


















Course Outline: Level 3 Certificate in Health & Social Care Year 12






Rationale— About 3 million people in the UK work in the health and social care sector and this Level 3 qualification provides students with essential knowledge and transferable skills to enhance their employability when they leave education, contributing to both their personal development and future economic well-being. Students will learn that promoting equality and respecting diversity and rights in health, social care and childcare environments is essential in today's very diverse society. Students will also acquire the necessary knowledge and skills to equip them in maintaining a safe working environment for themselves, their colleagues and individuals who require care and support.








	CONTENT	KEY/FUNDAMENTAL CONCEPTS	ASSESSMENT	
Autumn Term	<p>Unit 1 CW: Building Positive relationships.</p> <ul style="list-style-type: none"> P1 Task: Types of relationship P2 Task: Care and Communication skills <p>Unit 3 Exam: Health, Safety and Security.</p> <ul style="list-style-type: none"> Hazards and accidents Abuse and safeguarding 	<ul style="list-style-type: none"> Identifying care settings & their practitioners  Identifying vulnerable individuals requiring care  Describing and explaining policies and procedures which protect individuals requiring care.  	<p>Unit 1 P1 CW Task submission</p> <p>Unit 1 P2 CW Task submission</p> <p>SPW: Hazards and impacts past exam question booklet. (Homework task, untimed)</p>	
	Half-term			
	<p>Unit 1 CW: Building Positive relationships.</p> <ul style="list-style-type: none"> P3 Task: Person-centred care <p>Unit 3 Exam: Health, Safety and Security.</p> <ul style="list-style-type: none"> Health & safety laws Responding to emergencies First aid 	<ul style="list-style-type: none"> Identifying care settings & their practitioners  Identifying vulnerable individuals requiring care  Naming & describing legislation which protects individuals requiring care  Describing and explaining policies and procedures which protect individuals requiring care.  	<p>Unit 1 P3 CW Task submission</p> <p>SPW: Legislation past exam question booklet (Homework task, untimed)</p> <p>November mock exam for Unit 3. Unseen paper, 1 hour.</p>	
Christmas Holiday				
Spring Term	<p>Unit 1 CW: Building Positive relationships.</p> <p>P4 and P5 Tasks: Demonstrating communication skills in a one-to-one and group role play.</p>	<ul style="list-style-type: none"> Practically demonstrating or demonstrating knowledge of communication skills  	<p>Unit 1 P4 & P5 CW Tasks submission</p> <p>Unit 3 Jan external exam external exam conditions. Unseen paper. 1 ½ hrs</p>	

	<p>Unit 2 Exam: Equality, Diversity and Rights.</p> <ul style="list-style-type: none"> Equality, Diversity and Rights Values of Care Support Networks 	<ul style="list-style-type: none"> Describing and explaining policies and procedures which protect individuals requiring care.  	<p>SPW: Rights past exam questions. (Homework task, untimed)</p>
Half-term			
	<p>Unit 1 CW: Building Positive relationships. M1 Task: Harvey Price Case Study M3 Task: Review of role plays.</p> <p>Unit 2 Exam: Equality, Diversity and Rights.</p> <ul style="list-style-type: none"> OFSTED and the CQC Equality laws Whistleblowing and reporting discrimination 	<ul style="list-style-type: none"> Identifying care settings & their practitioners  Identifying vulnerable individuals requiring care  Naming & describing legislation which protects individuals requiring care  	<p>Unit 1 M1 CW Task submission Unit 1 M3 CW Task submission</p> <p>March mock exam for Unit 2. Unseen paper, 1 hour.</p>
Easter Holiday			
Summer Term	<p>Unit 1 CW: Building Positive relationships. M2 Task- Analysing a person-centred approach in Health and Social care settings. D1 Task- Justifying the use of Reflective practice by practitioners in health and social care.</p> <p>Unit 2 Exam: Equality, Diversity and Rights. Revision.</p>	<ul style="list-style-type: none"> Identifying care settings & their practitioners  Developing Support Plans to care for vulnerable individuals  Identifying vulnerable individuals requiring care  	<p>Unit 1 M2 CW Task submission</p> <p>Unit 1 D1 CW Task submission</p> <p>Unit 2 May external exam and Unit 3 re-sit external exam. external exam conditions. Unseen paper. 1 ½ hrs</p>
Half-term			
	<p>Unit 4 Exam: Anatomy and Physiology LO1: Cardiovascular system</p> <ul style="list-style-type: none"> Blood & blood vessels The heart & cardiac cycle CHD and Hypertension. <p>LO3: Digestive system</p> <ul style="list-style-type: none"> Organs of the digestive system Mechanical and chemical digestion IBS, gall stones and Coeliac disease. 	<ul style="list-style-type: none"> Independent research or knowledge of causes, symptoms & treatments of disease  Being able to practically measure the physical health of an individual and understand abnormal health readings  	<p>Completed Unit 1 portfolio submitted for marking and external OCR moderation.</p> <p>SPW: Unit 10 CW P1 CW Task submission</p> <p>SPW: Unit 17 CW P1 CW Task submission</p>

Course Outline: Level 3 Extended Certificate in Health & Social Care Year 13

Rationale— About 3 million people in the UK work in the health and social care sector and this Level 3 qualification provides students with essential knowledge and transferable skills to enhance their employability when they leave education, contributing to both their personal development and future economic well-being. In year 13 students learn about six organ systems and their function and a wide range of medical conditions affecting each system. Learning about physical health is complimented with a unit about food and nutrition as well as considering how mental health is treated in the UK.

	CONTENT	KEY/FUNDAMENTAL CONCEPTS	ASSESSMENT
Autumn Term	<p>Unit 4 Exam: Anatomy and Physiology LO2: The Respiratory system</p> <ul style="list-style-type: none"> • Lung structure • Gas exchange • Respiration • Asthma, Emphysema and Cystic fibrosis. <p>LO4: The Musculoskeletal system</p> <ul style="list-style-type: none"> • Bones • Joints • Muscles • Osteoporosis and Arthritis. 	<ul style="list-style-type: none"> • Independent research or knowledge of causes, symptoms & treatments of disease • Being able to practically measure the physical health of an individual and understand abnormal health readings  	<p>SPW: Joints and Arthritis past exam question booklet. (Homework task, untimed)</p>
	Half-term		
	<p>Unit 4 Exam: Anatomy and Physiology LO5: Coordination systems (Nervous system and Endocrine system)</p> <ul style="list-style-type: none"> • The Nervous system • Neuron structure • The brain • MS and Strokes • The Endocrine system organs • The Liver • The Kidney • Homeostasis • Diabetes, Nephrotic syndrome and Cirrhosis. 	<ul style="list-style-type: none"> • Independent research or knowledge of causes, symptoms & treatments of disease • Being able to practically measure the physical health of an individual and understand abnormal health readings  	<p>SPW: The brain and strokes past exam questions. (Homework task, untimed)</p> <p>November mock exam for Unit 4. Unseen paper, 1 hour.</p>
Christmas Holiday			
Spring Term	<p>Unit 10 CW: Food and Nutrition P1 Task: Describing nutritional guidelines P2 Task: Describing the role of different nutrients P3 Task: Explaining nutritional requirements for different groups of people</p>	<ul style="list-style-type: none"> • Being able to practically measure the physical health of an individual and understand abnormal health readings 	<p>Unit 4 Jan external exam external exam conditions. Unseen paper. 2 hrs</p> <p>Unit 10 P1 CW Task submission Unit 10 P2 CW Task submission Unit 10 P3 CW Task submission</p>

	<p>Unit 17 CW: Mental Health P1 Task: Concepts, causes and impacts of mental health P2/M1 Task: Treatments and comparison of treatments for mental health</p>	<ul style="list-style-type: none"> Independent research or knowledge of causes, symptoms & treatments of disease Identifying vulnerable individuals requiring care 	 	<p>Unit 17 P1 CW Task submission Unit 17 P2/M1 CW Task submission</p>
Half-term				
	<p>Unit 10 CW: Food and Nutrition P4 Task: Explaining factors that influence nutritional health P5 Task: Evaluating the diet of an individual P6 Task: Developing an improved dietary plan</p> <p>Unit 17 CW: Mental Health P3/M2 Task: Support services and comparison of support services for mental health P4 Task: Legislation to support mental health</p>	<ul style="list-style-type: none"> Developing Support Plans to care for vulnerable individuals Identifying care settings & their practitioners Naming & describing legislation which protects individuals requiring care 	  	<p>Unit 10 P4 CW Task submission Unit 10 P5 CW Task submission Unit 10 P6 CW Task submission</p> <p>Unit 17 P3/M2 CW Task submission Unit 17 P4 CW Task submission</p>
Easter Holiday				
Summer Term	<p>Unit 10 CW: Food and Nutrition M1 Task: Analysing the effects of poor nutrition M2 Task: Analyse the suitability of a dietary plan D1 Task: Evaluating the causes of poor nutrition</p> <p>Unit 17 CW: Mental Health D1 Task: Analysing the impact of mental health professionals</p>	<ul style="list-style-type: none"> Independent research or knowledge of causes, symptoms & treatments of disease Identifying care settings & their practitioners 	 	<p>Unit 10 M1 CW Task submission Unit 10 M2 CW Task submission Unit 10 D1 CW Task submission</p> <p>Unit 17 D1 CW Task submission</p>
	Half-term			

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