (can be over 100ml)
- Towel
- (Hair dryer)
- · Sun cream, sunglasses/sunhat, bug repellent
- Hat and gloves
- · Spare plastic bag
- · Empty water bottle and any snacks
- · Plug adaptor and chargers for cameras/phones etc



### Bedrooms

- We will get rooming information at some point in the week before our trip (how many people per room, at each hotel)
- Likely to be 2/3 per room at Hotel 201 and some bigger dorm style rooms (4-6 beds)
- To allow us to sort this efficiently, we will ask each student to write their name and the names of 1-4 other students (same sex) who they would like to share a room with on a piece of paper. We will do our best to keep everyone happy!





#### **BE SAFE**

- Take responsibility for your belongings
- Wear comfortable and weatherproof shoes and clothes
- Stick to the timings provided by your teacher or guide
- Follow instructions from teachers, guides and other staff.

### **BE CURIOUS**

- Research about the culture you're visiting
- ★ Eat local foods and try something new
- Buy souvenirs from local vendors
- Learn some words in the local language.

# RESPECT PEOPLE

- Be aware of noise in public places
- ▼ Observe local customs
- > Be courteous to your driver, staff, guides and locals
- Ask permission before taking and sharing photos of local people.

# RESPECT PLACES

- Recycle waste and never litter
- Conserve local resources like water and electricity
- Stay on the footpaths provided
- Take reuseable bottles and bags with you



## Prior to the trip

- Passport and GHIC card collection A006 at St Aidan's on Friday 13th June 13:00.
- Rooming preferences will also be collected on Friday
- Students MUST have all medication that we hold on medical records with them for the duration of the trip
- 2 weeks before you will receive an email from V. Goold requesting you to complete a medical form of any medication students will bring with them on the trip (including dosage and timings)
- We will circulate the slides and a parents information sheet (including kit lists) following this meeting.
- Please email or call me directly if you have any confidential questions

## Behaviour expectations

- Same 'rules' and 'expectations' as in school
- We are representing the school
- Respect for each other and the country we are visiting
- Same non-negotiables any poor behaviour will be treated as we would in school
- Sensible phone use



# Discover the World are the world's leading tour operator to Iceland

Our team is made up of former teachers and school travel experts who will design the perfect Geography, Science or Adventure trip to engage and inspire your students.

35 years' experience of organising tours to Iceland

- Exceptional local knowledge and supplier relationships
- Great value for money and quality experience
- Quality assured members of The School Travel Forum
- COVID assurance Protection
- Financial security fully bonded with ABTA and ATOL
- Since 2010, 98% of customers have rated us as good or excellent





"I would like to thank you for organising such amazing trips for young people like me! Those few days I spent in Iceland and its wild nature created some of my most memorable and unforgettable memories."

Eleonora, International School of the Hague