

St. Aidan's Catering

Restaurant - Lighter Options Menu - Years 9, 10 & 11

13th - 17th November 2023

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.50 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.50

Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce	Lemon and Garlic Chicken Wrap	Sausage and Onion Gravy	Roast Turkey Cranberry Sauce and Gravy	Jumbo Battered Fish Fingers with Tartare Sauce
G (w), Sb, may contain M, E, S	G (w), Sd, may contain Mu	G (w), Sb, Sd, M, may contain, E, S	G (w), Sb, may contain M, E, S	G (w), Sb, F, E, Mu, may contain M, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Roasted Red Pepper & Tomato Soup	£1.80
	C, Sb, Sd, M	
Salad of the Week	Prawn Waldorf with Red Apples, Celery, Grapes and a Yogurt Dressing	£2.20
	Cru, M (without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.35
	M - Cheese only (without Gluten)	
Jacket Potato of the Week	Tuna and Sweetcorn	£2.35
	F, E (without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.00
Dessert	Changed Daily. Please ask the Server for Allergen Information.	£1.10

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

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St. Aidan's Catering

Main Hall - Main Menu - Years 7 & 8

13th - 17th November 2023

A Selection of Freshly Made Sandwiches (White and Wholemeal) from £1.50
Homemade Cakes and Biscuits from 80p (contain G (w, b, o), E, M, Sb, Sd, may contain N, P, S)
Plus Fresh Fruit at 55p

MONDAY	Fast Food	Chicken Madras with Coriander Rice	£2.60
		G (w), C, Sb, M, Mu	
	Traditional	Roast Pork, Dauphinoise Potatoes, Carrots and Gravy	£2.60
		M, C, Sb (without Gluten)	
Dessert	Treacle Sponge and Custard	£1.10	
	G (w), E, M, may contain Sb		
TUESDAY	Fast Food	Beef Lasagne with Garlic Bread and Mixed Salad	£2.60
		G (w, b), F, C, Sb, M, may contain E	
	Traditional	Honey Roast Bacon Loin, Spicy Wedges and Buttered Sweetcorn	£2.60
		Not Applicable (without Gluten)	
	Dessert	Peach and Raspberry Crumble with Custard	£1.10
		G (w), M, may contain Sb	
WEDNESDAY	Fast Food	Beef and Vegetable Stew with Yorkshire Pudding and Minted New Potatoes	£2.60
		G (w), E, M, C, Sb	
	Traditional	Jacket Potato with Cheese 'n' Beans	£2.60
		M - cheese only	
	Dessert	Jam Sponge and Custard	£1.10
		G (w), E, M, may contain Sb	
THURSDAY	Fast Food	Sausage, Chips and Beans	£2.60
		G (w), M, Sd, Sb	
	Traditional	Vegetable Biryani served with a Mint Yogurt	£2.60
		C, Sb, M (without Gluten)	
	Dessert	Fresh Fruit or a Yogurt	£1.10
		No Allergens Allergens with be displayed	
FRIDAY	Fast Food	Jumbo Battered Fish Fingers, New Potatoes and Garden Peas	£2.60
		G (w), F, Mu, M	
	Traditional	Pasta with a Choice of Two Sauces:- Roasted Red Pepper and Tomato or Carbonara	£2.60
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Dessert	Chocolate and Vanilla Sponge with Chocolate Custard	£1.10
		G (w), E, M, may contain Sb	

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DELI BAR MENU

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Hot Baguette - £2.50

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork and Apple Sauce	Lemon and Garlic Chicken Wrap	Sausage and Onion Gravy	Roast Turkey, Cranberry Sauce and Gravy	Jumbo Battered Fish Fingers with Tartare Sauce
G (w), Sb, may contain M, E, S	G (w), Sd, may contain Mu	G (w), Sb, Sd, M, may contain, E, S	G (w), Sb, may contain M, E, S	G (w), Sb, F, E, Mu, may contain M, S

Weekly Specials

Wrap of the Week G (w), may also contain Mu	BBQ Pulled Pork & Cheese Coleslaw	£2.30
	Check Packaging For Allergens	
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Roasted Red Pepper & Tomato Soup	£1.80
	C, Sb, Sd, M	
Salad of the Week	Prawn Waldorf with Red Apples, Celery, Grapes and a Yogurt Dressing	£2.20
	Cru, M (without Gluten)	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Tuna and Sweetcorn	£2.45
	F,E (without Gluten)	

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WITHOUT GLUTEN BAR - LUNCH MENU

A Selection of Freshly made Sandwiches - £2.50

Hot Dish	Chicken Souvlaki Flatbread, Salad and Tzatziki	£2.60
	Sd, M	
Jacket Potatoes with a Selection of Fillings	Double Baked Cheese and Smoked Bacon filled jacket skins	£2.50
	M	
	Cheese or Tuna	
	M F, E	
Salad of The Week	Tuna Nicoise with Green Beans, Olives and Boiled Egg	£2.50
	F,Mu, Sd,E	
Sandwiches Made to Order (orders before 10 am)	Cheese, Tuna Mayo, Ham, Turkey, (with or without salad)	£2.50
	Gluten Free Seeded Roll or Gluten Free Wrap	
Selection Of Homemade Cakes and Biscuits	Chocolate, Lemon Drizzle, Chocolate Brownies, Cookies and Flapjack	85p
	Check Individual Cards for Allergens	

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SIXTH FORM - LUNCH MENU

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Daily Special Options

Monday	Chicken Madras with Coriander Rice	£2.60
	G (w), C, Sb, M, Mu	
	Treacle Sponge and Custard	£1.10
	G (w), E, M, may contain Sb	
Tuesday	Beef Lasagne with Garlic Bread and Mixed Salad	£2.60
	G (w, b), F, C, Sb, M, may contain E	
	Peach and Raspberry Crumble with Custard	£1.10
	G (w), M, may contain Sb	
Wednesday	Beef and Vegetable Stew with Yorkshire Pudding and Minted New Potatoes	£2.60
	G (w), E, M, C, Sb	
	Jam Sponge and Custard	£1.10
	G (w), E, M, may contain Sb	
Thursday	Sausage, Chips and Beans	£2.60
	G (w), M, Sd, Sb	
	Banoffee Pie	£1.10
	G (w), M, may contain Sb	
Friday	Dish of the Day	£2.60
	Allergens will be shown	
	Chocolate and Vanilla Sponge with Chocolate Custard	£1.10
	G (w), E, M, may contain Sb	

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.35
	M - cheese only	
Jacket Potato of the Week	Tuna and Sweetcorn	£2.35
	F,E (without Gluten)	
Salad of the Week	Prawn Waldorf with Red Apples, Celery, Grapes and a Yogurt Dressing	£2.20
	Cru, M (without Gluten)	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£2.00
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Roasted Red Pepper & Tomato Soup	£1.80
	C, Sb, Sd, M	
Wrap of the Week G (w), may also contain Mu	Barbecue Pulled Pork & Cheese Coleslaw	£2.30
	Check Packaging for Allergens	

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