

Virtual Work Experience & Career Insight Opportunities

In recent years, many companies have created excellent, live and 'on demand' Virtual Work Experience opportunities, giving students access to professionals working with some of the UK's largest companies and nationally recognised organisations. Before placements are advertised to students, checks are made to ensure all providers have appropriate safeguarding procedures in place.

Listed below are details of opportunities across a wide range of career sectors – updated weekly. Please contact Mrs Farrar - m.farrar@staidans.co.uk or the Careers Department – careersstaff@staidans.co.uk to advise us of your participation and for any further guidance.

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Speakers for Schools Opportunities

[Safeguarding Policy](#)

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Create an account [here](#) and then click on the link to the placement you are interested in below. Most of these opportunities are open to students from 14 – 19 years. A few specify a higher age limit of 16 to apply.

Title of Session	Session led by	Description of session	Date(s) & Time	Deadline to apply
Finance Careers in the NHS	Northumbria NHS Payroll Services	Overview of the payroll officer – what are their day to day responsibilities Career journeys and discussion of career progression pathways		
Social Impact Market Research	Humankind Research	Humankind Research help organisations such	July 17 th 1.30 – 3.30pm	3 rd July 2023

16 – 19 years		as Nike, Unilever, the NHS & Oxfam develop products, communications and programmes for positive change across a huge range of topics such as exploring peoples` attitudes and behaviours to the environment in the UK to understanding girls` relationship to sport and physical activity around the world.		
<u>Product Development</u> 5 day placement	<u>Mondelez International</u> (Cadburys/Oreo etc)	Learn from Product Developers (new product ideas), gather data with the Consumer Scientists (do customers like the product?), think about how it will be made with Process Engineers, find out how Packaging Designers develop the packaging and the Marketing team decide how to advertise the product	July 17 th – 21 st 9am – 4pm	26 th May 2023
<u>Careers in the UK Museum & Heritage Industry</u>	<u>Newcastle Castle</u>	Through this insight day you will learn about the different roles available in museums and historical sites. How does a museum and historical site operate? How can you start a career in heritage?	July 18 th 10am – 2pm	13 th July 2023
<u>Law Insight Day</u> One day in person work experience – London Years 10 & 11 Travel Expenses reimbursed with receipt	<u>Reed Smith</u>	An introduction to law and our firm, panel discussions with experienced lawyers and business staff and practical careers advice for young people who want to kick start their career in the industry.	July 18 th 10am – 4.30pm	16 th June 2023
<u>Young Artists Residency</u>	<u>Modern Art Oxford</u>	Experiences will include:	July 24 th – 28 th 10am – 4pm	26 th June 2023

5 day in person work experience in Oxford		<p>Studio Practice: expand your artistic practice, and create collaborative artworks.</p> <p>Exhibition visit: Visit our current exhibition and review for publication Modern Art Oxford's website.</p> <p>Portfolio building: Build your portfolio, get advice about sharing your artwork and develop your skills in how you talk and write about your work.</p> <p>Careers: Meet professional artists and the Modern Art Oxford team and discover different creative education and career opportunities.</p> <p>Curatorial: Curate a final display to engage audiences with the themes and ideas of your artwork.</p>		
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Springpod Virtual Work Experience and Virtual Degree Taster programme

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Title of Session	Dates of Session	Description of Session	Deadline Date
Broadcast & Media	29 th May – 31 st December 2023	This programme will help you experience the industry, explore the careers available and learn more about working in broadcast and media through a series of workplace projects.	31 st December 2023
Politics	29 th May – 31 st December 2023	In this programme you'll explore the exciting world of politics - from the role of an MP to the civil service to political journalism, plus the various ways to enter each role	31 st December 2023

<u>Real Estate</u>	29 th May – 9 th June 2023	Including an Introduction to Real Estate and the importance of Sustainability within the industry, the art of Negotiation and an understanding of Facilities Management	24 th May 2023
<u>Allied Health Professionals</u> including Physio, Occupational and Radio Therapies	26 th June – 7 th July 2023	This programme will cover many diverse roles and pathways that are available within the 15 allied health professions.	20 th June 2023
<u>Engineering & Technology with Siemens</u>	19 th – 30 th June 2023 21 st August – 1 st September 2023	Meet with Siemens experts to explore digitalisation, climate action, smart infrastructure and diversity and inclusion. Discover the variety of roles across the company via apprenticeship, internship or graduate scheme.	14 th June 16 th August 2023
<u>Careers in Heritage</u> with Historic England	3 rd – 14 th July 2023	In this programme, you'll be introduced to Historic England and what they do. You'll explore several career areas and the pathways available to help you get there.	23 rd June 2023
<u>Product Development</u> with Pret a Manger	3 rd – 14 th July 2023	A top insight into the world of product development - the different stages that drive innovation and then turning an idea into reality. You'll even have the chance to design a new product yourself!	28 th June 2023
<u>Aerospace Engineering</u> with Airbus	3 rd – 14 th July 2023 6 th – 17 th November 2023	Take the Airbus Aerospace programme! We'll hear from different professionals at Airbus and go into	28 th June 2023 1 st November 2023

		detail about Space Exploration and how new initiatives help us here on Earth.	
<u>Software Development</u>	3 rd July – 31 st December 2023	This programme will help you experience the industry, explore the careers available and learn more about working in software development through a series of workplace projects.	31 st December 2023
<u>Business at Specsavers</u> Marketing, Finance, Law, Supply Chain, Technology, Logistics, Law, HR	3 rd – 21 st July	Fancy pursuing law, technology, IT, marketing, finance, logistics or retail support? You can do it all plus more at Specsavers	23 rd June 2023
<u>Met Office Careers</u>	3 rd – 21 st July 2023	The Met Office provides weather and climate forecasts based on world-leading science- you'll explore the extensive opportunities a career at the Met Office can provide, their individual entry routes and various skill sets.	26 th June 2023
<u>Accountancy</u> with the Institute of Chartered Accountants	17 th – 28 th July 2023	This programme links to careers such as: accountant, auditor, actuary, Chief Financial Officer, insurance broker, data analyst and more	10 th July 2023
<u>Geonomics, Science and Data</u>	31 st July – 11 th August 2023	A top-level overview of the world of genomics - from gene editing to ethics and synthetic biology. You'll even complete a series of quizzes and fun activities to help build your understanding of the industry and the range of opportunities on offer	21 st July 2023

<u>Fujitsu Technology</u>	24 th July – 4 th August 2023 or 21 st August – 1 st September 2023	Explore careers in various areas of the business including cybersecurity, quantum computing and automation.	17 th July 2023 14 th August 2023
<u>Aviation & Aerospace</u> with the Civil Aviation Authority (CAA)	24 th July – 4 th August 2023	Take a closer look at the role of the Civil Aviation Authority as a regulator of aerospace and aviation to gain an insight into how they promote innovation in the industry and ensure that standards and safety are paramount.	19 th July 2023
<u>Banking & Finance</u> with Leeds Building Society	31 st July – 11 th August 2023	In this programme, you'll be introduced to Leeds Building Society and everything they do. You'll explore several careers and the pathways available to help you get there.	24 th July 2023
<u>Careers with Network Rail</u>	31 st July – 11 th August 2023	Network Rail has a large workforce spanning the entire nation, they manage the sector's infrastructure, modernise the railway and transport thousands of passengers every day. Explore many of the career areas and the pathways available to help you get there	24 th July 2023
<u>Careers in Logistics</u>	14 th – 25 th August 2023	Explore the dynamic world of logistics and the importance of technology and data to sustainability and customer care. Find out the various areas involved in logistics, explore the different careers available and learn more about	7 th August 2023

		working in the industry	
<u>STEM Careers in Acoustics</u>	3 rd April – 31 st December 2023	Acoustics as a career has countless roles and unlimited opportunities – in this programme you will explore acoustics in Architecture, the Environment, Technology, Ocean Science, Music and Health	31 st December 2023
<u>Fashion</u>	11 th April – 31 st December 2023	This programme will help you experience the fashion industry, explore the careers available and learn more about working in the industry from designing, to styling, to the role of marketing and communications	31 st December 2023
<u>Architecture</u>	11 th April – 31 st December 2023	Learn more about working in the industry and the different careers available. Explore the dynamic world of architecture - from urban planning and green architecture to restoration and the importance of technology.	31 st December 2023
<u>Careers in Sustainability</u>	11 th April – 31 st December 2023	In this programme you will gain a greater understanding of careers in sustainability - from developing government policy to consulting in the private sector to working on the future of renewable energy.	31 st December 2023
<u>Dentistry</u>	11 th April – 31 st December 2023	Explore the different careers available and learn more about working in dentistry through a series of workplace projects.	31 st December 2023
<u>Careers in Finance & Accounting</u>	13 th February – 31 st December 2023	Explore the different areas of finance from accountancy and	31 st December 2023

		investment to banking and insurance	
Science Technology Engineering and Maths with Thames Water	27 th February – 31 st December 2023	This programme will cover the roles and opportunities available at the UK's largest water and wastewater service. Explore the range of STEM roles plus opportunities in sustainability, digital, communications and social media.	31 st December 2023
Law	13th February – 31st December 2023	Meet a range of industry professionals from various areas of law who will give you an overview of their experiences including legal research, advocacy & client communication, contractual interpretation and legal analysis & drafting.	31st December 2023
Business Management	20th February – 31st December 2023	A range professionals from various sectors will cover all aspects of running a successful business including Finance, Operations, Communications, Marketing, Human Resources and IT	31st December 2023
Teaching	13th February – 31 st December 2023	Meet teachers, who teach from primary to university level, so you can get an idea of what teaching pathway best suits you, covering Lesson Delivery, Grading and safeguarding	31st December 2023
TV & Film	13th February – 31 st December 2023	You will get the chance to direct a short film, take part in quizzes that put your knowledge to the test and hear from	31 st December 2023

		industry professionals, like film critics and heads of production.	
Engineering Mechanical, Electrical, Chemical & Software	13th February – 31 December 2023	Hear from engineers in a wide range of specialisms, they'll explain how they got into the industry	31 st December 2023
Journalism	13th February – 31 December 2023	Explore Freelance, Print, Broadcast and Photo Journalism and meet BBC reporters and the Editor of the Financial Times	31 st December 2023
Graphic Design	13th February – 31 st December 2023	hear from a whole load of designers and creatives about the different types of Graphic Design, the Graphic Design process and how to build a portfolio	31 st December 2023
Psychology	13th February - 31 December 2023	Top tips for entering the field of Forensic, Sports Health and Clinical Psychology	31 st December 2023
Marketing	13th February – 31 st December 2023	This programme will provide you with all you need to know about a career in marketing, covering a complete range of skills to open doors for your future career.	31 st December 2023
Technology Careers in Computer programming, Data Science and Web Development	13 th February – 31 st December 2023	This technology programme will uncover a lots of different careers to suit a whole range of personalities from web development and design to computer science, software engineering and AI	31 st December 2023
Journalism	13 th February – 31 st December 2023	Explore the different types of journalism and media – including Freelance , Broadcast, Print and	31 st December 2023

		Photojournalism and find out about the journalists code that all professionals should stick to.	
Careers in Healthcare Medicine, Nursing, Pharmacy	1 st February – 20 th October 2023	Portsmouth Hospitals University NHS Trust provide an insight into the world of healthcare careers and take a closer look at how healthcare professionals working in different areas collaborate to ensure that patients receive the best quality care	20 th October 2023
Careers in Digital, Data and Technology with Leeds Health & Care Academy	1 st January – 24 th July 2023	This programme will cover everything from an introduction to the different areas within DDaT, and insight into current professionals on their role. You'll have the chance to take part in some great quizzes and amazing activities, and you'll even have the chance to speak to leading industry experts along the way!	24 th July 2023
Degree Taster Programmes Degree Tasters are tailored around university and higher education and have been specially created to give you insights into both course content and university life			
Drama Degree taster Queen Mary University	Available on demand now	Live webinars with academics, taster activities, reflection tasks & interactive quizzes - an insight into course content and university life.	
Comparative Literature Degree Taster	Available on demand now	An in-depth insight into Languages, Linguistics and Comparative Media, plus an overview on	

		the differences between English Literature and Comparative Literature	
Psychology Degree taster	Available on demand now	Live webinars with academics, taster activities, reflection tasks & interactive quizzes, to give an insight into course content and university life.	
Business Degree taster	Available on demand now	Live webinars with academics, taster activities, reflection tasks & interactive quizzes, to give an insight into course content and university life.	
Geography & Environmental Science Degree taster	Available on demand now	Live webinars with academics, taster activities, reflection tasks & interactive quizzes give an insight into course content and university life.	10 hours flexible over two weeks, click the link for more details

Springpod Sample University lectures

Try a university degree, before you apply, and make sure it's the right course for you.
Sample Lectures in the following subjects:

[Accounting & Finance – University of Derby](#)

[Animal Management – Writtle University College](#)

[Architecture – University of the Creative Arts](#)

[Canine Therapy - Writtle University College](#)

[Biological Sciences – University of Leicester](#)

[Chemistry – University of Leicester](#)

[Economics – Northeastern University, London](#)

[Engineering – Canterbury Christ Church College](#)

[English Literature – University of Birmingham](#)

[English Literature \(Shakespeare\) – University of Birmingham](#)

[Equine Performance Science – Writtle University College](#)

[Fashion – Middlesex University](#)

[Law – Durham University](#)

[Law – Oxford Brookes University](#)

[Covid, the Law and You – University of Law](#)

[Employment Law – University of Law](#)

[Media Studies – University of Leicester](#)

[Music Promotion – University for the Creative Arts](#)

[Popular Music – Leeds Arts University](#)

[Pharmacy - UCL](#)

[Philosophy, Politics and Economics – University of Oxford](#)

[Policing – University of Law](#)

[Politics & International Relations – University of Leicester](#)

[Psychology – University of Bradford](#)

[Psychology – Middlesex University](#)

[Social Work – University of Derby](#)

[Special Educational Needs – University of Derby](#)

[Sports and Exercise Science – University of Middlesex](#)

[Stockmarkets and Investment – University of Law](#)

[Television Production – University of the Creative Arts](#)

[Theology & Religion – University of Birmingham](#)

[Veterinary Physiotherapy – Writtle University College](#)

Young Professional Opportunities

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[Safeguarding Policy](#)

Uptree Opportunities

[Privacy Policy](#)

[In Person Safeguarding Policy](#)

[Online Events Safeguarding Policy](#)

On demand [Careers at J.P.Morgan](#) global leader in financial services 1 hour

Forage Opportunities – available all year[Privacy Policy](#)

Title of Session	Session led by	Description	Time to complete
Law	<u>Ashurst UK Law</u>	Modules include: Intellectual Property Financing, Mergers & Acquisitions Global Projects	5-6 hours 4-5 hours 2-3 hours
Law	<u>Clifford Chance – Commercial law</u>	Insight, information, tools, support and guidance for a career in law. Introduction to topical legal issues and the opportunity to complete tasks. Eligibility: 16-18 years	6-7 hours
Law	<u>Linklaters Law</u>	Introduction to Law Experience life as a Linklaters trainee, about to start your Training Contract. Open to students 16 – 18 years	5 hours
Law	<u>Kennedys Law Virtual Work Experience Programme</u>	Insight into our legal teams Typical daily work for our trainee lawyers and apprentices	5 – 6 hours
Law	<u>KWM Global Introduction to Law</u>	Explore the world of commercial law	2 – 3 hours
Law	<u>White & Case Law Virtual Work Experience</u>	Global Finance & cross border law	5 – 6 hours
Law	<u>Womble Bond Dickinson</u>	Research different roles in law, learn how to craft a personal statement. Gain an idea of the work that our lawyers encounter daily - amend a commercial contract and prepare a business development pitch.	4.5 hours
Law	<u>Truth Legal Harrogate</u>	Routes to becoming a Barrister (3 webinars) Immigration Law	1 hour 15 – 1 hour 45 mins

		Human Rights and Discrimination	
Business	<u>PWC – Financial Auditing Work Experience</u>	For innovative thinkers studying Business, Economics, Maths or IT	5 – 6 hours
Design	<u>BCG – Design Virtual Work Experience</u>	Experience a day in the life of a Strategic or an Experience Designer	5 – 6 hours
Business	<u>BCG – Market Research and Data Analysis Work Experience</u>		5 – 6 hours
IT	<u>ANZ – Cybersecurity Virtual Work Experience</u>	Cybercrime is a growing threat worldwide –have a go at approaching the challenges	5 – 6 hours
Engineering	<u>Goldman Sachs Software Engineering Work Experience</u>		2 hours

Start opportunities – available on demand all year

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All programmes offer a certificate on successful competition to use on CV's and applications

Business: Sales Marketing Operations	<u>Coca Cola</u> 14 – 18 years	<ul style="list-style-type: none"> • Get a sense of who we are, and have fun with video-based quizzes. • Field sales team - have a go at a real industry challenge • Operations - understand the role and respond to our engineering conundrum • Marketing - create a social media campaign 	2 hours (8 modules)
Sustainability Equality Diversity & Inclusion	<u>bp</u> 16 – 18 years	<ul style="list-style-type: none"> • Hear from senior leaders about the company/job roles • Bp brief: come up with a response to real company issues • Share ideas and get feedback from industry experts • Learn what you'll need to do if you'd like to work at bp 	
Digital Technology	<u>DXC Technology</u> 14 – 19 years	<ul style="list-style-type: none"> • Learn about DXC and the work they do • Put your 'digital disruption' skills to best use 	

		<ul style="list-style-type: none"> • Understand the pathways to a digital career 	
Games, Animation and VX	Next Gen Skills Academy 14 – 19 years	<ul style="list-style-type: none"> • Hear from senior leaders and staff about their companies and job roles • Receive two briefs from the world's leading games, animation and visual effects companies and come up with a response to real industry challenges • Find out what it's like to work in this international industry & different job roles available 	
	Yorkshire Wolds Teacher Training 14 – 18 years	<ul style="list-style-type: none"> • hear from senior leaders and experienced teachers • complete a range of teaching masterclasses to equip you with valuable skills for the classroom • complete 5 assignments and create learning materials using the skills you have developed • hear from teachers about courses they teach in KS 3-5. • complete a series of quizzes and surveys • submit assignments to expert teachers who will send the best examples to schools in Kenya, Laos and the UK 	10 hours (5 modules)
	Merlin Entertainments 14 – 18 years	<ul style="list-style-type: none"> • Go on a global journey of 125 leisure and visitor attractions • Visit Madame Tussauds, London & Sea Life, Blackpool • Take our Challenge - do you share our values to be considered for an Accelerate Apprenticeship? 	2 hours

Other Virtual Work Experience Opportunities - available all year

Gain access & insights into a wide range of world class businesses. Complete in your own time to broaden your outlook & skills and boost your CV. Most award a certificate.

Title of Session	Session led by	Further details	Time to complete
Exploring the Veterinary Science	Nottingham University	Learn what it takes to become a vet and explore	3 hours weekly study

	via Future Learn Safeguarding and Privacy Policy	the challenges of the vet profession to decide if it's the right career for you. Free access to this course for 2 weeks from start date.	
Architecture – Work Experience	Halliday Fraser Munro Privacy Policy	Click here	30 hours
Careers in Air Travel	British Airways Privacy Policy	Customer Service & Cabin Crew, Airport Operations, Business Management, Engineering, Data Science	
Digital Technologies	iDEA Privacy Notice	Mini courses in hacking, blockchain, coding, e-safety, social media and more!	
BSMS Virtual Work Experience	Brighton and Sussex Medical School Privacy Policy	Virtual work experience for those looking to apply to medical school. Introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.	30 hours
Observe GP	Royal College of General Practitioners Privacy Notice	Eligibility: 16 years and over. Free interactive video platform providing insights into the role of a GP and the wider primary care team.	2.5 hours
The Wonders of Medicine	BBC iPlayer Privacy Notice	Exploring the work of Doctors, Nurses, and health professionals to help you understand what each role does and how different roles work together. Each programme focuses on a specific area such as A&E.	22 different programmes available
Coca Cola		<ul style="list-style-type: none"> • Get a sense of who we are, and have fun with video-based quizzes. 	2 Hours (8 Modules)

		<ul style="list-style-type: none"> • Field sales team - have a go at a real industry challenge • Operations - understand the role and respond to our engineering conundrum • Marketing - create a social media campaign • Receive a certificate on successful completion, to use in CVs & applications. 	
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Open University – available all year

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A range of sessions across different subject areas including:

Title of Session	Time to complete (Self-paced)
Translation as a Career	4 hours
The Business of Football	15 hours
The Fundamentals of Accounting	8 hours
Communication in Policing	4 hours
The World of the Primary School	8 hours
Why Teach Art?	6 hours
Psychological Research & Ethics	5 hours
Introduction to Nursing	6 hours
Forensic Science & Fingerprints	10 hours
Social Work – Listening to people’s stories	2 hours
Sports Coaching & Psychology	24 hours
A Freelance Career in the Creative Arts	24 hours
The Business of Film	12 hours
Start Writing Fiction	12 hours
Waste Management & Environmentalism	8 hours
Opportunities in Nuclear Energy	20 hours
Aquatic mammals	5 hours
Introduction to Geology	12 hours
Mathematics for Science & Technology	24 hours
Systems Modelling for Architects & Engineers	4 hours
Personal Branding for Career Success	24 hours
Collective Leadership	6 hours
Effective Communication	24 hours
Money Management for Young Adults	24 hours
Understanding International Development	20 hours
Youth Justice in the UK	24 hours