

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 12th May	Fast Food	Sweet and Sour Chicken served with Egg Fried Rice	£2.60
		Sd, E (Without Gluten)	
	Traditional	Roast Pork Loin with Stuffing served with Roast Potatoes Glazed Carrots and Gravy (Available without Gluten)	£2.60
		G (w), C, Sb	
Vegetarian	Sweet and Sour Quorn served with Braised Rice (E, Sd)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 13th May	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), C, Sb, M, may contain E	
	Traditional	Honey Roasted Bacon Loin with Potato Wedges and Sweetcorn	£2.60
		N/A (Without Gluten)	
Vegetarian	Vegan Lasagne with Garlic Bread and Mixed Salad (G (w), C, Sb, may contain E)	£2.60	
Dessert	Oaty Apple and Raspberry Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 14th May	Fast Food	Spanish Chicken Leg with Noodles	£2.60
		G (w), C, Sb	
	Traditional	Sausage with Mashed Potatoes and Buttered Savoy Cabbage (Available Without Gluten)	£2.60
		G (w), Sb, C, M, Sd	
Vegetarian	Vegetarian Sausage Mashed Potatoes and Savoy Cabbage (G (w), C, Sb, Sd)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 15th May	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Cauliflower and Chickpea Balti with a Homemade Garlic Nann Bread (Available Without Gluten)	£2.60
		G (w), C, Sb, Mu, M, may contain N, P	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Mixed Berry Cheesecake (G (w), M, Sb)	£1.10	
FRIDAY 16th May	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fishcakes served with Minted New Potatoes and Mushy Peas with Tartare Sauce (Without Gluten Fish Fingers Available)	£2.60
		G (w), F, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

12th May - 16th May

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 - £2.50 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Chicken
Artisan Selection

Freshly made Wraps
Premium Rolls

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce (Available without Gluten)	Chicken Tikka Wrap (Available without Gluten)	Sausage with Onion Gravy (Available without Gluten)	Honey Roast Bacon Loin (Available without Gluten)	Lincolnshire Fishcakes with Tartare Sauce (Without Gluten Fish Fingers Available)
G (w), Sb, C, may contain M, E, S	G (w), Mu, M, may contain N, P	G (w), Sb, C, Sd, M, may contain E, S	G (w), C, Sb, may contain M, E, S	G (w), F, E, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Carrot and Orange (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Salad of the Week	Buffalo Mozzarella and Beef Tomato with a Balsamic Glaze	£2.20
	M, Sd (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Beef Chilli	£2.35
	C, Sb (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

DELI BAR MENU

12th May - 16th May

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce (Available without Gluten)	Chicken Tikka Wrap (Available without Gluten)	Sausage with Onion Gravy (Available without Gluten)	Honey Roast Bacon Loin (Available without Gluten)	Lincolnshire Fishcakes with Tartare Sauce (Without Gluten Fish Fingers Available)
G (w), Sb, C, may contain M, E, S	G (w), Mu, M, may contain N, P	G (w), Sb, C, Sd, M, may contain E, S	G (w), C, Sb, may contain M, E, S	G (w), F, E, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Orange (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Salad of the Week	Buffalo Mozzarella and Beef Tomato with a Balsamic Glaze	£2.20
	M, Sd (Without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Beef Chilli	£2.45
	C, Sb (Without Gluten)	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

Main Hall

Year 7 - 8

MONDAY 12th May	Fast Food	Sweet and Sour Chicken served with Egg Fried Rice	£2.60
		Sd, E (Without Gluten)	
	Traditional	Roast Pork Loin, Stuffing , Roast Potatoes Glazed Carrots and Gravy (Available without Gluten)	£2.60
		G (w), C, Sb	
Vegetarian	Sweet and Sour Quorn served with Braised Rice (E, Sd)	£2.60	
Dessert	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 13th May	Fast Food	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
		G (w, b), C, Sb, M, may contain E	
	Traditional	Honey Roasted Bacon Loin with Potato Wedges and Sweetcorn	£2.60
		N/A (Without Gluten)	
Vegetarian	Vegan Lasagne with Garlic Bread and Mixed Salad (G (w), C, Sb, may contain E)	£2.60	
Dessert	Oaty Apple and Raspberry Crumble and Custard (G (w), M, may contain Sb)	£1.10	
WEDNESDAY 14th May	Fast Food	Spanish Chicken Leg with Noodles	£2.60
		G (w), C, Sb	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Sausage Mashed Potatoes and Savoy Cabbage (G (w), C, Sb, Sd)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
THURSDAY 15th May	Fast Food	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
		G (w), C, M, Sb, Sd, may contain S, Mu	
	Traditional	Cauliflower and Chickpea Balti with a Homemade Garlic Nann Bread (Available Without Gluten)	£2.60
		G (w), C, Sb, Mu, M, may contain N, P	
Vegetarian	Southern Style Quorn Burger (G (w), M, E, may contain S)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 16th May	Fast Food	Pasta with a Choice of Two Sauces : Tomato and Basil or Cheese	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Lincolnshire Fishcakes served with Minted New Potatoes and Mushy Peas with Tartare Sauce (Without Gluten Fish Fingers Available)	£2.60
		G (w), F, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

SIXTH FORM - LUNCH MENU

12th May - 16th May

Daily Special Options

Monday	Sweet and Sour Chicken served with Egg Fried Rice	£2.60
	Sd, E (Without Gluten)	
	Sweet and Sour Quorn served with Braised Rice (E, Sd)	£2.60
	Treacle Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Beef Lasagne served with Garlic Bread and a Mixed Salad	£2.60
	G (w, b), C, Sb, M, may contain E	
	Vegan Lasagne with Garlic Bread and Mixed Salad (G (w), C, Sb, may contain E)	£2.60
	Oaty Apple and Raspberry Crumble and Custard (G (w), M, may contain Sb)	£1.10
Wednesday	Spanish Chicken Leg with Noodles	£2.60
	G (w), C, Sb	
	Vegetarian Sausage Mashed Potatoes and Savoy Cabbage (G (w), C, Sb, Sd)	£2.60
	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Bun with Fries and Relish (Without Gluten Available)	£2.60
	G (w), C, M, Sb, Sd, may contain S, Mu	
	Southern Style Quorn Burger (G(w), C, E, M, Mu, may contain S, Sb)	£2.60
	Mixed Berry Cheesecake (G (w), M, Sb)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Sponge and Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Beef Chilli	£2.35
	C, Sb (Without Gluten)	
Salad of the Week	Buffalo Mozzarella and Beef Tomato with a Balsamic Glaze	£2.20
	M, Sd (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Orange (Vegan)	£1.85
	C, Sb (Available without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.