

## St. Aidan's Catering

### Restaurant - MAIN MEALS MENU - Years 9 & 10

20th - 24th September 2021

<b>MONDAY</b>	Fast Food	Pasta Bolognese with Parmesan Cheese	£2.40
		G (w, b), F, C, Sb, E, M	
	Traditional	Turkey, Ham & Mushroom Pie, Confit Potatoes and Steamed Broccoli	£2.40
G (w), C, Sb, M			
Dessert	Chocolate Sponge with Chocolate Custard	£1.00	
	G (w), E, M		
<b>TUESDAY</b>	Fast Food	Chicken Rogan Josh with Egg Fried Rice	£2.40
		G (w), C, Sb, M, Mu, E	
	Traditional	Roast Loin of Pork, New Potatoes, Peas and Gravy	£2.40
C, Sb			
Dessert	Jam Sponge and Custard	£1.00	
	G (w), E, M		
<b>WEDNESDAY</b>	Fast Food	Cajun Turkey Breast with Soft Noodles	£2.40
		G (w), C, Sb	
	Traditional	Sausages, Cheese 'n' Chive Mash, Cabbage and Gravy	£2.40
G (w), C, Sb, M, Sd			
Dessert	Apple & Raspberry Crumble with Custard	£1.00	
	G (w), M		
<b>THURSDAY</b>	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.40
		G (w), C, Sb, M, Mu, may contain S	
	Traditional	Vegetable, Chick Pea and Spinach Curry with Steamed Rice	£2.40
C, Sb, Mu, M			
Dessert	Raspberry Fool	£1.00	
	M		
<b>FRIDAY</b>	Fast Food	Pasta with a Choice of Two Sauces:- Tomato & Basil Sauce or Cheese Sauce	£2.40
		G (w), C, Sb G (w), C, Sb, M, E	
	Traditional	Fish Cake, Parsley Potatoes, Peas and Tartare Sauce	£2.40
G (w), F, Mu, E			
Dessert	Treacle Sponge and Custard	£1.00	
	G (w), E, M		

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

# St. Aidan's Catering

## Restaurant - LIGHTER OPTIONS MENU - Years 9 & 10

20th - 24th September 2021

A Selection of Freshly Cut Sandwiches on White or Wholemeal Breads G (wheat), Sb, M from £1.50 to include:

Tuna Mayonnaise (F, E, G (w), Sb, M)  
 Egg and Cress (E, G (w), Sb, M)  
 Cheddar Cheese and Tomato (G (w), Sb, M)  
 Ham (G (w), Sb, M)  
 Turkey (G (w), Sb, M)

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.20

### Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages & Onion Gravy	Roast Pork & Apple Sauce	Cajun Roast Turkey	Bacon Loin	Fish Fingers and Tartare Sauce
G (w), Sb, M, Sd, C	G (w), C, Sb, M	G (w), C, Sb, M	G (w), Sb, M	G (w), F, Sb, M, Mu, E

### Weekly Specials

<b>Soup of the Week with a Bread Roll (G (wheat), Sd, M)</b>	Carrot & Coriander Soup	£1.80
	C, Sb, M	
<b>Salad of the Week</b>	Chicken Caesar Salad	£2.00
	E, M, Sd	
<b>Jacket Potato</b>	Cheese 'n' Beans	£2.25
	M - cheese only	
<b>Jacket Potato of the Week</b>	Vegetable Chilli	£2.25
	C, Sb	
<b>Vegetarian Dish</b>	Changed Daily. Please ask the Server for Allergen Information.	£1.95
<b>Dessert</b>	Changed Daily. Please see the Main Meals Menu.	£1.00

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products  
 Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

## Main Hall - YEARS 7 & 8 MENU

20th - 24th September 2021

### Meal Deal : 1 - The Lite Bite - £3.00

- A Selection of Freshly Cut Sandwiches on White or Wholemeal Bread: G (wheat), Sb, M
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

**Note: All our Homemade Cakes and Biscuits contain G (wheat), E, M, Sb, Sd**

### Meal Deal : 2 - The Lite Bite - £3.00

<b>Monday</b>	Pasta Bolognese with Parmesan Cheese
	G (w, b), F, C, Sb, E, M
<b>Tuesday</b>	Chicken Rogan Josh with Egg Fried Rice
	G (w), C, Sb, M, Mu, E
<b>Wednesday</b>	Cajun Turkey Breast with Soft Noodles
	G (w), C, Sb
<b>Thursday</b>	Battered Chicken Burger in a Burger Bun with Fries and Relish
	G (w), C, Sb, M, Mu, may contain S
<b>Friday</b>	Pasta with a Choice of Two Sauces:- Tomato & Basil Sauce or Cheese Sauce
	G (w), C, Sb G (w), C, Sb, M, E

**Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding**

### Meal Deal : 3 - Traditional - £3.00

<b>Monday</b>	Turkey, Ham & Mushroom Pie, Confit Potatoes and Steamed Broccoli
	G (w), C, Sb, M
	Chocolate Sponge with Chocolate Custard
<b>Tuesday</b>	Roast Loin of Pork, New Potatoes, Peas and Gravy
	C, Sb
	Jam Sponge and Custard
<b>Wednesday</b>	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Apple & Raspberry Crumble with Custard
<b>Thursday</b>	Vegetable, Chick Pea and Spinach Curry with Steamed Rice
	C, Sb, Mu, M
	Fresh Fruit
<b>Friday</b>	Fish Cake, Parsley Potatoes, Peas and Tartare Sauce
	G (w), F, Mu, E
	Treacle Sponge and Custard
	G (w), E, M

**Meal Deal 3: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding**

# St. Aidan's Catering

## DELI BAR MENU

20th - 24th September 2021

### Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages & Onion Gravy	Roast Pork & Apple Sauce	Cajun Roast Turkey	Bacon Loin	Fish Fingers and Tartare Sauce
G (w), Sb, M, Sd, C	G (w), C, Sb, M	G (w), C, Sb, M	G (w), Sb, M	G (w), F, Sb, M, Mu, E

### Weekly Specials

<b>Wrap of the Week</b> G (wheat)	Tuna Mayonnaise & Red Onion	£2.25
	G (w), F, E	
<b>Soup of the Week</b> with a Bread Roll (G (wheat), Sd, M)	Carrot & Coriander Soup	£1.80
	C, Sb, M	
<b>Salad of the Week</b>	Chicken Caesar Salad	£2.00
	E, M, Sd	
<b>Jacket Potato</b>	Cheese 'n' Beans	£2.45
	M - cheese only	
<b>Jacket Potato of the Week</b>	Vegetable Chilli	£2.45
	C, Sb	

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# St. Aidan's Catering

## SIXTH FORM - LUNCH MENU

20th - 24th September 2021

### Daily Special Options

<b>Monday</b>	Pasta Bolognese with Parmesan Cheese	£2.40
	G (w, b), F, C, Sb, E, M	
	Chocolate Sponge with Chocolate Custard	£1.00
	G (w), E, M	
<b>Tuesday</b>	Chicken Rogan Josh with Egg Fried Rice	£2.40
	G (w), C, Sb, M, Mu, E	
	Jam Sponge and Custard	£1.00
	G (w), E, M	
<b>Wednesday</b>	Cajun Turkey Breast with Soft Noodles	£2.40
	G (w), C, Sb	
	Apple & Raspberry Crumble with Custard	£1.00
	G (w), M	
<b>Thursday</b>	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.40
	G (w), C, Sb, M, Mu, may contain S	
	Raspberry Fool	£1.00
	M	
<b>Friday</b>	Spicy Chicken Steak, Coriander Rice and Sweet Pepper Coulis	£2.40
	G (w), C, Sb	
	Treacle Sponge and Custard	£1.00
	G (w), E, M	

### Weekly Specials

<b>Jacket Potato</b>	Cheese 'n' Beans	£2.25
	M - cheese only	
<b>Jacket Potato of the Week</b>	Vegetable Chilli	£2.25
	C, Sb	
<b>Salad of the Week</b>	Chicken Caesar Salad	£2.00
	E, M, Sd	
<b>Vegetarian Dish</b>	Changed Daily. Please ask the Server for Allergen Information.	£1.95
<b>Soup of the Week with a Bread Roll (G (wheat), Sd, M)</b>	Carrot & Coriander Soup	£1.80
	C, Sb, M	
<b>Wrap of the Week G (wheat)</b>	Tuna Mayonnaise & Red Onion	£2.25
	G (w), F, E	

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## St. Aidan's Catering

### YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

20th - 24th September 2021

#### Hot Roast Baguette G (wheat), M, Sb - £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Sausages & Onion Gravy	Roast Pork & Apple Sauce	Cajun Roast Turkey	Battered Chicken Burger in a Burger Bun with Spicy Wedges	Fish Fingers and Tartare Sauce
G (w), Sb, M, Sd, C	G (w), C, Sb, M	G (w), C, Sb, M	G (w), C, Sb, M, Mu, may contain S	G (w), F, Sb, M, Mu, E

#### Hot Dish of the Day £2.40

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese with Parmesan Cheese	Chicken Rogan Josh with Egg Fried Rice	Beef & Vegetable Pie with Peas	Vegetable Chick Pea & Spinach Curry with Steamed Rice	Spicy Chicken Steak with Coriander Rice and Sweet Pepper Coulis
G (w, b), F, C, Sb, E, M	G (w), C, Sb, M, Mu, E	G (w), C, Sb	C, Sb, Mu, M	G (w), C, Sb

#### Weekly Specials

Hot Wrap of the Week G (wheat) with Salad	Italian Style Chicken with Pesto, Basil, Tomatoes, Mixed Peppers and Red Onions	£2.35
	G (w), M	
Soup of the Week with a Bread Roll (G (wheat), Sd, M)	Carrot & Coriander Soup	£1.80
	C, Sb, M	

#### A Selection of Speciality Homemade Cakes and Pastries from 80p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)

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