



SAFEGUARDING UPDATE

UPDATES FROM ST. AIDAN'S C OF E HIGH SCHOOL

JANUARY 2022

Hello everyone,

We have tried to keep the information as compact as possible so it won't take up much of your time and we thank you in advance for reading them.

Should anyone have any questions, please do not hesitate to contact Stephanie Sienkiewicz directly on sienks@staidans.co.uk

Our local Safeguarding risks include:

- Peer on Peer abuse - online
- Peer on Peer abuse - sexual harrasment / sexual violence
- Child criminal exploitation / County Lines



- Please note: Our local Police Community Support Officer (PCSO) Martin Powell

It is important that, as with all safeguarding issues, children and young people may be impacted without exhibiting the following characteristics. They are just some important things to look out for. It is important to look at the contextual information and be alert to changes in normal behaviour too.

Peer-on-peer abuse

Signs may include:

- Absence or disengagement from activities
- Alcohol or substance misuse
- Lack of sleep
- Inappropriate behaviour for age
- Harmful towards others

Child criminal exploitation

Signs may include:

- Reduced school performance
- Having unexplained money and buying new things
- Using new slang words
- Making more calls or sending more texts
- Committing petty crimes

<https://safeguarding.network/content/safeguarding-resources/peer-peer-abuse/>

<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/gangs-criminal-exploitation/>



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STUDENT WELFARE

If any of our students are struggling, we have different places where they may seek support:

Form Tutor
Head of Year

Assistant Headteacher (KS3 Progress) - Clair King
Assistantant Headteacher (KS4 Progress) - Dave Holdsworth
A member of SLT

Independent Learning Centre Department (ILC)

Medical room

Our Wellspring Counsellor - Mercie Kennedy

If a student does not feel comfortable speaking to someone face to face,
they can email in confidence
wellbeing@staidans.co.uk

Our dietician - Beth Hinton
Email: HinsoB@staidans.co.uk





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STAFF WELFARE

Staff who have a concern about the wellbeing or mental health of either themselves, or a colleague, should make their line manager aware.

If referral to the line manager is not appropriate then please let the relevant member of the Senior Leadership Team know so that support can be offered quickly.

We are also fortunate to have a variety of other agencies available to provide support to all staff who may need it.

All self-referrals are kept confidential at all times:



Our Wellspring Counsellor - Mercie Kennedy (based in the R.S. block). Self-referrals are always confidential. Email: M.Kennedy@staidans.co.uk

Health Assured - a free 24 hour helpline counselling service. <https://www.healthassured.org/>

[Educationsupport.org.uk](https://www.educationsupport.org.uk) - resource to improve mental health and wellbeing of education staff. Helpline also available.



Here are some more resources and information:

- [St. Aidan's Wellbeing and Mental Health Policy](#)
- [Mental Health and Wellbeing Resources for Teachers and Teaching Staff \(June 2021\)](#)

Thank you for your continued support.