

# Inflation hits hard



Despite inflation hitting a staggering 8% this year, government funding received by Saint Michael's Hospice has increased by only 1.2%.

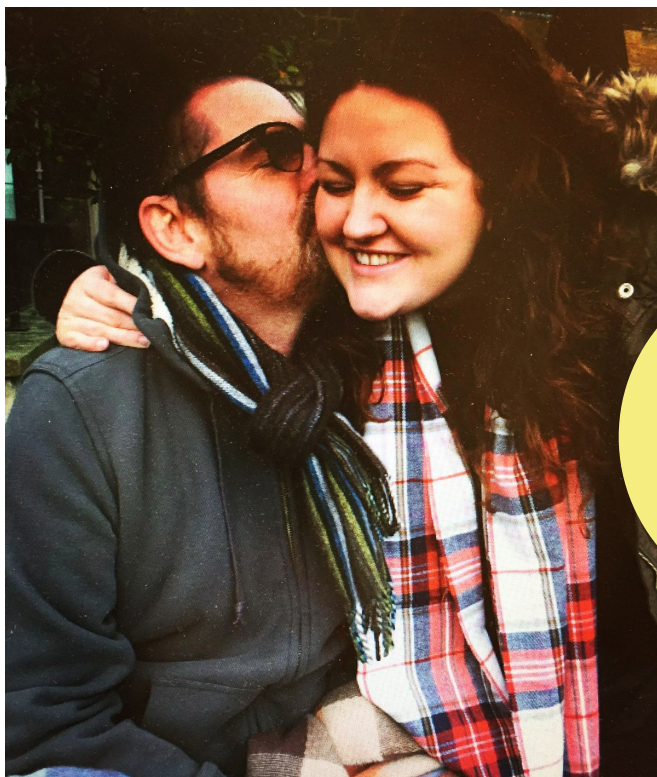
***"Help us keep up with rising costs. Make a donation today."***

***- Tash, Inpatient Unit Nurse***



**Page 2:** Read how hospice care supports local families.

## Why hospice care matters



***"Sometimes, it's the small things, that mean everything."***

**Beth was 25, carefree and just one week away from jetting off on a life-changing trip to South America. The last thing she expected was for her perfectly healthy dad to become seriously ill.**

**Bill died at Saint Michael's Hospice after a short battle with bowel cancer, which quickly spread to his brain. He was just 52 years old.**

Talking today, Beth lights up talking about her wonderful dad. Looking back at their time at Saint Michael's with fondness, she said:

*"What was a terrible time has given us the best memories, and we are forever grateful for that."*



## Beth's story

Beth describes her dad as lighting up any room he walked in to. He had a huge personality and a zest for life that was infectious. Bill lived in Knaresborough for over 20 years and was a loving husband to Louise and dad to two daughters, Beth and Portia.

Bill's cancer diagnosis was a complete shock to his family. Beth was heading to South America, and Portia was studying acting in New York when their dad was rushed to hospital. Bill had a violent seizure in his home, and behind a curtain on an A&E ward,

his family were told that he had lesions on his brain, which had spread from bowel cancer, which until that moment was undiagnosed.

Despite a treatment plan and successful Gamma Knife surgery to remove the tumours from his brain, a devastating scan revealed that the cancer had spread across Bill's body, including to his spine and liver. After an initial glimmer of hope that her dad's condition would improve, Beth faced the news that her dad would never be cancer free.

Story continued overleaf...



*"I remember thinking that me and Portia were really young and there would be so much he wouldn't see like our weddings and his first grandchild. He stopped me right there and said, 'You cannot be like that. You have to remember what I was here for, not what I'm not here for'."*

Bill's cancer progressed quicker than expected, and after five months, treatment was halted. Just two weeks later, Bill was rushed to hospital in extreme pain and his family were told to consider what his end-of-life care would look like. *"It was really hard to hear that news, then actually see him because the two didn't go hand in hand. He looked absolutely fine; he never lost a hair on his head and never lost any weight. We had the mentality that people can live well with cancer for a long time."* said Beth.

Arriving at Saint Michael's Hospice for the first time, Beth describes her experience. *"It wasn't the place I'd pictured in my brain. They opened the door and I was wowed. I'd seen it on the train, and I always thought it was someone's fancy house. I never knew it was Saint Michael's."*

*"I walked into Dad's room and he was dressed in jeans and a top. I had only seen him in a gown for the past week, and he had been bedbound, unable to walk and struggling to eat."*

"He walked over to us like he was just his normal self. It was that contrast between what I had seen a couple of days before, to that. I was just like, 'Oh, my dad's back'."

Bill spent three weeks at Saint Michael's Hospice with his loving family and friends around him. Reflecting on the experience, Beth said:

*"Every day felt to me like we were just celebrating being together and having those moments. Dad loved watching films, so we watched all his favourite films, and it wasn't like we were burdened by anything else going on. It gave us that space to forget about everything."*

As the weeks passed by, it became clear to Beth that her dad was slipping away. She entered his room one morning, and for the first time since arriving at Saint Michael's, he wasn't out of bed. Beth recalls the very last words her dad said to her.

Story continued overleaf...

**JUST 'B'**  
Bereavement Support

If you've been affected by this story, our Just B Hear to Help helpline can support you.  
Call: (01423) 856 799, 8am-8pm,  
7 days a week.

*"He just whispered, 'love you', and I never heard him speak again. He died at 3am the following day.*

*"After Dad took his last breath, we went and got a cup of tea and gathered our thoughts. When we returned to the room, the nurses had moved him into a comfortable position and put a flower next to his head. It was such a lovely touch. We stayed with him for hours and just talked to him because my sister said hearing is the last thing to go."*

Reflecting on her experience at Saint Michael's, Beth said: *"I don't know what we would have done without it. I know that sounds cliché, but it became a bit of an anchor when we had been really lost, and no one had helped us. Saint Michael's just gave us that chance for us to be altogether and for my dad to be comfortable and worry free. To me, that was the most important thing."*



**In loving memory of Michael 'Bill' Crewe,  
23rd January 1963 – 8th December 2015.**

## Our funding crisis: The rise of inflation



Did you know that, here at Saint Michael's Hospice, 83% of our care is funded by the generosity of our supporters, local businesses, and people just like you.

We receive just 17% government funding, which will rise by just 1.2% in April, despite an inflation increase of over 8%. This means that we have to find almost **half a million pounds** more each year. Will you make a donation today and help more families like Beth's?

Together we can ensure our local hospice is here tomorrow and for years to come.  
**Make a donation today.**

**Pledge your donation today of:**

**£25**

**£50**

**£100**

Or any amount that you can afford to spare. Thank you.

**Every pound matters. Make your donation go further.**

When you make a regular donation, your impact builds up over time to help more people like Bill.

# Ways to donate

## Make a one-off donation or pledge a regular gift.



### Donation form:

Simply fill out the donation form on the **back page** of this leaflet and return to Saint Michael's Hospice, Crimple House, Hornbeam Park Avenue, Harrogate, HG2 8NA.



### Head to our website:

Visit [saintmichaelhospice.org](http://saintmichaelhospice.org) or scan the QR code.



### By phone:

Call our Supporter Care Team anytime Monday-Friday, 9am-5pm on (01423) 878 628.



### By cheque:

Made payable to Saint Michael's Hospice and posted to Saint Michael's Hospice, Crimple House, Hornbeam Park Avenue, Harrogate, HG2 8NA.



### By SMS:

Text HOSPICEAPPEAL followed by your donation amount to 70085 to give that amount. (This will cost your donation amount plus two standard network rate messages.) Text HOSPICEAPPEAL followed by your donation amount to 70450 to give that amount per month. (Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us. If you would like to donate but don't wish to hear more from us, please text HOSPICEAPPEALNOINFO instead.)



### Visit a Saint Michael's shop and donate at the till:

Visit our website to find where your closest shop is located. [saintmichaelhospice.org/stores/](http://saintmichaelhospice.org/stores/)

Pledge a regular gift today ►



Make a one-off donation today ►



## Donation form

### Please choose the donation amount

£25

£50

£100

Other

### Fill in your details

Title \_\_\_\_\_ First name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

DOB \_\_\_\_\_

If you would like to make your donation a regular gift, please tick here:

### Frequency of regular gift: (please circle)

Monthly | Quarterly | Annually

Please indicate your preferred month to start: \_\_\_\_\_

### Commencing on:

3rd of the month

18th of the month

### Boost your donation by 25p of Gift Aid for every £1 you donate.

I want to Gift Aid this donation

And any donations I make in the future or have made in the past four years to North Yorkshire Hospice Care. I am a current UK taxpayer and understand that if I pay less income tax and/ or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference. Please notify the charity if you; want to cancel this declaration, change your name or home address, no longer pay sufficient tax on your income/capital gains.



### Fill in your bank details



Name on account: \_\_\_\_\_

Sort Code:  -  -

Account Number:

### Instruction to your bank or building society:

Please pay North Yorkshire Hospice Care direct debits from the account detailed in this instruction, subject to the safeguards assured by the Direct Debit Guarantee below. I understand that this instruction may remain with North Yorkshire Hospice Care and, if so, details will be passed electronically to my bank/building society.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Banks and building societies may not accept Direct Debit instructions for some types of accounts.

### Direct Debit guarantee

This guarantee is offered by all banks and building societies that accept instructions to pay direct debits.

If there are any changes to the amount, date or frequency of your Direct Debit, North Yorkshire Hospice Care will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request North Yorkshire Hospice Care to collect a payment, confirmation of the amount and date will be given to you at the time of the request.

If an error is made in the payment of your Direct Debit by North Yorkshire Hospice Care on your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society. If you receive a refund you are not entitled to, you must pay it back when North Yorkshire Hospice Care asks you to.

You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.

**Staying in touch:** Your support will make a big difference to people living with terminal illness and bereavement. Hear about our latest news, campaigns and how your support can help. We may contact you by post or phone unless you select 'No' below.

E-mail: Yes/No

SMS: Yes/No

Post: No

Telephone: No

Your information will be used by Saint Michael's Hospice, to provide you with the best service possible. Your details are safe with us. We will not sell or swap them. We will only use them in accordance with our information notice at [saintmichaelsospice.org/information-notice](http://saintmichaelsospice.org/information-notice). You can update your preferences or unsubscribe from marketing at any time by calling us on (01423) 878 628 or emailing [supportercare@saintmichaelsospice.org](mailto:supportercare@saintmichaelsospice.org). North Yorkshire Hospice Care is a registered charity in England and Wales (518905) with a family of services operating as Herriot Hospice Homecare, Just 'B', Saint Michael's Hospice and Talking Spaces. North Yorkshire Hospice Care is a company limited by guarantee, registered in England and Wales (2121179). Registered address Crimple House, Hornbeam Park Avenue, Harrogate, HG2 8NA.