

In addition to completing the transition workbook, you might like to explore some of the following options for preparatory reading before you embark on the A Level course in Psychology.

Books

- Freud for Beginners by Richard Appignanesi and Oscar Zarate
- Introducing Psychology: A Graphic Guide to Your Mind and Behaviour by Nigel Benson
- Mindwatching: Why We Behave the Way We Do by H.J. Eysenck and Michael W. Eysenck
- Psychology: A Very Short Introduction by Gillian Butler and Freda McManus
- Psychology of Mind, Science and Behaviour by R Gross (5th edition)

- Routledge Modular Psychology Series:
 - o Awareness: biorhythms, sleep and dreaming
 - o Classification and diagnosis
 - o Early socialisation
 - o Evolutionary explanations of human behaviour and Interpersonal relationships
 - o Memory and forgetting
 - o Physiological basis of behaviour
 - o Psychopathology
 - o Social cognition
 - o Theoretical approaches in psychology
 - o Therapeutic approaches

Magazines/journals

- Psychology Review (Quarterly)
- The Psychologist (Monthly)
- Scientific American (Monthly)

Websites/organisations

- The British Psychological Society (BPS): <http://www.bps.org.uk> □ Washington University Neuroscience Dept:

<http://faculty.washington.edu/chudler/neurok.html>