

## Duke of Edinburgh Award

The Duke of Edinburgh Award is committed to providing young people an enjoyable, challenging and rewarding programme of personal development which is of the highest quality and the widest reach.

The Award Scheme, a registered charity, is a voluntary non-competitive programme of activities for anyone aged 14-25. It provides individual challenge and encourages young people to undertake constructive, challenging and enjoyable activities in their free time.

The Award is a four Section Programme with three progressive levels: Bronze, Silver and Gold. The Sections involve: Volunteering (helping the community); Skill (a hobby, skill or interest); Physical (sports, dance, fitness); Expeditions (on foot, cycle, horseback, or water).

### The four sections aim to develop different skills:

**Volunteering** – to encourage service to individuals and the community

**Skill** – to encourage the discovery and development of personal interests and social and practical skills

**Physical** – to encourage participation and improvement in physical activity

**Expeditions** – to encourage a spirit of adventure and discovery.

### *There is an additional requirement at Gold level:*

**Residential Project** – to broaden experience through involvement with others in a residential setting.

## Benefits To Participants

In taking part, participants develop:

- self-belief
- self-confidence
- a sense of identity
- independence – of thought and action
- a sense of responsibility
- an awareness of their potential
- new talents and abilities
- an understanding of strengths and weaknesses
- the ability to plan and use time effectively
- the ability to learn from and give to others in the community
- new relationships
- skills including problem solving, presentation and communication
- the ability to lead and work as part of a team

St. Aidan's runs the Bronze and Gold levels of the Award in Years 10 and 12 respectively. Mr Kirkpatrick is the Bronze Award Co-Ordinator and Miss Blewitt runs the Gold award.

If you are interested in finding out more information please click the links below:

### [DofE website](#)

Bronze (Year 10)

Gold (Year 12)

## The Duke of Edinburgh Bronze Award

The Duke of Edinburgh Bronze Award Scheme is available to Y10 students. The Scheme is recognised around the world and it is highly regarded by employers and academic institutions alike. It provides an excellent opportunity for young people to pursue new or existing interests, develop practical and interpersonal skills and to help others in their local community. The Scheme allows participants to complete the Bronze Award any time before their 25<sup>th</sup> birthday but we aim for students to complete it mid-way through Year 11 and to receive their Awards shortly afterwards.

### Timescale

The Physical, Skills and Volunteering sections must be undertaken once a week, with two of these sections to be completed over three months, and one over six months. Although we will provide assistance if needed, the completion of these sections will primarily be the responsibility of the students taking part.

Please [click here](#) for some ideas to help you complete each section. We offer an extensive range of extra-curricular activities at St Aidan's School which can help you to fulfil each section. Activities you do outside of school also count towards the different sections. Choose activities that motivate you and go on your own personal journey. We expect all participants to abide by the [20 Conditions](#) of DofE during their expedition section.



### Commitment & Cost

Although students will be monitored by our DofE Manager, we would like to remind you that, as this is an extra-curricular activity, we expect students, as well as parents / carers, to ensure that the different sections are completed and they are done so on time.

The cost of registering for the Bronze Award and for undertaking the Expedition for 2021 is in the region of **£200\*** (Tents and stoves will be provided).

**\*Please note once your child has been accepted, any monies paid are non-refundable.**

**Deadlines for staged payments: TBC**

### Expedition and Training dates

(If you were unable to complete your expedition in 2020/21 you can sign up for the 2022 expeditions, please see Mr Kirkpatrick)

Training Weekend (non residential) – 20<sup>th</sup> -21<sup>st</sup> May 2023

Assessed Expedition – 8<sup>th</sup> – 9<sup>th</sup> July 2023

If you are interested in taking part you can collect an application form from Mr Kirkpatrick in DT5. Closing date for completed applications is **Monday 1<sup>st</sup> November 2022**

In the mean time please take a look at the DofE website for further information.  
[www.dofe.org](http://www.dofe.org)

In conjunction with BXM: <https://www.bxmoutdoors.com/duke-of-edinburghs-award/>

Please [click here](#) for advice and kit list from BXM Expeditions.

## The Duke of Edinburgh Gold Award

The Duke of Edinburgh Gold Award Scheme is available to Y12 students at St Aidan's. The Scheme is recognised around the world and it is highly regarded by employers and academic institutions alike. It provides an excellent opportunity for young people to pursue new or existing interests, develop practical and interpersonal skills and to help others both in their local community and further afield. The Scheme allows participants to complete the Gold Award any time before their 25<sup>th</sup> birthday but we aim for students to complete it mid-way through Year 13 and to receive their Awards at the Palace as a group. The Award takes place largely in Year 12, with a reduced level of commitment in Year 13. In addition, we endeavour to organise activities and expeditions at times that will not impinge on pre-examination study time or field trips.

### Timescales

The sections must be undertaken once a week. They must spend 12 months on the Volunteering section. For the Physical and Skills section, they must spend 12 months on one and 6 months on the other. If your child did not do their Silver Award, they are required to do a further 6 months on either of the activities they did for 12 months.

### Commitment & Cost

Although students will have some meetings with our Gold DofE Coordinator to receive support, we would like to remind you that, as this is an extra-curricular activity, we expect students, as well as parents / carers, to ensure that the different sections are completed and they are done so on time.

The cost of registering for the Award and for undertaking the Expedition is in the region of **£420\*** Tents and stoves are provided. **\*Please note once your child has been accepted, any monies paid are non-refundable.**

**Deadlines for staged payments: TBC**

### Useful Information

Please [click here](#) for some ideas to help you complete each section. We offer an extensive range of extra-curricular activities at St Aidans School which can help you to fulfil each section. Activities you do outside of school could also count towards the different sections. Choose activities that motivate you and go on your own personal journey. We expect all participants to abide by the DofE [20 Conditions](#) during their expedition section.

### Further information

You can find useful information on the [DofE website](#) or on the [edofe website](#).

In conjunction with BXM: <https://www.bxmoutdoors.com/duke-of-edinburghs-award/>

Please [click here](#) for advice and kit list from BXM Expeditions.

We would recommend precautionary measures against possible insect bites / [Lyme disease](#) such as DEET use, wearing full leg covers, clothing tucked into socks, tents zipped up. For more information, please look online.

<b>GOLD</b>		<i>Plus an extra 6 months in the Volunteering, or longer of the Skills or Physical sections, if you haven't got Silver.</i>
<b>Volunteering</b>	<b>12 months</b>	
<b>Physical</b>	one section for 12 months, the other for 6 months	
<b>Skills</b>		
<b>Expedition</b>		
<b>4 days</b>	<b>3 nights</b>	
		
<b>Residential</b>		
<b>5 days</b>	<b>4 nights</b>	

### Expedition and Training dates

Training Day - 5<sup>th</sup> November 2022  
Practice – 22<sup>nd</sup> March – 25<sup>th</sup> March 2023  
Final - 17<sup>th</sup> – 21<sup>st</sup> July 2022

**Closing date for applications**  
**11<sup>th</sup> October 2021**