

SAFEGUARDING UPDATE

UPDATES FROM ST. AIDAN'S C OF E HIGH SCHOOL

MARCH 2023

According to Ofsted in a report about the impact of Covid and 2 lockdowns, students:

Have lower resilience and confidence
Suffer from greater anxiety
Have subject specific gaps in knowledge and understanding including personal and social development.
There are also greater concerns regarding behaviour and safeguarding. The topics and themes delivered in PSHE go some way towards addressing these issues and the style of teaching which involves developing students' oracy and listening skills also supports their social skills and their awareness of current issues potentially facing them.

What is PSHE?

Teaching about safeguarding risks and developing students' personal, social, health and economic awareness

TOPICS

So far this year, PSHE topics include:

- Bullying and Relationships
- Healthy and Unhealthy Relationships
- Drugs, gangs and county lines
- Smoking and alcohol
- Consent
- Mental and Physical Health

Assemblies have included:

- Human Rights
- Sexting
- Knife Crime
- Holocaust Memorial Day
- Healthy and Unhealthy Relationships

How is PSHE delivered within school?

PSHE and RSHE is delivered by form tutors as part of a planned, spiral curriculum. The programme is enriched by work in Religious Studies, English and IT. Assemblies and visiting speakers also add to the student's experience.

Please refer to the [St. Aidan's RSHE Policy](#) for more details.

True prevention is not waiting for bad things to happen, it's preventing things from happening in the first place.

— Don McPherson —



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STUDENT VOICE on PSHE so far:

"We enjoy talking to friends about the topics"

"Our tutor talks about his own life which we enjoy - it makes it relevant to us"

"Miss had a question box which we would anonymously write questions down and she would answer the questions next lesson"

"Our Form Tutors treat the subject really seriously"



"From the first day in post, I talked about the need for compulsory PSHE in school....I think schools understand that high wellbeing means high attainment too. They do not see these as different competing agendas necessarily. They can see that they are linked."

Anne Longeld OBE, Children's Commissioner for England, November 2017



"There is no question PSHE should be on every curriculum as it is at the frontline of child protection."

Peter Wanless, Chief Executive, NSPCC, August 2015