

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

18th - 22nd July 2022

MONDAY	Fast Food	Lasagne and Salad Leaves	£2.40
		G (w, b), C, Sb, F, M, may contain E	
	Traditional	Roast Loin of Pork, Confit Potatoes, Broccoli and Gravy	£2.40
		C, Sb	
Dessert	Treacle Sponge and Custard	£1.00	
	G (w), E, M		
TUESDAY	Fast Food	Chicken Rogan Josh with Egg Fried Rice	£2.40
		G (w), C, Sb, M, Mu, E	
	Traditional	Beef & Vegetable Casserole, Yorkshire Pudding and Herb Potatoes	£2.40
		G (w), M, E, C, Sb	
	Dessert	Apple Crumble and Custard	£1.00
		G (w), E, M, may contain Sb	
WEDNESDAY	Fast Food	Barbecue Turkey Steak with Soft Noodles	£2.40
		G (w, r), C, Sb, Sd	
	Traditional	Beef & Lamb Shepherd's Pie, Steamed Cabbage and Gravy	£2.40
		C, Sb, M	
	Dessert	Jam Sponge and Custard	£1.00
		G (w), E, M	
THURSDAY	Fast Food	Pasta with a Choice of Two Sauces:- Tomato & Basil or Cheddar Cheese	£2.40
		G (w), C, Sb, Sd G (w), C, Sb, M, E	
	Traditional	Battered Haddock, New Potatoes, Peas and Tartare Sauce	£2.40
		G (w), F, Mu, E	
	Dessert	Chocolate & Vanilla Sponge with Chocolate Custard	£1.00
		G (w), E, M	
FRIDAY	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.40
		G (w), C, Sd, M, Mu, may contain S, Sb	
	Traditional	Creamy Vegetable Curry and Steamed Rice	£2.40
		C, Sb, M, Mu, Sd, may contain N, P	
	Dessert	Chocolate & Raspberry Trifle	£1.00
		G (w), E, M	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye),
L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,
Sb: Soya, Sd: Sulphur Dioxide

Please note that menu options and corresponding allergen information is subject to change due to supply chain issues. Please ask serving staff in the canteen at point of service or check menu cards above servery points for up to date information on allergens.

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Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

18th - 22nd July 2022

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.50 to include:

Tuna Mayonnaise
Egg and Cress
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.20

Hot Roast Baguette - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Pork Loin and Apple Sauce	Roast Bacon Loin	Barbecue Turkey Breast	Battered Haddock and Tartare Sauce	Sausage and Onion Gravy
G (w), C, Sb, may contain E, S, M	G (w), Sb, may contain E, S, M	G (w, r), C, Sb, Sd may contain E, S, M	G (w), F, Mu, E, Sb may contain S, M	G (w), C, Sb, Sd, M, may contain E, S

Weekly Specials

Soup of the Week with a Bread Roll (G (w), Sb may contain E, M)	Cream of Vegetable Soup	£1.80
	C, Sb, M	
Salad of the Week	Greek Salad	£2.00
	M, Mu, Sd	
Jacket Potato	Cheese 'n' Beans	£2.25
	M - cheese only	
Jacket Potato of the Week	Chilli Con Carne	£2.25
	C, Sb	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Dessert	Changed Daily. Please see the Main Meals Menu.	£1.00

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Main Hall - YEAR 7 MENU

18th - 22nd July 2022

Meal Deal 11 - The Lite Bite - £3.00

- A Selection of Freshly Cut Sandwiches on White or Wholemeal Bread
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

Note: All our Homemade Cakes and Biscuits contain G (w, b, o), E, M, Sb, Sd

Meal Deal 12 - The Lite Bite - £3.00

Monday	Lasagne and Salad Leaves
	G (w, b), C, Sb, F, M, may contain E
Tuesday	Chicken Rogan Josh with Egg Fried Rice
	G (w), C, Sb, M, Mu, E
Wednesday	Barbecue Turkey Steak with Soft Noodles
	G (w, r), C, Sb, Sd
Thursday	Pasta with a Choice of Two Sauces:- Tomato & Basil or Cheddar Cheese
	G (w), C, Sb, Sd G (w), C, Sb, M, E
Friday	Battered Chicken Burger in a Burger Bun with Fries and Relish
	G (w), C, Sd, M, Mu, may contain S, Sb

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

Meal Deal 13 - Traditional - £3.00

Monday	Roast Loin of Pork, Confit Potatoes, Broccoli and Gravy
	C, Sb
	Treacle Sponge and Custard
	G (w), E, M
Tuesday	Beef & Vegetable Casserole, Yorkshire Pudding and Herb Potatoes
	G (w), M, E, C, Sb
	Apple Crumble and Custard
	G (w), E, M, may contain Sb
Wednesday	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Jam Sponge and Custard
	G (w), E, M
Thursday	Battered Haddock, New Potatoes, Peas and Tartare Sauce
	G (w), F, Mu, E
	Fresh Fruit
	No Allergens
Friday	Creamy Vegetable Curry and Steamed Rice
	C, Sb, M, Mu, Sd, may contain N, P
	Chocolate & Raspberry Trifle
	G (w), E, M

Meal Deal 3: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

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Sb: Soya, Sd: Sulphur Dioxide

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SIXTH FORM - LUNCH MENU

18th - 22nd July 2022

Daily Special Options

Monday	Lasagne and Salad Leaves	£2.40
	G (w, b), C, Sb, F, M, may contain E	
	Treacle Sponge and Custard	£1.00
	G (w), E, M	
Tuesday	Chicken Rogan Josh with Egg Fried Rice	£2.40
	G (w), C, Sb, M, Mu, E	
	Apple Crumble and Custard	£1.00
	G (w), E, M, may contain Sb	
Wednesday	Barbecue Turkey Steak with Soft Noodles	£2.40
	G (w, r), C, Sb, Sd	
	Jam Sponge and Custard	£1.00
	G (w), E, M	
Thursday	Hot Dish of the Day	£2.40
	Allergens will be notified on the day	
	Chocolate & Vanilla Sponge with Chocolate Custard	£1.00
	G (w), E, M	
Friday	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.40
	G (w), C, Sd, M, Mu, may contain S, Sb	
	Chocolate & Raspberry Trifle	£1.00
	G (w), E, M	

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.25
	M - cheese only	
Jacket Potato of the Week	Chilli Con Carne	£2.25
	C, Sb	
Salad of the Week	Greek Salad	£2.00
	M, Mu, Sd	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Soup of the Week with a Bread Roll (G (w), Sb, may contain E, M)	Cream of Vegetable Soup	£1.80
	C, Sb, M	
Wrap of the Week G (w)	Bacon & Brie	£2.25
	G (w), M	

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