

# Key Stage 3 & 4 Careers – Exploring Different Occupations

In Year 9 you will make your first decisions which may impact on your future plans – choosing the subjects that you would like to study for your GCSEs. Your form tutors and the Careers Department will deliver sessions during Year 9 to help support you in this process but between now and then it may be helpful to begin giving some thought to different occupations and considering what skills, qualities and qualifications are needed for these.

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Below are some short, fun activities for you to undertake over the summer holidays, the outcomes of which you will then share with your form group when you return to school in September:

# Take the Buzz Quiz

A fun, short online questionnaire which in under 5 minutes will enable you to understand more about your personality and how it may influence your careers choices and the job areas which may suit you. Buzz Quiz

# Research an occupation of your choice

Further your occupational knowledge by investigating a job role to find out what it involves, how it links in to other occupations and both if, and how it contributes to our local community. The following web links are useful places to start but you could also visit the library or talk to friends and neighbours.

**National Careers Service** icould UCAS - explore jobs

# Understanding a careers journey

People working in the same occupation often got there by very different routes. Interview a family member and record details about their current occupation and their careers journey to this role. What steps did they take? Did they have a careers plan?

# Other activities/research ideas

eCLIPS - information on entry routes for 1400+ jobs together with links to other areas of rest Contact careersstaff@staidans.co.uk for the school password.

Prospects - Job Profiles - Profiles for 100's of different occupations including entry routes, responsibilities, working hours and more.

Prospects - Job Match Quiz - Take a short quiz to determine which job groups may match your skills and interests. Are you a Creator, an Experimenter or an Organiser...?

One Step at a Time – A short, animated video on the importance of planning smaller, short-term steps to achieve a bigger, long-term goal.

Remember... You will be very welcome to visit the Careers Department during break, lunchtimes and after school. Please contact the Careers Department at careersstaff@staidans.co.uk if you would like individual information, advice and guidance. St. Aidan's Careers Department



**BBC Bitesize Careers Quiz** 



