

In addition to completing the transition workbook, you might like to explore some of the following options for preparatory reading before you embark on the A Level course in Psychology.

Books

- Freud for Beginners by Richard Appignanesi and Oscar Zarate
- Introducing Psychology: A Graphic Guide to Your Mind and Behaviour by Nigel Benson
- Mindwatching: Why We Behave the Way We Do by H.J. Eysenck and Michael W. Eysenck
- Psychology: A Very Short Introduction by Gillian Butler and Freda McManus
- Psychology of Mind, Science and Behaviour by R Gross (5th edition)

- Routledge Modular Psychology Series:
 - o Awareness: biorhythms, sleep and dreaming
 - o Classification and diagnosis
 - o Early socialisation
 - o Evolutionary explanations of human behaviour and Interpersonal relationships
 - o Memory and forgetting
 - o Physiological basis of behaviour
 - o Psychopathology
 - o Social cognition
 - o Theoretical approaches in psychology
 - o Therapeutic approaches

Magazines/journals

- Psychology Review (Quarterly)
- The Psychologist (Monthly)
- Scientific American (Monthly)

Websites/organisations

- The British Psychological Society (BPS): <http://www.bps.org.uk>
- Washington University Neuroscience Dept:
<http://faculty.washington.edu/chudler/neurok.html>

Fiction

- Room (Emma Donoghue)
- The Night Child (Anna Quinn)
- The Bell Jar (Sylvia Plath)
- The Curious Incident of the Dog in the Night-Time (Mark Haddon)
- Gone Girl (Gillian Flynn)
- It's kind of a Funny Story (Ned Vizzini)
- The Lovely Bones (Alice Sebold)
- Girl Interrupted (Susanna Kaysen)
- House of Leaves (Mark Danielewski)
- Leave of Absence (Tanya Peterson)
- Sharp Objects (Gillian Flynn)
- Breaking and Mending (Joanna Cannon) - very topical with the NHS in focus.

- More to life (Jacob Lasher)
- The Memory Keepers Daughter (Kim Edwards)
- Trainspotting (Ewan McGregor)
- One Flew over the Cuckoo's Nest (Ken Kessey)
- Speak (Laurie Haise Anderson)
- Fight Club (Chuck Palahniuk) Spot the twist!
- Prozac Nation (Elizabeth Wurtzel) - One of Ms Fisher's all time favourites but very harrowing. Elizabeth died earlier this year.
- Still Alice (Lisa Genova) Brilliant book
- Silence of the Lambs (Thomas Harris)