

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

9th - 13th March 2020

MONDAY	Fast Food	Chicken Madras with Egg Fried Rice	£2.30
		G (wheat), M, Mu, C, Sb, E	
	Traditional	Beef & Vegetable Pie, Parsley Potatoes and Cauliflower Cheese	£2.30
		C, Sb, G (wheat), M	
	Dessert	Chocolate Pudding with Chocolate Custard	95p
		G (wheat), E, M	
TUESDAY	Fast Food	Lasagne with Mixed Leaves	£2.30
		G (wheat), C, Sb, M, F	
	Traditional	Stuffed Roast Lamb Shoulder, Roast Potatoes, Peas and Mint Sauce	£2.30
		G (wheat), Sd, C, Sb	
	Dessert	Apple Crumble and Custard	95p
		G (wheat), M	
WEDNESDAY	Fast Food	Spanish Chicken Leg with Soft Noodles	£2.30
		G (wheat), C, Sb	
	Traditional	Shepherds Pie with Carrots and Gravy	£2.30
		C, Sb, M	
	Dessert	Rice Pudding with Raspberry Sauce	95p
		M	
THURSDAY	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.30
		G (wheat), C, Sb, M (may contain), S, Mu	
	Traditional	Vegetable Chilli with Steamed Rice, Garlic Bread and Salad	£2.30
		C, Sb, G (wheat), M	
	Dessert	Raspberry Fool with a Shortbread Biscuit	95p
		M, G (wheat)	
FRIDAY	Fast Food	Pasta with a Choice of Cheese or Tomato Sauce	£2.30
		G (wheat), C, Sb, M	
	Traditional	Fish Fingers, New Potatoes, Peas and Tartare Sauce	£2.30
		G (wheat), F, M, Mu, E	
	Dessert	Sticky Toffee Pudding and Custard	95p
		G (wheat), M, E	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

9th - 13th March 2020

A Selection of Freshly Cut Sandwiches on Brown Bread or White Bread: G (wheat), Sb or Granary Bread G (wheat, barley), Sb

From £1.40 to include:

- Tuna Mayonnaise (F, E, Mu, G, M, Sb)
- Egg and Cress (E, Mu, G, M, Sb)
- Cheddar Cheese with Tomato (M, G, Sb)
 - Beef (G, M, Sb)
 - Ham (G, M, Sb)
 - Turkey (G, M, Sb)

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.15

(Please ask the Server for Allergen Information)

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey with Cranberry Sauce and Gravy	Stuffed Lamb Shoulder with Gravy	Bacon Loin	Sausages with Onion Gravy	Fish Fingers with Tartare Sauce
C, Sb	C, Sb, Sd, G (wheat)	No Allergens	G (wheat), M, Sd, C, Sb	G (wheat), F, M, Mu, E

Weekly Specials

Soup of the Week with a Bread Roll (G (wheat), Sd)	Red Lentil & Vegetable Soup with Garlic & Coriander	£1.70
	C, Sb, M	
Healthy Choice Salad	Fresh Salmon & Asparagus with Boiled Egg, Mixed Salad and Marie Rose Sauce	£1.90
	F, E, G (wheat)	
Salad of the Week	Pasta Salad with Toulouse Sausage, Mixed Beans and Dijon Mustard Dressing	£1.90
	G (wheat), C, Sb, Sd, M, Mu, E	
Jacket Potato	Cheese 'n' Beans	£2.15
	M - cheese only	
Jacket Potato of the Week	Cheese & Spring Onion Coleslaw	£2.15
	M, E	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.85
Dessert	Changed Daily. Please see the Main Meals Menu.	95p

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Main Hall - YEAR 7 MENU

9th - 13th March 2020

Meal Deal 1 - The Lite Bite - £2.90

- A Selection of Freshly Cut Sandwiches on Brown, or White Bread: Sb, G (wheat) or
- Granary Bread Sb, G (wheat, barley)
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

Note: All our Home-Made Cakes and Biscuits contain G (wheat), E, M, Sb, Sd

Meal Deal 2 - The Lite Bite - £2.90

Monday	Chicken Madras with Egg Fried Rice
	G (wheat), M, Mu, C, Sb, E
Tuesday	Lasagne with Mixed Leaves
	G (wheat), C, Sb, M, F
Wednesday	Spanish Chicken Leg with Soft Noodles
	G (wheat), C, Sb
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish
	G (wheat), C, Sb, M (may contain), S, Mu
Friday	Pasta with a Choice of Cheese or Tomato Sauce
	G (wheat), C, Sb, M

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

Meal Deal 3 - Traditional - £2.90

Monday	Beef & Vegetable Pie, Parsley Potatoes and Cauliflower Cheese
	C, Sb, G (wheat), M
	Chocolate Pudding with Chocolate Custard
	G (wheat), E, M
Tuesday	Stuffed Roast Lamb Shoulder, Roast Potatoes, Peas and Mint Sauce
	G (wheat), Sd, C, Sb
	Apple Crumble and Custard
	G (wheat), M
Wednesday	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Rice Pudding with Raspberry Sauce
	M
Thursday	Vegetable Chilli with Steamed Rice, Garlic Bread and Salad
	C, Sb, G (wheat), M
	Fresh Fruit
	No Allergens
Friday	Fish Fingers, New Potatoes, Peas and Tartare Sauce
	G (wheat), F, M, Mu, E
	Sticky Toffee Pudding and Custard
	G (wheat), M, E

Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake

St. Aidan's Catering

DELI BAR MENU

9th - 13th March 2020

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey with Cranberry Sauce and Gravy	Stuffed Lamb Shoulder with Gravy	Bacon Loin	Sausages with Onion Gravy	Fish Fingers with Tartare Sauce
C, Sb	C, Sb, Sd, G (wheat)	No Allergens	G (wheat), M, Sd, C, Sb	G (wheat), F, M, Mu, E

Weekly Specials

Wrap of the Week G (wheat)	Mexican Style Chicken with Chive Sour Cream and Crisp Salad	£2.15
	M	
Soup of the Week with a Bread Roll (G (wheat), Sd)	Red Lentil & Vegetable Soup with Garlic & Coriander	£1.70
	C, Sb, M	
Healthy Choice Salad	Fresh Salmon & Asparagus with Boiled Egg, Mixed Salad and Marie Rose Sauce	£1.90
	F, E, G (wheat)	
Salad of the Week	Pasta Salad with Toulouse Sausage, Mixed Beans and Dijon Mustard Dressing	£1.90
	G (wheat), C, Sb, Sd, M, Mu, E	
Jacket Potato	Cheese 'n' Beans	£2.40
	M - cheese only	
Jacket Potato of the week	Cheese & Spring Onion Coleslaw	£2.40
	M, E	

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SIXTH FORM - LUNCH MENU

9th - 13th March 2020

Daily Special Options

Monday	Chicken Madras with Egg Fried Rice	£2.30
	G (wheat), M, Mu, C, Sb, E	
	Chocolate Pudding with Chocolate Custard	95p
	G (wheat), E, M	
Tuesday	Lasagne with Mixed Leaves	£2.30
	G (wheat), C, Sb, M, F	
	Apple Crumble and Custard	95p
	G (wheat), M	
Wednesday	Spanish Chicken Leg with Soft Noodles	£2.30
	G (wheat), C, Sb	
	Rice Pudding with Raspberry Sauce	95p
	M	
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.30
	G (wheat), C, Sb, M (may contain), S, Mu	
	Raspberry Fool with a Shortbread Biscuit	95p
	M, G (wheat)	
Friday	Spicy Chicken Steak with Coriander Rice and Red Pepper Coulis	£2.30
	G (wheat), C, Mu, Sb	
	Sticky Toffee Pudding and Custard	95p
	G (wheat), M, E	

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.15
	M - cheese only	
Jacket Potato of the Week	Cheese & Spring Onion Coleslaw	£2.15
	M, E	
Healthy Choice Salad	Fresh Salmon & Asparagus with Boiled Egg, Mixed Salad and Marie Rose Sauce	£1.90
	F, E, G (wheat)	
Salad of the Week	Pasta Salad with Toulouse Sausage, Mixed Beans and Dijon Mustard Dressing	£1.90
	G (wheat), C, Sb, Sd, M, Mu, E	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.85
Soup of the Week with a Bread Roll (G (wheat), Sd)	Red Lentil & Vegetable Soup with Garlic & Coriander	£1.70
	C, Sb, M	
Wrap of the Week (G)	Mexican Style Chicken with Chive Sour Cream and Crisp Salad	£2.15
	M	

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YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

9th - 13th March 2020

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey with Cranberry Sauce and Gravy	Stuffed Lamb Shoulder with Gravy	Bacon Loin	Battered Chicken Burger in a Burger Bun with Spicy Wedges	Fish Fingers with Tartare Sauce
C, Sb	C, Sb, Sd, G (wheat)	No Allergens	G (wheat), C, Sb (may contain S), M	G (wheat), F, M, Mu, E

Hot Dish of the Day £2.30

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Madras with Egg Fried Rice	Pasta Bolognese with Parmesan Cheese	Shepherds Pie, Peas and Gravy	Vegetable Chilli with Steamed Rice, Garlic Bread and Salad	Spicy Chicken Steak with Coriander Rice and Red Pepper Coulis
G (wheat), M, Mu, C, Sb	G (wheat), C, Sb, M, E, F	C, Sb, M	C, Sb, G (wheat), M	G (wheat), C, Mu, Sb

Weekly Specials

Hot Wrap of the Week G (wheat) with Salad	Italian Style Chicken with Tomatoes, Pesto, Basil, Red Onions and Mixed Peppers	£2.25
	M	
Soup of the Week with a Bread Roll (G (wheat), Sd)	Red Lentil & Vegetable Soup with Garlic & Coriander	£1.70
	C, Sb, M	

A Selection of Speciality Biscuits, Cakes and Pastries from 65p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)

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