

Course Outline/Learning Journey: Tutorials (Personal Development)

Year 12

Rationale: The Tutorial programme complements the Core RE programme at St John Fisher and the Living Well programme at St Aidan's to ensure in conjunction with Assemblies at both schools that your personal development is extremely well catered for. The weekly programme throughout Year 12 has modules focusing on study skills, healthy relationships, careers, mental and physical health, British values, society and life skills, exam preparation, university applications and next steps (apprenticeships and jobs). Areas that are taught post-Christmas notably health and British values will be the focus of assemblies early in the first term. While aspects of students spiritual, moral, social and cultural development are addressed these are also part of the Core RE/Living Well and assembly programmes. The Healthy relationships module also addresses RSE while the modules relating to Careers support the ongoing CIEAG across the Associated Sixth Form.

	CONTENT	KEY/FUNDAMENTAL CONCEPTS	PERSONAL DEVELOPEMNT/ SMSC/RSE/CIEAG AREA COVERED
Autumn Term	<p>Module 1 – Study Skills 3 weeks</p> <ul style="list-style-type: none"> • Learning journey of the year • Expectations in the Sixth Form • Student profile • Safeguarding – understanding key individuals and protocols • Study skills • Revision skills • Volunteering in the Sixth Form <p>Module 2 – Healthy Relationships 5 Weeks</p> <ul style="list-style-type: none"> • Sexual Harassment • Consent • Abuse – including FGM and forced marriages • Social Media – extremism, bullying and peer on peer abuse • STI and contraception 	<ul style="list-style-type: none"> • Designated safeguarding lead • Time management • Mind mapping • School ambassadors • Sexual harassment • Catcalling • Up skirting • Sexting • Sexual Assault • Consent • Abusive relationships • Domestic abuse • Forced marriage • FGM • Trolling • Peer-on-peer abuse • Extremism • Radicalisation • Terrorism • Fake news 	<p>CIEAG</p> <p>PD – making students aware of the support available to them. Informs pupil's motivation and guides their conduct so they reflect wisely and learn eagerly. Developing pupils' character including virtues that inform motivation and guides pupil's conduct.</p> <p>PD – Enabling pupils to recognise online and offline risks to their well-being for example FGM and forced marriages. Enabling students to recognise the dangers of inappropriate use of mobile technology and social media. Developing pupils' age-appropriate understanding of healthy relationships. Enabling students to recognise online and offline risks to their well-being – for example radicalisation and extremism.</p> <p>SMSC – provision for moral development of pupils – understanding the consequences of behaviour and actions</p> <p>RSE</p>
	<p>Module 3 - Careers and Progress Reviews</p> <ul style="list-style-type: none"> • Introduction to Careers • Progress Review meetings/ Applying for Employment and Volunteering • Progress Review meetings/Post 18 Research and careers/UCAS • Reflection sheets/Christmas quiz 	<ul style="list-style-type: none"> • UCAS hub • SMART targets 	<p>PD – Supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully.</p> <p>CIEAG</p>
	<p>Module 4 – Health</p> <ul style="list-style-type: none"> • Stress and mental health • Healthy lifestyles and diet • Smoking and vaping • Drugs and County Lines • Body image and self-harm • Alcohol and gambling 	<ul style="list-style-type: none"> • Mental health • Stress • Mediation • Bronchiolitis obliterans • Possession and supply • County Lines 	<p>PD – Developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy. Developing pupils' understanding of how to keep physically healthy, eat healthily and maintain an active lifestyle. Enabling students to recognise online and offline risks to their well-being – for example</p>
Spring Term			

		<ul style="list-style-type: none"> • Self-harm • Eating disorder • Binge drinking • Cirrhosis 	<p>substance misuse and gang activity and making them aware of the support available to them.</p> <p>SMSC – provision for the moral development of pupils – understanding consequences of their behaviour and actions. Ability to recognise the difference between right and wrong.</p> <p>RSE</p>
	<p>Module 5 – Society, British values and life skills</p> <ul style="list-style-type: none"> • Democracy and introduction to standing for student bodies – Senate and Congress • Liberty • LGBTQ+ rights • Racism • Loans, taxes and finance • News reliability and sources of information (this module may run into the summer term) • Driving safely 	<ul style="list-style-type: none"> • First past the post • Proportional representation • Constituency • Democracy • Congress • Local Government • Liberty • The rule of law • Mutual respect • Tolerance • Human rights • Civil liberties • Individual liberties • Trans • Transphobic language • Misgendered • Pronouns • Homophobic • Biphobic • Stonewall • Be brave, be heard, be kind • Social justice • Equality Act 2010 • PAYE • Income tax • Council Tax • VAT • APR • Interest rate • Bank of England base rate • Mortgages • Student loans • Credit cards • Reliability/bias • Fake news • Deep fake 	<p>PD – Developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults. Developing and deepening pupils’ understanding of the fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance. Promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique. Promoting an inclusive environment that meets the needs of all pupils, irrespective of gender reassignment, race, religion or belief, sex or sexual orientation. Enabling students to recognise online and offline risks to their well-being – for example radicalisation and extremism. Enabling students to recognise the dangers of inappropriate use of social media.</p> <p>SMSC – Provision for the social development of pupils – developing their acceptance and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.</p> <p>Provision for the cultural development of pupils - developing their knowledge of Britain’s democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain. Understanding and appreciation of the range of different cultures in school and further afield.</p>
Summer Term	<p>Module 6 – Careers and Exam Preparation</p> <ul style="list-style-type: none"> • Introduction to H.E – External speakers • Mock Exam preparation • Preparing for the careers conference and encounters with employers 	<ul style="list-style-type: none"> • Effective revision • Mind mapping • CV’s • UCAS • Personal statements • UCAS hub • Open Days 	<p>PD – Supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully</p> <p>CIEAG</p>
	<p>Module 7 Applications and Next Steps – University/Apprenticeships/Jobs</p> <ul style="list-style-type: none"> • Post 18 Applications • Personal statements and applications • UCAS/CV’s and preparation for the world of work 	<ul style="list-style-type: none"> • CV’s • UCAS • Personal statements • UCAS hub • Open Days 	<p>PD – Supporting readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully</p> <p>CIEAG</p>



ASSOCIATED SIXTH FORM

ST AIDAN'S & ST JOHN FISHER, HARROGATE

