

Extra-Curricular Sport

We are very proud of our outstanding reputation and commitment to Extra-Curricular sport. I am pleased to say that our programme will start on Monday 21st September. Each year group will come down on their own afternoon. This will ensure there is no mixing between the year group bubbles. All the equipment used will be disinfected before and after each session to limit any spread of COVID-19. The changing rooms will also be wiped down before each session and deep cleaned afterwards as per the whole school policy.

This is a great opportunity for pupils to get back into different sports. We will not be making any decisions on any of our teams, as we are not currently able to play fixtures against other schools. We would like to encourage pupils to attend different activities and try new ones out. In previous years pupils could attend 3-4 different clubs per week, due to the protocols they can only attend on one afternoon so trying different activities each week is encouraged. We will be offering a wide range of activities and each session will be following the National Governing Body COVID guidelines for that sport.

Pupils do not have to sign up to activities. Please just turn up to the changing rooms on the correct evening with the kit you need for that sport and follow the teacher's instructions. For most activities you will need to following kit:

- St Aidan's polo (navy or white)
- Navy shorts/skort
- White Socks
- Trainers
- St Aidan's Hoody (optional)
- Navy St Aidan's leggings or tracksuit bottoms (optional)

For football pupils should wear their football boots and shin pads and navy football socks. For hockey pupils will need shin pads and navy socks. All activities are available for boys and girls apart from Netball which is just girls.

Please find the timetable attached. Sessions will start as soon as possible after school and will finish at 5pm.

Please note that Y10 will be on a Tuesday in week A and Y11 will be on a Tuesday in week B.

Kind Regards,

John Strover
Head of PE