

St Aidan's & St John Fisher Associated Sixth Form

St Aidan's Student Weekly Notices Week (1) commencing 17 April 2023

Assembly

Year 12 – CGH assembly – Tuesday - 18 April - Misophonia Awareness Day

Year 13 – CGH assembly – Thursday - 20 April - MEG

Exam Information

- Exam Clash

Please could those students that were given an exam clash letter return the signed tear off slip at the bottom of the letter to Mrs Humphrey, Exams Officer in the Sixth Form office as soon as possible.

- Important instructions for Year 12 students re internal exams – April - May 2023

- Students are required to have their school ID lanyards when they sit their internal exams after Easter so the invigilators are able to identify them. If you have lost or mislaid your photo ID you will need to order a replacement card prior to the start of your exams.
- Exams will start promptly at 9.00 am and 1.30 pm each day so students need to ensure they are outside the Exam Hall/Room at least 15 mins prior to the exam start times.
- It is very important that students sit in the seat allocated to them on the seating list, so we are not looking for the wrong absent students and contacting the wrong parents.
- Students should be appropriately dressed (no crop tops or vest t-shirts) no coats to be worn.
- The PE hut has been allocated as the room for bags & coats for students with exams in CGH. Bags and coats should be left in the PE hut signposted.
- Please do not bring your mobile phone or wristwatch into the Exam Hall.
- Students will also need to bring their own exam equipment, e.g. black pen, pencil, ruler, calculator (if applicable for subject) etc for their exams, in a clear pencil case or plastic bag.
- Exam seating lists will be displayed outside CGH and in the Sixth Form café at SA and in Collins Entrance at SJF the day before the exam for students to check where they need to be.
- All exams will be held at St Aidan's in either CGH, the Hatcher Room, the Bede IT Study Room, or the Careers small rooms (PODs) – all of which are in Bede House. The only exceptions are - Music and Music Tech in Mu1 (Music Dept at SA) and French to be held in IT3 & IT4 (Languages Dept in SA).
- If anyone has any concerns or queries they should contact Mrs Humphrey, Exams Officer by email w.humphrey@staidans.co.uk or telephone 01423 818518.

Maths Drop-in Session

There is a Maths drop-in session Wednesday Period 4 with Mrs Mooney in Ma6.

Year 13 Geography Revision

Every Monday lunchtime from 12.40-1.30 in Gg1 (St Aidan's). Focus on exam technique. All Year 13 Geographers welcome. Bring lunch with you or eat before.

Psychology Revision

Psychology revision sessions (Psychology block St Aidan's). Tuesday (Y12 content) and Thursday (Y13 content) lunchtimes from 12:40-13:15. All welcome, bring your lunch so we can start promptly.

Year 13 A Level Business Revision

- Drop-in sessions are available for all Year 13 students studying A Level Business. If you need any help with revision for your exams; **bring your problem(s)** along on a Friday lunch time in BU1 and we will have a chat and talk it through. 12.45 – 1.20 p.m.
- A Level Business revision sessions take place every Tuesday at lunchtime in F14 at SJF from 12.40-1.20pm. They are delivered by Mrs Campbell and the focus is on retrieval of knowledge learned and exam practice. All Business students studying Business at SA and SJF are very welcome to attend.

English Literature and Dual Drop-in Sessions

English KS5 Lit/Dual drop-in. Every Monday lunchtime EN6. A chance to bring along past essays and get support for improving your writing. Year 12 and Year 13 welcome.

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Debating Club

This week Debating Club will meet on Monday in Hu1 from 12.30. All welcome.

Rooms for Quiet study Period 4

The following rooms are available for quiet study Period 4:

- Monday P4 - PS1
- Tuesday P4 - PS3
- Wednesday P4 - CH3, HI3, HI4, ML2, ML5, ML6, PS2, PS3
- Thursday P4 - EN3, EN5, EN6, EN8, PS2
- Friday P4 - CH2, GG3, GG5, HI1, HI2, HI3, MA6, PH6, RS2

Student volunteers needed for the rescheduled Careers Evening – Thursday 20 April, 4.30pm-8.30pm

We are delighted to welcome over 55 organisations into school on Thursday 20 April to talk to students at our annual careers evening. To help the evening run smoothly we are asking for student volunteer helpers. We particularly need help between 4.30pm-5.30pm to welcome exhibitors and help them to set up but there will also be other opportunities to help throughout the evening. If you have a spare 30minutes/hour, please email careersstaff@staidans.co.uk with the times you are available, and we will get in touch. Many thanks in advance.

Year 13 Leavers' Ball

The Ball will take place at the Pavilions in Harrogate on Friday 23 June from 7pm till midnight.

- Tickets will be available to purchase via ParentPay of your home school from 28 April priced at £43.00, to include a Bucks Fizz reception, two course dinner, photobooth and disco.
- Tickets will be available to collect from the Sixth Form offices from Friday 5 May. As of this date, once payment has been made you need to go to the Sixth Form office of your registered school to collect your ticket, advise of your menu choice and any dietary requirements and put your name on the table plan: tables seat a maximum of 12 people. You cannot reserve seats for friends, they have to come in person to reserve their place.
- Your ticket will be issued to you once you have handed in your destination form.
- The deadline for purchasing a ticket is Friday 19 May.
- The menu is either Chicken in White Wine Sauce or Butternut Squash Risotto followed by Chocolate Brownie

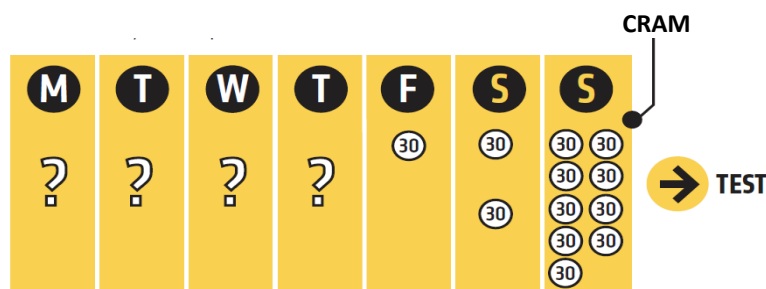
Revision advice

Continuing our revision tips. This advice is the result of research about effective learning methods: we hope that you find it useful and that it will help you to be more effective in your revision than reading through your notes or highlighting, which are popular but less successful approaches.

This week: Spaced Practice

Procrastination is part of human nature. Simply put, the human brain doesn't want to have to think hard and will take all kinds of shortcuts in order to avoid it. This usually results in putting things off until you have no other option but to do it last minute. By spacing out your revision in smaller chunks over a period of time, you will remember that material far better and will also be a lot less stressed. Putting off the work is a lot harder than doing the work

Let's say you have a test one week and you have 5 hours to prepare for it broken down into 30 minute chunks. Very often the process looks like this:



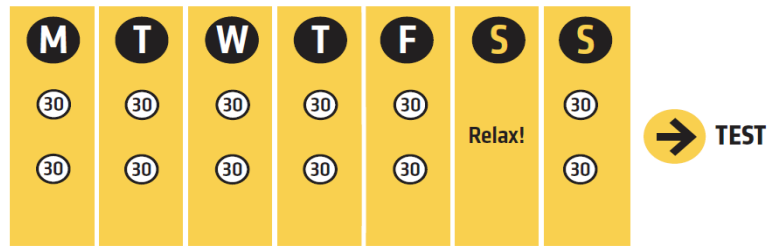
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We call this process mass practice or cramming, and it's one of the least effective ways of learning anything. It may get you through the exam but most of the material is quickly forgotten.

It also tends to make people very stressed and unable to work properly.

If, for example, you do this for a mock exam in March, it's highly likely you will not retain any of what you have learned by June and will have to do the whole process again.

Instead of mass practice, a much more effective way of revising is to space out your revision like this:



By breaking up your revision into 30 minute chunks and spacing out the time between revision, you will consolidate what you have learned and retain the material much more effectively.

Space out your revision: little and often is much more effective than all at once.

Thank you