

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

| | | | |
|-------------------------|--|---|-------|
| MONDAY 28th April | Fast Food | Chinese Chicken served with Egg Fried Rice | £2.60 |
| | | Sb, C, E, may contain N, P (Without Gluten) | |
| | Traditional | Roast Loin of Pork Garlic Roast Potatoes and Cauliflower Cheese (Available Without Gluten) | £2.60 |
| | | G (w), C, Sb, M | |
| | Vegetarian | Chinese Quorn served with Egg Fried Rice (G (w), C, Sb, E, may contain N, P) | £2.60 |
| Dessert | Treacle Sponge and Custard (G (w), E, M, may contain Sb) | £1.10 | |
| TUESDAY 29th April | Fast Food | Beef Lasagne with Garlic Bread and a Mixed Leaf Salad | £2.60 |
| | | G (w, b), C, Sb, F, M, may contain E | |
| | Traditional | Honey Roasted Bacon Loin Peri Peri Wedges and Sweetcorn (Without Gluten) | £2.60 |
| | | N/A | |
| | Vegetarian | Vegan Chilli with Pasta (G (w), C, Sb) | £2.60 |
| Dessert | Oaty Apple Crumble served with Vanilla Ice-cream (G (w), M, may contain Sb) | £1.10 | |
| WEDNESDAY 30th April | Fast Food | Jamaican Jerk Turkey Steak on a bed of Soft Noodles | £2.60 |
| | | G (w), C, Sb | |
| | Traditional | Cottage Pie served with Buttered Savoy Cabbage and Gravy (Without Gluten) | £2.60 |
| | | C, Sb, M | |
| | Vegetarian | Vegetarian Cottage Pie with Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten) | £2.60 |
| Dessert | Sticky Toffee Pudding with Custard (G (w), E, M, may contain Sb) | £1.10 | |
| THURSDAY 1st May | Fast Food | Sausage Chips and Beans (Without Gluten Available) | £2.60 |
| | | G (w), C, M, Sb, Sd | |
| | Traditional | Wild Mushroom Stroganoff | £2.60 |
| | | C, Sb, M, E | |
| | Vegetarian | Vegetarian Sausage Chips and Beans (G (w), Sb, Sd) | £2.60 |
| Dessert | Raspberry Fool (M) | £1.10 | |
| FRIDAY 2nd May | Fast Food | Pasta with a Choice of Two Sauces : Arrabbiata Or Carbonara | £2.60 |
| | | G (w), C, Sb, Sd G (w), C, Sb, M, E | |
| | Traditional | Lincolnshire Fishcakes served with Minted New Potatoes and Mushy Peas (Without Gluten Fish Fingers Available) | £2.60 |
| | | G (w), F, E | |
| | Vegetarian | Dish of the Day see Menu Cards | £2.60 |
| Dessert | Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 | |

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above serving points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

28th April - 2nd May

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads
from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| Lemon and Garlic Chicken Wrap (Available Without Gluten) | Roasted Bacon Loin (Available Without Gluten) | Roast Turkey and Cranberry (Available Without Gluten) | Sausage and Onion Gravy (Available Without Gluten) | Lincolnshire Fishcakes with Tartare Sauce (Without Gluten Fish Fingers Available) |
| G (w), Mu | G (w), Sb, may contain M, E, S | G (w), C, Sb, may contain M, E, S | G (w), C, Sb, Sd, M, may contain E, S | G (w), F, E, may contain M, S |

Weekly Specials

| | | |
|--|--|-------|
| Soup of the Week with a Bread Roll (G (w), Sb may contain E, M) | Tomato and Roasted Pepper (Vegan) | £1.85 |
| | Sd, C, Sb (Available without Gluten) | |
| Salad of the Week | Sweet Chilli Chicken and Vegetable Noodles | £2.20 |
| | G (w), Sd | |
| Jacket Potato | Cheese 'n' Beans | £2.35 |
| | M - Cheese only Without Gluten | |
| Jacket Potato of the Week | Sausage and Bacon Casserole | £2.35 |
| | G (w), Sb, C, Sd, M | |
| Vegetarian Dish | Changed Daily. Please ask the Server for Allergen Information. | £2.60 |
| | | |
| Dessert | Changed Daily. Please ask the Server for Allergen Information. | £1.10 |
| | | |

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L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

DELI BAR MENU

28th April - 2nd May

Hot Baguette - £2.50

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| Lemon and Garlic Chicken Wrap (Available Without Gluten) | Roasted Bacon Loin (Available Without Gluten) | Roast Turkey and Cranberry (Available Without Gluten) | Sausage and Onion Gravy (Available Without Gluten) | Lincolnshire Fishcakes with Tartare Sauce (Without Gluten Fish Fingers Available) |
| G (w), Mu | G (w), Sb, may contain M, E, S | G (w), C, Sb, may contain M, E, S | G (w), C, Sb, Sd, M, may contain E, S | G (w), F, E, may contain M, S |

Weekly Specials

| | | |
|---|--|-------|
| Wrap of the Week G (w), may also contain Mu | A selection of Freshly Made Wraps | £2.50 |
| | Please See Packaging for Allergens | |
| Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M) | Tomato and Roasted Pepper (Vegan) | £1.85 |
| | Sd, C, Sb (Available without Gluten) | |
| Salad of the Week | Sweet Chilli Chicken and Vegetable Noodles | £2.20 |
| | G (w), Sd | |
| Jacket Potato | Cheese 'n' Beans | £2.45 |
| | M - cheese only | |
| Jacket Potato of the Week | Sausage and Bacon Casserole | £2.45 |
| | G (w), Sb, C, Sd, M | |

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L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
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Main Hall

Year 7 - 8

| | | | |
|-------------------------|--|---|-------|
| MONDAY 28th April | Fast Food | Chinese Chicken served with Egg Fried Rice | £2.60 |
| | | Sb, C, E, may contain N, P (Without Gluten) | |
| | Traditional | Roast Loin of Pork Garlic Roast Potatoes and Cauliflower Cheese (Available Without Gluten) | £2.60 |
| | | G (w), C, Sb, M | |
| | Vegetarian | Chinese Quorn served with Egg Fried Rice (G (w), C, Sb, E, may contain N, P) | £2.60 |
| Dessert | Treacle Sponge and Custard (G (w), E, M, may contain Sb) | £1.10 | |
| TUESDAY 29th April | Fast Food | Beef Lasagne with Garlic Bread and a Mixed Leaf Salad | £2.60 |
| | | G (w, b), C, Sb, F, M, may contain E | |
| | Traditional | Honey Roasted Bacon Loin Peri Peri Wedges and Sweetcorn (Without Gluten) | £2.60 |
| | | N/A | |
| | Vegetarian | Vegan Chilli with Pasta (G (w), C, Sb) | £2.60 |
| Dessert | Oaty Apple Crumble served with Vanilla Ice-cream (G (w), M, may contain Sb) | £1.10 | |
| WEDNESDAY 30th April | Fast Food | Jamaican Jerk Turkey Steak on a bed of Soft Noodles | £2.60 |
| | | G (w), C, Sb | |
| | Traditional | Jacket Potato with Cheese 'n' Beans | £2.60 |
| | | M - cheese only | |
| | Vegetarian | Vegetarian Cottage Pie with Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten) | £2.60 |
| Dessert | Sticky Toffee Pudding with Custard (G (w), E, M, may contain Sb) | £1.10 | |
| THURSDAY 1st May | Fast Food | Sausage Chips and Beans (Without Gluten Available) | £2.60 |
| | | G (w), C, M, Sb, Sd | |
| | Traditional | Wild Mushroom Stroganoff | £2.60 |
| | | C, Sb, M, E | |
| | Vegetarian | Vegetarian Sausage Chips and Beans (G (w), Sb, Sd) | £2.60 |
| Dessert | Fresh Fruit or A Selection of Fruit Yogurts | | |
| FRIDAY 2nd May | Fast Food | Pasta with a Choice of Two Sauces : Arrabbiata Or Carbonara | £2.60 |
| | | G (w), C, Sb, Sd G (w), C, Sb, M, E | |
| | Traditional | Lincolnshire Fishcakes served with Minted New Potatoes and Mushy Peas (Without Gluten Fish Fingers Available) | £2.60 |
| | | G (w), F, E | |
| | Vegetarian | Dish of the Day see Menu Cards | £2.60 |
| Dessert | Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 | |

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

28th April- 2nd May

Daily Special Options

| | | |
|------------------|--|-------|
| Monday | Chinese Chicken served with Egg Fried Rice | £2.60 |
| | Sb, C, E, may contain N, P (Without Gluten) | |
| | Chinese Quorn served with Egg Fried Rice (G (w), C, Sb, E, may contain N, P) | £2.60 |
| | Treacle Sponge and Custard (G (w), E, M, may contain Sb) | £1.10 |
| Tuesday | Beef Lasagne with Garlic Bread and a Mixed Leaf Salad | £2.60 |
| | G (w, b), C, Sb, F, M, may contain E | |
| | Vegan Chilli with Pasta (G (w), C, Sb) | £2.60 |
| | Oaty Apple Crumble served with Vanilla Ice-cream (G (w), M, may contain Sb) | £1.10 |
| Wednesday | Jamaican Jerk Turkey Steak on a bed of Soft Noodles | £2.60 |
| | G (w), C, Sb | |
| | Vegetarian Cottage Pie with Savoy Cabbage and Gravy (C, Sb, M) (Without Gluten) | £2.60 |
| | Sticky Toffee Pudding with Custard (G (w), E, M, may contain Sb) | £1.10 |
| Thursday | Sausage Chips and Beans (Without Gluten Available) | £2.60 |
| | G (w), C, M, Sb, Sd | |
| | Vegetarian Sausage Chips and Beans (G (w), Sb, Sd) | £2.60 |
| | Raspberry Fool (M) | £1.10 |
| Friday | Dish of the Day | £2.60 |
| | Allergens will be shown | |
| | Dish of the Day see Menu Cards | £2.60 |
| | Chocolate and Vanilla Sponge and Chocolate Custard (G (w), E, M, may contain Sb) | £1.10 |

Weekly Specials

| | | |
|---|--|-------|
| Jacket Potato | Cheese 'n' Beans | £2.35 |
| | M - cheese only | |
| Jacket Potato of the Week | Sausage and Bacon Casserole | £2.35 |
| | G (w), Sb, C, Sd, M | |
| Salad of the Week | Sweet Chilli Chicken and Vegetable Noodles | £2.20 |
| | G (w), Sd | |
| Vegetarian Dish | Changed Daily. Please ask the Server for Allergen Information. | £2.60 |
| | | |
| Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M) | Tomato and Roasted Pepper (Vegan) | £1.85 |
| | Sd, C, Sb (Available without Gluten) | |
| Wrap of the Week G (w), may also contain Mu | A Selection of Freshly Made Wraps | |
| | Please See Packaging For Allergens | |

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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