

## St. Aidan's Catering

### Restaurant - MAIN MEALS MENU - Years 8, 9, 10

9th - 13th December 2019

<b>MONDAY</b>	Fast Food	Chicken Madras with Egg Fried Rice	£2.30
		G (wheat), M, C, Sb, Mu, E	
	Traditional	Beef & Vegetable Stew in a Yorkshire Pudding with Chive Potatoes	£2.30
		G (wheat), C, Sb, M, E	
Dessert	Chocolate & Vanilla Sponge with Chocolate Custard	95p	
	G (wheat), M, E		
<b>TUESDAY</b>	Fast Food	Pasta Bolognese with Parmesan Cheese	£2.30
		G (wheat, barley), F, C, Sb, M, E	
	Traditional	Roast Loin of Pork, Apple Sauce, Roast Potatoes and Cauliflower Cheese	£2.30
		C, Sb, G (wheat), M	
Dessert	Apple & Raspberry Crumble with Custard	95p	
	G (wheat), M		
<b>WEDNESDAY</b>	Fast Food	Cajun Turkey Breast with Soft Noodles	£2.30
		G (wheat), Sb, C	
	Traditional	Shepherds Pie with Cabbage and Gravy	£2.30
		C, Sb	
Dessert	Treacle Sponge and Custard	95p	
	G (wheat), M, E		
<b>THURSDAY</b>	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.30
		G (wheat), Sb, C, M, E, Mu, S	
	Traditional	Fresh Vegetable Stroganoff with Coriander Rice	£2.30
		C, Sb, M	
Dessert	Raspberry Fool with a Shortbread Biscuit	95p	
	M, G (wheat)		
<b>FRIDAY</b>	Fast Food	Pasta with a Choice of Two Sauces	£2.30
		G (wheat), E, M, C, Sb	
	Traditional	Lincolnshire Fish Cakes, New Potatoes, Mushy Peas and Tartare Sauce	£2.30
		F, G (wheat), Mu, E	
Dessert	Sticky Toffee Pudding and Custard	95p	
	G (wheat), M, E		

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

# St. Aidan's Catering

## Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

9th - 13th December 2019

A Selection of Freshly Cut Sandwiches on Brown Bread or White Bread: G (wheat), Sb or Granary Bread G (wheat, barley), Sb

From £1.40 to include:

- Tuna Mayonnaise (F, E, Mu, G, M, Sb)
- Egg and Cress (E, Mu, G, M, Sb)
- Cheddar Cheese with Tomato (M, G, Sb)
  - Beef (G, M, Sb)
  - Ham (G, M, Sb)
  - Turkey (G, M, Sb)

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.15

(Please ask the Server for Allergen Information)

### Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Bacon Loin	Roast Loin of Pork with Apple Sauce	Cajun Turkey	Roast Lamb Shoulder and Gravy	Sausages with Onion Gravy
Not Applicable	C, Sb	C, Sb	C, Sb, G (wheat), Sd	C, Sb, G (wheat), M, Sd

### Weekly Specials

<b>Soup of the Week with a Bread Roll (G (wheat), Sd)</b>	Carrot & Coriander Soup	£1.70
	C, Sb, M	
<b>Healthy Choice Salad</b>	Galia Melon with Parma Ham, Olives and Cherry Tomatoes	£1.90
	Not Applicable	
<b>Salad of the Week</b>	Fresh Salmon & Asparagus Salad with Boiled Egg and Thousand Island Dressing	£1.90
	F, E	
<b>Jacket Potato</b>	Cheese 'n' Beans	£2.15
	M - cheese only	
<b>Jacket Potato of the Week</b>	Creamy Chicken with Mushrooms, Sweetcorn & Garlic	£2.15
	G (wheat), M, C, Sb	
<b>Vegetarian Dish</b>	Changed Daily. Please ask the Server for Allergen Information.	£1.85
<b>Dessert</b>	Changed Daily. Please see the Main Meals Menu.	95p

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products  
Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

## Main Hall - YEAR 7 MENU

9th - 13th December 2019

### Meal Deal 1 - The Lite Bite - £2.90

- A Selection of Freshly Cut Sandwiches on Brown, or White Bread: Sb, G (wheat) or Granary Bread Sb, G (wheat, barley)
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

**Note: All our Home-Made Cakes and Biscuits contain G (wheat), E, M, Sb, Sd**

### Meal Deal 2 - The Lite Bite - £2.90

<b>Monday</b>	Chicken Madras with Egg Fried Rice
	G (wheat), M, C, Sb, Mu, E
<b>Tuesday</b>	Pasta Bolognese with Parmesan Cheese
	G (wheat, barley), F, C, Sb, M, E
<b>Wednesday</b>	Cajun Turkey Breast with Soft Noodles
	G (wheat), Sb, C
<b>Thursday</b>	Battered Chicken Burger in a Burger Bun with Fries and Relish
	G (wheat), Sb, C, M, E, Mu, S
<b>Friday</b>	Pasta with a Choice of Two Sauces
	G (wheat), E, M, C, Sb

**Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding**

### Meal Deal 3 - Traditional - £2.90

<b>Monday</b>	Beef & Vegetable Stew in a Yorkshire Pudding with Chive Potatoes
	G (wheat), C, Sb, M, E
	Chocolate & Vanilla Sponge with Chocolate Custard
	G (wheat), M, E
<b>Tuesday</b>	Roast Loin of Pork, Apple Sauce, Roast Potatoes and Cauliflower Cheese
	C, Sb, G (wheat), M
	Apple & Raspberry Crumble with Custard
	G (wheat), M
<b>Wednesday</b>	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Treacle Sponge and Custard
	G (wheat), M, E
<b>Thursday</b>	Fresh Vegetable Stroganoff with Coriander Rice
	C, Sb, M
	Fresh Fruit
	No Allergens
<b>Friday</b>	Lincolnshire Fish Cakes, New Potatoes, Mushy Peas and Tartare Sauce
	F, G (wheat), Mu, E
	Sticky Toffee Pudding and Custard
	G (wheat), M, E

**Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake**

## St. Aidan's Catering

# DELI BAR MENU

9th - 13th December 2019

### Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Bacon Loin	Roast Loin of Pork with Apple Sauce	Cajun Turkey	Roast Lamb Shoulder and Gravy	Sausages with Onion Gravy
Not Applicable	C, Sb	C, Sb	C, Sb, G (wheat), Sd	C, Sb, G (wheat), M, Sd

### Weekly Specials

<b>Wrap of the Week G (wheat)</b>	Smoked Bacon & Mature Cheddar Cheese with Crisp Leaves and Spicy Tomato Chutney	£2.15
	C, Sb, M	
<b>Soup of the Week with a Bread Roll (G (wheat), Sd)</b>	Carrot & Coriander Soup	£1.70
	C, Sb, M	
<b>Healthy Choice Salad</b>	Galia Melon with Parma Ham, Olives and Cherry Tomatoes	£1.90
	Not Applicable	
<b>Salad of the Week</b>	Fresh Salmon & Asparagus Salad with Boiled Egg and Thousand Island Dressing	£1.90
	F, E	
<b>Jacket Potato</b>	Cheese 'n' Beans	£2.40
	M - cheese only	
<b>Jacket Potato of the week</b>	Creamy Chicken with Mushrooms, Sweetcorn & Garlic	£2.40
	G (wheat), M, C, Sb	

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# St. Aidan's Catering

## SIXTH FORM - LUNCH MENU

9th - 13th December 2019

### Daily Special Options

<b>Monday</b>	Chicken Madras with Egg Fried Rice	£2.30
	G (wheat), M, C, Sb, Mu, E	
	Chocolate & Vanilla Sponge with Chocolate Custard	95p
	G (wheat), M, E	
<b>Tuesday</b>	Pasta Bolognese with Parmesan Cheese	£2.30
	G (wheat, barley), F, C, Sb, M, E	
	Apple & Raspberry Crumble with Custard	95p
	G (wheat), M	
<b>Wednesday</b>	Cajun Turkey Breast with Soft Noodles	£2.30
	G (wheat), Sb, C	
	Treacle Sponge and Custard	95p
	G (wheat), M, E	
<b>Thursday</b>	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.30
	G (wheat), Sb, C, M, E, Mu, S	
	Raspberry Fool with a Shortbread Biscuit	95p
	M, G (wheat)	
<b>Friday</b>	Chicken a la King with Steamed Rice	£2.30
	G (wheat), C, Sb, M	
	Sticky Toffee Pudding and Custard	95p
	G (wheat), M, E	

### Weekly Specials

<b>Jacket Potato</b>	Cheese 'n' Beans	£2.15
	M - cheese only	
<b>Jacket Potato of the Week</b>	Creamy Chicken with Mushrooms, Sweetcorn & Garlic	£2.15
	G (wheat), M, C, Sb	
<b>Healthy Choice Salad</b>	Galia Melon with Parma Ham, Olives and Cherry Tomatoes	£1.90
	Not Applicable	
<b>Salad of the Week</b>	Fresh Salmon & Asparagus Salad with Boiled Egg and Thousand Island Dressing	£1.90
	F, E	
<b>Vegetarian Dish</b>	Changed Daily. Please ask the Server for Allergen Information.	£1.85
<b>Soup of the Week with a Bread Roll (G (wheat), Sd)</b>	Carrot & Coriander Soup	£1.70
	C, Sb, M	
<b>Wrap of the Week</b>	Smoked Bacon & Mature Cheddar Cheese with Crisp Leaves and Spicy Tomato Chutney	£2.15
	C, Sb, M	

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# St. Aidan's Catering

## YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

9th - 13th December 2019

### Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Bacon Loin	Roast Loin of Pork with Apple Sauce	Cajun Turkey	Battered Chicken Burger in a Burger Bun with Spicy Wedges	Sausages with Onion Gravy
Not Applicable	C, Sb	C, Sb	C, Sb, G (wheat), M, Mu, S	C, Sb, G (wheat), M, Sd

### Hot Dish of the Day £2.30

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Madras with Egg Fried Rice	Pasta Bolognese with Parmesan Cheese	Shepherds Pie with Peas and Gravy	Fresh Vegetable Stroganoff with Coriander Rice	Chicken a la King with Steamed Rice
G (wheat), M, C, Sb, Mu, E	G (wheat, barley), F, C, Sb, M, E	C, Sb	C, Sb, M	G (wheat), C, Sb, M

### Weekly Specials

Hot Wrap of the Week G (wheat) with Salad	Curried Chicken Wrap with Mint Yoghurt and Crisp Salad	£2.25
	Mu, M, C	
Soup of the Week with a Bread Roll (G (wheat), Sd)	Carrot & Coriander Soup	£1.70
	C, Sb, M	

### A Selection of Speciality Biscuits, Cakes and Pastries from 65p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)

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