

## Supporting families with the increased cost of living

### Food

#### Resurrected Bites

- Resurrected Bites is a Harrogate and Knaresborough based community organisation aiming to reduce food waste and food poverty.
- They run “Give As You Can” cafes and shops at:
  - Gracious Street Methodist Church in Knaresborough on a Friday and at
  - West Park United Reformed Church in Harrogate on a Wednesday.
  - These are open to everyone. Make a donation of what you feel the food is worth or what you can afford to help cover running costs.
- They also run a community groceries scheme with bases in Harrogate and Knaresborough which is solely for people in food poverty. These are run through a subscription scheme and are for people who are in financial hardship.

#### Harrogate District Foodbank

- Provide three days’ nutritionally balanced emergency food and support to local people who are referred to them in crisis.
- Foodbank vouchers can be provided by a wide range of professionals who identify people in crisis including social workers, GPs and police.
- [About | Harrogate District Foodbank](#)
- [harrogatedistrict.foodbank.org.uk](http://harrogatedistrict.foodbank.org.uk)

### Furniture

Essential Needs or St Michaels hospice offer second hand furniture at a much lower cost.

#### Essential Needs

- Supports those in furniture poverty within the Harrogate community.
- Aim to sell quality, affordable furniture, white goods and household items to people in the Harrogate Borough, particularly those most in need.
- [Home - Essential Needs](#)
- [essentialneeds.org.uk](http://essentialneeds.org.uk)

#### St Michael’s Hospice House and Home furniture shop

- House and home furniture shop
- [Saint Michael's Hospice \(saintmichaelshospice.org\)](http://saintmichaelshospice.org)
- [saintmichaelshospice.org/stores/househome](http://saintmichaelshospice.org/stores/househome)

### Clothing

#### Harrogate Clothes Bank

- Offers free good quality preloved clothes to people in need.
- Open to everyone – everything supplied is free, no proof of income or referral is required
- [Welcome to Harrogate Clothes Bank – Free clothes, shoes and bedding](#)
- [harrogateclothesbank.co.uk](http://harrogateclothesbank.co.uk)

## **Fuel**

### **Warm and Well North Yorkshire**

- Provide practical solutions to reduce fuel poverty and support to help people remain warm and well in their homes.
- Referrals can be made if people are living in or at risk of a cold home, struggling to pay their energy bills, or worried about winter. Referrals can be made by the person themselves or a professional.
- [Warm and Well > Home](#)
- [warmandwell.org.uk](http://warmandwell.org.uk)

## **Housing**

### **Harrogate Borough Council (HBC)**

- HBC coordinate housing and can be contacted for homelessness support and support to access council housing via an application form and waiting list. They also offer bond and rent schemes.
- [Homelessness – Harrogate Borough Council](#)
- [www.harrogate.gov.uk](http://www.harrogate.gov.uk)

## **Citizens Advice**

- Provide free, confidential and impartial information and advice on a range of issues including money, benefits, housing and employment.
- Their goal is to help everyone find a way forward, whatever problem they face.
- [North Yorkshire Citizens Advice & Law Centre \(cany.org.uk\)](http://www.cany.org.uk)
- [www.cany.org.uk](http://www.cany.org.uk)