

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

11th - 15th October 2021

MONDAY	Fast Food	Chicken Rogan Josh and Egg Fried Rice	£2.40
		G (w), C, Sb, M, Mu, E	
	Traditional	Beef & Vegetable Pie, Roast Potatoes and Steamed Broccoli	£2.40
		G (w), C, Sb	
Dessert	Jam Sponge and Custard	£1.00	
	G (w), E, M		
TUESDAY	Fast Food	Lasagne with Salad Leaves	£2.40
		G (w, b), C, Sb, F, M	
	Traditional	Honey Roast Pork Chasseur, New Potatoes and Garden Peas	£2.40
		C, Sb	
Dessert	Chocolate Sponge with Chocolate Custard	£1.00	
	G (w), E, M		
WEDNESDAY	Fast Food	Chinese Roasted Chicken Leg with Soft Noodles	£2.40
		G (w), C, Sb	
	Traditional	Beef & Lamb Shepherds Pie, Buttered Cabbage and Gravy	£2.40
		C, Sb, M	
Dessert	Apple & Raspberry Crumble with Custard	£1.00	
	G (w), M		
THURSDAY	Fast Food	Sausages, Chips and Baked Beans	£2.40
		G (w), C, Sb, M, Sd	
	Traditional	Fresh Vegetable Stroganoff with Braised Rice	£2.40
		C, Sb, M	
Dessert	Trifle	£1.00	
	G (w), E, M		
FRIDAY	Fast Food		£2.40
	Traditional	Training Day	£2.40
Dessert		£1.00	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

11th - 15th October 2021

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads from £1.50 to include:

Tuna Mayonnaise
Egg and Mayonnaise
Cheddar Cheese and Tomato
Ham
Turkey

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.20

Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey and Cranberry Sauce	Honey Roast Pork Chasseur	Roasted Bacon Loin	Pulled Pork and Barbecue Sauce	Training Day
G (w), Sb, M, C	G (w), C, Sb, M	G (w), Sb, M	G (r, w), Sb, Sd, M, C	

Weekly Specials

Soup of the Week with a Bread Roll (G (wheat), Sd, M)	Sweet Potato Soup with Coriander	£1.80
	C, Sb, M	
Salad of the Week	Ham & Coleslaw	£2.00
	E	
Jacket Potato	Cheese 'n' Beans	£2.25
	M - cheese only	
Jacket Potato of the Week	Garlic Chicken & Mushrooms	£2.25
	G (w), C, Sb, M	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Dessert	Changed Daily. Please see the Main Meals Menu.	£1.00

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Main Hall - YEAR 7 MENU

11th - 15th October 2021

Meal Deal 1 - The Lite Bite - £3.00

- A Selection of Freshly Cut Sandwiches on White or Wholemeal Bread
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

Note: All our Homemade Cakes and Biscuits contain G (wheat), E, M, Sb, Sd

Meal Deal 2 - The Lite Bite - £3.00

Monday	Chicken Rogan Josh and Egg Fried Rice
	G (w), C, Sb, M, Mu, E
Tuesday	Lasagne with Salad Leaves
	G (w, b), C, Sb, F, M
Wednesday	Chinese Roasted Chicken Leg with Soft Noodles
	G (w), C, Sb
Thursday	Sausages, Chips and Baked Beans
	G (w), C, Sb, M, Sd
Friday	Training Day

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

Meal Deal 3 - Traditional - £3.00

Monday	Beef & Vegetable Pie, Roast Potatoes and Steamed Broccoli
	G (w), C, Sb
	Jam Sponge and Custard
Tuesday	Honey Roast Pork Chasseur, New Potatoes and Garden Peas
	C, Sb
	Chocolate Sponge with Chocolate Custard
Wednesday	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Apple & Raspberry Crumble with Custard
Thursday	Fresh Vegetable Stroganoff with Braised Rice
	C, Sb, M
	Fresh Fruit
Friday	Training Day
	Training Day

Meal Deal 3: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

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DELI BAR MENU

11th - 15th October 2021

Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey and Cranberry Sauce	Honey Roast Pork Chasseur	Roasted Bacon Loin	Pulled Pork and Barbecue Sauce	Training Day
G (w), Sb, M, C	G (w), C, Sb, M	G (w), Sb, M	G (r, w), C, Sb, Sd, M	

Weekly Specials

Wrap of the Week G (wheat)	Tandoori Chicken & Mint Yoghurt	£2.25
	G (w), M, may contain N, P, Mu	
Soup of the Week with a Bread Roll (G (wheat), Sd, M)	Sweet Potato Soup with Coriander	£1.80
	C, Sb, M	
Salad of the Week	Ham & Coleslaw	£2.00
	E	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of the Week	Garlic Chicken & Mushrooms	£2.45
	G (w), C, Sb, M	

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SIXTH FORM - LUNCH MENU

11th - 15th October 2021

Daily Special Options

Monday	Chicken Rogan Josh and Egg Fried Rice	£2.40
	G (w), C, Sb, M, Mu, E	
	Jam Sponge and Custard	£1.00
	G (w), E, M	
Tuesday	Lasagne with Salad Leaves	£2.40
	G (w, b), C, Sb, F, M	
	Chocolate Sponge with Chocolate Custard	£1.00
	G (w), E, M	
Wednesday	Chinese Roasted Chicken Leg with Soft Noodles	£2.40
	G (w), C, Sb	
	Apple & Raspberry Crumble with Custard	£1.00
	G (w), M	
Thursday	Sausages, Chips and Baked Beans	£2.40
	G (w), C, Sb, M, Sd	
	Trifle	£1.00
	G (w), E, M	
Friday	Training Day	£2.40
		£1.00

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.25
	M - cheese only	
Jacket Potato of the Week	Garlic Chicken & Mushrooms	£2.25
	G (w), C, Sb, M	
Salad of the Week	Ham & Coleslaw	£2.00
	E	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Soup of the Week with a Bread Roll (G (wheat), Sd, M)	Sweet Potato Soup with Coriander	£1.80
	C, Sb, M	
Wrap of the Week G (wheat)	Tandoori Chicken & Mint Yoghurt	£2.25
	G (w), M, may contain N, P, Mu	

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YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

11th - 15th October 2021

Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey and Cranberry Sauce	Honey Roast Pork Chasseur	Roasted Bacon Loin	Sausages and Spicy Wedges	Training Day
G (w), Sb, M, C	G (w), C, Sb, M	G (w), Sb, M	G (w), C, Sb, M, Sd	

Hot Dish of the Day £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Rogan Josh with Egg Fried Rice	Pasta Bolognese with Parmesan Cheese	Beef & Lamb Shepherds Pie with Peas	Fresh Vegetable Stroganoff with Braised Rice	Training Day
G (w), C, Sb, M, Mu, E	G (w, b), C, Sb, F, E, M	C, Sb, M	C, Sb, M	

Weekly Specials

Hot Wrap of the Week G (wheat) with Salad	Sweet & Sour Chicken with Red Onions and Mixed Peppers	£2.35
	G (w)	
Soup of the Week with a Bread Roll (G (wheat), Sd, M)	Sweet Potato Soup with Coriander	£1.80
	C, Sb, M	

A Selection of Speciality Homemade Cakes and Pastries from 80p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)

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