



ST. AIDAN'S

CHURCH OF ENGLAND HIGH SCHOOL

October 2023

Dear Parent / Carer

YEAR 8 OUTWARD BOUND WEEK – Monday 4 December to Friday 8 December 2023

I am writing to inform you that the final instalment payment of £145.00 for the Outward Bound trip in December is due by **Friday 27 October 2023**. Payment can now be made via your ParentPay account.

The final price of the trip is £445.00. If you have already paid the estimated price of £500.00, you will automatically be refunded via ParentPay. Please note that all payments are now non-refundable as the final balance has now been paid to Outward Bound.

As previously communicated, for a student to attend a course at any Outward Bound Centre, parents are required to complete and return a medical form for their child. The email link was sent to you in our letter in September. If you have not completed this, please could we ask you to do this immediately as without this information, Outward Bound will not allow students to participate in their courses.

As the results go directly to Outward Bound, we ask that you **also update your child's school medical records** if the information we hold at school is not up to date. Our medical team will also send out an additional questionnaire for you to complete approximately two weeks prior to departure.

All Outward Bound Centres provide the specialist equipment required for the week including hiking boots and waterproofs. Each student will be required to bring **£10.00 in cash as a deposit** for the equipment which is paid on arrival at the centre. The money is **refunded** at the end of the trip if the student returns the clothing and equipment they have borrowed to the centre. Parents do not need to purchase additional specialist clothing – a kit list can be found at the end of this letter.

Should you have any queries or require any further information, please do not hesitate to contact Mr Huband, Head of Year 8 and trip leader or myself (t.mcdonald@staidans.co.uk).

Kind regards

Mrs T McDonald
Trips Administrator

Headteacher: Mrs S Dover

St. Aidan's Church of England High School, Oatlands Drive, Harrogate, North Yorkshire HG2 8JR
Tel: 01423 885814 • Email: admin@staidans.co.uk • www.staidans.co.uk



ST. AIDAN'S

CHURCH OF ENGLAND HIGH SCHOOL

YOUR OUTWARD BOUND EXPERIENCE

During your stay, you will have to take responsibility for your daily life, respecting those living alongside you, making your bed, tidying your room, looking after your belongings and those of the Centre

The Centre will provide you with all specialist activity and safety equipment (please bring a refundable £10.00 deposit with you as this is required on arrival). However, you are welcome to bring your own kit and use it, providing it meets the Centre's safety standards. You will need to bring personal clothing and footwear.

CLOTHING CHECK LIST BED LINEN IS PROVIDED BUT PLEASE SUPPLY YOUR OWN TOWELS

- Casual T-shirts
- Sweatshirts
- Thermal Tops
- Jumpers
- Fleece tops
- Thick and thin walking socks
- Synthetic trousers for walking (not jeans)
- JEANS (for around centre only)
- 2 pairs of trainers (one which can get wet)
- Underwear
- Pyjamas
- Shorts
- Hat and gloves
- Towel and swimwear
- Prescribed medicate (where necessary)

All courses may involve getting wet at some point, so please make sure you have plenty of spare dry clothes to change into.

MONEY

You will only need to bring a small amount of money, as the course is fully inclusive. All centres do have a shop, which sells confectionery, souvenirs and some items of clothing. We advise £15.00 per week, plus the £10.00 refundable deposit of equipment.

USEFUL ITEMS (DEPENDING ON TIME OF YEAR)

Notepad and Pen, sunglasses, sun cream, blister kit, camera, insect repellent, books, and magazines.

WHAT NOT TO BRING

You may want to leave valuable watches and jewellery behind. However, if you really cannot live without them, you can be given access to a safety deposit box at the Centre. Please note that our school insurance will not cover any electronic devices. Aerosols and penknives are prohibited.

MOBILE PHONES

Mobile phones are not permitted.

Headteacher: Mrs S Dover

St. Aidan's Church of England High School, Oatlands Drive, Harrogate, North Yorkshire HG2 8JR
Tel: 01423 885814 • Email: admin@staidans.co.uk • www.staidans.co.uk