# Restaurant - MAIN MEALS MENU - Years 8, 9, 10

4th - 8th July 2022

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	Fast Food	Fusilli Bolognese and Parmesan Cheese	£2.40	
		G (w, b), C, Sb, F, M, E		
MONDAY	Traditional	Chicken & Mushroom Pie, New Potatoes and Green Beans	£2.40	
		G (w), C, Sb, M		
	Dessert	Treacle Sponge and Custard	£1.00	
		G (w), E, M		
	Fast Food	Chicken Madras and Egg Fried Rice	£2.40	
		G (w), C, Sb, M, Mu, E		
TUESDAY	Traditional	Roast Pork, Apple Sauce, Roast Potatoes and Cauliflower Cheese	£2.40	
	Traditional	G (w), C, Sb, M	22.40	
	Dessert	Jam Sponge and Custard	£1.00	
		G (w), E, M		
	Fast Food	Cajun Turkey Steak and Soft Noodles	£2.40	
		G (w), C, Sb		
WEDNESDAY	Traditional	Beef & Vegetable Casserole with Mashed Potatoes	£2.40	
		C, Sb, M		
	Dessert	Apple Crumble Topped Pie and Custard	£1.00	
		G (w), M, E, may contain Sb		
	Fast Food	Sausage, Baked Beans and Chips	£2.40	
		G (w), Sb, Sd, M		
THURSDAY	Traditional	Mature Cheddar & Spring Onion Tart, Garlic Potatoes and Salad Leaves	£2.40	
THURSDAT	Taullional	G (w), C, Sb, M, E	£2.40	
	Dessert	Raspberry Fool with a Shortbread Biscuit	£1.00	
	Dessen	G (w), M	21.00	
FRIDAY		Pasta with a Choice of Two Sauces:-		
	Fast Food	Tomato & Basil or Cheddar Cheese	£2.40	
		G (w), C, Sb, Sd G (w), C, Sb, M, E Battered Haddock, Herb Potatoes, Peas and	£2.40	
	Traditional	Tartare Sauce		
		G (w), F, Mu, E		
	Dessert	Chocolate Sponge and Chocolate Custard	£1.00	
		G (w), E, M		

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

## **Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10**

#### 4th - 8th July 2022

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.50 to include:

> Tuna Mayonnaise Egg and Cress Cheddar Cheese and Tomato Ham Turkey

A Selection of Freshly Filled Continential Breads e.g. Bagels, Baguettes, Ciabattas from £2.20

#### Hot Roast Baguette - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Onion Gravy	Roast Pork and Apple Sauce	Cajun Turkey Breast	Roast Bacon Loin	Battered Haddock and Tartare Sauce
G (w), C, Sb, Sd, M,	G (w), C, Sb,	G (w), C, Sb,	G (w), Sb,	G (w), F, E, Mu, Sb,
may contain E, S	may contain E, S, M	may contain E, S, M	may contain E, S, M	may contain S, M

#### **Weekly Specials**

Soup of the Week with a Bread Roll	Red Lentil & Vegetable Soup	£1.80
(G (w), Sb may contain E, M)	G (w), C, Sb	
Salad of the Week	Ham & Coleslaw Salad	£2.00
	E	
Jacket Potato	Cheese 'n' Beans	£2.25
	M - cheese only	
Jacket Potato	Vegetable, Chickpea & Spinach Curry	£2.25
of the Week	C, Sb, Mu, M	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Dessert	Changed Daily. Please see the Main Meals Menu.	£1.00

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

Sb: Soya, Sd: Sulphur Dioxide

#### Main Hall - YEAR 7 MENU

#### 4th - 8th July 2022

#### Meal Deal '1 - The Lite Bite - £3.00

- A Selection of Freshly Cut Sandwiches on White or Wholemeal Bread
- A Piece of Fresh Fruit
  - A Hot Pudding or Cake

Note: All our Homemade Cakes and Biscuits contain G (w, b, o), E, M, Sb, Sd, may contain N, S

#### Meal Deal 2 - The Lite Bite - £3.00

Monday	Fusilli Bolognese and Parmesan Cheese	
	G (w, b), C, Sb, F, M, E	
Tuesday	Chicken Madras and Egg Fried Rice	
	G (w), C, Sb, M, Mu, E	
Wednesday	Cajun Turkey Steak and Soft Noodles	
-	G (w), C, Sb	
Thursday	Sausage, Baked Beans and Chips	
G (w), Sb, Sd, M		
	Pasta with a Choice of Two Sauces:-	
Friday	Tomato & Basil or Cheddar Cheese	
	G (w), C, Sb, Sd G (w), C, Sb, M, E	

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

#### Meal Deal 3 - Traditional - £3.00

	Chicken & Mushroom Pie, New Potatoes and Green Beans
Monday	G (w), C, Sb, M
Monday	Treacle Sponge and Custard
	G (w), E, M
	Roast Pork, Apple Sauce, Roast Potatoes and Cauliflower Cheese
Tuesday	G (w), C, Sb, M
Tuesday	Jam Sponge and Custard
	G (w), E, M
	Jacket Potato with Cheese 'n' Beans
Wednesday	M - cheese only
mounocaay	Apple Crumble Topped Pie and Custard
	G (w), M, E, may contain Sb
	Mature Cheddar & Spring Onion Tart, Garlic Potatoes and Salad Leaves
Thursday	G (w), C, Sb, M, E
maloudy	Fresh Fruit
	No Allergens
	Battered Haddock, Herb Potatoes, Peas and Tartare Sauce
Friday	G (w), F, Mu, E
Thuay	Chocolate Sponge and Chocolate Custard
	G (w), E, M

#### Meal Deal 3: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

Sb: Soya, Sd: Sulphur Dioxide

# **DELI BAR MENU**

## 4th - 8th July 2022

## Hot Roast Baguette - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage and Onion Gravy	Roast Pork and Apple Sauce	Cajun Turkey Breast	Roast Bacon Loin	Battered Haddock and Tartare Sauce
G (w), C, Sb, Sd, M may contain E, S	G (w), C, Sb, may contain E, S, M	G (w), C, Sb, may contain E, S, M	G (w), Sb, may contain E, S, M	G (w), Sb, E, M, F, Mu may contain S

### Weekly Specials

Wrap of the Week G (w)	Tuna & Red Onion G (w), F, E	£2.25
Soup of the Week with a Bread Roll	Red Lentil & Vegetable Soup	£1.80
(G (w), Sb, may contain E, M)	G (w), C, Sb	£1.00
Salad of the Week	Ham & Coleslaw Salad	£2.00
	E	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Vegetable, Chickpea & Spinach Curry	£2.45
of the week	C, Sb, Mu, M	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

## SIXTH FORM - LUNCH MENU

## 4th - 8th July 2022

#### **Daily Special Options**

Monday	Fusilli Bolognese and Parmesan Cheese G (w, b), C, Sb, F, M, E	£2.40
	Treacle Sponge and Custard G (w), E, M	£1.00
	Chicken Madras and Egg Fried Rice	£2.40
Tuesday	G (w), C, Sb, M, Mu, E	
	Jam Sponge and Custard	£1.00
	G (w), E, M	
	Cajun Turkey Steak and Soft Noodles	£2.40
Wednesday	G (w), C, Sb	
	Apple Crumble Topped Pie and Custard	£1.00
	G (w), M, E, may contain Sb	21100
	Sausage, Baked Beans and Chips	£2.40
Thursday	G (w), Sb, Sd, M	
	Raspberry Fool with a Shortbread Biscuit	£1.00
	G (w), M	21.00
	Sweet 'n' Sour Chicken Leg with Coriander Rice	£2.40
Friday	C, Sd, Sb	
-	Chocolate Sponge and Chocolate Custard	£1.00
	G (w), E, M	21.00

#### **Weekly Specials**

Jacket Potato	Cheese 'n' Beans M - cheese only	£2.25
Jacket Potato of the Week	Vegetable, Chickpea & Spinach Curry C, Sb, Mu, M	
Salad of the Week	Ham & Coleslaw Salad	£2.00
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Soup of the Week with a Bread Roll (G (w), may contain E, M)	Red Lentil & Vegetable Soup G (w), C, Sb	£1.80
Wrap of the Week G (w)	Tuna & Red Onion G (w), F, E	£2.25

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, (G: Gluten - (w) wheat, (b) barley, (o) oats, (r) rye), L: Lupin, M: Milk & Milk Containing Products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame,

Sb: Soya, Sd: Sulphur Dioxide

	CLOSED UNTIL NEXT TERM	