

THE  
BUSHCRAFT  
*company*

THE WOODS



# Bushcraft 2024

- Objectives
- Dates and Times
- Groups
- Sample Itinerary and food
- Kit List
- Student information
- Safeguarding



# Objective

- Opportunity for students build relationships with people in their form groups.
- Introduce students to residential trips
  - Build confidence
  - Introduce school expectations
- Encourage independence and build confidence
- Break from screens.

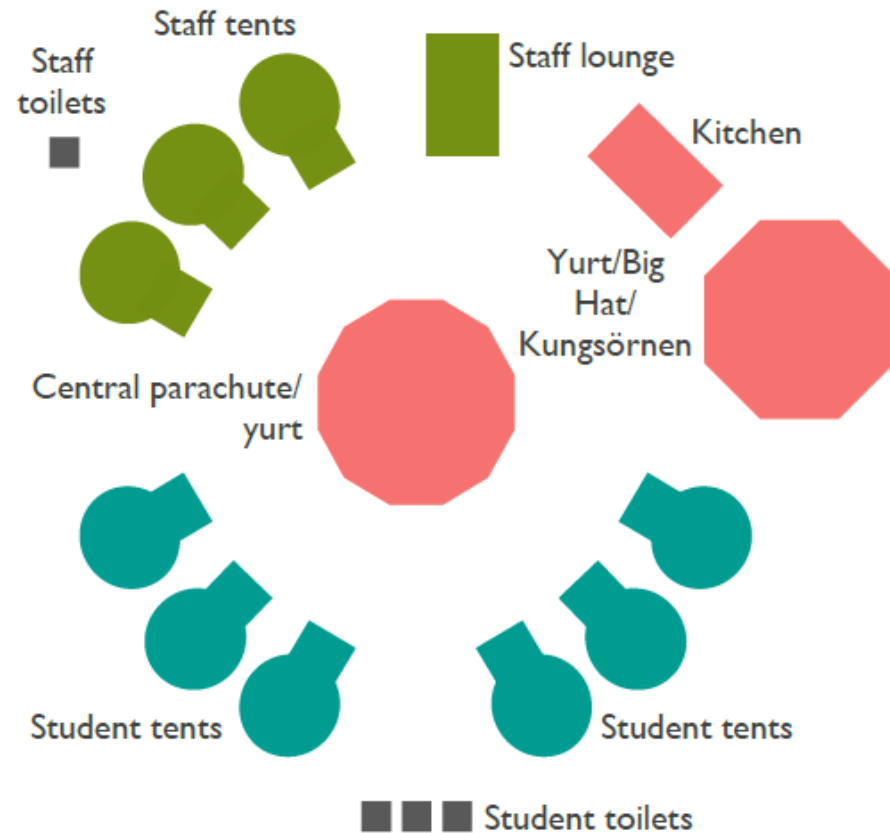


# Dates and Times

- Set off – Wednesday 15<sup>th</sup> May
  - Arrive at school normal time (not in uniform ready for Bushcraft!!!)
  - Go to form
  - Form tutor / member of staff will check medication.
  - Plan to leave school at 9:30 – arrive Bushcraft 10:30
- Return – Friday 17<sup>th</sup> May
  - Leave Bushcraft 15:00
  - Arrive back at St Aidan's after the buses have left
  - Probably 16:30 – 17:00
  - Go to the main hall to get picked up by parents



# Camps and tribes



6 Camps – Each approx. 45 students (3 St Aidan's staff)

Each Camp has 3 tribes – 16 students

Sleep in tents – 12 students



# Day 1

Day 1 | 11-05-22

	Pre-Arrival Call
AM 1	Arrival, Safety Brief & Welcome
Snack	Fruit & Biscuit
AM 2	Fire Lighting
Lunch	BBQ Kitchen
PM 1	Camp Craft / Camouflage & Concealment
Snack	Popcorn
PM 2	Wilderness First Aid
Supper	Pasta Bolognese
Pudding	Brownies
Evening	Evening Games
	Night-time Routine & Bed



# Day 2

Day 2 | 12-05-22

	Big Cooked Breakfast
AM 1	Scenario SOS
Snack	Flapjack
AM 2	Cutting Tools
Lunch	Pizza Kitchen
PM 1	Shelter Building
Snack	Tunnock
PM 2	Foraging & Bush Tucker Trial
Supper	Ponassed Salmon
Pudding	Smores
Evening	Tribes Got Talent
	Night-time Routine & Bed



# Day 3

Day 3 | 13-05-22

	Porridge
AM 1	Trap Making
Snack	Trail Mix
AM 2	Bushcraft Challenge
Lunch	Vegan Wraps
PM 1	Strike Camp, Leave No Trace & Depart





# Kit List

## ESSENTIALS:

Large rucksack (or alternative bag/suitcase)

Small rucksack for daytime away from camp

Warm sleeping bag (season 3) and Roll mat

Pillow

Tracksuit/hard-wearing trousers

T-shirts and long sleeved top

Warm jumpers/fleece

Waterproof jacket and trousers

Warm socks and underwear

Footwear (2 pairs - e.g. walking boots, old trainers)

Towel Wash bag including toothbrush, toothpaste and face wipes

Water bottle

Good torch with fresh batteries

Insect repellent

Alcohol Hand Gel



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# Rules and expectations

- No mobile phones
- Excellent behaviour
- Trial run for future trips



# Student info

- EHCP
- Dietary requirements
- Medical information
  - Student administered medication form
  - Students can keep inhalers, epipens, antihistamines on them
  - Other medication to be handed to staff, clearly labelled in a plastic bag with the original box.
- Additional information



# Safeguarding

- Bushcraft Company
  - Risk assessment for all their activities
  - Bushcraft staff all DBS checked
- St Aidan's Staff ratio of 1 to 15.
  - Allocated to particular tribe/camp/student
- In an emergency parents can contact St Aidan's staff
  - Students are not allowed phones





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