

Year 9-10-11

TREVOR WHITEHEAD RESTAURANT

MONDAY 10th Mar	Fast Food	Fusilli Bolognese with Parmesan Cheese	£2.60
		G (w, b), Sb, C, E, M, F	
	Traditional	Honey Roasted Bacon Loin served with Spicy Wedges and Sweetcorn	£2.60
		No Allergens (without Gluten)	
Vegetarian	Vegan Meatballs and Pasta (G (w), C, Sb, Sd)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 11th Mar	Fast Food	Chicken Madras served with a Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork and Stuffing served with Garlic Roasted Potatoes and Carrots (available without Gluten)	£2.60
		G (w), C, Sb	
Vegetarian	Quorn Madras with Steamed Rice (C, Sb, E, Mu, M)	£2.60	
Dessert	Apple Oaty Crumble and Custard (G (w), E, M, may contain Sb)	£1.10	
WEDNESDAY 12th Mar	Fast Food	Chinese Turkey Steak served on a bed of Soft Noodles	£2.60
		G (w), C, Sb, may contain N, P	
	Traditional	Cottage Pie served with Mixed Vegetables and Gravy	£2.60
		C, Sb, M (without Gluten)	
Vegetarian	Vegetarian Cottage Pie served Buttered Carrots and Gravy (M, C, Sb)	£2.60	
Dessert	Syrup Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 13th Mar	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish (Available without Gluten)	£2.60
		G (w), C, M, Mu, Sd, Sb, may contain S	
	Traditional	Italian Style Vegetable Rice Filled Peppers with a Tomato Coulis	£2.60
		C, Sb, Sd, M, may contain E (without Gluten)	
Vegetarian	Southern Style Quorn Burgers (G (w), M, E, Mu, Sd, may contain S)	£2.60	
Dessert	Raspberry Fool (M)	£1.10	
FRIDAY 14th Mar	Fast Food	Pasta with a Choice of Two Sauces:- Tomato and Basil or Mushroom	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M	
	Traditional	Lincolnshire Fishcakes served with Parsley Potatoes and Garden Peas with Tartare Sauce (Available Fish Fingers Without Gluten)	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

10th - 14th March

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.60 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin (Available Without Gluten)	Roast Pork and Apple Sauce (Available Without Gluten)	Jamaican Jerk Chicken Wrap (Available without Gluten)	Sausage and Onion Gravy (Available Without Gluten)	Battered Haddock and Tartare Sauce (Available Fish Fingers Without Gluten)
G (w), Sb, may contain M, E, S	G (w), C, Sb, may contain M, E, S	G (w), Mu	G (w), Sb, C, M, Sd, may contain E, S	G (w), Sb, F, E, Mu, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Carrot and Coriander	£1.85
	G (w), C, Sb, M (Available Without Gluten)	
Salad of the Week	Ploughmans with Pork Pie, Cheddar Cheese and Pink Pickled Onions	£2.20
	G (w), Sd, Sb, M, Mu	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only	
Jacket Potato of the Week	Vegetable and Mushroom Stroganoff	£2.35
	C, Sb, M (Without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

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Main Hall

Year 7 - 8

MONDAY 10th Mar	Fast Food	Fusilli Bolognese with Parmesan Cheese	£2.60
		G (w, b), Sb, C, E, M, F	
	Traditional	Honey Roasted Bacon Loin served with Spicy Wedges and Sweetcorn	£2.60
		No Allergens (without Gluten)	
Vegetarian	Vegan Meatballs and Pasta (G (w), C, Sb, Sd)	£2.60	
Dessert	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10	
TUESDAY 11th Mar	Fast Food	Chicken Madras served with a Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork and Stuffing served with Garlic Roasted Potatoes and Carrots (available without Gluten)	£2.60
		G (w), C, Sb	
Vegetarian	Quorn Madras with Steamed Rice (C, Sb, E, Mu, M)	£2.60	
Dessert	Apple Oaty Crumble and Custard (G (w), E, M, may contain Sb)	£1.10	
WEDNESDAY 12th Mar	Fast Food	Chinese Turkey Steak served on a bed of Soft Noodles	£2.60
		G (w), C, Sb, may contain N, P	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
Vegetarian	Vegetarian Cottage Pie served Buttered Carrots and Gravy (M, C, Sb)	£2.60	
Dessert	Syrup Sponge and Custard (G (w), M, E, may contain Sb)	£1.10	
THURSDAY 13th Mar	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish (Available without Gluten)	£2.60
		G (w), C, M, Mu, Sd, Sb, may contain S	
	Traditional	Italian Style Vegetable Rice Filled Peppers with a Tomato Coulis	£2.60
		C, Sb, Sd, M, may contain E (without Gluten)	
Vegetarian	Southern Style Quorn Burgers (G (w), M, E, Mu, Sd, may contain S)	£2.60	
Dessert	Fresh Fruit or A Selection of Fruit Yogurts		
FRIDAY 14th Mar	Fast Food	Pasta with a Choice of Two Sauces:- Tomato and Basil or Mushroom	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M	
	Traditional	Lincolnshire Fishcakes served with Parsley Potatoes and Garden Peas with Tartare Sauce (Available Fish Fingers Without Gluten)	£2.60
		G (w), F, Mu, M, E	
Vegetarian	Dish of the Day see Menu Cards	£2.60	
Dessert	Chocolate Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10	

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St. Aidan's Catering

DELI BAR MENU

10th - 14th March

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roasted Bacon Loin (Available Without Gluten)	Roast Pork and Apple Sauce (Available Without Gluten)	Jamaican Jerk Chicken Wrap (Available without Gluten)	Sausage and Onion Gravy (Available Without Gluten)	Battered Haddock and Tartare Sauce (Available Fish Fingers Without Gluten)
G (w), Sb, may contain M, E, S	G (w), C, Sb, may contain M, E, S	G (w), Mu	G (w), Sb, C, M, Sd, may contain E, S	G (w), Sb, F, E, Mu, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	A selection of Freshly Made Wraps	£2.50
	Please See Packaging for Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Coriander	£1.85
	G (w), C, Sb, M (Available Without Gluten)	
Salad of the Week	Ploughmans with Pork Pie, Cheddar Cheese and Pink Pickled Onions	£2.20
	G (w), Sd, Sb, M, Mu	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Vegetable and Mushroom Stroganoff	£2.45
	C, Sb, M (Without Gluten)	

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

10th - 14th March

Daily Special Options

Monday	Fusilli Bolognese with Parmesan Cheese	£2.60
	G (w, b), Sb, C, E, M, F	
	Vegan Meatballs and Pasta (G (w), C, Sb, Sd)	£2.60
	Jam Sponge and Custard (G (w), E, M, may contain Sb)	£1.10
Tuesday	Chicken Madras served with a Coriander Rice	£2.60
	G (w), C, Sb, M, Mu	
	Quorn Madras with Steamed Rice (C, Sb, E, Mu, M)	£2.60
	Apple Oaty Crumble and Custard (G (w), E, M, may contain Sb)	£1.10
Wednesday	Chinese Turkey Steak served on a bed of Soft Noodles	£2.60
	G (w), C, Sb, may contain N, P	
	Vegetarian Cottage Pie served Buttered Carrots and Gravy (M, C, Sb)	£2.60
	Syrup Sponge and Custard (G (w), M, E, may contain Sb)	£1.10
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish (Available without Gluten)	£2.60
	G (w), C, M, Mu, Sd, Sb, may contain S	
	Southern Style Quorn Burgers (G (w), M, E, Mu, Sd, may contain S)	£2.60
	Raspberry Fool (M)	£1.10
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Dish of the Day see Menu Cards	£2.60
	Chocolate Sponge with Chocolate Custard (G (w), E, M, may contain Sb)	£1.10

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Vegetable and Mushroom Stroganoff	£2.35
	C, Sb, M (Without Gluten)	
Salad of the Week	Ploughmans with Pork Pie, Cheddar Cheese and Pink Pickled Onions	£2.20
	G (w), Sd, Sb, M, Mu	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.60
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Carrot and Coriander	£1.85
	G (w), C, Sb, M (Available Without Gluten)	
Wrap of the Week G (w), may also contain Mu	A Selection of Freshly Made Wraps	
	Please See Packaging For Allergens	

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