# Restaurant - MAIN MEALS MENU - Years 9 & 10

	-	13th - 17th September 2021	
	Fast Food	Creamy Chicken Curry with Egg Fried Rice	£2.40
		G (w), C, Sb, M, Mu, E	
MONDAY	Traditional	Honey Roast Bacon Loin, Seasoned Wedges and Sweetcorn	£2.40
		G (w)	
	Dessert	Jam Sponge and Custard	£1.00
		G (w), E, M	
	Fast Food		£2.40
		G (b, w), C, Sb, F, M Roast Turkey Breast, Roast Potatoes, Glazed Carrots and	
TUESDAY	Traditional	Gravy C, Sb	£2.40
	Dessert	Crumble Topped Apple Pie and Custard	£1.00
		G (w), M	
	Fast Food	Chinese Style Chicken Leg with Soft Noodles	£2.40
		G (w), C, Sb	
WEDNESDAY	Traditional	Cottage Pie, Cabbage and Gravy	£2.40
		C, Sb, M	
	Dessert	Chocolate & Vanilla Sponge with Custard	£1.00
		G (w), E, M	
	Fast Food	Sausages, Beans and Chips	£2.40
		G (w), C, Sb, Sd, M Mature Cheddar & Spring Onion Tart, New Potatoes and	
THURSDAY	Traditional	Salad Leaves	£2.40
		G (w), E, C, Sb, M	
	Dessert	Eton Mess	£1.00
		E, M	
FRIDAY	Fast Food	Pasta with a Choice of Two Sauces:- Tomato Sauce or Cheese Sauce	£2.40
		G (w), C, Sb G (w), C, Sb, M, E	-
	Traditional	Battered Haddock, Chive Potatoes and Peas	£2.40
		G (w), F, M, Mu	
	Dessert	Sticky Toffee Pudding and Custard	£1.00
		G (w), E, M	

13th - 17th September 2021

#### **Restaurant - LIGHTER OPTIONS MENU - Years 9 & 10**

#### 13th - 17th September 2021

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads G (wheat), Sb, M from  $\pounds$ 1.50 to include:

Tuna Mayonnaise (F, E, Mu, G(w), Sb, M) Egg and Cress (E, Mu, G (w), Sb, M) Cheddar Cheese and Tomato (M, G (w), Sb, M) Ham (G (w), Sb, M) Turkey (G (w), Sb, M)

A Selection of Freshly Filled Continential Breads e.g. Bagels, Baguettes, Ciabattas from £2.20

#### Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roast Bacon Loin	Roast Turkey and Gravy	Roast Pork and Apple Sauce	Sausage and Onion Gravy	Battered Haddock and Mayonnaise
G (w), Sb, M	G (w), Sb, M, C	G (w), Sb, M, C	G (w), Sb, M, Sd, C	G (w), F, M, Sb, E

#### **Weekly Specials**

Soup of the Week with a Bread Roll (G (wheat), Sd, M)	Leek & Potato Soup C, Sb, M	£1.80
Salad of the Week	Tuna Mayonnaise and Sweetcorn Pasta Salad G (w), F, E	£2.00
Jacket Potato	Cheese 'n' Beans M - cheese only	£2.25
Jacket Potato of the Week		
Vegetarian Dish Changed Daily. Please ask the Server for Allergen Information.		£1.95
Dessert	Changed Daily. Please see the Main Meals Menu.	£1.00

## Main Hall - YEARS 7 & 8 MENU

#### 13th - 17th September 2021

#### Meal Deal 1 - The Lite Bite - £3.00

- A Selection of Freshly Cut Sandwiches on Brown, or White Bread: Sb, G (wheat)
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

Note: All our Homemade Cakes and Biscuits contain G (wheat), E, M, Sb, Sd

#### Meal Deal 2 - The Lite Bite - £3.00

Monday	Creamy Chicken Curry with Egg Fried Rice
	G (w), C, Sb, M, Mu, E
Tuesday	Lasagne
	G (b, w), C, Sb, F, M
Wednesday	Chinese Style Chicken Leg with Soft Noodles
	G (w), C, Sb
Thursday	Sausages, Beans and Chips
,	G (w), C, Sb, Sd, M
Friday	Pasta with a Choice of Two Sauces:- Tomato Sauce or Cheese Sauce
	G (w), C, Sb G (w), C, Sb, M, E

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

#### Meal Deal 3 - Traditional - £3.00

	Honey Roast Bacon Loin, Seasoned Wedges and Sweetcorn
Monday	G (w)
	Jam Sponge and Custard
	G (w), E, M
	Roast Turkey Breast, Roast Potatoes, Glazed Carrots and Gravy
Tuesday	C, Sb
Tuesday	Crumble Topped Apple Pie and Custard
	G (w), M
	Jacket Potato with Cheese 'n' Beans
Wednesday	M - cheese only
Weallooday	Chocolate & Vanilla Sponge with Custard
	G (w), E, M
	Mature Cheddar & Spring Onion Tart, New Potatoes and Salad Leaves
Thursday	G (w), E, C, Sb, M
marsaay	Fresh Fruit
	No Allergens
	Battered Haddock, Chive Potatoes and Peas
Friday	G (w), F, M, Mu
	Sticky Toffee Pudding and Custard
	G (w), E, M

Meal Deal 3: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

# **DELI BAR MENU**

## 13th - 17th September 2021

# Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roast Bacon Loin	Roast Turkey and Gravy	Roast Pork and Apple Sauce	Sausage and Onion Gravy	Battered Haddock and Mayonnaise
G (w), Sb, M	G (w), Sb, M, C	G (w), Sb, M, C	G (w), Sb, M, Sd, C	G (w), F, M, Sb, E

## **Weekly Specials**

Wrap of the Week G (wheat)	Brie & Bacon Wrap with Creamy Mayonnaise and Crisp Salad G (w), M, E	£2.25
Soup of the Week with a Bread Roll	Leek & Potato Soup	£1.80
(G (wheat), Sd, M)	C, Sb, M	21.00
Salad of the Week	Tuna Mayonnaise and Sweetcorn Pasta Salad	£2.00
	G (w), F, E	
Jacket Potato	Cheese 'n' Beans	£2.45
	M - cheese only	
Jacket Potato of Cheese & Chive Coleslaw		£2.45
	M, E	

# SIXTH FORM - LUNCH MENU

# 13th - 17th September 2021

## **Daily Special Options**

Monday	Creamy Chicken Curry with Egg Fried Rice	£2.40
Monday	G (w), C, Sb, M, Mu, E Jam Sponge and Custard	-
	G (w), E, M	£1.00
	Lasagne	£2.40
Tuesday	G (b, w), C, Sb, F, M	
_	Crumble Topped Apple Pie and Custard	£1.00
	G (w), M	21.00
	Chinese Style Chicken Leg with Soft Noodles	£2.40
Wednesday	G (w), C, Sb	
	Chocolate & Vanilla Sponge with Custard	£1.00
	G (w), E, M	21.00
	Sausages, Beans and Chips	£2.40
Thursday	G (w), C, Sb, Sd, M	
	Eton Mess	£1.00
	E, M	21.00
	Lamb Jalfrezi with Coriander Rice	£2.40
Friday	C, Sb, M, Mu	
	Sticky Toffee Pudding and Custard	£1.00
	G (w), E, M	21.00

#### Weekly Specials

Jacket Potato	Cheese 'n' Beans	
	M - cheese only	
Jacket Potato of the Week	Cheese & Chive Coleslaw	
	M, E	
Salad of the Week	Tuna Mayonnaise and Sweetcorn Pasta Salad	£2.00
	G (w), F, E	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.95
Soup of the Week with a Bread Roll	Leek & Potato Soup	£1.80
(G (wheat), Sd, M)	C, Sb, M	
Wrap of the Week G (wheat)	Brie & Bacon Wrap with Creamy Mayonnaise and Crisp Salad	£2.25
	G (w), M, E	



Opening Hours - 12:30pm - 1:30pm

#### 13th - 17th September 2021

# Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roast Bacon Loin	Roast Turkey and Gravy	Roast Pork and Apple Sauce	Sausage & Onion Gravy	Battered Haddock and Mayonnaise
G (w), Sb, M	G (w), Sb, M, C	G (w), Sb, M, C	G (w), Sb, M, Sd, C	G (w), F, M, Sb, E

## Hot Dish of the Day £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Creamy Chicken Curry with Egg Fried Rice	Chilli Con Carne and Taco Shells	Cottage Pie, Peas and Gravy	Mature Cheddar & Spring Onion Tart, New Potatoes and Salad Leaves	Lamb Jalffrezi and Coriander Rice
G (w), C, Sb, M, Mu, E	G (w), C, Sb	C, Sb, M	G (w), C, Sb, M, E	C, Sb, Mu

# **Weekly Specials**

Hot Wrap of the Week G (wheat) with Salad	G (wheat) and Mint Yoghurt	
	M, may contain Mu, N & P	
Soup of the Week with a Bread Roll	Leek & Potato Soup	£1.80
(G (wheat), Sd, M)	C, Sb, M	

#### A Selection of Speciality Homemade Cakes and Pastries from 80p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)