

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

16th - 20th March 2020

MONDAY	Fast Food	Pasta Bolognese with Parmesan Cheese	£2.30
		G, (wheat), C, Sb, F, M, E	
	Traditional	Turkey, Leek & Mushroom Pie, New Potatoes and Glazed Carrots	£2.30
		G (wheat), C, Sb, M	
Dessert	Jam Sponge and Custard	95p	
	G (wheat), E, M		
TUESDAY	Fast Food	Chicken Rogan Josh with Egg Fried Rice	£2.30
		G (wheat), M, Mu, Sb, C, E	
	Traditional	Honey Roasted Bacon Loin, Spicy Wedges and Buttered Sweetcorn	£2.30
		No Allergens	
Dessert	Apple & Raspberry Crumble with Custard	95p	
	G (wheat), M		
WEDNESDAY	Fast Food		£2.30
	Traditional	STAFF TRAINING DAY	£2.30
	Dessert		95p
THURSDAY	Fast Food	Sausages, Chips and Baked Beans	£2.30
		G (wheat), M, Sd, Sb	
	Traditional	Broccoli, Tomato & Blue Cheese Tart, New Potatoes and Salad Leaves	£2.30
		G (wheat), M, E	
Dessert	Eton Mess	95p	
	E, M		
FRIDAY	Fast Food	Pasta with either Cheese or Tomato Sauce	£2.30
		G (wheat), C, Sb, M	
	Traditional	Battered Haddock, Parsley Potatoes, Mushy Peas and Tartare Sauce	£2.30
		G (wheat), F, Mu, M, E	
Dessert	Chocolate & Vanilla Sponge with Chocolate Custard	95p	
	G (wheat), E, M		

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

16th - 20th March 2020

A Selection of Freshly Cut Sandwiches on Brown Bread or White Bread: G (wheat), Sb or Granary Bread G (wheat, barley), Sb

From £1.40 to include:

- Tuna Mayonnaise (F, E, Mu, G, M, Sb)
- Egg and Cress (E, Mu, G, M, Sb)
- Cheddar Cheese with Tomato (M, G, Sb)
 - Beef (G, M, Sb)
 - Ham (G, M, Sb)
 - Turkey (G, M, Sb)

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.15

(Please ask the Server for Allergen Information)

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey and Cranberry Sauce	Honey Roast Bacon Loin	Staff Training Day	Sausages with Onion Gravy	Battered Haddock and Tartare Sauce
C, Sb	No Allergens		G (wheat), C, Sb, Sd, M	G (wheat), F, Mu, M, E

Weekly Specials

Soup of the Week with a Bread Roll (G (wheat), Sd)	Mulligatawny Soup	£1.70
	C, Sb, Mu, M	
Healthy Choice Salad	Buffalo Mozzarella & Beef Tomato Salad with Balsamic Glaze	£1.90
	M, Sd	
Salad of the Week	Chicken Caesar Salad with Parmesan Shavings and Croutons	£1.90
	M, F, G (barley), E	
Jacket Potato	Cheese 'n' Beans	£2.15
	M - cheese only	
Jacket Potato of the Week	Garlic Mushrooms & Spinach in a Creamy Sauce	£2.15
	G (wheat), C, Sb, M	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.85
Dessert	Changed Daily. Please see the Main Meals Menu.	95p

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Main Hall - YEAR 7 MENU

16th - 20th March 2020

Meal Deal 1 - The Lite Bite - £2.90

- A Selection of Freshly Cut Sandwiches on Brown, or White Bread: Sb, G (wheat) or Granary Bread Sb, G (wheat, barley)
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

Note: All our Home-Made Cakes and Biscuits contain G (wheat), E, M, Sb, Sd

Meal Deal 2 - The Lite Bite - £2.90

Monday	Pasta Bolognese with Parmesan Cheese
	G, (wheat), C, Sb, F, M, E
Tuesday	Chicken Rogan Josh with Egg Fried Rice
	G (wheat), M, Mu, Sb, C, E
Wednesday	STAFF TRAINING DAY
Thursday	Sausages, Chips and Baked Beans
	G (wheat), M, Sd, Sb
Friday	Pasta with either Cheese or Tomato Sauce
	G (wheat), C, Sb, M

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

Meal Deal 3 - Traditional - £2.90

Monday	Turkey, Leek & Mushroom Pie, New Potatoes and Glazed Carrots
	G (wheat), C, Sb, M
	Jam Sponge and Custard
	G (wheat), E, M
Tuesday	Honey Roasted Bacon Loin, Spicy Wedges and Buttered Sweetcorn
	No Allergens
	Apple & Raspberry Crumble with Custard
	G (wheat), M
Wednesday	STAFF TRAINING DAY
Thursday	Broccoli, Tomato & Blue Cheese Tart, New Potatoes and Salad Leaves
	G (wheat), M, E
	Fresh Fruit
	No Allergens
Friday	Battered Haddock, Parsley Potatoes, Mushy Peas and Tartare Sauce
	G (wheat), F, Mu, M, E
	Chocolate & Vanilla Sponge with Chocolate Custard
	G (wheat), E, M

Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake

St. Aidan's Catering

DELI BAR MENU

16th - 20th March 2020

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey and Cranberry Sauce	Honey Roast Bacon Loin	Staff Training Day	Sausages with Onion Gravy	Battered Haddock and Tartare Sauce
C, Sb	No Allergens		G (wheat), C, Sb, Sd, M	G (wheat), F, Mu, M, E

Weekly Specials

Wrap of the Week G (wheat)	Tuna, Sweetcorn, Spring Onion & Mayonnaise with Crisp Salad	£2.15
	F, E	
Soup of the Week with a Bread Roll (G (wheat), Sd)	Mulligatawny Soup	£1.70
	C, Sb, Mu, M	
Healthy Choice Salad	Buffalo Mozzarella & Beef Tomato Salad with Balsamic Glaze	£1.90
	M, Sd	
Salad of the Week	Chicken Caesar Salad with Parmesan Shavings and Croutons	£1.90
	M, F, G (barley), E	
Jacket Potato	Cheese 'n' Beans	£2.40
	M - cheese only	
Jacket Potato of the week	Garlic Mushrooms & Spinach in a Creamy Sauce	£2.40
	G (wheat), C, Sb, M	

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SIXTH FORM - LUNCH MENU

16th - 20th March 2020

Daily Special Options

Monday	Pasta Bolognese with Parmesan Cheese	£2.30
	G, (wheat), C, Sb, F, M, E	
	Jam Sponge and Custard	95p
	G (wheat), E, M	
Tuesday	Chicken Rogan Josh with Egg Fried Rice	£2.30
	G (wheat), M, Mu, Sb, C, E	
	Apple & Raspberry Crumble with Custard	95p
	G (wheat), M	
Wednesday		£2.30
	STAFF TRAINING DAY	
		95p
Thursday	Sausages, Chips and Baked Beans	£2.30
	G (wheat), M, Sd, Sb	
	Eton Mess	95p
	E, M	
Friday	Chinese Style Pork with Soft Noodles	£2.30
	G (wheat), C, Sb	
	Chocolate & Vanilla Sponge with Chocolate Custard	95p
	G (wheat), E, M	

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.15
	M - cheese only	
Jacket Potato of the Week	Garlic Mushrooms & Spinach in a Creamy Sauce	£2.15
	G (wheat), C, Sb, M	
Healthy Choice Salad	Buffalo Mozzarella & Beef Tomato Salad with Balsamic Glaze	£1.90
	M, Sd	
Salad of the Week	Chicken Caesar Salad with Parmesan Shavings and Croutons	£1.90
	M, F, G (barley), E	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.85
Soup of the Week with a Bread Roll (G (wheat), Sd)	Mulligatawny Soup	£1.70
	C, Sb, Mu, M	
Wrap of the Week (G)	Tuna, Sweetcorn, Spring Onion & Mayonnaise with Crisp Salad	£2.15
	F, E	

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YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

16th - 20th March 2020

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Turkey and Cranberry Sauce	Honey Roast Bacon Loin	Staff Training Day	Sausages with Spicy Wedges	Battered Haddock and Tartare Sauce
C, Sb	No Allergens		G (wheat), M, Sb, Sd	G (wheat), F, Mu, M, E

Hot Dish of the Day £2.30

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Bolognese with Parmesan Cheese	Chicken Rogan Josh with Egg Fried Rice	Staff Training Day	Broccoli, Tomato & Blue Cheese Tart with Mixed Salad	Chinese Style Pork with Soft Noodles
G (wheat), C, Sb, F, M, E	G (wheat), M, Mu, Sb, C, E		G (wheat), M, E	G (wheat), C, Sb

Weekly Specials

Hot Wrap of the Week G (wheat) with Salad	Spanish Chicken with Smoked Paprika, Tomatoes, Red Onions and Mixed Peppers	£2.25
	No Allergens	
Soup of the Week with a Bread Roll (G (wheat), Sd)	Mulligatawny Soup	£1.70
	C, Sb, Mu, M	

A Selection of Speciality Biscuits, Cakes and Pastries from 65p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)

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