



# ST. AIDAN'S

CHURCH OF ENGLAND HIGH SCHOOL

5<sup>th</sup> July 2024

Dear Parent and Carer,

I am writing to you to inform you of a coursework deadline for GCSE PE. Students who are studying GCSE PE must undertake a coursework module called a Personal Exercise Programme, which is 10% of the course. This involves planning, performing and evaluating a training programme linked to an athletic event of their choosing. Throughout this academic year we have been completing sections both in class and as part of their set homework time and therefore are working towards completing draft one.

Mrs Goacher's GCSE PE group have been given the deadline of Friday 12<sup>th</sup> July to hand in their first full draft of their Personal Exercise Programme. Each student will then be given feedback when we return in September and a final hand in date. Students should submit their first completed draft into the assignment created on Teams.

All students are welcome to attend the drop-in sessions on a Thursday lunchtime 12.30 – 1pm in IT4 for additional support with their coursework. Students will be asked to attend an after school session if they are not able to meet the deadline of Friday 12<sup>th</sup> July, to give them support in finishing their Personal Exercise Programme.

Finally, all resources including a step-by-step PowerPoint and exemplar work is available on Teams to help guide students through completing their PEP. Please, be aware that students must not use AI or copy and paste from the examples.

If you have any further questions regarding the PEP please don't hesitate to contact me on [h.goacher@staidans.co.uk](mailto:h.goacher@staidans.co.uk)

Kind regards,  
Mrs H Goacher- Richardson

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Headteacher: Mrs S Dover

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