





# Growing Up in North Yorkshire 2018 KS3/4

A report for St Aidan's CE High School

The Schools Health Education Unit <a href="https://www.sheu.org.uk">www.sheu.org.uk</a>

# **School Survey Report 2018**

St Aidan's CE High School compared with North Yorkshire Secondary

Produced by the Schools Health Education Unit

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Any feedback on the contents of the report are welcomed. Support to maximise the use of the data in school planning and development is available from the North Yorkshire School Improvement Service through North Yorkshire Education Services www.nyeducationservices.co.uk

#### Any queries:

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N.B. The items in the questionnaire are reported below in a slightly different order, compared with the original survey booklet. This has been done to keep items on similar topics closer together.

# **Foreword**

The Schools Health Education Unit (SHEU) is pleased to be able to produce your Report, which contains detailed information about the health beliefs and behaviour of your pupils.

The report compares the data collected from your pupils with those from a larger, wider sample.

SHEU is sure that you, your colleagues, and your pupils will also find the information contained within this report to be of value in helping you to gauge some of the most important factors that affect the lives of our young people both now and in the future.

SHEU hope that your pupils found the experience of completing the questionnaire interesting and thought provoking.

Finally, SHEU would like to take this opportunity to thank you for your support and co-operation in agreeing to participate in this valuable research initiative.

Angela Balding

Survey Manager Schools Health Education Unit

Angela Balding

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Research Manager Schools Health Education Unit

# Introduction

The Growing Up in North Yorkshire Survey, developed by the Schools Health Education Unit, is designed for young people of primary and secondary school age. This survey has been developed over 20 years, been used in over a thousand schools and been completed by many hundreds of thousands of school children. Data arising from the survey can be used to inform planning decisions, as well as in the classroom as the stimulus for discussion with young people.

This report contains several elements:

- 1. Results from this survey with explanation.
- 2. Quotes from the National Curriculum (2014), DfE PSHE Guidance (2013) and DfE 2016 Keeping Children Safe in Education.
- 3. Reference to the North Yorkshire Health and Wellbeing Award (Healthy Schools).
- 4. Additional notes drawn from a variety of other sources.

There are many aspects of the data in this report that will inform your school's needs analysis and evaluation of provision to promote the learning and wellbeing of children and young people, impacting on raising achievement and closing the achievement gap between disadvantaged pupils and their peers.

The National Curriculum states that:

"Every state-funded school must offer a curriculum which is balanced and broadly based and which promotes the spiritual, moral, cultural, mental and physical development of learners at the school and of society, and prepares pupils at the school for the opportunities, responsibilities and experiences of later life.

All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice." (The National Curriculum in England Framework document, July 2014)

DfE Guidance Personal, social, health and economic (PSHE) education, September 2013 includes:

"Personal, social, health and economic (PSHE) education is an important and necessary part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the introduction to the proposed new national curriculum.

While we believe that it is for schools to tailor their local PSHE programme to reflect the needs of their pupils, we expect schools to use their PSHE education programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

Schools should seek to use PSHE education to build, where appropriate, on the statutory content already outlined in the national curriculum, the basic school curriculum and in statutory guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of physical activity and diet for a healthy lifestyle."

This report provides data to inform safeguarding provision in your school. DfE April 2016 Keeping Children Safe in Education:

"Governing bodies and proprietors should ensure children are taught about safeguarding, including online, through teaching and learning opportunities, as part of providing a broad and balanced curriculum. This may include covering relevant issues through personal, social, health and economic education (PSHE), tutorials (in FE colleges) and/or – for maintained schools and colleges- through sex and relationships education (SRE)."

This report should ideally be studied with reference to the original questionnaire and the survey results tables. The first is recommended because we may have paraphrased a question below for reasons of space, and the precise wording and position may be important for interpretation.

Preceding this report you should have received the **Survey Results Tables**, which contain more information than can be summarised here. You may want to refer to this if you want to look in more detail at the results of a particular question. The Survey Results Tables show the number of responses received for each

question, which may be less than the total sample. Also in the Results Tables are the results of each response for multiple-choice questions, whereas in this report answers may be selective or grouped.

Additional services (graphs and discs) are available; please contact SHEU. In particular, we have designed a set of INSET workshops around different examples of using the questionnaire data. If you would like further details of these or have any comments on this report please contact us at the website address on the front of the report.

Training on a wide range of aspects is available through the North Yorkshire Education and Skills team via Smart Solutions http://smartsolutions.northyorks.gov.uk/.

Information about the North Yorkshire Health and Wellbeing Award (Healthy Schools) can be accessed from the PSHE room on Fronter. Further support materials may be found within NYCC Fronter rooms: PSHE/Health and Wellbeing, E-safety, Anti-bullying, Spiritual, Moral, Social, Cultural (SMSC), LGBT, Equalities and Prevent.: www.fronter.com/northyorks

# **Comparison figures**

In this report the data gathered from this survey have been compared with a larger sample from your area. For example, if your school is in Exeter then the wider data might be Devon. This enables you to compare your results with others in the area and also go to the SHEU annual reports (summaries available at www.sheu.org.uk/publications) to find out about the UK statistics and trends.

If the figures in your survey have been compared with results from a reference sample, the reference figures are normally given second, and often in parentheses.

**15%** (20%) of the sample...

Your survey (Reference sample)

	Your su	rvey (%)	Referen	ce Sample (%)	
	Year 8 Year 10		Year 8	Year 10	
Boys	10	20	30	40	
Girls	80	70	60	50	

Fav	ourite fruits		
1	Apples	70	(60)
2	Oranges	60	(50)
3	Bananas	50	(40)

Your survey (Reference sample)

#### Administration

Staff in school will have been responsible for the classes selected for inclusion.

Anything special about the day of administration, or the pupils present and absent on that day, may affect the detail of the results.

#### The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

	St Aidan's			_	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	55	53	50	<i>7</i> 51	1907	1664	
Girls	55	43	39	719	2009	1851	

Please note that 5 (305) pupil(s) didn't specify whether they are a boy or a girl and 0 (0) didn't specify what year group they are in. These pupils will not be included in any tables or charts which are split by sex or year respectively, however they will be included in any total figures.

If the sample you sent to Exeter for analysis was small, then it may have been aggregated by sex or year, or merged with a sample from another school or schools. This is done so that the figures are not too influenced by the behaviour of any one individual, and to ensure that the anonymity of the respondents is not compromised. If you would like to discuss this in more detail, please contact the Unit directly.

In the report, you may see '-' in the tables or text (e.g. '-%').

This means we have suppressed the result because the number of valid responses for an item has dropped below 6 pupils. This may happen part-way through the report, if children start but don't complete the questionnaire for some reason.

# St Aidan's CE High School Headlines

	St Aidan's			•	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	55	53	50	751	1907	1664	
Girls	55	43	39	<i>7</i> 19	2009	1851	

North Yorkshire Secondary data in brackets; see notes on interpreting differences.

# **Background**

#### **ETHNICITY**

 88% (87%) of pupils responded that they are White British.

#### **RELIGION**

- □ 53% (19%) of pupils responded that they have a religion, faith or belief which is important to them, while 20% (16%) said they are 'not sure' if they do and 1% (2%) didn't want to say.
- □ 59% (23%) of pupils responded that they are Christian, while 2% (1%) said they are Muslim and 4% (8%) said they either 'don't know' what religion, faith or belief they have, or 'don't want to say'.

#### **HOME LIFE**

- □ 33% (32%) of pupils responded that at least 5 people live in their home (including themselves); 0% (1%) said at least 8 people do.
- 68% (50%) of pupils responded that there are at least 4 bedrooms in their home, while 4% (7%) said their home has 1 or 2 bedrooms.
- 9% (15%) of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.
- 82% (67%) of pupils responded that they live with their Mum and Dad together.
- 7% (13%) of pupils responded that they live 'mainly or only' with their Mum, while 0% (1%) said they live 'mainly or only' with their Dad.

#### **SPECIAL NEEDS**

- 9% (7%) of pupils responded that they have a special educational need or learning difficulty, while 10% (11%) said they are 'not sure' if they have.
- □ 10% (12%) of pupils responded that they are disabled or have a long-standing illness, while 5% (7%) said they are 'not sure' if they have.
- □ 18% (17%) of pupils responded that they have a special educational need/learning difficulty or are disabled or have a long-standing illness, while 11% (13%) said they are 'not sure' if they have.
- 1% (1%) of pupils responded that they spend part of their school week learning at another school or centre, while 1% (1%) said they are 'not sure' if they do.

#### **YOUNG CARERS**

- □ 2% (4%) of pupils responded that they are a 'young carer', while 1% (3%) said they are 'not sure' if they are.
- 0% (2%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% (1%) said it takes up less than an hour.
- Of the 6 (379) pupils who said they are a 'young carer', 18% (13%) said their school knows they are, while 36% (37%) said they are 'not sure' if it does.

#### **FREE SCHOOL MEALS**

□ 4% (7%) of pupils responded that they get free school meals or vouchers for free meals, while 5% (4%) said they are 'not sure' if they do.

# Enjoying and Achieving SCHOOL

- 45% (42%) of pupils responded that they have changed schools at least twice since their 5<sup>th</sup> birthday; 3% (4%) said they have at least 5 times.
- □ 95% (95%) of pupils responded that they attended school on 5 days in the week before the survey.

#### **ENJOYMENT**

- □ 57% (39%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- 8% (16%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- 35% (39%) of pupils responded that they worry about exams and tests 'often' or 'all the time'; 27% (26%) said they worry about school-work problems.

#### ATTENDANCE

□ 52% (44%) of pupils responded that they weren't absent from school in the month before the survey, while 30% (35%) said they have missed school due to illness or injury and 19% (23%) have been away due to medical/dental appointments.

#### **SCHOOL**

- 79% (65%) of pupils responded that adults at school talk to them about how to improve their work and 55% (36%) said their teachers realise when they don't understand.
- □ 71% (52%) of pupils responded that they have the opportunity to use things they have learnt in different situations and 58% (46%) said that sometimes they have a choice of different ways to learn about something.

#### **SCHOOL LESSONS**

- 29% (36%) of pupils responded that they have found school lessons about emotional health and wellbeing 'quite' or 'very' useful; 43% (34%) said the same of school lessons about citizenship.
- □ 3% (10%) of pupils responded that they have found school lessons about prejudice, discrimination and bullying 'not at all' useful; 8% (14%) said the same of school lessons about emotional health and wellbeing.

#### **LEISURE TIME**

□ 80% (86%) of pupils responded that they spent time watching TV, DVDs or online videos after school on the day before the survey, while 75% (67%) did homework, 45% (49%) played computer games and 87% (92%) used the Internet on a computer, phone or other device.

#### **SLEEPING PATTERNS**

- □ 4% (7%) of pupils responded that they got five or fewer hours' sleep the night before the survey.
- □ 78% (72%) of pupils responded that they got at least eight hours' sleep the night before the survey.

# **Economic Wellbeing**

#### **FUTURE PLANS**

- □ 56% (39%) of boys and 70% (50%) of girls responded that they want to continue in full-time education at the end of Year 11.
- □ 38% (48%) of boys and 25% (45%) of girls responded that they want to find a job as soon as they can at the end of Year 11.
- □ 35% (50%) of boys and 25% (43%) of girls responded that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.
- 9% (22%) of boys and 14% (18%) of girls responded that they want to start a family at the end of Year 11.
- □ 67% (52%) of pupils responded that they intend to apply for University in the future, while 26% (34%) said they are 'not sure' if they will.
- □ 19% (22%) of pupils responded that they have had enough information and guidance about their options after Year 11, including apprenticeships.
- □ 55% (50%) of pupils responded that they <u>haven't</u> had enough information and guidance about their options after Year 11, including apprenticeships.
- 46% (42%) of pupils responded that they haven't had enough information and guidance about their options after Year 11 and would like to know more about work and employment, while 47% (40%) would like to know more about University.
- □ 38% (44%) of pupils responded that they have found school lessons about careers education 'quite' or 'very' useful, while 11% (11%) have found them 'not at all' useful and 17% (20%) couldn't remember any.

#### **MONEY**

□ 18% (24%) of pupils responded that they have a regular paid job outside school during term-time.

- Of the 34 (1807) pupils who have a regular paid job, they spent an average of 6 (7) hours working in the week before the survey.
- □ 14% (14%) of pupils responded that they worry about money problems 'often' or 'all the time'.

#### **VOLUNTEERING**

- □ 68% (52%) of pupils responded that they have taken part in volunteering at some point outside of school in the last six months.
- □ 36% (27%) of pupils responded that they have taken part in volunteering at least 'once a month' outside of school in the last six months; 18% (14%) said they have done so 'at least once a week'.

#### **Safety**

#### **FEELING SAFE AND HAPPY**

93% (89%) of pupils responded that they 'always' feel safe at home and 79% (57%) said they 'always' feel safe at school.

#### **ACCIDENTS**

- □ 33% (40%) of pupils responded that they have had at least one accident or injury which was treated at a clinic or hospital in the last 12 months, while 12% (20%) said they have had more than one accident or injury which needed treatment.
- 24% (21%) of pupils responded that they have had an accident or injury in the last 12 months, the most recent of which was a sports injury, while 5% (7%) said they had a fall, trip or slip.

#### ANTI-SOCIAL BEHAVIOUR

□ 55% (59%) of boys and 31% (46%) of girls responded that they have done at least one of the anti-social behaviours listed at some point; 9% (12%) said they have done four or more.

#### **VIOLENCE AND AGGRESSION**

- □ 5% (8%) of pupils responded that they have been the victim of violence or aggression in the area where they live in the last 12 months, while 7% (10%) said they are 'not sure' if they have been.
- 4% (8%) of pupils responded that they have carried weapons or something else for protection when going out at least 'sometimes'.
- □ 2% (3%) of pupils responded that they have carried weapons or something else for protection when going out at night.

#### **BULLYING**

- 25% (28%) of pupils responded that they were pushed/hit in the month before the survey and 12% (13%) said they had belongings taken/broken. 43% (40%) said none of these things happened to them.
- □ 14% (22%) of pupils responded that they experienced negative behaviour outside at school during breaktimes in the month before the survey; 12% (17%) said they experienced such behaviour during lesson time.

□ 13% (22%) of pupils responded that they have been □ 26% (20%) of pupils had a high measure of resilience bullied at or near school in the last 12 months, while 18% (15%) said they are 'not sure' if they have been. 58% (48%) of pupils responded that when something 12% (15%) of boys and 13% (19%) of girls think they goes wrong they 'usually' or 'always' learn from it for next time, while 20% (27%) said they get angry or are being picked on or bullied because of their size upset and feel bad for ages. or weight. 16% (17%) of boys and 20% (27%) of girls think they 64% (56%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on are being picked on or bullied because of the way trying until they do, while 46% (44%) ask for help they look. and 7% (13%) give up. 60% (45%) of pupils responded that their school **VIEWS AND OPINIONS** deals with bullying 'quite' or 'very' well, while 7% (2%) said that bullying is not a problem in their 63% (56%) of pupils responded that they are asked school. for their opinions about what they learn in school; 43% (41%) said their opinions make a difference. 5% (15%) of pupils responded that their school deals with bullying 'badly'. 49% (48%) of pupils responded that they are asked for their opinions about how they learn in school; 50% (51%) of pupils responded that they have found 48% (45%) said their opinions make a difference. school lessons about prejudice, discrimination and bullying 'quite' or 'very' useful, while 3% (10%) have 52% (48%) of pupils responded that they are asked found them 'not at all' useful and 14% (11%) for their opinions about the school environment; couldn't remember any. 54% (48%) said their opinions make a difference. **INTERNET SAFETY** 38% (31%) of pupils responded that they are asked 96% (93%) of pupils responded that they for their opinions about their community; 46% (37%) communicate with friends and family they know in said their opinions make a difference. real life online. 26% (43%) of pupils responded that they have had 16% (18%) of pupils responded that they the chance to vote for School/College Council communicate with people they have met online and members and 46% (31%) said they have had the don't know in real life. chance to take part in a mock general election. 41% (38%) of pupils responded that they **Healthy Eating** communicate with people through online games, LUNCH while 52% (53%) said they do so through picture/video sharing sites/apps. 6% (6%) of pupils responded that they didn't have anything to eat or drink for lunch on the day before □ 10% (14%) of pupils responded that they have the survey. experienced someone writing or showing them things online to hurt or upset them (with text, 84% (85%) of pupils responded that they had pictures or video), while 4% (6%) said they have sent something to drink for lunch on the day before the personal information to someone, then wished they survev. hadn't or had thought more about it. 91% (88%) of pupils responded that they had 12% (11%) of pupils responded that they worry something to eat for lunch on the day before the about keeping safe on the Internet, email and using survey. mobile phones 'often' or 'all the time'. **BREAKFAST Making a Positive Contribution** 10% (14%) of pupils responded that they didn't have anything to eat or drink before lessons on the Warwick-Edinburgh Mental Wellbeing Scale morning of the survey. On average pupils scored 25 (23) on the SWEMWB 77% (71%) of pupils responded that they had Scale. something to drink before lessons on the morning of 1% (6%) of pupils had a low score (7 - 13) on the the survey. SWEMWB Scale, while 18% (23%) had a med-low 82% (73%) of pupils responded that they had score (14 – 20). something to eat before lessons on the morning of 33% (22%) of pupils had a high or maximum score the survey. (28 - 35) on the SWEMWB Scale. 5-A-DAY 47% (37%) of pupils responded that they have at 4% (9%) of pupils responded that they didn't eat any least 'often' been feeling optimistic about the future portions of fruit or vegetables on the day before the and 38% (35%) said they have been feeling useful. survev. **RESILIENCE** 29% (20%) of pupils responded that they ate at least 17% (36%) of pupils had a low measure of resilience

the survey.

(0 - 19).

5 portions of fruit and vegetables on the day before

#### individual sport 'quite a lot' or 'a lot'. 12% (10%) of pupils responded that they didn't eat any snacks on the day before the survey. 7% (11%) of pupils responded that they don't enjoy general physical activity at all. 6% (10%) of pupils responded that they ate at least 5 snacks on the day before the survey. 67% (57%) of pupils responded that they enjoy general physical activity 'quite a lot' or 'a lot'. 70% (54%) of pupils responded that they didn't drink any fizzy drinks or energy drinks on the day before Alcohol, Tobacco and Drugs the survey. **ALCOHOL** 1% (2%) of pupils responded that they drank at least 57% (48%) of pupils responded that they 'never' 5 fizzy drinks and/or energy drinks on the day before drink alcohol, while 3% (5%) said they do not drink the survey. alcohol at home. **DIETING** 27% (32%) of pupils responded that they drink 20% (26%) of pupils responded that they never alcohol at home and their parents 'always' know, worry about how much they eat. while 7% (8%) said their parents 'usually' know. 13% (16%) of pupils responded that they try to lose Of the 112 (4043) pupils who drink alcohol at home, weight a couple of times a year. 69% (68%) said their parents 'always' know, while 17% (18%) said they 'usually' do. 12% (12%) of pupils responded that they are 'often on a diet, or at least being careful not to eat too 6% (7%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know. □ 1% (3%) of pupils responded that they are 'always on a diet'. Of the pupils who drink alcohol at home, 14% (15%) said their parents 'never' or only 'sometimes' know. 3% (8%) of pupils responded that they have dieted to an extreme degree in the past, with a further 2% (2%) 15% (21%) of pupils responded that they had an doing so in the current term. alcoholic drink in the 7 days before the survey. 14% (17%) of pupils responded that they have done 11% (15%) of pupils responded that they were given an unusual amount of exercise to lose weight in the alcohol by their parents or relatives in the 7 days past, with a further 5% (6%) doing so in the current before the survey, while 3% (4%) said they were given it by friends. 28% (31%) of pupils responded that they worry 42% (47%) of pupils responded that they have found about the way they look 'often' or 'all the time'. school lessons about alcohol 'quite' or 'very' useful, while 11% (13%) have found them 'not at all' useful and 19% (14%) couldn't remember any. 92% (78%) of pupils responded that they can get **SMOKING** water at school, while 8% (20%) said 'not easily'. 13% (18%) of pupils responded that they have **Physical Activity** smoked in the past or smoke now. **EXERCISE** 0% (3%) of pupils responded that they smoke 1% (2%) of pupils responded that they don't do a 'regularly'. single hour of physical activity in a typical week in 0% (4%) of pupils responded that they are an and out of school. occasional/regular smoker and smoked in the 7 days 71% (49%) of pupils responded that they do five or before the survey. more hours of physical activity in a typical week in 16% (28%) of pupils responded that someone and out of school. smoked cigarettes/cigars in the same room that they 8% (9%) of pupils responded that they find it 'not at were in at least 'once or twice a month' in the past all' easy to be as physically active as they like. year; 5% (18%) said they did so at least 'once or twice a week'. 77% (66%) of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they 3% (10%) of pupils responded that someone smoked cigarettes/cigars in the same car that they were in at least 'once or twice a month' in the past year; 2% 9% (13%) of pupils responded that they don't enjoy (6%) said they did so at least 'once or twice a week'. team sport at all. 43% (49%) of pupils responded that they have found 76% (64%) of pupils responded that they enjoy team school lessons about smoking 'quite' or 'very' useful, sport 'quite a lot' or 'a lot'. while 10% (12%) have found them 'not at all' useful 9% (18%) of pupils responded that they don't enjoy and 20% (14%) couldn't remember any.

66% (53%) of pupils responded that they enjoy

**SNACKS AND FIZZY DRINKS** 

individual sport at all.

ш	least tried electronic cigarettes, while 2% (4%) said they use one 'regularly' (at least once a week).		have.		
DR	UGS		6% (9%) of Year 10 pupils responded that their boyfriend/girlfriend has threatened to tell people		
	14% (18%) of pupils responded that they have been offered cannabis, while 3% (3%) said they are 'not sure' if they have.		things about them, either with their current partner or in the past; 6% (12%) said their boyfriend/girlfriend has used hurtful or threatening language towards them.		
	7% (8%) of pupils responded that they have been offered other drugs (not cannabis), while 2% (4%) said they are 'not sure' if they have.		59% (49%) of Year 10 pupils responded that if any of the things in Q96 happened to them, they would look after themselves without help; 16% (20%) said		
	5% (7%) of pupils responded that they have been offered cannabis or other drugs by a friend.		they wouldn't.		
	5% (7%) of pupils responded that they have been offered cannabis or other drugs while hanging about outside (e.g. on the street, at a park), while 3% (4%)		67% (57%) of Year 10 pupils responded that if any of the things in Q96 happened to them, they know where to get help; 14% (17%) said they don't.		
	said they have at a party.	Em	notional Health & Well-being		
	15% (10%) of pupils reported that they have taken at	WC	DRRYING		
	least one of the drugs listed in the questionnaire.  6% (4%) of pupils responded that they have taken at least one of the drugs listed during the last month.		60% (64%) of pupils responded that they worry about at least one of the issues listed 'often' or 'all of the time'.		
	12% (7%) of pupils responded that they have taken at least one of the drugs listed during the last <u>year</u> ; 1% (1%) said they have taken a drug in Q77, but did not provide any detail in Q78.		15% (17%) of pupils responded that they worry about relationships 'often' or 'all of the time', while 19% (22%) said they worry about problems with friends.		
	7% (4%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 1% (1%) said they are 'not sure' if they have.		79% (74%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 14% (16%) said they 'maybe' do.		
	This works out as 43% (36%) of pupils who have taken drugs responding that they have taken drugs and alcohol on the same occasion.		53% (43%) of pupils responded that if they would like more information about any of the issues in Q they would like to get it from their parents/carers,		
Se	xual Health		while 4% (4%) said they would like the information		
CO	NTRACEPTION		from school lessons and 6% (7%) would like to find out on the internet.		
	31% (27%) of pupils responded that they know where they can get condoms free of charge.		57% (46%) of pupils responded that they talk to someone if they have a problem or feel stressed,		
SEX	CUAL ORIENTATION		while 38% (36%) said they listen to music and 15%		
	91% (85%) of pupils responded that they are	4.50	(18%) said they do nothing.		
	heterosexual.	AR	MED FORCES		
	0% (2%) of pupils responded that they are gay/lesbian, while 3% (5%) said they are bisexual.		3% (5%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 2% (6%) said		
	2% (3%) of pupils responded that they worry about being different because of their sexuality 'often' or		they are 'not sure' if they do.		
VE	'all the time'. AR 10: SEXUAL RELATIONSHIPS		0% (2%) of pupils responded that they worry 'quite a lot' or 'a lot' about their parent/carer when they are		
	16% (19%) of Year 10+ pupils responded that they		away on military operations.		
_	are either in a sexual relationship or have had one in the past.		Of the 7 (430) pupils who have a parent/carer in the armed forces, 14% (35%) worry about them 'quite a lot' or 'a lot' when they are away on operations.		
	71% (49%) of the 14 (628) Year 10 pupils who have had sex responded that they have had sex and always used a method of protection or contraception; 7% (9%) said they are 'not sure' if they did.		0% (0%) of pupils responded that they would find it useful to have a counsellor to talk to about their worries about their parent/carer in the armed forces, while 0% (1%) said they 'don't know' if they would		
	0% (17%) of the 14 (628) Year 10 pupils who have had sex responded that they have taken risks with sex (infection or pregnancy) after drinking alcohol or		find it useful.		

# **Significant Differences**

Where differences can be seen between your school and the reference sample, you may find the enclosed table of some use in deciding if the differences seen are significant. The 'standard error' of a proportion is an assessment of how reliable our figures are, that is, the margin of error.

Two points in particular should be made:

- 1. when the sample size is small, it may be that just one individual voting a different way would make a large percentage difference to the results (so, one in twenty is 5%)
- 2. even if your sample is small, you may have a very high proportion of your available population if, say, you sample every single pupil of your year 8 class. In this case, the notion of 'margin of error' doesn't really apply to the sampling, only to the process of collecting the responses.

TABLE OF STANDARD ERRORS OF PROPORTION

	Percentage seen in sample				
	10%	20%	30%	40%	50%
20	6.7	8.9	10.2	11.0	11.2
30	5.5	7.3	8.4	8.9	9.1
40	4.7	6.3	7.2	7.7	7.9
50	4.2	5.7	6.5	6.9	7.1
60	3.9	5.2	5.9	6.3	6.5
80	3.4	4.5	5.1	5.5	5.6
100	3.0	4.0	4.6	4.9	5.0
150	2.4	3.3	3.7	4.0	4.1
200	2.1	2.8	3.2	3.5	3.5
300	1.7	2.3	2.6	2.8	2.9
500	1.3	1.8	2.0	2.2	2.2
	30 40 50 60 80 100 150 200 300	10% 20 6.7 30 5.5 40 4.7 50 4.2 60 3.9 80 3.4 100 3.0 150 2.4 200 2.1 300 1.7	10%       20%         20       6.7       8.9         30       5.5       7.3         40       4.7       6.3         50       4.2       5.7         60       3.9       5.2         80       3.4       4.5         100       3.0       4.0         150       2.4       3.3         200       2.1       2.8         300       1.7       2.3	10%       20%       30%         20       6.7       8.9       10.2         30       5.5       7.3       8.4         40       4.7       6.3       7.2         50       4.2       5.7       6.5         60       3.9       5.2       5.9         80       3.4       4.5       5.1         100       3.0       4.0       4.6         150       2.4       3.3       3.7         200       2.1       2.8       3.2         300       1.7       2.3       2.6	10%       20%       30%       40%         20       6.7       8.9       10.2       11.0         30       5.5       7.3       8.4       8.9         40       4.7       6.3       7.2       7.7         50       4.2       5.7       6.5       6.9         60       3.9       5.2       5.9       6.3         80       3.4       4.5       5.1       5.5         100       3.0       4.0       4.6       4.9         150       2.4       3.3       3.7       4.0         200       2.1       2.8       3.2       3.5         300       1.7       2.3       2.6       2.8

So, if you have a sample of 50 students and 30% of them think that the school needs a new swimming pool, we can see from the table that standard error of the percentage is about  $\pm 6.5\%$ .

# The sample

Below we have listed some statistically significant differences between St Aidan's CE High School and North Yorkshire Secondary.

This survey involved pupils from the following years. The numbers in each group are shown below.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	55	53	50	751	1907	1664
Girls	55	43	39	719	2009	1851

Sig	School	N. Yorks	Question
***	59%	23%	of pupils responded that they are Christian.
***	53%	19%	of pupils responded that they have a religion, faith or belief which is important to them.
***	79%	57%	of pupils responded that they 'always' feel safe at school.
***	71%	49%	of pupils responded that they do five or more hours of physical activity in a typical week in and out of school.
***	55%	36%	of pupils responded that their teachers realise when they don't understand.
***	67%	47%	of pupils responded that their school deals with bullying 'quite' or 'very' well, or said bullying is not a problem in their school.
***	17%	36%	of pupils had a low measure of resilience $(0 - 19)$ .
***	57%	39%	of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
***	71%	52%	of pupils responded that they have the opportunity to use things they have learnt in different situations.
***	68%	50%	of pupils responded that there are at least 4 bedrooms in their home.
***	26%	43%	of pupils responded that they have had the chance to vote for School/College Council members.
***	82%	67%	of pupils responded that they live with their Mum and Dad together.
***	92%	78%	of pupils responded that they can get water at school.
***	46%	31%	of pupils responded that they have had the chance to take part in a mock general election.
***	70%	54%	of pupils responded that they didn't drink any fizzy drinks or energy drinks on the day before the survey.
***	68%	52%	of pupils responded that they have taken part in volunteering at some point outside of school in the last six months.
***	79%	65%	of pupils responded that adults at school talk to them about how to improve their work.
***	5%	15%	of pupils responded that their school deals with bullying 'badly'.
***	62%	44%	of pupils responded that they want to continue in full-time education at the end of Year 11.
***	66%	53%	of pupils responded that they enjoy individual sport 'quite a lot' or 'a lot'.
***	58%	46%	of pupils responded that sometimes they have a choice of different ways to learn about something.
***	16%	28%	of pupils responded that someone smoked cigarettes/cigars in the same room that they were in at least 'once or twice a month' in the past year.
***	30%	46%	of pupils responded that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.
***	33%	22%	of pupils had a high or maximum score (28 – 35) on the SWEMWB Scale.
***	9%	18%	of pupils responded that they don't enjoy individual sport at all.
***	76%	64%	of pupils responded that they enjoy team sport 'quite a lot' or 'a lot'.
***	77%	66%	of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they like.
***	67%	52%	of pupils responded that they intend to apply for University in the future.
***	13%	22%	of pupils responded that they have been bullied at or near school in the last 12 months.
***	29%	20%	of pupils responded that they are at least 5 portions of fruit and vegetables on the day before the survey.
***	3%	10%	of pupils responded that someone smoked cigarettes/cigars in the same car that they were in at least 'once or twice a month' in the past year.

***	8%	16%	of pupils responded that they enjoy 'hardly any' of their lessons at school.
***	32%	46%	of pupils responded that they want to find a job as soon as they can at the end of Year 11.
***	82%	73%	of pupils responded that they had something to eat before lessons on the morning of the survey.
***	67%	57%	of pupils responded that they enjoy general physical activity 'quite a lot' or 'a lot'.
***	47%	37%	of pupils responded that they have at least 'often' been feeling optimistic about the future.
***	57%	46%	of pupils responded that they talk to someone if they have a problem or feel stressed.
***	87%	92%	of pupils responded that they spent time using the internet on a computer, phone or other device after school on the day before the survey.
***	58%	48%	of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time.
***	36%	27%	of pupils responded that they have taken part in volunteering at least 'once a month' outside of school in the last six months.
***	57%	48%	of pupils responded that they 'never' drink alcohol.
***	14%	22%	of pupils responded that they experienced negative behaviour outside at school during breaktimes in the month before the survey.
***	7%	13%	of pupils responded that if at first they don't succeed, they 'usually' or 'always' give up.
***	7%	13%	of pupils responded that they live 'mainly or only' with their Mum.
***	4%	9%	of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.
***	44%	53%	of pupils responded that they have done at least one of the anti-social behaviours listed at some point.
***	20%	28%	of pupils responded that they have at least tried electronic cigarettes.
***	0%	4%	of pupils responded that they are an occasional/regular smoker and smoked in the 7 days before the survey.
***	0%	3%	of pupils responded that they smoke 'regularly'.
***	9%	15%	of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.
***	80%	86%	of pupils responded that they spent time watching TV, DVDs or online videos after school on the day before the survey.
***	75%	67%	of pupils responded that they spent time doing homework after school on the day before the survey.
***	3%	10%	of pupils responded that they have found school lessons about prejudice, discrimination and bullying 'not at all' useful.
***	1%	6%	of pupils had a low score $(7 - 13)$ on the SWEMWB Scale.
***	64%	56%	of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do.
***	12%	20%	of pupils responded that they want to start a family at the end of Year 11.
***	20%	27%	of pupils responded that when something goes wrong they 'usually' or 'always' get angry or upset and feel bad for ages.
***	43%	34%	of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
***	52%	44%	of pupils responded that they weren't absent from school in the month before the survey.
**	6%	10%	of pupils responded that they have dieted to an extreme degree, either in the past or this term.
**	12%	7%	of pupils responded that they have taken at least one of the drugs listed during the last year.
**	38%	31%	of pupils responded that they are asked for their opinions about their community.
**	26%	20%	of pupils had a high measure of resilience (26+).
*	12%	17%	of pupils responded that they experienced negative behaviour during lesson time in the month before the survey.
*	8%	14%	of pupils responded that they have found school lessons about emotional health and wellbeing 'not at all' useful.
*	15%	21%	of pupils responded that they had an alcoholic drink in the 7 days before the survey.
*	13%	18%	of pupils responded that they have smoked in the past or smoke now.
*	20%	26%	of pupils responded that they never worry about how much they eat.
*	63%	56%	of pupils responded that they are asked for their opinions about what they learn in school.

*	33%	40%	of pupils responded that they have had at least one accident or injury which was treated at a clinic or hospital in the last 12 months.					
*	10%	14%	of pupils responded that they didn't have anything to eat or drink before lessons on the morning of the survey.					
*	77%	71%	of pupils responded that they had something to drink before lessons on the morning of the survey.					
*	4%	8%	of pupils responded that they have carried weapons or something else for protection when going out at least 'sometimes'.					
*	78%	72%	of pupils responded that they got at least eight hours' sleep the night before the survey.					
*	7%	11%	of pupils responded that they don't enjoy general physical activity at all.					
*	10%	14%	of pupils responded that they have experienced someone writing or showing them things online to hurt or upset them (with text, pictures or video).					
*	93%	89%	of pupils responded that they 'always' feel safe at home.					
*	20%	14%	of pupils responded that they couldn't remember any school lessons about smoking.					
*	0%	2%	of pupils responded that being a young carer takes up at least an hour of their time each day.					
Tests: Chi-squared ( $\chi^2$ ).			KEY: $* = p < 0.05 (5\%)$ $** = p < 0.01 (1\%)$ $*** = p < 0.001 (0.1\%).$					

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# **Disadvantaged Pupils**

Below is a selection of results comparing the disadvantaged pupils in your school with the non-disadvantaged pupils. These items have been selected from across the questionnaire to compare "disadvantaged" pupils with their peers in and out of school. This list of items is the same for all schools, and <u>should not</u> be taken to show only statistically significant results.

For this section we categorised pupils as "disadvantaged" if they indicated, in the background information section of the questionnaire, that they are either in care with foster carers or in a Residential School/Home, or if they are eligible for free school meals or vouchers for free meals. This group of pupils includes some, but not all, of the pupils qualifying for pupil premium payments. It does not include all of those pupils eligible for FSM in the last 6 years. The sample size for each group is shown in bold at the top of each column.

	School Disadvantaged 12	School Non- Disadvantaged <b>288</b>	N. Yorks Non- Disadvantaged <b>8554</b>
Pupils who responded that they are White British.	83%	88%	87%
Pupils who responded that they have a special educational need or learning difficulty.	27%	9%	7%
Pupils who responded that they are a 'young carer'.	0%	2%	3%
Pupils who responded that they attended school on 5 days in the week before the survey.	90%	95%	95%
Pupils who responded that they enjoy 'most' or 'all' of their lessons at school.	42%	58%	40%
Pupils who responded that they worry about school-work problems 'often' or 'all the time'.	11%	28%	25%
Pupils who responded that they weren't absent from school in the month before the survey.	33%	53%	45%
Pupils who responded that adults at school talk to them about how to improve their work.	92%	78%	65%
Pupils who responded that they have found school lessons about emotional health and wellbeing 'quite' or 'very' useful.	13%	30%	36%
Pupils who responded that they got at least eight hours sleep the night before the survey.	73%	78%	72%
Pupils who responded that they want to continue in full-time education at the end of Year 11.	14%	64%	45%
Pupils who responded that they intend to apply for University in the future.	38%	68%	53%
Pupils who responded that they have found school lessons about careers education 'quite' or 'very' useful.	25%	38%	44%
Pupils who responded that they have been the victim of violence or aggression in the area where they live in the last 12 months.	8%	5%	7%
Pupils who responded that they have carried weapons or something else for protection when going out at least 'sometimes'.	8%	4%	8%
Pupils who responded that they have been bullied at or near school in the last 12 months.	25%	12%	21%
Pupils who had a high measure of resilience (26+).	36%	26%	20%
Pupils who responded that they didn't have anything to eat or drink before lessons on the morning of the survey.	27%	9%	14%
Pupils who responded that they find it 'quite' or 'very' easy to be as physically active as they like.	64%	78%	67%
Pupils who responded that they 'never' drink alcohol.	55%	58%	48%
Pupils who responded that they have smoked in the past or smoke now.	18%	13%	17%
Pupils who reported that they have taken at least one of the drugs listed in the questionnaire.	0%	15%	10%
Pupils who responded that they know an adult they trust who they can talk to if they are worried about something.	44%	80%	75%

# **2018/2016 Comparisons**

	20	18	20	16
	Yr 8	Yr 10	Yr 8	Yr 10
Boys Girls	53	50	80	99
Girls	43	39	65	104

2016 data in brackets; see notes on interpreting differences.

# **Background**

#### **ETHNICITY**

 88% (90%) of pupils responded that they are White British.

#### **RELIGION**

- □ 49% (53%) of pupils responded that they have a religion, faith or belief which is important to them, while 23% (25%) said they are 'not sure' if they do and 1% (1%) didn't want to say.
- □ 59% (67%) of pupils responded that they are Christian, while 1% (1%) said they are Muslim and 6% (2%) said they either 'don't know' what religion, faith or belief they have, or 'don't want to say'.

#### **HOME LIFE**

- □ 32% (29%) of pupils responded that at least 5 people live in their home (including themselves); 0% (0%) said at least 8 people do.
- 68% (70%) of pupils responded that there are at least 4 bedrooms in their home, while 5% (4%) said their home has 1 or 2 bedrooms.
- 8% (3%) of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.
- □ 79% (81%) of pupils responded that they live with their Mum and Dad together.
- 8% (8%) of pupils responded that they live 'mainly or only' with their Mum, while 0% (1%) said they live 'mainly or only' with their Dad.

#### SPECIAL NEEDS

- 13% (7%) of pupils responded that they have a special educational need or learning difficulty, while 12% (6%) said they are 'not sure' if they have.
- □ 10% (11%) of pupils responded that they are disabled or have a long-standing illness, while 3% (5%) said they are 'not sure' if they have.
- 22% (16%) of pupils responded that they have a special educational need/learning difficulty or are disabled or have a long-standing illness, while 12% (7%) said they are 'not sure' if they have.
- □ 1% (1%) of pupils responded that they spend part of their school week learning at another school or centre, while 2% (1%) said they are 'not sure' if they do.

#### **YOUNG CARERS**

- 2% (1%) of pupils responded that they are a 'young carer', while 2% (2%) said they are 'not sure' if they are.
- 1% (1%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% (0%) said it takes up less than an hour.

#### **FREE SCHOOL MEALS**

□ 4% (1%) of pupils responded that they get free school meals or vouchers for free meals, while 3% (1%) said they are 'not sure' if they do.

# **Enjoying and Achieving SCHOOL**

- 45% (44%) of pupils responded that they have changed schools at least twice since their 5<sup>th</sup> birthday; 2% (2%) said they have at least 5 times.
- □ 94% (97%) of pupils responded that they attended school on 5 days in the week before the survey.

#### **ENIOYMENT**

- □ 50% (58%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.
- □ 10% (7%) of pupils responded that they enjoy 'hardly any' of their lessons at school.
- 45% (53%) of pupils responded that they worry about exams and tests 'often' or 'all the time'; 35% (37%) said they worry about school-work problems.

#### **ATTENDANCE**

□ 47% (42%) of pupils responded that they weren't absent from school in the month before the survey, while 33% (35%) said they have missed school due to illness or injury and 22% (32%) have been away due to medical/dental appointments.

#### **SCHOOL**

- 77% (82%) of pupils responded that adults at school talk to them about how to improve their work and 47% (53%) said their teachers realise when they don't understand.
- 66% (65%) of pupils responded that they have the opportunity to use things they have learnt in different situations and 53% (57%) said that sometimes they have a choice of different ways to learn about something.

#### SCHOOL LESSONS

29% (39%) of pupils responded that they have found school lessons about emotional health and wellbeing

- 'quite' or 'very' useful; 43% (57%) said the same of school lessons about citizenship.
- 3% (6%) of pupils responded that they have found school lessons about prejudice, discrimination and bullying 'not at all' useful; 8% (9%) said the same of school lessons about emotional health and wellbeing.

#### **LEISURE TIME**

□ 86% (79%) of pupils responded that they spent time watching TV, DVDs or online videos after school on the day before the survey, while 72% (74%) did homework, 44% (34%) played computer games and 92% (87%) used the Internet on a computer, phone or other device.

#### **SLEEPING PATTERNS**

- □ 5% (3%) of pupils responded that they got five or fewer hours' sleep the night before the survey.
- □ 70% (72%) of pupils responded that they got at least eight hours' sleep the night before the survey.

# **Economic Wellbeing**

#### **FUTURE PLANS**

- □ 56% (65%) of boys and 70% (71%) of girls responded that they want to continue in full-time education at the end of Year 11.
- □ 38% (34%) of boys and 25% (28%) of girls responded that they want to find a job as soon as they can at the end of Year 11.
- □ 35% (39%) of boys and 25% (29%) of girls responded that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.
- 9% (24%) of boys and 14% (19%) of girls responded that they want to start a family at the end of Year 11.
- □ 67% (80%) of pupils responded that they intend to apply for University in the future, while 26% (15%) said they are 'not sure' if they will.
- □ 19% (21%) of pupils responded that they have had enough information and guidance about their options after Year 11, including apprenticeships.
- □ 55% (50%) of pupils responded that they <u>haven't</u> had enough information and guidance about their options after Year 11, including apprenticeships.
- 46% (45%) of pupils responded that they haven't had enough information and guidance about their options after Year 11 and would like to know more about work and employment, while 47% (51%) would like to know more about University.
- □ 38% (49%) of pupils responded that they have found school lessons about careers education 'quite' or 'very' useful, while 11% (7%) have found them 'not at all' useful and 17% (20%) couldn't remember any.

#### **MONEY**

- 18% (21%) of pupils responded that they have a regular paid job outside school during term-time.
- Of the 34 (73) pupils who have a regular paid job, they spent an average of 6 (6) hours working in the week before the survey.

19% (14%) of pupils responded that they worry about money problems 'often' or 'all the time'.

#### **VOLUNTEERING**

- 64% (73%) of pupils responded that they have taken part in volunteering at some point outside of school in the last six months.
- □ 37% (47%) of pupils responded that they have taken part in volunteering at least 'once a month' outside of school in the last six months; 22% (30%) said they have done so 'at least once a week'.

#### Safety

#### **FEELING SAFE AND HAPPY**

92% (92%) of pupils responded that they 'always' feel safe at home and 74% (85%) said they 'always' feel safe at school.

#### **ACCIDENTS**

- □ 33% (42%) of pupils responded that they have had at least one accident or injury which was treated at a clinic or hospital in the last 12 months, while 15% (18%) said they have had more than one accident or injury which needed treatment.
- 23% (27%) of pupils responded that they have had an accident or injury in the last 12 months, the most recent of which was a sports injury, while 4% (5%) said they had a fall, trip or slip.

#### **ANTI-SOCIAL BEHAVIOUR**

66% (58%) of boys and 36% (35%) of girls responded that they have done at least one of the anti-social behaviours listed at some point; 9% (11%) said they have done four or more.

#### **VIOLENCE AND AGGRESSION**

- □ 5% (5%) of pupils responded that they have been the victim of violence or aggression in the area where they live in the last 12 months, while 4% (7%) said they are 'not sure' if they have been.
- 6% (9%) of pupils responded that they have carried weapons or something else for protection when going out at least 'sometimes'.
- □ 3% (3%) of pupils responded that they have carried weapons or something else for protection when going out at night.

#### **BULLYING**

- □ 30% (19%) of pupils responded that they were pushed/hit in the month before the survey and 14% (14%) said they had belongings taken/broken. 36% (42%) said none of these things happened to them.
- □ 17% (15%) of pupils responded that they experienced negative behaviour outside at school during breaktimes in the month before the survey; 15% (17%) said they experienced such behaviour during lesson time.
- □ 13% (14%) of pupils responded that they have been bullied at or near school in the last 12 months, while 17% (10%) said they are 'not sure' if they have been.

 $\Box$  14% (7%) of boys and 16% (7%) of girls think they □ 50% (59%) of pupils responded that when something are being picked on or bullied because of their size goes wrong they 'usually' or 'always' learn from it for or weight. next time, while 25% (22%) said they get angry or upset and feel bad for ages. 16% (7%) of boys and 29% (13%) of girls think they are being picked on or bullied because of the way 56% (63%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on they look. trying until they do, while 45% (44%) ask for help 56% (57%) of pupils responded that their school and 9% (7%) give up. deals with bullying 'quite' or 'very' well, while 5% VIEWS AND OPINIONS (3%) said that bullying is not a problem in their school. 52% (61%) of pupils responded that they are asked for their opinions about what they learn in school; 7% (7%) of pupils responded that their school deals 36% (41%) said their opinions make a difference. with bullying 'badly'. 39% (50%) of pupils responded that they are asked 50% (63%) of pupils responded that they have found for their opinions about how they learn in school; school lessons about prejudice, discrimination and 43% (52%) said their opinions make a difference. bullying 'quite' or 'very' useful, while 3% (6%) have found them 'not at all' useful and 14% (11%) 47% (55%) of pupils responded that they are asked couldn't remember any. for their opinions about the school environment; **INTERNET SAFETY** 48% (54%) said their opinions make a difference. 31% (40%) of pupils responded that they are asked 95% (95%) of pupils responded that they communicate with friends and family they know in for their opinions about their community; 43% (44%) real life online. said their opinions make a difference. 19% (12%) of pupils responded that they 27% (36%) of pupils responded that they have had communicate with people they have met online and the chance to vote for School/College Council don't know in real life. members and 66% (91%) said they have had the chance to take part in a mock general election. 45% (31%) of pupils responded that they communicate with people through online games, **Healthy Eating** while 60% (68%) said they do so through LUNCH picture/video sharing sites/apps. ■ 8% (2%) of pupils responded that they didn't have 13% (10%) of pupils responded that they have anything to eat or drink for lunch on the day before experienced someone writing or showing them the survey. things online to hurt or upset them (with text, pictures or video), while 4% (7%) said they have sent 78% (86%) of pupils responded that they had personal information to someone, then wished they something to drink for lunch on the day before the hadn't or had thought more about it. survey. 9% (12%) of pupils responded that they worry about 89% (97%) of pupils responded that they had keeping safe on the Internet, email and using mobile something to eat for lunch on the day before the phones 'often' or 'all the time'. survey. **BREAKFAST** Making a Positive Contribution 14% (10%) of pupils responded that they didn't have Warwick-Edinburgh Mental Wellbeing Scale anything to eat or drink before lessons on the On average pupils scored 24 (25) on the SWEMWB morning of the survey. Scale. 74% (75%) of pupils responded that they had 2% (1%) of pupils had a low score (7 – 13) on the something to drink before lessons on the morning of SWEMWB Scale, while 22% (13%) had a med-low the survey. score (14 - 20). 79% (82%) of pupils responded that they had 29% (36%) of pupils had a high or maximum score something to eat before lessons on the morning of (28 - 35) on the SWEMWB Scale. the survey. 44% (52%) of pupils responded that they have at 5-A-DAY least 'often' been feeling optimistic about the future 5% (4%) of pupils responded that they didn't eat any and 34% (41%) said they have been feeling useful. portions of fruit or vegetables on the day before the **RESILIENCE** survey. 24% (23%) of pupils had a low measure of resilience 25% (28%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey. 22% (27%) of pupils had a high measure of resilience

(26+).

#### individual sport 'quite a lot' or 'a lot'. 11% (12%) of pupils responded that they didn't eat any snacks on the day before the survey. 8% (7%) of pupils responded that they don't enjoy general physical activity at all. 8% (8%) of pupils responded that they ate at least 5 snacks on the day before the survey. 65% (63%) of pupils responded that they enjoy general physical activity 'quite a lot' or 'a lot'. 63% (66%) of pupils responded that they didn't drink any fizzy drinks or energy drinks on the day before Alcohol, Tobacco and Drugs the survey. **ALCOHOL** 2% (1%) of pupils responded that they drank at least 47% (49%) of pupils responded that they 'never' 5 fizzy drinks and/or energy drinks on the day before drink alcohol, while 4% (6%) said they do not drink the survey. alcohol at home. **DIETING** 30% (29%) of pupils responded that they drink 22% (24%) of pupils responded that they never alcohol at home and their parents 'always' know, worry about how much they eat. while 11% (9%) said their parents 'usually' know. 16% (15%) of pupils responded that they try to lose Of the 86 (157) pupils who drink alcohol at home, weight a couple of times a year. 60% (64%) said their parents 'always' know, while 22% (20%) said they 'usually' do. 14% (12%) of pupils responded that they are 'often on a diet, or at least being careful not to eat too 9% (7%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know. □ 2% (2%) of pupils responded that they are 'always on a diet'. Of the pupils who drink alcohol at home, 17% (16%) said their parents 'never' or only 'sometimes' know. 5% (5%) of pupils responded that they have dieted to an extreme degree in the past, with a further 4% (2%) 23% (19%) of pupils responded that they had an doing so in the current term. alcoholic drink in the 7 days before the survey. 20% (15%) of pupils responded that they have done 16% (13%) of pupils responded that they were given an unusual amount of exercise to lose weight in the alcohol by their parents or relatives in the 7 days past, with a further 4% (6%) doing so in the current before the survey, while 4% (3%) said they were given it by friends. 36% (34%) of pupils responded that they worry 42% (53%) of pupils responded that they have found about the way they look 'often' or 'all the time'. school lessons about alcohol 'quite' or 'very' useful, while 11% (9%) have found them 'not at all' useful and 19% (18%) couldn't remember any. 92% (90%) of pupils responded that they can get **SMOKING** water at school, while 8% (9%) said 'not easily'. 19% (15%) of pupils responded that they have **Physical Activity** smoked in the past or smoke now. **EXERCISE** 0% (1%) of pupils responded that they smoke 1% (0%) of pupils responded that they don't do a 'regularly'. single hour of physical activity in a typical week in 0% (3%) of pupils responded that they are an and out of school. occasional/regular smoker and smoked in the 7 days 67% (68%) of pupils responded that they do five or before the survey. more hours of physical activity in a typical week in 22% (21%) of pupils responded that someone and out of school. smoked cigarettes/cigars in the same room that they 11% (7%) of pupils responded that they find it 'not at were in at least 'once or twice a month' in the past all' easy to be as physically active as they like. year; 7% (8%) said they did so at least 'once or twice a week'. 75% (76%) of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they 4% (5%) of pupils responded that someone smoked cigarettes/cigars in the same car that they were in at least 'once or twice a month' in the past year; 2% 11% (9%) of pupils responded that they don't enjoy (2%) said they did so at least 'once or twice a week'. team sport at all. 43% (53%) of pupils responded that they have found 69% (75%) of pupils responded that they enjoy team school lessons about smoking 'quite' or 'very' useful, sport 'quite a lot' or 'a lot'. while 10% (9%) have found them 'not at all' useful 12% (12%) of pupils responded that they don't enjoy and 20% (19%) couldn't remember any.

68% (66%) of pupils responded that they enjoy

**SNACKS AND FIZZY DRINKS** 

individual sport at all.

	29% (19%) of pupils responded that they have at least tried electronic cigarettes, while 3% (1%) said they use one 'regularly' (at least once a week).		0% (18%) of the 14 (15) Year 10 pupils who have had sex responded that they have taken risks with sex (infection or pregnancy) after drinking alcohol or
	UGS		drug use; 0% (6%) said they are 'not sure' if they have.
	22% (20%) of pupils responded that they have been offered cannabis, while 3% (4%) said they are 'not sure' if they have.		6% (5%) of Year 10 pupils responded that their boyfriend/girlfriend has threatened to tell people things about them, either with their current partner or
	10% (6%) of pupils responded that they have been offered other drugs (not cannabis), while 2% (5%) said they are 'not sure' if they have.		in the past; 6% (6%) said their boyfriend/girlfriend has used hurtful or threatening language towards them.
	8% (10%) of pupils responded that they have been offered cannabis or other drugs by a friend.		59% (42%) of Year 10 pupils responded that if any of the things in Q96 happened to them, they would
	7% (10%) of pupils responded that they have been offered cannabis or other drugs while hanging about		look after themselves without help; 16% (26%) said they wouldn't.
	outside (e.g. on the street, at a park), while 4% (5%) said they have at a party.		67% (62%) of Year 10 pupils responded that if any of the things in Q96 happened to them, they know where to get help; 14% (18%) said they don't.
	15% (11%) of pupils reported that they have taken at least one of the drugs listed in the questionnaire.	Em	notional Health & Well-being
	6% (5%) of pupils responded that they have taken at	WC	DRRYING
	least one of the drugs listed during the last month.  12% (8%) of pupils responded that they have taken at least one of the drugs listed during the last year; 1% (1%) said they have taken a drug in Q77, but did not		68% (68%) of pupils responded that they worry about at least one of the issues listed 'often' or 'all of the time'.
	provide any detail in Q78.	in Q78.	
	7% (4%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 1% (1%) said they are 'not sure' if they have.		about relationships 'often' or 'all of the time', while 24% (18%) said they worry about problems with friends.
	This works out as 43% (33%) of pupils who have taken drugs responding that they have taken drugs and alcohol on the same occasion.		72% (73%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 17% (18%) said they 'maybe' do.
Se	xual Health		44% (44%) of pupils responded that if they would
co	NTRACEPTION		like more information about any of the issues in Q82, they would like to get it from their parents/carers,
	31% (25%) of pupils responded that they know where they can get condoms free of charge.  UAL ORIENTATION		while 6% (5%) said they would like the information from school lessons and 7% (11%) would like to find out on the internet.
3EA	91% (91%) of pupils responded that they are		49% (54%) of pupils responded that they talk to
_	heterosexual.		someone if they have a problem or feel stressed, while 38% (41%) said they listen to music and 20%
	0% (1%) of pupils responded that they are gay/lesbian, while 3% (3%) said they are bisexual.	ΔD	(14%) said they do nothing.  MED FORCES
	2% (2%) of pupils responded that they worry about		2% (1%) of pupils responded that they have a
	being different because of their sexuality 'often' or 'all the time'.	_	parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 2% (3%) said
YEA	R 10: SEXUAL RELATIONSHIPS		they are 'not sure' if they do.
	16% (8%) of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.		0% (0%) of pupils responded that they worry 'quite a lot' or 'a lot' about their parent/carer when they are away on military operations.
	71% (19%) of the 14 (15) Year 10 pupils who have had sex responded that they have had sex and always used a method of protection or contraception; 7% (13%) said they are 'not sure' if they did.		0% (0%) of pupils responded that they would find it useful to have a counsellor to talk to about their worries about their parent/carer in the armed forces, while 0% (0%) said they 'don't know' if they would find it useful.

# Significant differences between 2018 and 2016 data

Below we have listed some statistically significant differences between the data collected in the 2018 survey and that collected in 2016.

	-	2018	Ē	2016
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	53	50	80	99
Girls	43	39	65	104

Sig	2018	2016	Question
***	66%	91%	of pupils responded that they have had the chance to take part in a mock general election.
***	22%	10%	of pupils think they are being picked on or bullied because of the way they look.
***	89%	97%	of pupils responded that they had something to eat for lunch on the day before the survey.
***	67%	80%	of pupils responded that they intend to apply for University in the future.
***	8%	2%	of pupils responded that they didn't have anything to eat or drink for lunch on the day before the survey.
***	45%	31%	of pupils responded that they communicate with people through online games.
***	74%	85%	of pupils responded that they 'always' feel safe at school.
***	43%	57%	of pupils responded that they have found school lessons about citizenship 'quite' or 'very' useful.
***	50%	63%	of pupils responded that they have found school lessons about prejudice, discrimination and bullying 'quite' or 'very' useful.
***	30%	19%	of pupils responded that they were pushed/hit in the month before the survey.
***	12%	21%	of pupils responded that they want to start a family at the end of Year 11.
**	71%	19%	of the 14 (628) Year 10 pupils who have had sex responded that they have had sex and always used a method of protection or contraception.
**	15%	8%	of pupils think they are being picked on or bullied because of their size or weight.
**	29%	19%	of pupils responded that they have at least tried electronic cigarettes.
**	39%	50%	of pupils responded that they are asked for their opinions about how they learn in school
**	38%	49%	of pupils responded that they have found school lessons about careers education 'quite' or 'very' useful.
*	44%	34%	of pupils responded that they spent time playing computer games after school on the day before the survey.
*	42%	53%	of pupils responded that they have found school lessons about alcohol 'quite' or 'very' useful.
*	22%	32%	of pupils responded that they missed school in the month before the survey due to medical/dental appointments.
*	43%	53%	of pupils responded that they have found school lessons about smoking 'quite' or 'very' useful.
*	78%	86%	of pupils responded that they had something to drink for lunch on the day before the survey.
*	29%	39%	of pupils responded that they have found school lessons about emotional health and wellbeing 'quite' or 'very' useful.
*	8%	3%	of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.
*	19%	12%	of pupils responded that they communicate with people they have met online and don't know in real life.
*	13%	7%	of pupils responded that they have a special educational need or learning difficulty.
*	64%	73%	of pupils responded that they have taken part in volunteering at some point outside of school in the last six months.
*	27%	36%	of pupils responded that they have had the chance to vote for School/College Council members.
Tests:	Chi-squared	$d(\chi^2)$ .	KEY: $* = p < 0.05 (5\%)$ $** = p < 0.01 (1\%)$ $*** = p < 0.001 (0.1\%).$

# Self Evaluation Form – Secondary Schools Survey Evidence

## St Aidan's CE High School

The following is a set of figures that you can use as evidence for your school self-evaluation. The data for all pupils surveyed (boys and girls) have been combined to give you one overall figure for your school compared with the wider sample for all of North Yorkshire.

#### NORTH YORKSHIRE HEALTHY SCHOOLS - HEALTH AND WELLBEING AWARD

The North Yorkshire Healthy Schools programme has been designed to help schools develop the wider thinking and planning they will need to do in order to achieve better outcomes around health and wellbeing for children and young people.

The following set of data from SHEU can be used to support your school complete the healthy schools audit tool and identify the key areas for development.

Quality of teaching, learning and assessment

	School (N. Yorks)
Percentage of pupils whose achievements in and out of school are recognised:	51 (37)
Percentage of pupils who report that adults at school talk to them about how to improve their work:	79 (65)
Percentage of pupils who report that their work is marked so that they can see how to improve it:	89 (77)
Percentage of pupils who enjoy less than half their lessons:	19 (32)
Percentage of pupils who report that the school encourages them to attempt difficult work:	84 (73)
Percentage of pupils who report that the school tells them it is OK to make mistakes:	84 (68)
Percentage of pupils who report that their teachers realise when they don't understand:	55 (36)
Percentage of pupils who report that they have the opportunity to use things they have learnt in different situations:	71 (52)
Percentage of pupils who report that sometimes they have a choice of different ways to learn about something:	58 (46)
Percentage of pupils who report that they are encouraged to try different ways to do things:	68 (53)
Percentage of pupils who report that the school asks for their ideas and opinions about what they learn in school:	63 (56)
Percentage of pupils who report that the school asks for their ideas and opinions about how they learn in school:	49 (48)

Personal development, behaviour and welfare

Personal development, behaviour and welfare	
	School (N. Yorks)
Percentage of pupils drinking any alcohol last week:	15 (21)
Percentage of pupils who have taken cannabis within the last year:	9 ( 6)
Percentage of pupils who report that they are an occasional/regular smoker and smoked at least one cigarette during the last 7 days:	0 (4)
Percentage of pupils who report that they are either currently in a sexual relationship or have had a sexual relationship in the past (Year 10 only):	16 (19)
If they have had sex, the percentage of pupils who have taken risks (infection or pregnancy) after drinking alcohol or drug use (Year 10 only):	0 (17)
Percentage of pupils who report that they have dieted to an extreme degree:	6 (10)
Percentage of pupils bullied at or near school in the last 12 months:	13 (22)
Percentage of pupils who think that their school deals with bullying 'quite' or 'very' well:	60 (45)
Percentage of pupils who have been called 'gay' as an insult, or 'dyke'/other homophobic words in the last month:	16 (19)
Percentage of pupils who are taught how to deal with or manage their feelings positively:	48 (34)
Percentage of pupils who have received a nasty/threatening email or online message in the last month:	2 ( 4)
Percentage of pupils who communicate (chat or message) online with people they have met online and don't know in real life:	16 (18)
Percentage of pupils who have experienced someone writing or showing things to hurt or upset them online (with text, pictures or video):	10 (14)
Percentage of pupils who have been threatened in the last month:	8 (13)
Percentage of pupils who have been threatened with a weapon in the last month:	1 ( 2)
Percentage of pupils who have been ganged up on in the last month:	8 ( 9)
Percentage of pupils who have carried a weapon or something else for protection when going out at least 'sometimes':	4 ( 8)
Percentage of pupils who found school lessons about Sex and Relationships 'quite' or 'very' useful:	41 (32)
Percentage of pupils who found school lessons about alcohol 'quite' or 'very' useful:	42 (47)
Percentage of pupils who found school lessons about drugs 'quite' or 'very' useful:	49 (51)

# Effectiveness of leadership and management

	School (N. Yorks)
Percentage of pupils who feel the school prepares them for when they leave:	73 (59)
Percentage of pupils who intend to continue full time education at the end of Year 11:	62 (44)
Percentage of pupils who feel the school helps them work as part of a team:	68 (53)
Percentage of pupils who found school lessons about Careers Education 'quite' or 'very' useful:	38 (44)
Percentage of pupils who report that they have <u>not</u> had enough information and guidance about options after Year 11, including apprenticeships:	55 (50)

# Overall Effectiveness (including spiritual, social, moral and cultural development)

	School (N. Yorks)
Percentage of pupils with a high or maximum score on the Short Warwick-Edinburgh Mental Wellbeing Scale (28 – 35):	33 (22)
Percentage of pupils with a low measure of resilience $(0 - 19)$ :	17 (36)
Percentage of pupils who report that in this school people from different backgrounds are valued:	86 (66)
Percentage of pupils who report that there are opportunities to discuss sensitive issues in class (e.g. extremism and abortion):	48 (38)
Percentage of pupils who report that the school encourages everyone to treat each other with respect:	94 (80)
Percentage of pupils who report that they have the opportunity to use things they have learnt in different situations:	71 (52)
Percentage of pupils who have found lessons on prejudice, discrimination and bullying 'quite' or 'very' useful:	50 (51)
Percentage of pupils who have found lessons on radicalisation and extremism 'quite' or 'very' useful:	52 (34)
Percentage of pupils who think the school cares whether or not they are happy:	66 (45)
Percentage of pupils who think their views and opinions make a difference to what they learn in school:	43 (41)
Percentage of pupils who think their views and opinions make a difference to <u>how</u> they learn in school:	48 (45)
Percentage of pupils who feel encouraged by the school to contribute to community events:	49 (37)
Percentage of pupils who 'always' feel happy at school:	51 (29)
Percentage of pupils who 'always' feel safe at school:	79 (57)
Percentage of pupils who 'always' feel safe when going to and from school:	81 (72)

# Guidance on using the 2018 data: Growing up in North Yorkshire

The following is collated from school responses and work with schools, as to how they have successfully used previous data to identify needs, respond to issues identified and develop provision.

#### **School Self-Evaluation**

• Many schools have used the data well as part of their self-evaluation processes. The data has provided useful evidence of impact of the schools' provision especially focussed on outcomes for pupils, and has been included in a number of different sections in a school's self-evaluation. Some schools have included a brief report to the governing body on the outcomes of the questionnaire informing school priorities. Questions in the 2018 Growing Up in North Yorkshire survey support the self-evaluation of the school's provision including effectiveness of leadership and management, quality of teaching, learning and assessment and personal development, behaviour and welfare, and are aligned to Ofsted judgements.

#### **Policy review**

• For some schools the data has informed policy review, for example, Relationships and Sex Education, substance misuse policies, Anti-Bullying and Online Safety policies and Pupil Premium Strategies.

#### **Pupil Voice**

- Where pupils reported not feeling listened to, this has led to changes in practice and review of mechanisms to gather pupil voice and implement responses. Some examples include; introducing comments boxes in classes for private questions/concerns and follow-up pupil questionnaires.
- Some schools have developed more focussed follow-up through, for example, by sharing the key data with their school councils, on specific issues arising through the data and working with the pupils to bring about change to ensure the outcomes are more positive for the pupils.

#### **Emerging Issues**

- Many schools highlighted concerns about Internet use and the need to develop work around cyber bullying and online safety.
- Pupil responses highlighted a number of gender differences regarding a range of different issues which informed school-based planning.
- Schools have identified the need to support pupils' emotional wellbeing and resilience and a number of
  schools have had specific projects focussed on these aspects. This includes the work of schools on the
  coast and in Ryedale who have implemented a targeted academic resilience project.
- As a result of feedback on transition experiences some schools have revisited their transition
  programmes and put in specific additional transition activities, for example, inviting Year 7 pupils to talk
  with Year 6 pupils.
- The data have informed the further development of Careers Guidance programmes.

#### **Curriculum Development**

- As a result of the feedback from the data, many schools have reviewed their Relationships and Sex Education (RSE) provision. Many primary schools have now implemented an RSE curriculum that starts in Year 1, includes conception in Year 6 and ensures a range of safeguarding aspects are covered.
- Secondary schools have ensured their RSE curriculum is more LGBT inclusive and makes the links for pupils between online safety and RSE education.
- Schools could more effectively use the data to review their relationships and sex education and health education curriculum as it is becoming statutory for all schools in September 2020. The data enable schools to implement a curriculum based on the needs of their pupils.

#### **Additional Provision**

- Some schools have chosen to develop nurture groups.
- A number of schools have set up specific intervention groups for pupils engaged in some aspects of risky behaviours based on emerging issues for school data, for example, a Year 10 intervention group for a small group of boys engaged in substance misuse. Another school established an intervention group for a small number of Year 8 pupils in relation to alcohol use. Use of the data informed a 'normative' approach to ensure that some perceptions of pupils were able to be challenged.
- Pupil responses have provided many schools with a greater insight into pupil home life and background, providing valuable data to inform needs analysis.
- Further extended schools provision has been enhanced as data has been used to inform schools where there are gaps, particularly with regard to clubs involving physical activity.
- A number of breakfast clubs have been set up in response to data.

# **Working with Parents**

- Cooking clubs have emerged as a popular choice for schools, providing education for pupils and parents.
- Forums for parents regarding emerging issues such as online safety have been developed as a result of pupils' responses. Sharing relevant data with parents has been helpful in informing parents about the risks and ensuring a more partnership approach between parents and school.

#### **Continuing Professional Development (CPD)**

The data from the 2018 survey will be used to identify the CPD requirements for staff development to
increase the expertise and confidence in developing the effective provision that will be needed to meet
the requirements of the relationships and sex education and health education curriculum that will
become statutory for all schools in September 2020.

#### Social, Moral and Cultural development British Values and the Prevent Duty Teaching and Learning, Assessment, Equal and wellbeing, personal safety including Curriculum Planning/Teaching and Learning bullying, safeguarding including online Planning for PSHE - emotional health Identifying student/pupil needs Student leaders of learning Student/Pupil active participation Relevance and meeting student/pupil Relationships and Sex Education (RSE), Substance Misuse Education, Inclusion, Safeguarding, Physical Activity, Healthy Ensuring the voice of the most vulnerable is heard Consultation with Students/Pupils Opportunities, Drugs, Anti- Bullying (to Response to student voice needs in response to perceptions Curriculum provision for Spiritual Student/pupil Well-being Planning for Physical Education eaching and learning styles Fransphobic), PSHCE including include Homophobic, Biphobic, Equality teams School council Student/pupil resilience Peer support Reviewing Related Policies Schemes of work ndicators Eating universal/targeted health and well-being North Yorkshire Health and Wellbeing Award Informs action planning, monitoring and priorities for children and young people Locality based reports to inform locality Safe in Education, September 2018 Needs analysis through use of school (RSE) is becoming statutory for all those set out in Keeping Children Relationships and Sex Education Statutory requirements including evaluation of meaningful outcomes-**Growing Up in North Yorkshire** National Guidance and Legislation Using the outcomes of the schools in September 2020 based data to inform priorities-Informs identification of both quantitative/qualitative activities, interventions Ofsted preparation pupil survey (Healthy Schools) priority local community - faith representatives To benchmark and support monitoring and review of Other key representatives from the governors-informing parental and Communication with parents and Inform SEF (data and evidence to support all key Working with the school community Monitoring and Evaluation/School Improvement To support School Development Planning governor perceptions agencies and Integrated Services team, police youth action officers, Working in partnership with other dentification of vulnerable groups Collaboration with partner agencies Provide a range of advice and professional/voluntary bodies e.g. LA support, healthy child dentifying training needs-curriculum support for students/pupils prevention team and other awareness and and pastoral Raising staff Identification of priorities Using the wide range of data to: interventions (stuements CPD

# **Equalities monitoring in North Yorkshire 2018**

Information is collected about social identities among pupils in North Yorkshire. We have done some analysis to see if the behaviours we see among young people in our county are different if they are to be found under one of the social identity headings chosen.

Percentages in each year from social identity groups	Year 2	Year 6	Year 8	Year 10
Ethnic minority	8	10	13	11
Minority religion	NA	2	8	10
Young carer	NA	5	4	4
Children in care	<1	<1	1	1
Single-parent family	15	15	13	15
Special educational needs (SEN)	11	8	7	7
Disability or long-term illness	2	11	11	13
Free school meals	13	8	7	6
Armed forces family	7	4	4	5
Lesbian, gay or bisexual (LGB)	NA	NA	6	10
Trans	NA	NA	< 1	1

We show the results below for Year 10 pupils. Not all differences show statistical significance; sample size is a factor.

Year 10	ALL	Ethnic minority	Minority religion	Young Carer	Children in care	Single-parent family	Special educational needs	Disability or long- term illness	Free school meals	Armed forces family	Lesbian, Gay, Bisexual	Trans
Sample size	3667	377	99	155	20	561	273	483	231	182	330	31
Eat 5-a-day	18	24	19	16	18	14	20	20	9	18	15	24
Ever tried smoking	30	30	28	44	61	39	34	30	40	36	<i>37</i>	57
Drank last week	35	31	22	36	47	33	38	38	32	38	40	66
Ever offered drugs	33	37	30	43	50	35	30	33	33	44	40	46
Ever taken drugs	16	19	20	18	73	18	18	15	20	29	18	37
7 + hours exercise/week	27	28	26	14	29	22	26	26	18	26	20	21
High wellbeing score	19	20	15	8	22	13	14	16	13	22	7	10
High resilience score	14	17	16	8	14	10	13	11	10	14	7	10
Bullied at school last year	19	22	20	35	16	20	34	26	28	28	36	41
Worry about money	18	23		27	35	27	22	23	28	22	30	31
Worry about being different	7	21	30	15	12	10	9	10	15	11	35	38
Sexually active	19	21	21	28	<b>53</b>	22	20	22	22	32	27	46
Know where to get free condoms	39	38	36	46	56	42	40	45	46	46	40	59
Had accident last year	38	37	35	<b>52</b>	47	36	48	46	45	54	43	64
Enjoy at least half of school lessons	66	68	61	64	50	62	55	62	<i>55</i>	60	59	43
Intend FTE after Y11	51	58		47	47	49	38	54	44	40	52	40
Term-time job	35	28	22	41	32	33	35	34	32	34	35	47
The school encourages everyone to treat each other with respect	75	74	69	64	70	72	65	73	69	60	64	57
Adults at school talk to me about how to improve my work	63	61	54	56	55	61	58	58	58	54	58	42
I know my next steps in learning and what I need to do to improve	53	53	45	45	35	50	42	49	53	48	41	35
Pupils' views make a difference in school	51	52	51	42	53	50	47	47	52	52	46	52

Significance testing p < 0.05 The table colour-codes results for statistical significance. KEY p < 0.01

The Year 8 sample shows much the same pattern of highs and lows as we see here, although the percentages are different. We will be working with this data set in more detail to explore connections like these which will help us plan services that best meet the needs of all young people in our schools.

# **Background**

# **Ethnicity**

88% (87%) of pupils responded that they are White British.

**Q8.** Percentage answering that they are White British.

	St Aidan's			No	orth York	shire
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	85	87	94	85	86	88
Girls	87	86	87	86	88	90

## Religion

53% (19%) of pupils responded that they have a religion, faith or belief which is important to them, while 20% (16%) said they are 'not sure' if they do and 1% (2%) didn't want to say.

**Q9.** Percentage answering that they have a religion, faith or belief which is important to them.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	51	51	35	23	19	15
Girls	65	70	42	24	21	18

59% (23%) of pupils responded that they are Christian, while 2% (1%) said they are Muslim and 4% (8%) said they either 'don't know' what religion, faith or belief they have, or 'don't want to say'.

**Q10.** Percentage of pupils responding that they have the following religion, faith or belief (top 5 – North Yorkshire Secondary data in brackets):

	Boys			Girls		
1	Christian	52	(21) 1	Christian	67	(25)
2	Non-religious	4	(3) 2	Non-religious	6	(4)
3	Muslim	3	(1) 3	Don't know	5	(5)
4	Don't know	1	(4) 4	Don't want to say	1	(2)
5	Don't want to say	1	(3) 5	Muslim	1	(1)

Note that responses were not recorded for pupils who answered 'no' or 'do not want to say' in Q9. It may be worth noting that pupils completing the paper questionnaire sometimes answer 'no' to Q9 and then go on to answer Q10; these are not included.

#### Home life

33% (32%) of pupils responded that at least 5 people live in their home (including themselves); 0% (1%) said at least 8 people do.

68% (50%) of pupils responded that there are at least 4 bedrooms in their home, while 4% (7%) said their home has 1 or 2 bedrooms.

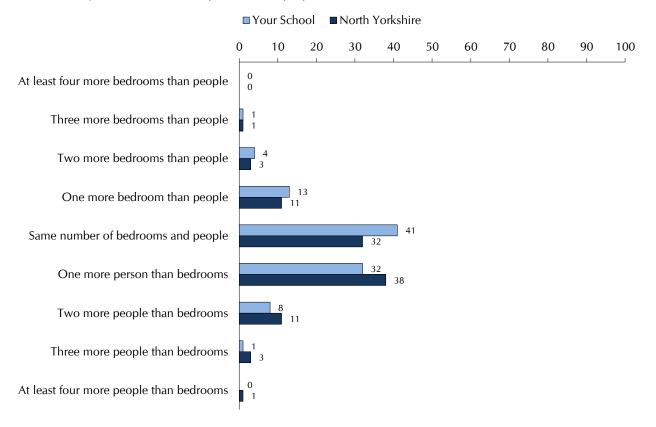
**Q11.** Percentage answering that at least 5 people live in their home.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	38	35	35	34	34	29
Girls	33	33	23	35	33	31

**Q12.** Percentage answering that there are at least 4 bedrooms in their home.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	73	67	72	46	51	53
Girls	61	58	77	44	50	52

Q11/12. Home summary: Number of people who live at home relative to number of bedrooms:

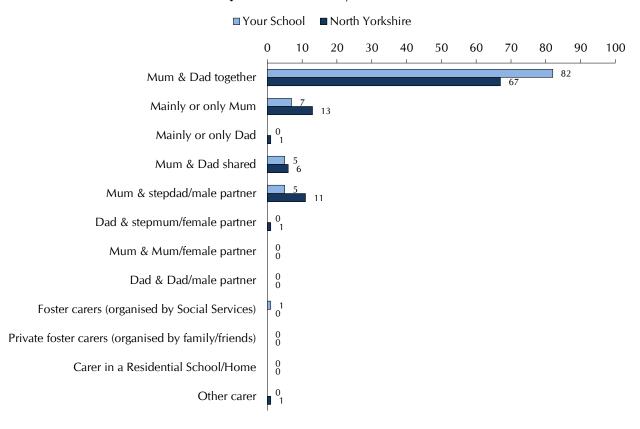


9% (15%) of pupils live in a home where at least 2 more people live than there are actual numbers of bedrooms.

**Q11/12.** Percentage living in a home where at least 2 more people live than there are bedrooms.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	5	8	12	18	16	11
Girls	15	12	0	19	1 <i>7</i>	13

#### Q13. Which adults do you live with?



82% (67%) of pupils responded that they live with their Mum and Dad together.

7% (13%) of pupils responded that they live 'mainly or only' with their Mum, while 0% (1%) said they live 'mainly or only' with their Dad.

**Q13.** Percentage answering that they live with their Mum and Dad together.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	87	74	78	68	68	68
Girls	87	90	74	66	67	64

**Q13.** Percentage answering that they live 'mainly or only' with their Mum.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	2	10	11	11	13
Girls	7	7	15	15	13	15

# Special needs

9% (7%) of pupils responded that they have a special educational need or learning difficulty, while 10% (11%) said they are 'not sure' if they have.

10% (12%) of pupils responded that they are disabled or have a long-standing illness, while 5% (7%) said they are 'not sure' if they have.

18% (17%) of pupils responded that they have a special educational need/learning difficulty or are disabled or have a long-standing illness, while 11% (13%) said they are 'not sure' if they have.

1% (1%) of pupils responded that they spend part of their school week learning at another school or centre, while 1% (1%) said they are 'not sure' if they do.

**Q14.** Percentage answering that they have a special educational need or learning difficulty.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	7	25	4	8	9	8
Girls	0	12	10	5	5	6

**Q15.** Percentage answering that they are disabled or have a long-standing illness.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	9	6	16	11	12	12
Girls	9	5	13	11	10	14

**Q14/15.** Percentage answering that they have a special educational need/learning difficulty or are disabled or have a long-standing illness.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	16	28	18	17	19	18
Girls	9	16	21	15	14	18

**Q16.** Percentage answering that they spend part of their school week learning at another school or centre.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	0	2	1	1	2
Girls	2	0	3	0	1	2

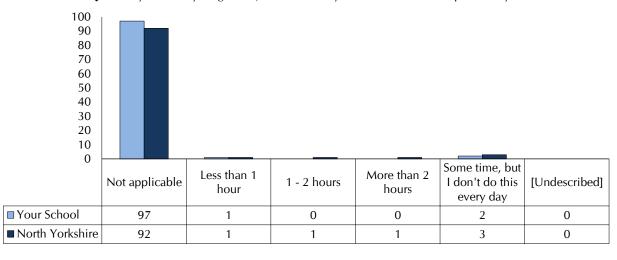
## **Young carers**

2% (4%) of pupils responded that they are a 'young carer', while 1% (3%) said they are 'not sure' if they are.

**Q17a.** Percentage answering that they are a 'young carer'.

	St Aidan's			No	orth Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	2	0	4	4	4	3	
Girls	4	0	3	4	4	5	

Q17c. If you are a 'young carer', how much of your time does it take up each day?



0% (2%) of pupils responded that being a young carer takes up at least an hour of their time each day, while 1% (1%) said it takes up less than an hour.

Of the 6 (379) pupils who said they are a 'young carer', 18% (13%) said their school knows they are, while 36% (37%) said they are 'not sure' if it does.

**Q17c.** Percentage answering that being a young carer takes up at least an hour of their time each day.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	0	0	2	2	2	2	
Girls	0	0	0	2	2	3	

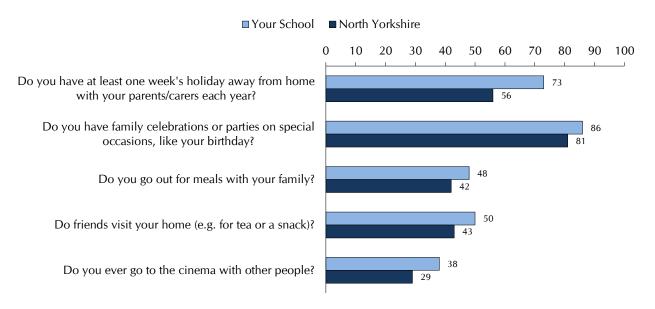
### Free school meals

4% (7%) of pupils responded that they get free school meals or vouchers for free meals, while 5% (4%) said they are 'not sure' if they do.

**Q18.** Percentage answering that they get free school meals or vouchers for free meals.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	4	8	2	8	7	6	
Girls	4	3	3	7	7	7	

**Q20.** Percentage of pupils responding 'often' to the following questions:



**Q20.** Percentage of pupils responding to the following questions (North Yorkshire Secondary data in brackets):

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Rarely or never	Sometimes	Often
5 (15)	22 (27)	72 (57)
1 ( 4)	15 (16)	84 (80)
6 (8)	52 (51)	43 (41)
6 (20)	53 (44)	40 (36)
12 (23)	56 (50)	32 (27)
Rarely or never	Sometimes	Often
5 (16)	18 (29)	76 (55)
1 ( 2)	10 (15)	90 (82)
6 ( 9)	40 (47)	54 (44)
8 (12)	31 (37)	60 (50)
14 (19)	41 (49)	45 (32)
	Rarely or never 5 (15)  1 (4)  6 (8) 6 (20) 12 (23)  Rarely or never 5 (16)  1 (2)  6 (9) 8 (12)	5 (15) 22 (27)  1 (4) 15 (16)  6 (8) 52 (51) 6 (20) 53 (44) 12 (23) 56 (50)  Rarely or never Sometimes 5 (16) 18 (29)  1 (2) 10 (15)  6 (9) 40 (47) 8 (12) 31 (37)

# **Enjoying and Achieving**

### **School**

45% (42%) of pupils responded that they have changed schools at least twice since their 5<sup>th</sup> birthday; 3% (4%) said they have at least 5 times.

**Q21.** Percentage answering that they have changed schools at least twice since their 5<sup>th</sup> birthday.

	St Aidan's			No	rth Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	47	50	48	42	40	41	
Girls	43	43	38	42	41	45	

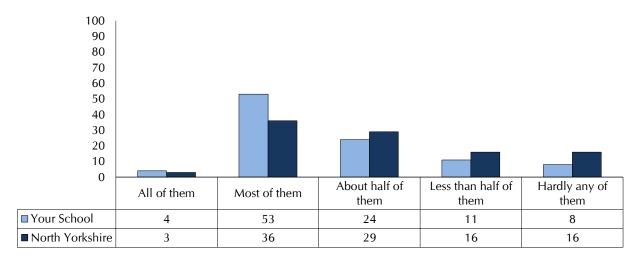
95% (95%) of pupils responded that they attended school on 5 days in the week before the survey.

**Q22.** Percentage responding that they attended school on 5 days in the week before the survey.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	94	94	90	94	95	94	
Girls	96	100	92	96	95	96	

# **Enjoyment**

Q23. How many lessons do you enjoy at school?



57% (39%) of pupils responded that they enjoy 'most' or 'all' of their lessons at school.

**Q23.** Percentage answering that they enjoy 'most' or 'all' of their lessons at school.

	St Aidan's			No	North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10		
Boys	60	36	55	35	35	38		
Girls	78	58	54	51	44	39		

8% (16%) of pupils responded that they enjoy 'hardly any' of their lessons at school.

**Q23.** Percentage answering that they enjoy 'hardly any' of their lessons at school.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	2	13	8	20	16	19	
Girls	5	9	5	9	12	14	

35% (39%) of pupils responded that they worry about exams and tests 'often' or 'all the time'; 27% (26%) said they worry about school-work problems.

**Q82.** Percentage answering that they worry about exams and tests 'often' or 'all the time'.

	St Aidan's			No	orth Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	19	27	40	20	25	36	
Girls	18	49	69	29	41	64	

### **Attendance**

52% (44%) of pupils responded that they weren't absent from school in the month before the survey, while 30% (35%) said they have missed school due to illness or injury and 19% (23%) have been away due to medical/dental appointments.

**Q24.** Percentage of pupils responding that the following stopped them from going to school in the month before the survey (top 5 – North Yorkshire Secondary data in brackets):

Boys			Girls					
1	Illness or injury	32	(34)	1	Illness or injury	29	(37)	
2	Medical/dental appointments	20	(17)	2	Medical/dental appointments	19	(28)	
3	Other	5	(4)	3	Worries about school	6	(6)	
4	Worries about school	3	(2)	4	Other	5	(3)	
5	Effects of my social life	3	(1)	5	Worries about bullying	2	(3)	

## **School**

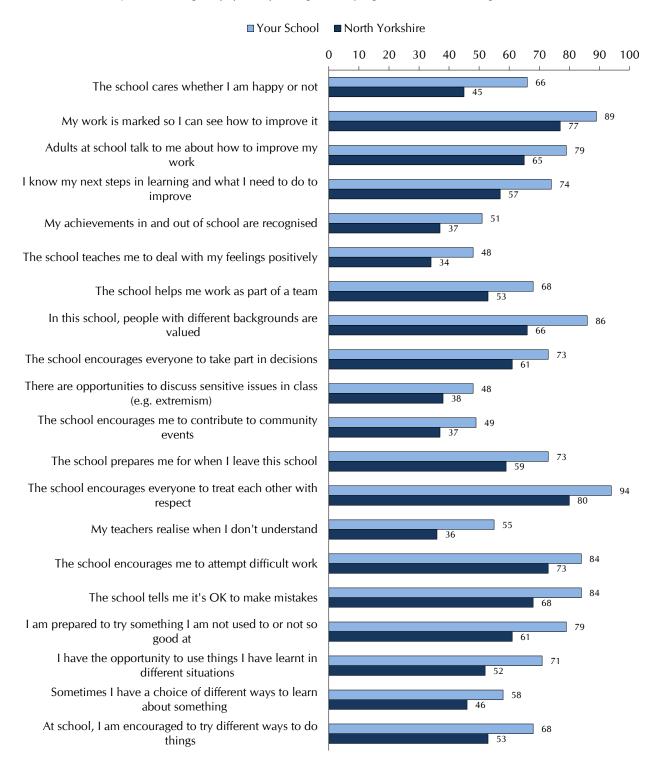
79% (65%) of pupils responded that adults at school talk to them about how to improve their work and 55% (36%) said their teachers realise when they don't understand.

**Q25.** Percentage of pupils responding that they 'agree' with the following statements (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
The school cares whether I am happy or not	75 (52)	91 (58)	47 (49)	70 (51)	64 (39)	47 (36)	66 (45)
My work is marked so I can see how to improve it	93 (82)	89 (80)	89 (81)	88 (79)	90 (76)	82 (72)	89 (77)
Adults at school talk to me about how to improve my work	85 (71)	78 (66)	77 (68)	77 (66)	78 (66)	76 (61)	79 (65)
I know my next steps in learning and what I need to do to improve	89 (63)	84 (62)	70 (61)	56 (59)	68 (58)	74 (50)	74 (57)
My achievements in and out of school are recognised	53 (43)	65 (48)	47 (43)	40 (39)	50 (35)	45 (28)	51 (37)
The school teaches me to deal with my feelings positively	56 (43)	62 (45)	40 (39)	56 (39)	36 (28)	32 (22)	48 (34)
The school helps me work as part of a team	76 (59)	87 (65)	68 (55)	74 (61)	52 (43)	45 (46)	68 (53)
In this school, people with different backgrounds are valued	89 (68)	91 (72)	75 (66)	84 (71)	90 (62)	82 (62)	86 (66)
The school encourages everyone to take part in decisions	85 (67)	87 (71)	70 (63)	67 (66)	62 (54)	58 (55)	73 (61)
There are opportunities to discuss sensitive issues in class (e.g. extremism)	20 (32)	22 (29)	43 (35)	40 (32)	86 (47)	87 (46)	48 (38)
The school encourages me to contribute to community events	49 (46)	58 (47)	58 (42)	56 (41)	40 (33)	26 (26)	49 (37)
The school prepares me for when I leave this school	78 (66)	89 (68)	81 (67)	72 (64)	68 (53)	42 (46)	73 (59)
The school encourages everyone to treat each other with respect	100 (85)	98 (87)	85 (84)	98 (83)	96 (77)	89 (74)	94 (80)
My teachers realise when I don't understand	67 (43)	71 (43)	47 (40)	49 (37)	52 (37)	39 (27)	55 (36)
The school encourages me to attempt difficult work	96 (74)	87 (74)	79 (75)	79 (76)	86 (73)	74 (68)	84 (73)
The school tells me it's OK to make mistakes	91 (76)	93 (80)	81 (72)	81 (73)	84 (64)	68 (59)	84 (68)
I am prepared to try something I am not used to or not so good at	82 (65)	87 (67)	85 (66)	74 (63)	82 (64)	58 (50)	79 (61)
I have the opportunity to use things I have learnt in different situations	75 (56)	82 (59)	60 (57)	77 (54)	72 (52)	58 (44)	71 (52)
Sometimes I have a choice of different ways to learn about something	64 (47)	73 (49)	53 (45)	53 (49)	58 (46)	47 (42)	58 (46)
At school, I am encouraged to try different ways to do things	76 (62)	82 (64)	66 (54)	70 (59)	62 (48)	47 (44)	68 (53)

71% (52%) of pupils responded that they have the opportunity to use things they have learnt in different situations and 58% (46%) said that sometimes they have a choice of different ways to learn about something.

Q25. Percentage of pupils responding that they 'agree' with the following statements:



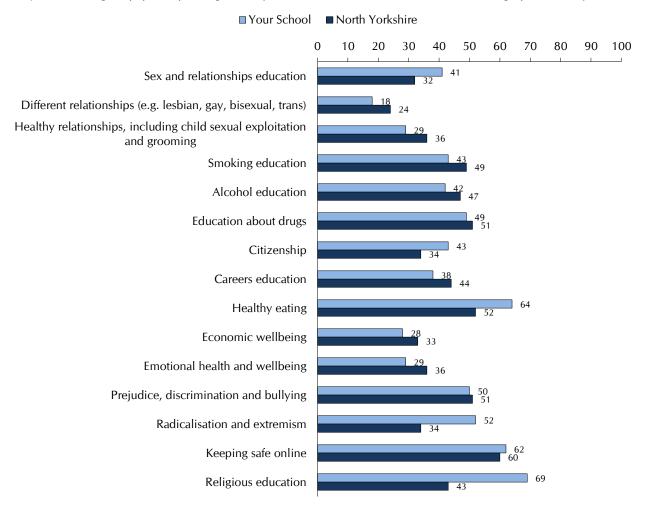
### **School lessons**

29% (36%) of pupils responded that they have found school lessons about emotional health and wellbeing 'quite' or 'very' useful; 43% (34%) said the same of school lessons about citizenship.

**Q26.** Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful (North Yorkshire Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Sex and relationships education	30 (36)	37 (27)	46 (32)	49 (33)	41 (32)
Different relationships (e.g. lesbian, gay, bisexual, trans)	19 (23)	24 (27)	16 (19)	13 (26)	18 (24)
Healthy relationships, including child sexual exploitation and grooming	23 (35)	32 (35)	34 (36)	26 (39)	29 (36)
Smoking education	42 (56)	49 (53)	32 (44)	54 (43)	43 (49)
Alcohol education	40 (53)	41 (49)	34 (43)	56 (42)	42 (47)
Education about drugs	47 (58)	39 (51)	50 (49)	64 (46)	49 (51)
Citizenship	42 (41)	49 (38)	42 (30)	41 (26)	43 (34)
Careers education	40 (51)	32 (48)	42 (44)	36 (36)	38 (44)
Healthy eating	75 (64)	83 (66)	56 (41)	36 (38)	64 (52)
Economic wellbeing	25 (42)	29 (37)	40 (31)	15 (23)	28 (33)
Emotional health and wellbeing	26 (42)	37 (43)	30 (30)	23 (30)	29 (36)
Prejudice, discrimination and bullying	49 (58)	46 (59)	52 (44)	54 (44)	50 (51)
Radicalisation and extremism	53 (38)	44 (35)	52 (35)	56 (31)	52 (34)
Keeping safe online	62 (65)	71 (70)	54 (48)	62 (56)	62 (60)
Religious education	68 (45)	78 (51)	60 (33)	72 (43)	69 (43)

Q26. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful:

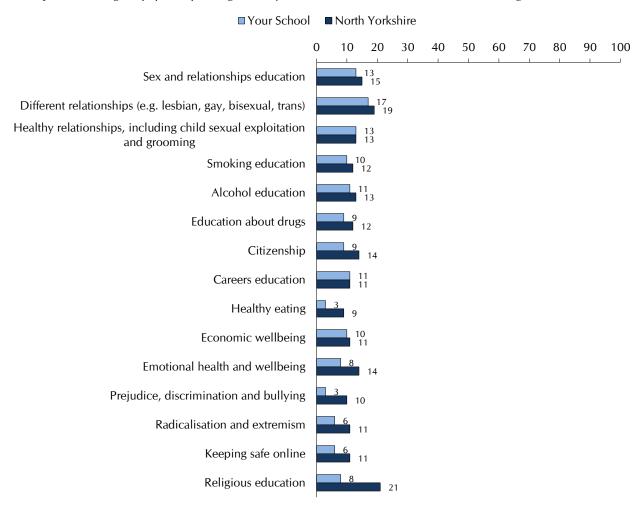


3% (10%) of pupils responded that they have found school lessons about prejudice, discrimination and bullying 'not at all' useful; 8% (14%) said the same of school lessons about emotional health and wellbeing.

**Q26.** Percentage of pupils responding that they have found school lessons about the following 'not at all' useful (North Yorkshire Secondary data in brackets):

	,				
	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Sex and relationships education	11 (12)	10 (13)	12 (18)	21 (15)	13 (15)
Different relationships (e.g. lesbian, gay, bisexual, trans)	11 (20)	17 (14)	24 (28)	18 (16)	17 (19)
Healthy relationships, including child sexual exploitation and grooming	15 (14)	7 (9)	16 (1 <i>7</i> )	13 (10)	13 (13)
Smoking education	6 ( 9)	10 (8)	14 (1 <i>7</i> )	5 (13)	10 (12)
Alcohol education	8 (10)	10 (10)	18 (19)	8 (13)	11 (13)
Education about drugs	8 ( 9)	7 (8)	12 (17)	5 (12)	9 (12)
Citizenship	8 (11)	7 (9)	16 (18)	5 (16)	9 (14)
Careers education	6 (8)	12 (8)	12 (14)	15 (15)	11 (11)
Healthy eating	0 ( 6)	0 (5)	10 (14)	3 (13)	3 (9)
Economic wellbeing	8 (8)	15 (8)	10 (13)	8 (16)	10 (11)
Emotional health and wellbeing	2 (9)	12 (9)	8 (19)	10 (16)	8 (14)
Prejudice, discrimination and bullying	6 (8)	0 ( 7)	4 (13)	3 (10)	3 (10)
Radicalisation and extremism	8 (10)	12 (7)	6 (16)	0 (11)	6 (11)
Keeping safe online	4 ( 9)	0 ( 6)	16 (1 <i>7</i> )	5 (11)	6 (11)
Religious education	6 (23)	2 (15)	18 (28)	3 (18)	8 (21)

Q26. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:



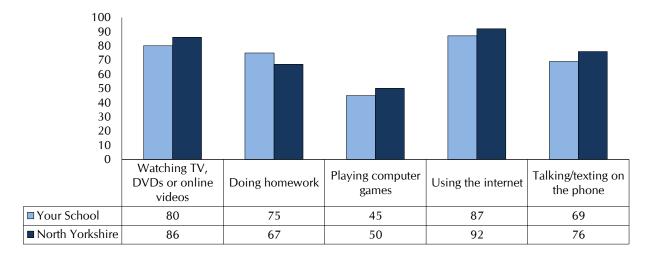
### Leisure time

80% (86%) of pupils responded that they spent time watching TV, DVDs or online videos after school on the day before the survey, while 75% (67%) did homework, 45% (49%) played computer games and 87% (92%) used the Internet on a computer, phone or other device.

**Q27.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey (North Yorkshire Secondary data in brackets):

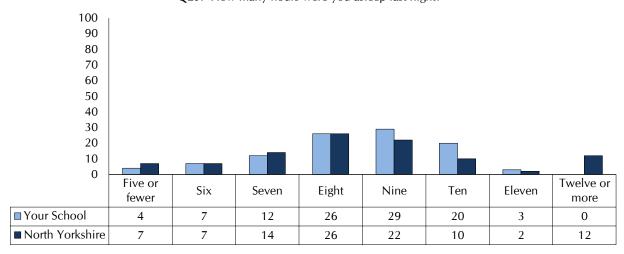
	· ·				
Boys	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV, DVDs or online videos	18 (13)	43 (35)	22 (23)	7 (10)	8 (18)
Doing homework	26 (35)	49 (45)	16 (14)	5 ( 3)	3 ( 2)
Playing computer games	20 (19)	27 (17)	32 (20)	9 (13)	10 (30)
Using the internet on a computer, phone or other device	12 (8)	44 (31)	19 (20)	10 (11)	14 (30)
Talking/texting on the phone	37 (31)	43 (37)	8 (12)	5 ( 6)	6 (15)
Girls	No time at all	Up to 1 hour	Up to 2 hours	Up to 3 hours	More than 3 hours
Watching TV, DVDs or online videos	16 (13)	42 (34)	28 (26)	8 (12)	5 (14)
Doing homework	21 (28)	42 (42)	28 (20)	7 ( 6)	1 ( 3)
Playing computer games	91 (78)	7 (11)	1 (4)	0 ( 2)	1 ( 3)
Using the internet on a computer, phone or other device	12 ( 6)	47 (27)	17 (22)	8 (14)	16 (30)
Talking/texting on the phone	21 (17)	51 (35)	15 (15)	5 (11)	7 (22)

**Q27.** Percentage of pupils responding that they spent time doing the following after school on the day before the survey:



# **Sleeping patterns**

Q29. How many hours were you asleep last night?



4% (7%) of pupils responded that they got five or fewer hours' sleep the night before the survey.

78% (72%) of pupils responded that they got at least eight hours' sleep the night before the survey.

**Q29.** Percentage answering that they got five or fewer hours' sleep the night before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	6	8	5	6	9
Girls	0	2	0	2	5	7

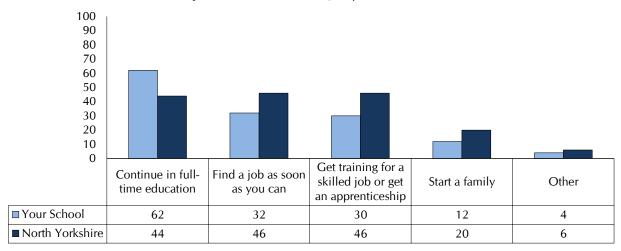
**Q29.** Percentage answering that they got at least eight hours' sleep the night before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	90	79	58	81	78	65
Girls	92	83	63	84	78	60

# **Economic Wellbeing**

# **Future plans**

**Q30.** At the end of Year 11, do you want to...?



56% (39%) of boys and 70% (50%) of girls responded that they want to continue in full-time education at the end of Year 11.

38% (48%) of boys and 25% (45%) of girls responded that they want to find a job as soon as they can at the end of Year 11.

35% (50%) of boys and 25% (43%) of girls responded that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.

9% (22%) of boys and 14% (18%) of girls responded that they want to start a family at the end of Year 11.

**Q30.** Percentage answering that they want to continue in full-time education at the end of Year 11.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	35	80	35	43	
Girls	66	<i>7</i> 5	42	57	

**Q30.** Percentage answering that they want to find a job as soon as they can at the end of Year 11.

	St Aidan's		North Yorkshi		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	49	27	52	44	
Girls	22	28	50	40	

**Q30.** Percentage answering that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.

	St Aidan's		North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	49	20	57	43	
Girls	34	14	52	34	

**Q30.** Percentage answering that they want to start a family at the end of Year 11.

	St Aidan's		Nortl	n Yorkshire
	Yr 8	Yr 10	Yr 8	Yr 10
Boys	12	4	28	14
Girls	22	6	23	13

67% (52%) of pupils responded that they intend to apply for University in the future, while 26% (34%) said they are 'not sure' if they will.

19% (22%) of pupils responded that they have had enough information and guidance about their options after Year 11, including apprenticeships.

55% (50%) of pupils responded that they <u>haven't</u> had enough information and guidance about their options after Year 11, including apprenticeships.

**Q31.** Percentage answering that they intend to apply for University in the future.

	St Aidan's		North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	53	62	49	43	
Girls	83	74	60	56	

**Q32a.** Percentage answering that they have had enough information and guidance about their options after Year 11, including apprenticeships.

	St Aidan's		North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	8	41	24	32	
Girls	15	13	15	18	

**Q32a.** Percentage answering that they <u>haven't</u> had enough information and guidance about their options after Year 11, including apprenticeships.

	St Aidan's		North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	63	35	44	44	
Girls	65	59	52	56	

46% (42%) of pupils responded that they haven't had enough information and guidance about their options after Year 11 and would like to know more about work and employment, while 47% (40%) would like to know more about University.

**Q32b.** Percentage of pupils responding that they haven't had enough information and guidance about their options after Year 11 and would like to know more about the following (top 5 – North Yorkshire Secondary data in brackets):

	Boys			Girls		
1	Work and employment	42	(37)	1 University	54	(48)
2	University	42	(32)	2 Personal skills	54	(45)
3	Apprenticeships	41	(36)	3 Work and employmen	51	(47)
4	Personal skills	35	(30)	Exams and qualificatio	ns 50	(47)
5	Exams and qualifications	29	(30) 5	5 Apprenticeships	41	(40)

38% (44%) of pupils responded that they have found school lessons about careers education 'quite' or 'very' useful, while 11% (11%) have found them 'not at all' useful and 17% (20%) couldn't remember any.

**Q26.** Percentage answering that they have found school lessons about careers education 'quite' or 'very' useful.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	40	42	51	44	
Girls	32	36	48	36	

#### Money

18% (24%) of pupils responded that they have a regular paid job outside school during term-time.

**Q33.** Percentage answering that they have a regular paid job outside school during term-time.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	17	34	15	31	
Girls	2	18	13	38	

Of the 34 (1807) pupils who have a regular paid job, they spent an average of 6 (7) hours working in the week before the survey.

**Q34.** Mean number of hours pupils with a job worked in the week before the survey:

	St Aidan's		North Yorkshii		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	4	6	5	8	
Girls	1	6	4	7	

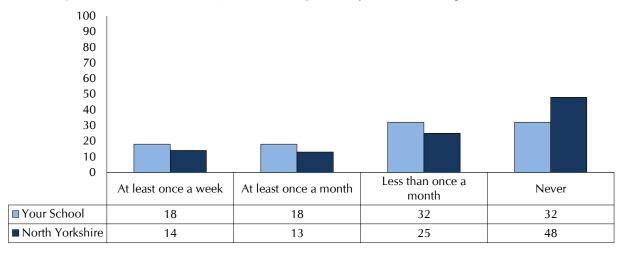
14% (14%) of pupils responded that they worry about money problems 'often' or 'all the time'.

**Q82.** Percentage answering that they worry about money problems 'often' or 'all the time'.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	6	12	27	8	9	12
Girls	5	10	26	10	13	22

## Volunteering

Q35. Over the last six months, how often have you taken part in volunteering outside of school?



68% (52%) of pupils responded that they have taken part in volunteering at some point outside of school in the last six months.

**Q35.** Percentage answering that they have taken part in volunteering at some point outside of school in the last six months.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	72	53	66	55	48	46
Girls	77	65	74	61	56	54

36% (27%) of pupils responded that they have taken part in volunteering at least 'once a month' outside of school in the last six months; 18% (14%) said they have done so 'at least once a week'.

**Q35.** Percentage answering that they have taken part in volunteering at least 'once a month' outside of school in the last six months.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	30	24	40	27	21	25
Girls	38	30	59	30	25	35

# Safety

# Feeling safe and happy

93% (89%) of pupils responded that they 'always' feel safe at home and 79% (57%) said they 'always' feel safe at school.

Q36. Do you...? % responding 'always' (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Feel happy at school?	58 (33)	73 (37)	36 (31)	43 (31)	60 (30)	28 (21)	51 (29)
Feel happy at home?	78 (75)	85 (73)	70 (72)	79 (67)	66 (66)	64 (54)	74 (66)
Feel happy being outside where you live?	71 (70)	93 (76)	77 (72)	83 (73)	76 (70)	74 (65)	79 (70)
Feel safe at school?	80 (57)	93 (63)	60 (56)	83 (59)	78 (60)	79 (55)	79 (57)
Feel safe going to and from school?	87 (76)	84 (69)	77 (74)	74 (68)	88 (78)	77 (71)	81 (72)
Feel safe being outside where you live?	71 (77)	93 (81)	77 (78)	86 (78)	88 (79)	85 (73)	83 (77)
Feel safe at home?	93 (91)	96 (93)	92 (90)	93 (90)	96 (90)	85 (86)	93 (89)
Feel safe on your bike or scooter?	75 (73)	82 (72)	75 (74)	76 (67)	82 (72)	69 (61)	77 (69)

#### **Accidents**

33% (40%) of pupils responded that they have had at least one accident or injury which was treated at a clinic or hospital in the last 12 months, while 12% (20%) said they have had more than one accident or injury which needed treatment.

**Q37.** Percentage answering that they have had at least one accident or injury which needed treatment in the last 12 months.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	38	45	26	47	44	41
Girls	27	42	16	36	37	33

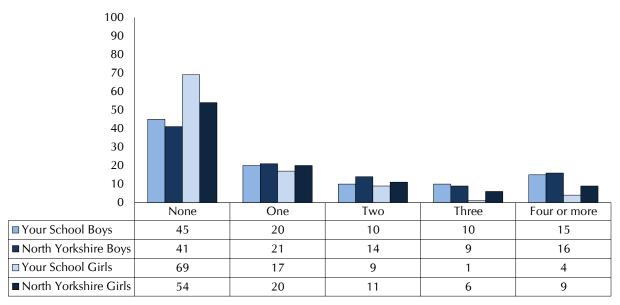
24% (21%) of pupils responded that they have had an accident or injury in the last 12 months, the most recent of which was a sports injury, while 5% (7%) said they had a fall, trip or slip.

Q38. If yes, what was your last accident? (North Yorkshire Secondary data in brackets):

	Boys				Girls		
1	A sports injury	29	(25)	1	A sports injury	19	(1 <i>7</i> )
2	A fall, trip or slip	4	(6)	2	A fall, trip or slip	7	(8)
3	Other	2	(4)	3	Other	4	(3)
4	Cycling injury	1	(2)	4	A burn or scald	2	(1)
5	Cut	0	(4)	5	Cut	0	(3)

## **Anti-social behaviour**

**Q39.** Anti-social behaviour summary: Percentage of pupils responding that they have done at least one of the activities listed...:



55% (59%) of boys and 31% (46%) of girls responded that they have done at least one of the anti-social behaviours listed at some point; 10% (13%) said they have done four or more.

**Q39.** Percentage answering that they have done four or more of the anti-social behaviours listed at some point.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	15	31	9	13	22
Girls	0	5	8	5	7	13

Q39. Percentage of pupils responding that they have done the following (North Yorkshire Secondary data in brackets):

Boys	No	Yes, in the past	Yes, this term
Been in a car with a drunk or under-age driver	90 (92)	8 ( 6)	1 ( 2)
Gone on or near railway lines	69 (66)	22 (24)	8 (10)
Gone onto a building site without supervision	76 (76)	17 (18)	6 ( 6)
Hit or kicked or thrown stones at someone	76 (70)	17 (23)	7 ( 7)
Stolen something from someone	81 (80)	16 (16)	3 ( 3)
Shoplifted	87 (91)	13 ( 7)	1 ( 2)
Damaged a car	89 (88)	11 (11)	1 ( 2)
Broken into a car	99 (98)	0 ( 1)	1 ( 1)
Vandalised	87 (88)	12 ( 9)	1 ( 2)
Started a fire that they shouldn't have done	85 (83)	11 (12)	4 ( 4)
Girls	No	Yes, in the past	Yes, this term
Been in a car with a drunk or under-age driver	95 (92)	4 ( 7)	0 ( 1)
Gone on or near railway lines	80 (72)	17 (21)	3 ( 6)
Gone onto a building site without supervision	93 (85)	6 (12)	1 ( 3)
Hit or kicked or thrown stones at someone	88 (84)	8 (13)	1 ( 3)
Stolen something from someone	90 (85)	8 (14)	1 ( 2)
Shoplifted	96 (92)	2 ( 7)	1 ( 1)
Damaged a car	99 (95)	1 (4)	0 ( 0)
Broken into a car	100 (99)	0 ( 0)	0 (0)
Vandalised	99 (93)	1 ( 5)	0 ( 1)
Started a fire that they shouldn't have done			0 (2)

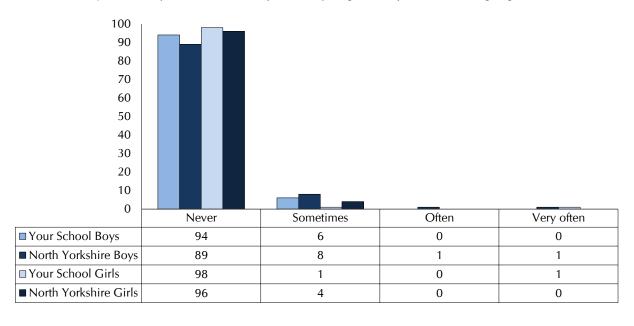
## Violence and aggression

5% (8%) of pupils responded that they have been the victim of violence or aggression in the area where they live in the last 12 months, while 7% (10%) said they are 'not sure' if they have been.

**Q40.** Percentage answering that they have been the victim of violence or aggression in the area where they live in the last 12 months.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	6	9	6	10	9	10
Girls	2	2	3	5	6	7

**Q41a.** Have you ever carried weapons or anything else for protection when going out?



4% (8%) of pupils responded that they have carried weapons or something else for protection when going out at least 'sometimes'.

**Q41a.** Percentage answering that they have carried weapons or something else for protection when going out at least 'sometimes'.

		St Aidan	's	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	4	8	6	9	10	12
Girls	0	2	5	4	4	5

2% (3%) of pupils responded that they have carried weapons or something else for protection when going out at night.

**Q41c.** Percentage of pupils responding that they have carried weapons or something else for protection at the following places (North Yorkshire Secondary data in brackets):

	Year 7	Year 7		Year 8		Year 10	
	Boys	Girls	Boys	Girls	Boys	Girls	
Going to and from school	0 (1)	0 (1)	0 (1)	2 (1)	0 (1)	0 (1)	0 (1)
At school	0 (1)	0 (1)	0 (1)	0 (0)	0 (1)	0 (1)	0 (1)
Going out at night	2 (3)	0 (1)	4 ( 3)	0 (2)	4 ( 7)	5 (3)	2 (3)
Going out during the day	0 (3)	0 (1)	0 (3)	0 (1)	2 (4)	0 (1)	0 (2)
Other situation	2 (4)	0 (2)	6 (4)	2 (1)	2 (4)	3 (2)	3 ( 3)

# **Bullying**

25% (28%) of pupils responded that they were pushed/hit in the month before the survey and 12% (13%) said they had belongings taken/broken. 43% (40%) said none of these things happened to them.

**Q42.** Percentage of pupils responding that they experienced the following in the month before the survey (top 10 – North Yorkshire Secondary data in brackets):

	Boys				Girls		
1	Been teased/made fun of	44	(39)	1	Been teased/made fun of	39	(42)
2	Pushed/hit	32	(34)	2	Called nasty names	21	(34)
3	Called nasty names	25	(30)	3	Pushed/hit	1 <i>7</i>	(21)
4	Called 'gay' as an insult, or 'dyke'/other homophobic words	23	(26)	4	Had belongings taken/broken	13	(12)
5	Received a hoax/prank call	13	(11)	5	Received a hoax/prank call	10	(14)
6	Had belongings taken/broken	11	(14)	6	Called 'gay' as an insult, or 'dyke'/other homophobic words	9	(11)
7	Been threatened	10	(14)	7	Been ganged up on	7	(9)
8	Been ganged up on	9	(9)	8	Received nasty/threatening text message	6	(11)
9	Received nasty/threatening text message	3	(7)	9	Been threatened	6	(10)
10	Received nasty/threatening email or online message	2	(4)	10	Other	3	(1)

14% (22%) of pupils responded that they experienced negative behaviour outside at school during breaktimes in the month before the survey; 12% (17%) said they experienced such behaviour during lesson time.

**Q43.** Percentage of pupils responding that they experienced negative behaviour at the following places in the month before the survey (top 5 – North Yorkshire Secondary data in brackets):

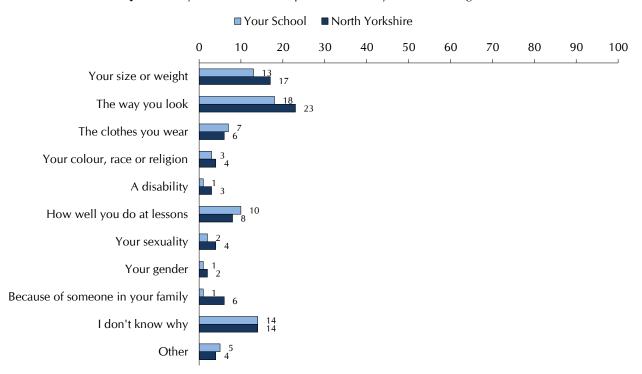
	Boys				Girls		
1	In a classroom (breaktimes)	26	(17)	1	In a classroom (breaktimes)	31	(20)
2	Outside at school (breaktimes)	18	(26)	2	During lesson time	13	(19)
3	During lesson time	11	(14)	3	In the corridors	12	(14)
4	At or near home	10	(10)	4	Outside at school (breaktimes)	10	(19)
5	In the corridors	9	(13)	5	At or near home	8	(12)

13% (22%) of pupils responded that they have been bullied at or near school in the last 12 months, while 18% (15%) said they are 'not sure' if they have been.

**Q44.** Percentage answering that they have been bullied at or near school in the last 12 months.

		St Aidan	's	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	11	11	12	21	22	15
Girls	13	21	8	26	25	21

Q45. Have you been bullied or 'picked on' for any of the following reasons?



12% (15%) of boys and 13% (19%) of girls think they have been picked on or bullied because of their size or weight.

16% (17%) of boys and 20% (27%) of girls think they have been picked on or bullied because of the way they look.

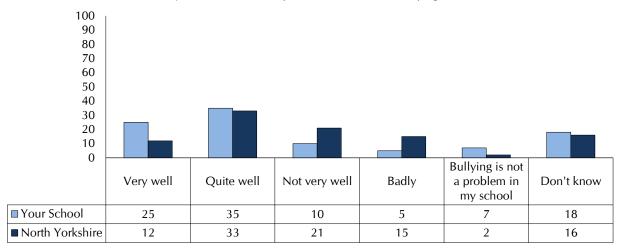
**Q45.** Percentage answering that they think they have been picked on or bullied because of their size or weight.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	7	9	21	15	15	14
Girls	9	13	18	18	1 <i>7</i>	22

**Q45.** Percentage answering that they think they have been picked on or bullied because of the way they look.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	17	1 <i>7</i>	14	17	1 <i>7</i>	16
Girls	7	26	32	23	27	30

Q46. How well does your school deal with bullying?



60% (45%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 7% (2%) said that bullying is not a problem in their school.

5% (15%) of pupils responded that their school deals with bullying 'badly'.

50% (51%) of pupils responded that they have found school lessons about prejudice, discrimination and bullying 'quite' or 'very' useful, while 3% (10%) have found them 'not at all' useful and 14% (11%) couldn't remember any.

**Q46.** Percentage answering that their school deals with bullying 'quite' or 'very' well.

		St Aidan	's	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	63	51	61	55	51	39
Girls	<i>7</i> 1	63	51	57	51	32

**Q46.** Percentage answering that their school deals with bullying 'badly'.

		St Aidan	's	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	8	6	8	13	20
Girls	0	3	13	5	10	22

**Q26.** Percentage answering that they have found school lessons about prejudice, discrimination and bullying 'quite' or 'very' useful.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	49	52	58	44	
Girls	46	54	59	44	

## **Internet safety**

96% (93%) of pupils responded that they communicate with friends and family they know in real life online.

**Q47a.** Percentage answering that they communicate with friends and family they know in real life online.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	95	94	96	91	90	91
Girls	98	93	97	96	95	95

16% (18%) of pupils responded that they communicate with people they have met online and don't know in real life.

**Q47b.** Percentage answering that they communicate with people they have met online and don't know in real life.

		St Aidan	's	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	18	19	24	14	16	29
Girls	5	5	28	6	10	21

41% (38%) of pupils responded that they communicate with people through online games, while 52% (53%) said they do so through picture/video sharing sites/apps.

**Q48.** Percentage of pupils responding that they communicate with people online by the following means (North Yorkshire Secondary data in brackets):

	Year 7		Year 8	Year 8		Year 10	
	Boys	Girls	Boys	Girls	Boys	Girls	
Posting things that lots of people can see	24 (26)	31 (30)	28 (30)	33 (43)	67 (42)	72 (64)	41 (42)
Sending messages to one or a few people	60 (55)	87 (74)	57 (54)	81 (75)	71 (66)	87 (80)	73 (68)
Picture/video sharing sites/apps	27 (33)	49 (46)	43 (39)	57 (57)	69 (54)	74 (76)	52 (53)
Video chat	31 (33)	69 (54)	34 (32)	52 (57)	45 (35)	69 (58)	49 (45)
Livestreaming	7 (13)	7 (12)	13 (10)	5 (8)	14 (8)	3 (4)	8 ( 9)
Through online games	65 (66)	5 (10)	72 (67)	2 (10)	80 (68)	10 (10)	41 (38)
Other	4 ( 3)	15 (3)	4 ( 2)	10 (2)	6 ( 2)	0 (1)	6 ( 2)

10% (14%) of pupils responded that they have experienced someone writing or showing them things online to hurt or upset them (with text, pictures or video), while 4% (6%) said they have sent personal information to someone, then wished they hadn't or had thought more about it.

**Q49a.** Percentage of pupils responding that they have experienced the following online (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
They placed a bet	2 (4)	0 (1)	4 ( 6)	3 (2)	20 (13)	5 (3)	5 ( 5)
Someone writing or showing things to hurt or upset them (with text, pictures or video)	4 ( 6)	5 (12)	17 (9)	8 (16)	9 (11)	19 (23)	10 (14)
Someone published private information about them	4 ( 3)	2 ( 3)	2 ( 3)	8 ( 3)	9 ( 5)	8 ( 7)	5 ( 4)
Someone used their identity/password to upset or hurt them	0 ( 1)	2 ( 2)	0 ( 2)	3 ( 3)	0 (3)	3 (3)	1 ( 3)
They sent personal information to someone, then wished they hadn't or had thought more about	2 ( 2)	4 ( 5)	4 ( 3)	3 ( 6)	2 ( 6)	8 (12)	4 ( 6)
They saw pictures, videos or games they found upsetting	5 ( 4)	7 (5)	4 ( 4)	10 ( 9)	5 ( 6)	16 (15)	7 (8)
Someone asking to meet them who they have only ever met online	2 ( 2)	0 (3)	2 ( 3)	8 ( 5)	5 (4)	11 (15)	4 ( 6)
Being approached by an adult online who wants a sexual encounter or relationship	0 ( 1)	0 (3)	2 ( 2)	5 ( 5)	0 ( 2)	3 (10)	1 ( 4)
Being bullied online or cyberbullying	0 (4)	4 ( 7)	4 ( 5)	8 (10)	5 (4)	5 (10)	4 ( 7)
Extremism online	2 (1)	0 (1)	2 ( 2)	0 (0)	2 (4)	0 (2)	1 ( 2)
They saw sexually explicit images, videos or games	7 ( 5)	4 ( 4)	4 ( 7)	8 ( 9)	32 (21)	11 (21)	11 (13)
They sent undressed/sexual images of themselves ('sexting')*	- (-)	- (-)	0 ( 2)	0 ( 2)	14 ( 6)	11 (11)	6 ( 5)
Someone who knows them sent 'sexting' images of them*	- (-)	- (-)	2 ( 1)	0 ( 1)	2 ( 3)	3 (5)	2 ( 2)
Received 'sexting' images*	- (-)	- (-)	6 (11)	20 (17)	32 (22)	32 (37)	22 (22)

<sup>\*</sup> These items only asked of Year 8+ pupils.

**Q49b.** Percentage of pupils responding that they have received a 'sexting' image and did the following (North Yorkshire Secondary data in brackets):

	Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	
Did nothing	0 (3)	2 ( 5)	15 (9)	13 (18)	7 (9)
Sent it on to someone else	0 (1)	2 (1)	2 ( 2)	0 (2)	1 (2)
Sent one back	0 (2)	0 (1)	15 (8)	8 ( 7)	6 ( 4)
Deleted the images	4 ( 4)	12 (8)	8 ( 5)	10 (14)	8 (8)
Informed the person in the picture	0 (1)	7 ( 1)	0 (2)	5 ( 2)	3 (2)
Told a responsible adult	2 ( 2)	10 ( 6)	4 ( 1)	5 ( 2)	5 (3)
Informed police/CEOP	0 (1)	0 (2)	2 (1)	3 (2)	1 (2)

12% (11%) of pupils responded that they worry about keeping safe on the Internet, email and using mobile phones 'often' or 'all the time'.

**Q82.** Percentage answering that they worry about keeping safe on the Internet, email and using mobile phones 'often' or 'all the time'.

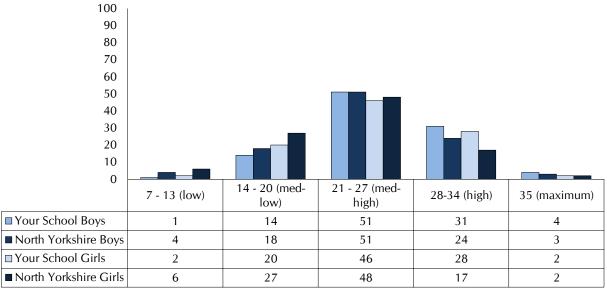
	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	1 <i>7</i>	10	4	14	10	7	
Girls	18	10	13	19	14	9	

# Making a Positive Contribution

## **Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS)**

This scale has been devised by researchers interested in young people's wellbeing. This scale comprises 7 questions, which are used to make a combined score.

 $\textbf{Q50.} \ \ \textbf{The Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS):}$ 



On average pupils scored 25 (23) on the SWEMWB Scale.

Scale.

1% (6%) of pupils had a low score (7 - 13) on the SWEMWB Scale, while 18% (23%) had a med-low score (14 - 20).

33% (22%) of pupils had a high or maximum score (28 – 35) on the SWEMWB Scale.

**Q50.** Mean SWEMWB Score:

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	26	24	25	24	24	24	
Girls	27	24	22	24	23	21	

**Q50.** Percentage with a low score (7 - 13) on the SWEMWB Scale.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	0	2	0	3	4	5	
Girls	0	3	5	2	4	10	

**Q50.** Percentage with a high or maximum score (28 – 35) on the SWEMWB Scale.

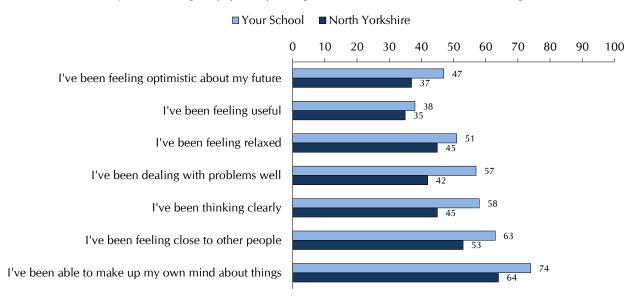
	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	38	27	38	28	27	27	
Girls	42	26	21	30	21	12	

47% (37%) of pupils responded that they have at least 'often' been feeling optimistic about the future and 38% (35%) said they have been feeling useful.

Q50. The Short Warwick-Edinburgh Mental Wellbeing Scale (North Yorkshire Secondary data in brackets):

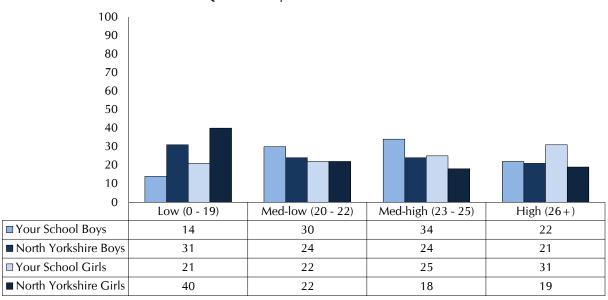
Boys	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about my future	4 (12)	12 (15)	37 (33)	35 (29)	11 (11)
I've been feeling useful	2 (8)	18 (15)	40 (37)	31 (31)	8 ( 9)
I've been feeling relaxed	3 ( 5)	13 (12)	24 (29)	46 (38)	14 (16)
I've been dealing with problems well	2 ( 7)	8 (12)	28 (31)	45 (35)	17 (14)
I've been thinking clearly	2 ( 5)	6 (11)	28 (32)	42 (35)	21 (17)
I've been feeling close to other people	4 ( 7)	7 (11)	24 (27)	40 (34)	22 (19)
I've been able to make up my own mind about things	2 ( 3)	2 ( 5)	15 (21)	35 (38)	39 (32)
Girls	None of the time	Rarely	Some of the time	Often	All of the time
I've been feeling optimistic about my future	6 (11)	15 (1 <i>7</i> )	29 (37)	36 (26)	11 ( 9)
I've been feeling useful	3 (9)	18 (21)	41 (39)	29 (24)	7 ( 6)
I've been feeling relaxed	5 ( 7)	15 (20)	40 (35)	30 (29)	10 (8)
I've been dealing with problems well	5 (10)	12 (19)	29 (35)	41 (28)	13 ( 9)
I've been thinking clearly					
	5 ( 7)	8 (19)	32 (33)	35 (29)	18 (11)
I've been feeling close to other people	5 ( 7) 2 ( 6)	8 (19) 11 (12)	32 (33) 20 (27)	35 (29) 36 (35)	18 (11) 29 (19)

**Q50.** Percentage of pupils responding 'often' or 'all of the time' to the following:



### Resilience

Q51/52. Composite resilience score:



We have used these two questions (51 & 52) to form an overall measure of "resilience". All the items are scored 0-3 if phrased positively, or 3-0 if they are phrased negatively.

17% (36%) of pupils had a low measure of resilience (0 - 19).

**Q51/52.** Percentage with a low measure of resilience (0 – 19).

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	8	18	18	24	29	35	
Girls	8	22	39	26	35	51	

26% (20%) of pupils had a high measure of resilience (26+).

**Q51/52.** Percentage with a high measure of resilience (26+).

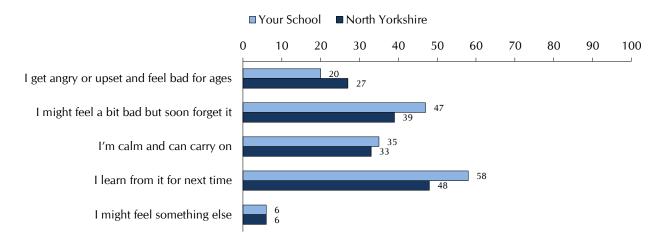
, ,							
	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	29	18	18	27	22	19	
Girls	38	39	14	33	23	10	

58% (48%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time, while 20% (27%) said they get angry or upset and feel bad for ages.

**Q51.** Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I get angry or upset and feel bad for ages	15 (19)	12 (23)	19 (20)	24 (30)	17 (22)	39 (40)	20 (27)
I might feel a bit bad but soon forget it	49 (41)	58 (41)	43 (39)	42 (38)	48 (43)	39 (35)	47 (39)
I'm calm and can carry on	40 (41)	37 (38)	43 (38)	32 (28)	41 (39)	18 (22)	35 (33)
I learn from it for next time	64 (51)	77 (55)	53 (48)	50 (49)	52 (51)	42 (43)	58 (48)
I might feel something else	0 (6)	4 ( 9)	9 ( 5)	11 ( 6)	7 (5)	11 (6)	6 ( 6)

Q51. Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:

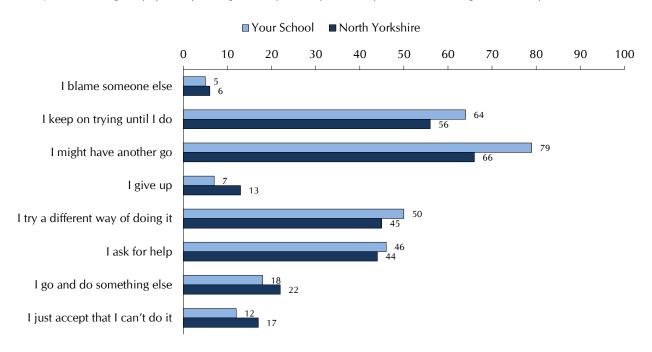


64% (56%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 46% (44%) ask for help and 7% (13%) give up.

**Q52.** Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed (North Yorkshire Secondary data in brackets):

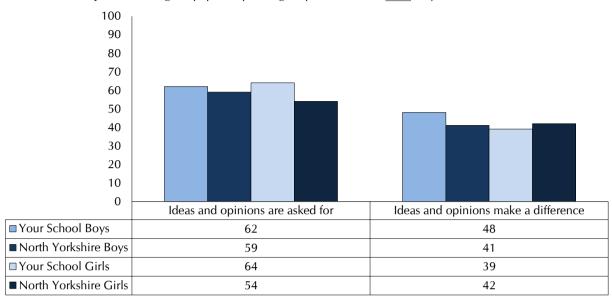
	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
I blame someone else	4 ( 3)	2 ( 2)	4 ( 6)	2 (3)	8 (9)	8 ( 6)	5 ( 6)
I keep on trying until I do	72 (66)	83 (67)	49 (61)	59 (58)	59 (55)	57 (45)	64 (56)
I might have another go	89 (70)	87 (74)	71 (69)	71 (67)	82 (68)	68 (57)	79 (66)
I give up	4 ( 9)	2 (10)	10 (9)	5 (12)	6 (11)	16 (21)	7 (13)
I try a different way of doing it	53 (51)	56 (50)	41 (49)	56 (45)	55 (47)	35 (38)	50 (45)
I ask for help	40 (48)	60 (55)	43 (43)	54 (49)	45 (37)	41 (44)	46 (44)
I go and do something else	6 (17)	6 (17)	22 (17)	20 (20)	20 (22)	41 (29)	18 (22)
I just accept that I can't do it	6 (15)	8 (14)	12 (13)	12 (16)	16 (13)	24 (25)	12 (17)

Q52. Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:



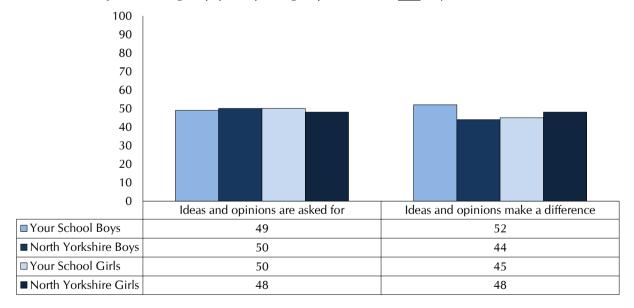
## Views and opinions

63% (56%) of pupils responded that they are asked for their opinions about what they learn in school; 43% (41%) said their opinions make a difference.



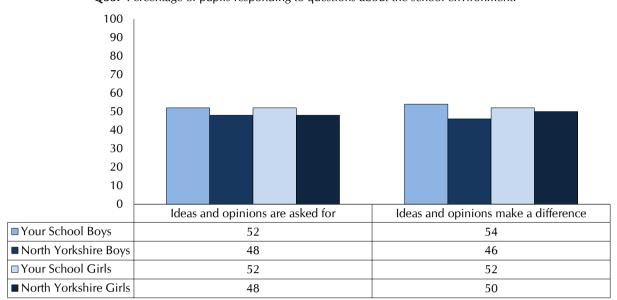
**Q53.** Percentage of pupils responding to questions about what they learn in school:

49% (48%) of pupils responded that they are asked for their opinions about <u>how</u> they learn in school; 48% (45%) said their opinions make a difference.



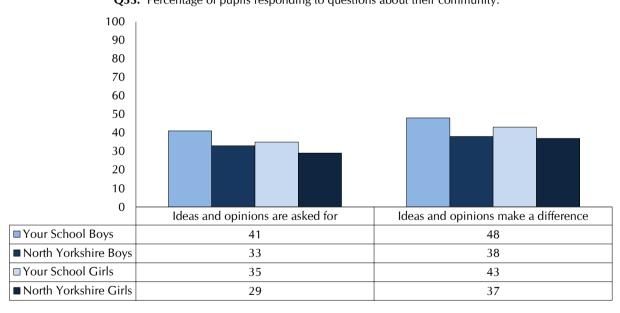
**Q53.** Percentage of pupils responding to questions about how they learn in school:

52% (48%) of pupils responded that they are asked for their opinions about the school environment; 54% (48%) said their opinions make a difference.



**Q53.** Percentage of pupils responding to questions about the school environment:

38% (31%) of pupils responded that they are asked for their opinions about their community; 46% (37%) said their opinions make a difference.



**Q53.** Percentage of pupils responding to questions about their community:

26% (43%) of pupils responded that they have had the chance to vote for School/College Council members and 46% (31%) said they have had the chance to take part in a mock general election.

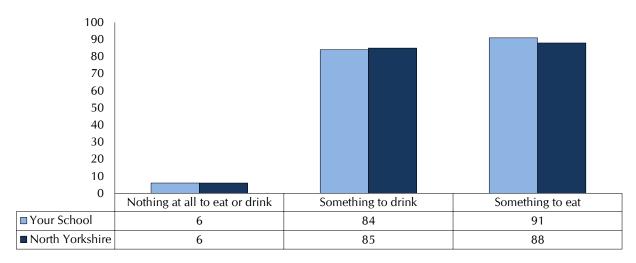
**Q54.** Percentage of pupils responding that they have had the chance to take part in the following events in their school: (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Voting for School/College Council members	24 (32)	23 (37)	15 (40)	30 (41)	39 (51)	24 (48)	26 (43)
Mock general election	13 (10)	17 (11)	38 (28)	45 (29)	88 (42)	95 (41)	46 (31)
Peer mentoring/buddy system	33 (24)	23 (24)	10 (25)	18 (27)	24 (27)	14 (30)	21 (27)
Digital leaders	19 (15)	4 (13)	6 (14)	5 (12)	4 (12)	0 (11)	7 (13)
Being a member of an eco group or Fair Trade group	11 (13)	19 (18)	2 (14)	20 (19)	27 (13)	30 (16)	17 (15)
Being a member of a focus group	15 (8)	13 (10)	2 (9)	5 (10)	14 (11)	14 ( 9)	11 (10)
Supporting other students with their learning	56 (45)	66 (49)	48 (41)	43 (49)	33 (36)	43 (40)	49 (42)
Presenting your ideas to adults	65 (44)	79 (59)	44 (43)	50 (49)	43 (36)	32 (36)	54 (43)
Being a member of a school council or local youth council	19 (26)	21 (30)	6 (28)	20 (33)	16 (36)	16 (39)	17 (33)
Other	7 ( 6)	11 ( <i>7</i> )	0 ( 6)	8 ( 6)	2 ( 5)	3 ( 3)	5 ( 5)

# **Healthy Eating**

### Lunch

Q55. What did you have to eat or drink for lunch yesterday?



6% (6%) of pupils responded that they didn't have anything to eat or drink for lunch on the day before the survey.

**Q55.** Percentage answering that they didn't have anything to eat or drink for lunch on the day before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	12	8	5	4	6
Girls	2	10	3	3	6	7

84% (85%) of pupils responded that they had something to  $\underline{\text{drink}}$  for lunch on the day before the survey.

**Q55.** Percentage answering that they had something to drink for lunch on the day before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	93	74	80	89	88	87
Girls	93	81	79	87	83	81

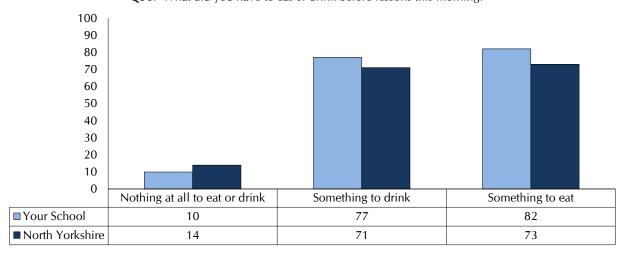
91% (88%) of pupils responded that they had something to <u>eat</u> for lunch on the day before the survey.

**Q55.** Percentage answering that they had something to eat for lunch on the day before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	95	88	88	91	91	90
Girls	96	86	92	91	87	84

#### **Breakfast**

**Q56.** What did you have to eat or drink before lessons this morning?



10% (14%) of pupils responded that they didn't have anything to eat or drink before lessons on the morning of the survey.

**Q56.** Percentage answering that they didn't have anything to eat or drink before lessons on the morning of the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	14	16	12	11	13
Girls	7	10	13	10	14	21

77% (71%) of pupils responded that they had something to <u>drink</u> before lessons on the morning of the survey.

**Q56.** Percentage answering that they had something to <u>drink</u> before lessons on the morning of the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	82	78	68	73	74	74
Girls	78	83	69	72	70	65

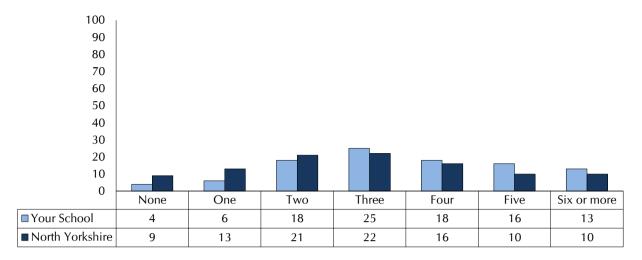
82% (73%) of pupils responded that they had something to <u>eat</u> before lessons on the morning of the survey.

**Q56.** Percentage answering that they had something to eat before lessons on the morning of the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	91	78	76	77	78	78
Girls	87	83	79	76	72	63

## 5-a-day

Q57. How many portions of fruit and vegetables did you eat yesterday?



4% (9%) of pupils responded that they didn't eat any portions of fruit or vegetables on the day before the survey.

29% (20%) of pupils responded that they ate at least 5 portions of fruit and vegetables on the day before the survey.

**Q57.** Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey.

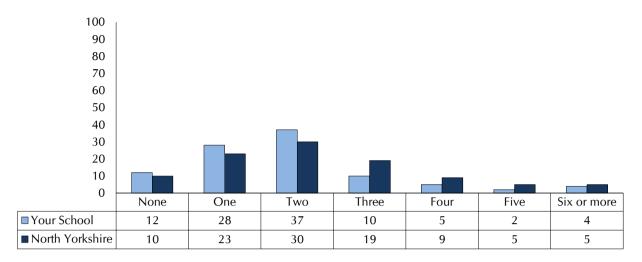
	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	4	8	9	9	11
Girls	0	2	5	6	6	10

**Q57.** Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	31	26	16	18	19	18
Girls	42	27	29	25	23	1 <i>7</i>

# Snacks and fizzy drinks

Q58. How many snacks did you eat yesterday?



12% (10%) of pupils responded that they didn't eat any snacks on the day before the survey.

**Q58.** Percentage answering that they didn't eat any snacks on the day before the survey.

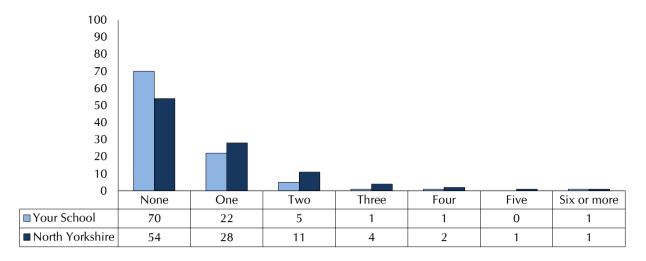
	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	15	16	2	10	8	9
Girls	11	10	15	9	11	11

6% (10%) of pupils responded that they are at least 5 snacks on the day before the survey.

**Q58.** Percentage answering that they ate at least 5 snacks on the day before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	2	17	10	11	15
Girls	4	0	15	7	5	7

Q59. How many fizzy drinks and/or energy drinks did you drink yesterday?



70% (54%) of pupils responded that they didn't drink any fizzy drinks or energy drinks on the day before the survey.

1% (2%) of pupils responded that they drank at least 5 fizzy drinks and/or energy drinks on the day before the survey.

**Q59.** Percentage answering that they didn't drink any fizzy drinks or energy drinks on the day before the survey.

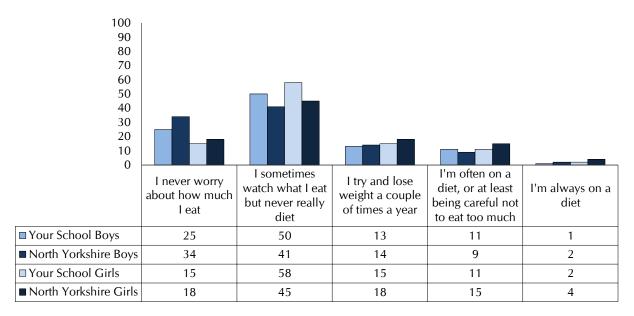
	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	74	56	46	45	46	46
Girls	85	73	82	5 <i>7</i>	63	63

**Q59.** Percentage answering that they drank at least 5 fizzy drinks and/or energy drinks on the day before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	2	4	4	3	3
Girls	0	0	0	1	1	1

## **Dieting**

**Q60.** Which statement describes your eating habits best?



20% (26%) of pupils responded that they never worry about how much they eat.

**Q60.** Percentage answering that they never worry about how much they eat.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	19	22	35	31	32	38
Girls	15	12	16	20	1 <i>7</i>	18

13% (16%) of pupils responded that they try to lose weight a couple of times a year.

**Q60.** Percentage answering that they try to lose weight a couple of times a year.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	11	22	6	16	15	11
Girls	8	24	14	17	1 <i>7</i>	20

12% (12%) of pupils responded that they are 'often on a diet, or at least being careful not to eat too much'.

**Q60.** Percentage answering that they are 'often on a diet, or at least trying not to eat too much'.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	11	11	12	11	8	9
Girls	2	20	14	12	14	17

1% (3%) of pupils responded that they are 'always on a diet'.

**Q60.** Percentage answering that they are 'always on a diet'.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	0	2	1	2	2
Girls	0	2	5	2	4	4

3% (8%) of pupils responded that they have dieted to an extreme degree in the past, with a further 2% (2%) doing so in the current term.

Q61. Percentage of pupils responding that they have done the following (North Yorkshire Secondary data in brackets):

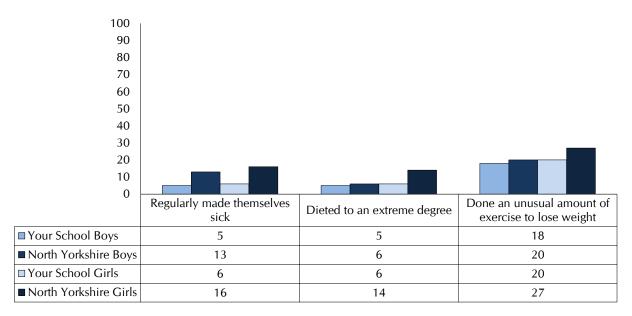
Boys	No, never	Yes, in the past	Yes, this term
Regularly made themselves sick	95 (87)	5 (11)	0 ( 1)
Dieted to an extreme degree	95 (94)	4 ( 5)	1 ( 1)
Done an unusual amount of exercise to lose weight	82 (80)	13 (15)	5 ( 5)
Girls	No, never	Yes, in the past	Yes, this term
Regularly made themselves sick	94 (84)	4 (13)	2 ( 2)

94 (86)

80 (73)

14% (17%) of pupils responded that they have done an unusual amount of exercise to lose weight in the past, with a further 5% (6%) doing so in the current term.

**Q61.** Percentage of pupils responding that they have done the following:



28% (31%) of pupils responded that they worry about the way they look 'often' or 'all the time'.

Dieted to an extreme degree

lose weight

Done an unusual amount of exercise to

**Q82.** Percentage answering that they worry about the way they look 'often' or 'all the time'.

2 (11)

16 (20)

4 (3)

4 (7)

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	9	15	29	12	15	18
Girls	24	39	64	30	41	55

#### Water

92% (78%) of pupils responded that they can get water at school, while 8% (20%) said 'not easily'.

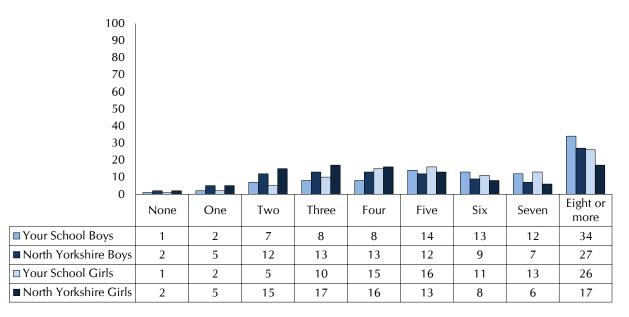
**Q62.** Percentage answering that they can easily get water at school.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	91	96	86	86	77	73
Girls	95	93	95	85	82	77

# **Physical Activity**

## **Exercise**

Q63. How many hours of physical activity do you do in a typical week in and out of school?



1% (2%) of pupils responded that they don't do a single hour of physical activity in a typical week in and out of school.

71% (49%) of pupils responded that they do five or more hours of physical activity in a typical week in

and out of school.

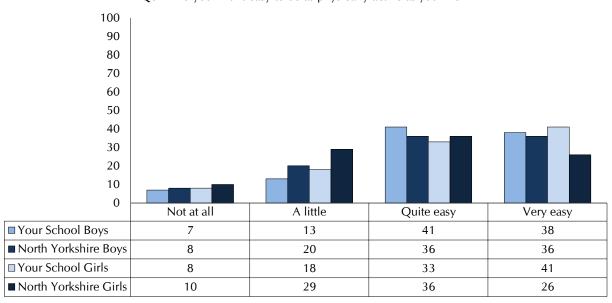
**Q63.** Percentage answering that they don't do a single hour of physical activity in a typical week in and out of school.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	0	2	2	2	3
Girls	0	0	3	2	1	4

**Q63.** Percentage answering that they do five or more hours of physical activity in a typical week in and out of school.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	80	<i>7</i> 1	70	55	55	55
Girls	72	73	51	48	48	40

**Q64.** Do you find it easy to be as physically active as you like?



8% (9%) of pupils responded that they find it 'not at all' easy to be as physically active as they like.

77% (66%) of pupils responded that they find it 'quite' or 'very' easy to be as physically active as they like.

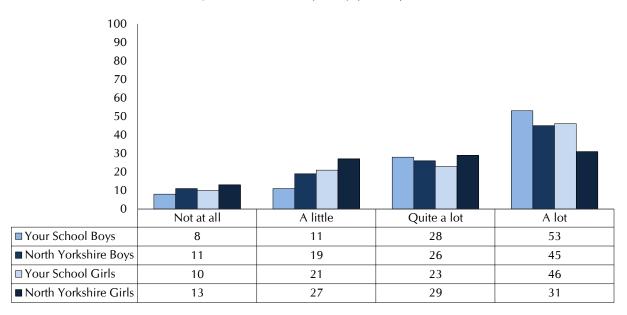
**Q64.** Percentage answering that they find it 'not at all' easy to be as physically active as they like.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	11	10	7	7	9
Girls	4	7	15	7	8	14

**Q64.** Percentage answering that they find it 'quite' or 'very' easy to be as physically active as they like.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	80	72	86	73	<i>7</i> 1	72
Girls	79	79	62	69	67	53

Q65a. How much do you enjoy team sport?



9% (13%) of pupils responded that they don't enjoy team sport at all.

**Q65a.** Percentage answering that they don't enjoy team sport at all.

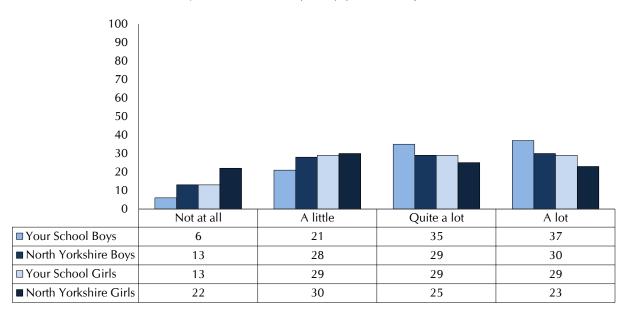
	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	7	4	12	7	9	14
Girls	4	5	23	9	9	19

76% (64%) of pupils responded that they enjoy team sport 'quite a lot' or 'a lot'.

**Q65a.** Percentage answering that they enjoy team sport 'quite a lot' or 'a lot'.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	91	78	<i>7</i> 1	75	73	65
Girls	80	71	51	66	66	51

Q65b. How much do you enjoy individual sport?



9% (18%) of pupils responded that they don't enjoy individual sport at all.

**Q65b.** Percentage answering that they don't enjoy individual sport at all.

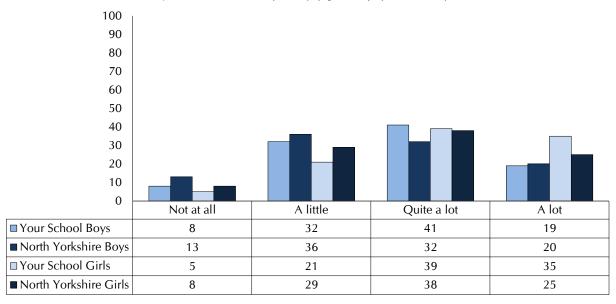
	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	4	9	6	11	13	14
Girls	5	14	21	16	19	27

66% (53%) of pupils responded that they enjoy individual sport 'quite a lot' or 'a lot'.

**Q65b.** Percentage answering that they enjoy individual sport 'quite a lot' or 'a lot'.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	65	77	78	62	59	59
Girls	62	55	56	54	51	41

Q65c. How much do you enjoy general physical activity?



7% (11%) of pupils responded that they don't enjoy general physical activity at all.

**Q65c.** Percentage answering that they don't enjoy general physical activity at all.

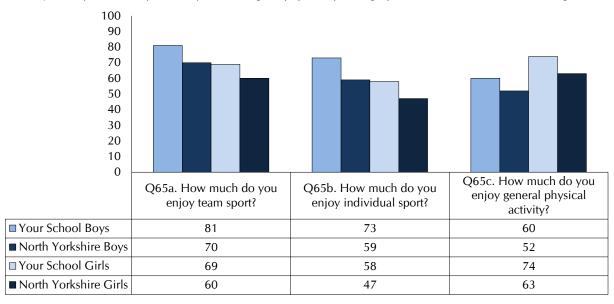
	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	7	9	8	11	13	13
Girls	2	5	10	6	6	10

67% (57%) of pupils responded that they enjoy general physical activity 'quite a lot' or 'a lot'.

**Q65c.** Percentage answering that they enjoy general physical activity 'quite a lot' or 'a lot'.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	57	65	59	52	51	52
Girls	82	76	62	67	64	60

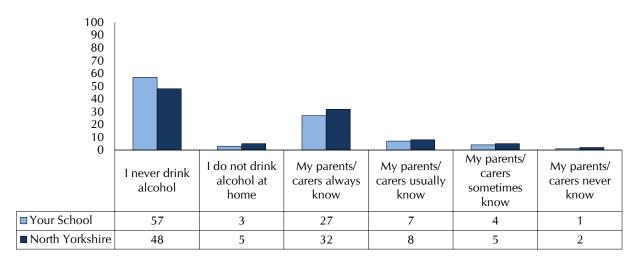
Q65. Physical activity summary: Percentage of pupils responding 'quite a lot' or 'a lot' to the following:



## Alcohol, Tobacco and Drugs

#### Alcohol

Q66. If you ever drink alcohol at home, do your parents/carers know?



57% (48%) of pupils responded that they 'never' drink alcohol, while 3% (5%) said they do not drink alcohol at home.

27% (32%) of pupils responded that they drink alcohol at home and their parents 'always' know, while 7% (8%) said their parents 'usually' know.

Of the 112 (4043) pupils who drink alcohol at home, 69% (68%) said their parents 'always' know, while 17% (18%) said they 'usually' do.

6% (7%) of pupils responded that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

Of the pupils who drink alcohol at home, 14% (15%) said their parents 'never' or only 'sometimes' know.

**Q66.** Percentage answering that they either never drink alcohol, or don't drink it at home.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	69	69	18	71	64	39
Girls	85	79	39	74	61	30

**Q66.** Percentage answering that they drink alcohol at home and their parents 'always' know.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	30	27	37	25	28	37
Girls	15	14	42	21	31	41

**Q66.** Percentage answering that they drink alcohol at home and their parents 'never' or only 'sometimes' know.

	St Aidan's			No	lorth Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	2	2	16	2	4	9	
Girls	0	2	13	2	4	13	

15% (21%) of pupils responded that they had an alcoholic drink in the 7 days before the survey.

**Q67.** Percentage answering that they had an alcoholic drink in the *7* days before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	4	9	54	7	13	34
Girls	0	2	26	5	13	34

11% (15%) of pupils responded that they were given alcohol by their parents or relatives in the 7 days before the survey, while 3% (4%) said they were given it by friends.

**Q68.** Percentage of pupils responding that they have got alcoholic drink from the following in the 7 days before the survey (top 5 – North Yorkshire Secondary data in brackets):

	Boys				Girls		
1	Given it by parents or relatives	15	(14)	1	Given it by parents or relatives	6	(15)
2	Given it by friends	4	(3)	2	Given it by friends	1	(5)
3	Took it from home	3	(3)	3	Took it from home	1	(2)
4	Someone bought it for them	3	(2)	4	Someone bought it for them	0	(3)
5	Bought it in a pub or bar	1	(0)	5			

42% (47%) of pupils responded that they have found school lessons about alcohol 'quite' or 'very' useful, while 11% (13%) have found them 'not at all' useful and 19% (14%) couldn't remember any.

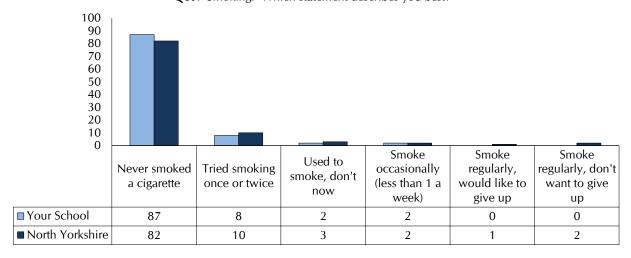
**Q26.** Percentage answering that they have found school lessons about alcohol 'quite' or 'very' useful.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	40	34	53	43	
Girls	41	56	49	42	

## **Smoking**

'regularly'.

Q69. Smoking: Which statement describes you best?



13% (18%) of pupils responded that they have smoked in the past or smoke now.

0% (3%) of pupils responded that they smoke

0% (4%) of pupils responded that they are an occasional/regular smoker and smoked in the 7 days before the survey.

**Q69.** Percentage answering that they have smoked in the past or smoke now.

	St Aidan's			No	orth Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	6	11	38	7	12	26	
Girls	0	0	27	4	10	33	

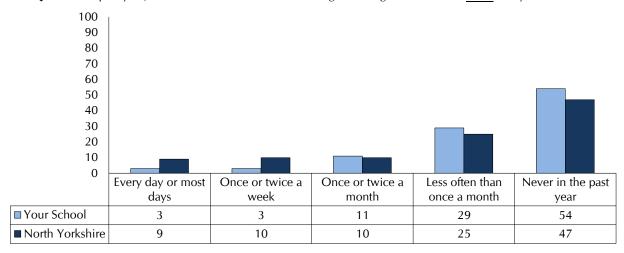
Q69. Percentage answering that they smoke 'regularly'

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	0	0	0	1	6
Girls	0	0	0	0	1	6

**Q70.** Percentage answering that they are an occasional/regular smoker and smoked in the 7 days before the survey.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	0	0	1	1	6
Girls	0	0	0	0	2	8

Q72. In the past year, how often has someone smoked cigarettes/cigars in the same room that you were in?

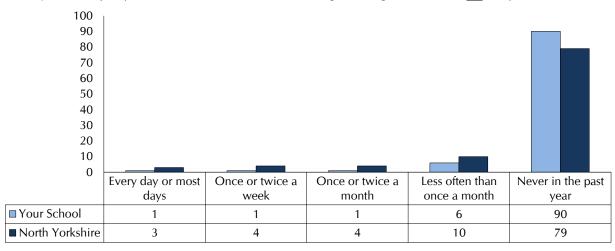


16% (28%) of pupils responded that someone smoked cigarettes/cigars in the same <u>room</u> that they were in at least 'once or twice a month' in the past year; 5% (18%) said they did so at least 'once or twice a week'.

**Q72.** Percentage answering that someone smoked cigarettes/cigars in the same <u>room</u> that they were in at least 'once or twice a month' in the past year.

	St Aidan's			No	North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	4	26	31	21	24	31	
Girls	10	12	16	22	24	37	

Q73. In the past year, how often has someone smoked cigarettes/cigars in the same car that you were in?



3% (10%) of pupils responded that someone smoked cigarettes/cigars in the same <u>car</u> that they were in at least 'once or twice a month' in the past year; 2% (6%) said they did so at least 'once or twice a week'.

43% (49%) of pupils responded that they have found school lessons about smoking 'quite' or 'very' useful, while 10% (12%) have found them 'not at all' useful and 20% (14%) couldn't remember any.

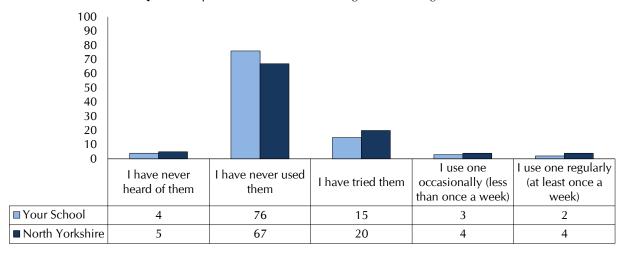
**Q73.** Percentage answering that someone smoked cigarettes/cigars in the same <u>car</u> that they were in at least 'once or twice a month' in the past year.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	11	4	11	9	12
Girls	2	0	0	8	9	11

**Q26.** Percentage answering that they have found school lessons about smoking 'quite' or 'very' useful.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	42	32	56	44	
Girls	49	54	53	43	

**Q74.** This question is about electronic cigarettes or 'e-cigarettes':



20% (28%) of pupils responded that they have at least tried electronic cigarettes, while 2% (4%) said they use one 'regularly' (at least once a week).

**Q74.** Percentage answering that they have at least tried electronic cigarettes.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	4	13	53	16	22	44
Girls	4	15	34	9	18	41

#### **Drugs**

14% (18%) of pupils responded that they have been offered cannabis, while 3% (3%) said they are 'not sure' if they have.

**Q75.** Percentage answering that they have been offered cannabis.

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	7	50	7	12	31
Girls	0	5	26	3	8	31

7% (8%) of pupils responded that they have been offered other drugs (not cannabis), while 2% (4%) said they are 'not sure' if they have.

**Q76a.** Percentage answering that they have been offered other drugs (not cannabis).

	St Aidan's			North Yorkshire		
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	2	2	27	2	4	16
Girls	2	0	8	1	3	15

5% (7%) of pupils responded that they have been offered cannabis or other drugs by a friend.

**Q76c.** Percentage of pupils responding that they have been offered cannabis or other drugs by the following (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Friend	0 (1)	0 (0)	2 ( 2)	0 (3)	22 (12)	8 (15)	5 ( 7)
Family member	0 (0)	0 (0)	0 (0)	0 (0)	2 (1)	3 (0)	1 ( 1)
Dealer	2 (0)	0 (0)	0 (2)	0 (1)	14 (8)	5 ( 5)	3 ( 3)
Other	0 (1)	0 (0)	4 ( 3)	2 (1)	4 ( 4)	3 (3)	2 (2)

5% (7%) of pupils responded that they have been offered cannabis or other drugs while hanging about outside (e.g. on the street, at a park), while 3% (4%) said they have at a party.

**Q76d.** Percentage of pupils responding that they have been offered cannabis or other drugs at the following places (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
At home	0 (0)	0 (0)	0 (0)	0 (0)	2 (1)	0 (1)	0 (1)
Hanging about outside (e.g. on the street, at a park)	2 ( 2)	0 ( 1)	2 ( 5)	0 (3)	20 (13)	5 (13)	5 ( 7)
At a party	0 (0)	0 (0)	2 (1)	0 (1)	12 (8)	3 (9)	3 (4)
School/college	0 (0)	0 (0)	0 (1)	0 (0)	4 ( 3)	5 ( 2)	1 ( 2)
Online	0 (0)	0 (0)	2 (0)	0 (1)	8 ( 2)	5 ( 3)	2 (1)
At a club	0 (0)	0 (0)	0 (0)	0 (0)	0 (1)	0 (0)	0 (0)
Other	0 ( 1)	0 (0)	2 (1)	0 (0)	4 ( 1)	0 ( 1)	1 ( 1)

15% (10%) of pupils reported that they have taken at least one of the drugs listed in the questionnaire.

**Q77.** Percentage answering that they have taken at least one of the drugs listed in the questionnaire.

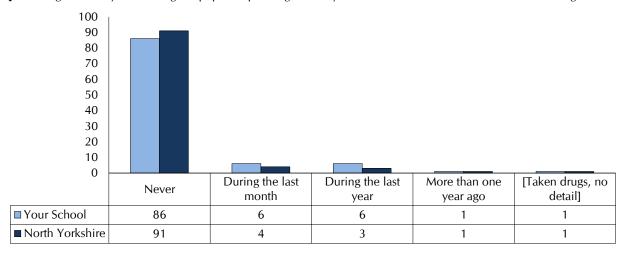
	St Aidan's		North Yorkshir		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	2	32	5	16	
Girls	5	18	5	15	

**Q78.** Summary of some common recreational drugs (North Yorkshire Secondary data in brackets):

<b>Q78.</b> Summary of some common recre	eational drugs (North	rorksnire Secondary data	a in brackets):
Year 8	Taken during the last month	Taken during the last year	Ever taken
Amphetamines	0 ( 0)	0 ( 0)	0 ( 0)
Cannabis	0 ( 1)	0 ( 1)	1 ( 2)
Cocaine	0 ( 0)	0 ( 0)	0 ( 1)
Ecstasy	0 ( 0)	0 ( 0)	0 ( 1)
Synthetic hallucinogens	0 ( 0)	0 ( 0)	0 ( 0)
Poppers	0 ( 0)	0 ( 0)	0 ( 0)
Mephedrone	0 ( 0)	0 ( 0)	0 ( 0)
New psychoactive substances ('Legal highs')	0 ( 0)	0 ( 0)	0 (0)
Year 10	Taken during the last month	Taken during the last year	Ever taken
A la	0 (1)	0 (1)	0 ( 2)

real 10	last month	last year	ever taken
Amphetamines	0 ( 1)	0 ( 1)	0 ( 2)
Cannabis	9 ( 6)	17 (11)	20 (12)
Cocaine	0 ( 1)	1 ( 2)	1 ( 2)
Ecstasy	0 ( 2)	1 ( 3)	1 ( 4)
Synthetic hallucinogens	0 ( 0)	0 ( 1)	1 ( 1)
Poppers	0 ( 0)	1 ( 1)	1 ( 1)
Mephedrone	0 ( 0)	0 ( 1)	0 ( 1)
New psychoactive substances ('Legal highs')	0 ( 1)	3 ( 1)	3 ( 1)

Q78. Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:



6% (4%) of pupils responded that they have taken at least one of the drugs listed during the last month.

**Q78.** Percentage answering that they have taken one of the drugs listed during the last month.

	St Aidan's		North Yorksh		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	0	19	1	8	
Girls	2	3	1	7	

12% (7%) of pupils responded that they have taken at least one of the drugs listed during the last <u>year</u>; 1% (1%) said they have taken a drug in Q77, but did not provide any detail in Q78.

**Q78.** Percentage answering that they have taken one of the drugs listed during the last year.

	St Aidan's		North Yorkshi		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	0	31	2	12	
Girls	2	13	2	11	

7% (4%) of pupils responded that they have taken drugs and alcohol on the same occasion, while 1% (1%) said they are 'not sure' if they have.

This works out as 43% (36%) of pupils who have taken drugs responding that they have taken drugs and alcohol on the same occasion.

**Q79.** Percentage answering that they have taken drugs and alcohol on the same occasion.

	St Aidan's		North Yorkshir		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	0	20	1	7	
Girls	0	8	1	8	

## Sexual Health

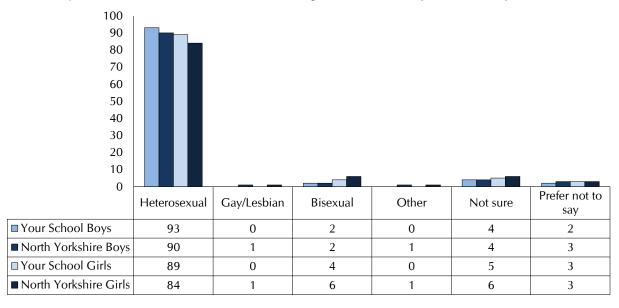
31% (27%) of pupils responded that they know where they can get condoms free of charge.

**Q80.** Percentage answering that they know where they can get condoms free of charge.

	St Aidan's		North Yorkshi		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	14	51	19	41	
Girls	18	39	12	37	

#### Sexual orientation

Q19. Sexual orientation: Which of the following best describes how you think about yourself?



91% (85%) of pupils responded that they are heterosexual.

**Q19.** Percentage answering that they are heterosexual.

	St	Aidan's	North Yorkshire		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	87	100	89	91	
Girls	88	89	83	85	

0% (2%) of pupils responded that they are gay/lesbian, while 3% (5%) said they are bisexual.

Q19. Percentage answering that they are gay/lesbian.

	St Aidan's		North Yorkshir		
	Yr 8	Yr 10	Yr 8	Yr 10	
Boys	0	0	1	2	
Girls	0	0	1	1	

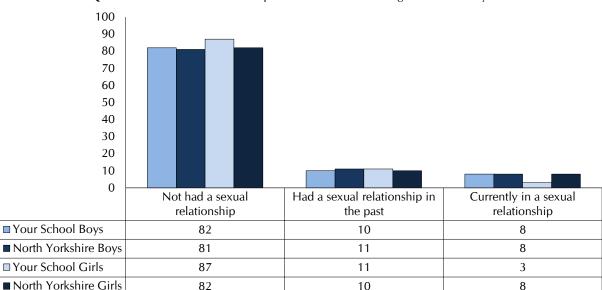
2% (3%) of pupils responded that they worry about being different because of their sexuality 'often' or 'all the time'.

**Q82.** Percentage answering that they worry about being different because of their sexuality 'often' or 'all the time'.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	2	0	2	1	2	3	
Girls	2	5	3	2	3	4	

#### **Year 10: Sexual relationships**

16% (19%) of Year 10+ pupils responded that they are either in a sexual relationship or have had one in the past.



**Q93.** Year 10: Sexual relationships: Which of the following best describes you?

11% (9%) of Year 10 pupils responded that they have had sex and always used a method of protection or contraception, while 1% (2%) said they are 'not sure' if they did.

71% (49%) of the 14 (628) Year 10 pupils who have had sex responded that they have had sex and always used a method of protection or contraception; 7% (9%) said they are 'not sure' if they did.

0% (3%) of pupils responded that they have had sex and have taken risks with sex (infection or pregnancy) after drinking alcohol or drug use, while 0% (2%) said they are 'not sure' if they have.

0% (17%) of the 14 (628) Year 10 pupils who have had sex responded that they have taken risks with sex (infection or pregnancy) after drinking alcohol or drug use; 0% (12%) said they are 'not sure' if they have.

**Q94.** Percentage answering that they have had sex and always used a method of protection or contraception.

	St Aidan's	North Yorkshire
	Yr 10	Yr 10
Boys	12	10
Girls	11	9

**Q95.** Percentage answering that they have had sex and have taken risks with sex after drinking alcohol or drug use.

	St Aidan's	North Yorkshire
	Yr 10	Yr 10
Boys	0	3
Girls	0	3

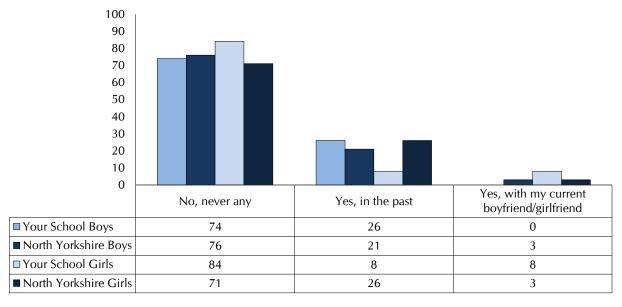
6% (9%) of Year 10 pupils responded that their boyfriend/girlfriend has threatened to tell people things about them, either with their current partner or in the past; 6% (12%) said their boyfriend/girlfriend has used hurtful or threatening language towards them.

**Q96.** Year 10: Have any of these things happened to you in a relationship with a boyfriend/girlfriend? (North Yorkshire Secondary data in brackets):

Secondary data in brackets.								
Boys	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend					
Used hurtful or threatening language to me	96 (91)	4 ( 7)	0 ( 1)					
Was angry or jealous when I wanted to spend time with friends	77 (81)	23 (16)	0 ( 2)					
Kept checking my phone	91 (90)	9 ( 8)	0 ( 1)					
Threatened to tell people things about me	91 (94)	9 ( 5)	0 ( 1)					
Threatened to hit me	98 (96)	2 ( 3)	0 ( 1)					
Girls	No, never	Yes, in the past	Yes, with my current boyfriend/girlfriend					
Used hurtful or threatening language to me	92 (86)	8 (13)	0 ( 1)					
Was angry or jealous when I wanted to spend time with friends	86 (78)	11 (20)	3 ( 2)					
Kept checking my phone	95 (89)	0 (10)	5 ( 1)					
Threatened to tell people things about me	97 (90)	3 (9)	0 ( 1)					

Q96. Percentage of Year 10 pupils responding that they have experienced at least one of the negative behaviours listed...:

97 (95)



59% (49%) of Year 10 pupils responded that if any of the things in Q96 happened to them, they would look after themselves without help; 16% (20%) said they wouldn't.

Threatened to hit me

67% (57%) of Year 10 pupils responded that if any of the things in Q96 happened to them, they know where to get help; 14% (17%) said they don't.

**Q97a.** Percentage of Year 10 pupils answering that if any of the things in Q96 happened to them, they would look after themselves without help.

3 (4)

0(1)

	St Aidan's	North Yorkshire
	Yr 10	Yr 10
Boys	68	55
Girls	47	44

**Q97b.** Percentage of Year 10 pupils answering that if any of the things in Q96 happened to them, they know where to get help.

	St Aidan's	North Yorkshire
	Yr 10	Yr 10
Boys	65	57
Girls	70	58

# **Emotional Health & Wellbeing**

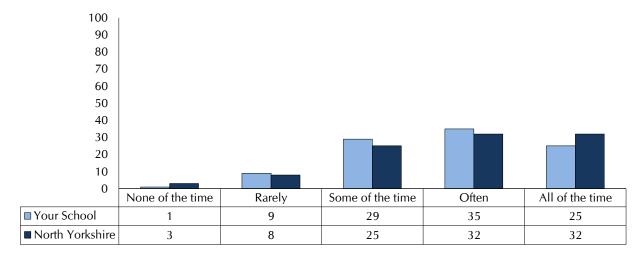
#### **Local services**

**Q81.** Awareness of local services (North Yorkshire Secondary data in brackets):

•		,		
Year 8	Never heard of it	Think there is one	Know how to use it	Have used it
Sexual health service for young people	59 (59)	38 (35)	3 ( 6)	0 ( 0)
Support if someone close to them dies	26 (33)	50 (45)	20 (16)	4 ( 5)
Support in school for other problems or worries	19 (18)	40 (39)	33 (32)	8 ( 9)
Support from outside school for other problems or worries	26 (31)	38 (40)	30 (22)	5 ( 6)
LGBT youth group	59 (54)	33 (36)	6 (8)	0 ( 1)
Young Carers' Service	31 (39)	58 (47)	10 (11)	0 ( 2)
Year 10	Never heard of it	Think there is one	Know how to use it	Have used it
Year 10 Sexual health service <u>for young people</u>	Never heard of it 38 (42)	Think there is one 46 (46)	Know how to use it 14 (10)	Have used it 1 ( 1)
Sexual health service for young people	38 (42)	46 (46)	14 (10)	1 ( 1)
Sexual health service <u>for young people</u> Support if someone close to them dies Support in school for other problems or	38 (42) 25 (40)	46 (46) 47 (42)	14 (10) 25 (14)	1 ( 1) 1 ( 4)
Sexual health service for young people Support if someone close to them dies Support in school for other problems or worries Support from outside school for other	38 (42) 25 (40) 9 (20)	46 (46) 47 (42) 44 (42)	14 (10) 25 (14) 38 (28)	1 ( 1) 1 ( 4) 9 ( 9)

#### Worrying

Q82. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed...:



60% (64%) of pupils responded that they worry about at least one of the issues listed 'often' or 'all of the time'; 6% (6%) of boys and 12% (16%) of girls said they worry about more than 5 of the issues listed.

**Q82.** Percentage answering that they worry about at least one of the issues listed 'often' or 'all of the time'.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	51	46	67	49	48	56	
Girls	45	68	92	64	70	85	

15% (17%) of pupils responded that they worry about relationships 'often' or 'all of the time', while 19% (22%) said they worry about problems with friends.

**Q82.** Percentage of pupils responding that they worry about the following 'often' or 'all of the time' (top 10 – North Yorkshire Secondary data in brackets):

	Boys		•		Girls		
1	Exams and tests	28	(29)	1	Exams and tests	42	(48)
2	School-work problems	23	(16)	2	The way they look	40	(45)
3	The way they look	18	(16)	3	School-work problems	33	(34)
4	Health	16	(14)	4	Problems with friends	30	(30)
5	Relationships	15	(11)	5	Health	19	(25)
6	Money problems	15	(10)	6	Family problems	19	(23)
7	Family problems	14	(13)	7	Relationships	15	(22)
8	Keeping safe on the Internet, e- mail and using mobile phones	11	(9)	8	Keeping safe on the Internet, e-mail and using mobile phones	14	(12)
9	Problems with friends	9	(13)	9	Money problems	13	(16)
10	Being separated from parents/carers	6	(8)	10	Being separated from parents/carers	8	(13)

79% (74%) of pupils responded that they know an adult they trust who they can talk to if they are worried about something, while 14% (16%) said they 'maybe' do.

**Q83.** Percentage answering that they know an adult they trust who they can talk to if they are worried about something.

	St Aidan's			North Yorkshire			
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10	
Boys	88	85	67	78	79	73	
Girls	89	73	65	79	78	68	

53% (43%) of pupils responded that if they would like more information about any of the issues in Q82, they would like to get it from their parents/carers, while 4% (4%) said they would like the information from school lessons and 6% (7%) would like to find out on the internet.

**Q84.** Percentage of pupils responding that if they wanted to find out more information about any of the issues listed in Q82, they would like to get more information from the following places (top 10 – North Yorkshire Secondary data in brackets):

Boys			Girls				
1	Parents/carers	48	(44)	1	Parents/carers	58	(44)
2	Internet	6	(6)	2	Friends	7	(11)
3	School lessons	4	(3)	3	Internet	6	(8)
4	Friends	3	(5)	4	Brothers, sisters, other close relations	6	(5)
5	Brothers, sisters, other close relations	1	(3)	5	School lessons	4	(4)
6	Doctor	1	(1)	6	Mobile apps	1	(1)
7	TV, films	1	(0)	7	Advice centre (e.g. sexual health service)	1	(0)
8	Telephone helpline	1	(0)	8	Advisers/tutors	1	(0)
9	School Health Professional	0	(1)	9	Youth Workers	0	(1)
10	Mobile apps	0	(1)	10	Doctor	0	(1)

57% (46%) of pupils responded that they talk to someone if they have a problem or feel stressed, while 38% (36%) said they listen to music and 15% (18%) said they do nothing.

**Q85.** Percentage of pupils responding that they do the following when they have a problem or feel stressed (top 10 – North Yorkshire Secondary data in brackets):

Boys			Girls				
1	Talk to someone about it	45	(40)	1	Talk to someone about it	68	(53)
2	Play video/online games	43	(37)	2	Listen to music	53	(45)
3	Keep busy with other things	40	(22)	3	Keep busy with other things	41	(28)
4	Think about it on their own	31	(26)	4	Think about it on their own	39	(38)
5	Rest or sleep more	26	(24)	5	Watch TV, DVDs or online videos	37	(27)
6	Listen to music	24	(26)	6	Rest or sleep more	29	(30)
7	Watch TV, DVDs or online videos	24	(24)	7	Eat more	21	(18)
8	Do nothing	17	(20)	8	Do nothing	14	(15)
9	Eat more	9	(9)	9	Eat less	8	(15)
10	Cut or hurt themselves	6	(3)	10	Chat about it on the internet	7	(7)

#### **Armed forces**

3% (5%) of pupils responded that they have a parent/carer who is in the British Army, Royal Navy, Royal Air Force or the Reserves, while 2% (6%) said they are 'not sure' if they do.

**Q86.** Percentage answering that they have a parent/carer who is in the armed forces.

		St Aidan	's	No	orth York	shire
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	2	0	6	5	6
Girls	6	0	8	7	4	5

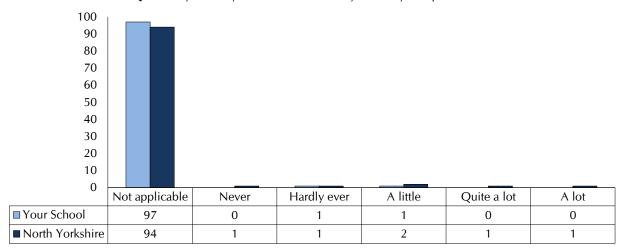
**Q87.** Percentage of pupils responding that their following parent/carer is in the armed forces (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
Mum and/or Dad	0 ( 6)	4 ( 5)	2 (5)	0 (3)	0 (5)	8 ( 4)	2 (4)
Mum or Dad's partner	0 (0)	2 ( 1)	0 (0)	0 ( 1)	0 (1)	0 ( 1)	0 (1)
Foster carer	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)
Other carer	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)

**Q88.** Percentage of pupils responding that they have a parent/carer in the following armed forces (North Yorkshire Secondary data in brackets):

	Year 7		Year 8		Year 10		Total
	Boys	Girls	Boys	Girls	Boys	Girls	
British Army	0 (4)	4 ( 4)	0 (3)	0 (2)	0 (4)	5 (3)	1 ( 3)
Royal Navy	0 (0)	0 (0)	0 (1)	0 (1)	0 (0)	3 (0)	0 (1)
Royal Air Force	0 ( 1)	0 (2)	2 (1)	0 (1)	0 (1)	0 ( 1)	0 (1)
Reserves	0 (0)	2 (0)	0 (1)	0 (0)	0 (1)	0 ( 0)	0 (0)
Other	0 (0)	0 (0)	0 (0)	0 (0)	0 (0)	0 ( 0)	0 (0)

**Q89.** Do you worry about them when they are away on operations?



0% (2%) of pupils responded that they worry 'quite a lot' or 'a lot' about their parent/carer when they are away on military operations.

Of the 7 (430) pupils who have a parent/carer in the armed forces, 14% (35%) worry about them 'quite a lot' or 'a lot' when they are away on operations.

**Q89.** Percentage answering that they worry 'quite a lot' or 'a lot' about their parent/carer when they are away on military operations.

		St Aidan	's	No	orth York	shire
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	0	0	2	1	2
Girls	2	0	0	3	2	2

**Q90.** Percentage of pupils responding that they would turn to the following if they worry 'quite a lot' or 'a lot' about their parent/carer when they are away on operations (top 3 – North Yorkshire Secondary data in brackets):

Boys			Girls		
1 Mum and/or Dad	0	(1)	1 Mum and/or Dad	1	(1)
2			2 Keep it to themselves	0	(1)

0% (0%) of pupils responded that they would find it useful to have a counsellor to talk to about their worries about their parent/carer in the armed forces, while 0% (1%) said they 'don't know' if they would find it useful.

**Q91.** Percentage answering that they would find it useful to have a counsellor to talk to about their parent/carer in the armed forces.

	St Aidan's			No	orth York	shire
	Yr 7	Yr 8	Yr 10	Yr 7	Yr 8	Yr 10
Boys	0	0	0	0	0	1
Girls	0	0	0	1	1	1

**Q92.** Percentage of pupils responding that they would find it useful to have a counsellor to talk to and would prefer to see them at the following (North Yorkshire Secondary data in brackets):

	Boys	Girls		
1		1 At school, in a private place	0 (1)	,

List of Tables	
Q8. Percentage answering that they are White British.	29
Q9. Percentage answering that they have a religion, faith or belief which is important to them.	29
Q10. Percentage of pupils responding that they have the following religion, faith or belief (top 5 – North Yorkshire	
Secondary data in brackets):	
Q11. Percentage answering that at least 5 people live in their home.	
Q12. Percentage answering that there are at least 4 bedrooms in their home.	
Q11/12. Home summary: Number of people who live at home relative to number of bedrooms:	
Q11/12. Percentage living in a home where at least 2 more people live than there are bedrooms	
Q13. Which adults do you live with?	31
Q13. Percentage answering that they live with their Mum and Dad together	
Q13. Percentage answering that they live 'mainly or only' with their Mum.	
Q14. Percentage answering that they have a special educational need or learning difficulty	32
Q15. Percentage answering that they are disabled or have a long-standing illness.	
Q14/15. Percentage answering that they have a special educational need/learning difficulty or are disabled or have a lor standing illness.	
Q16. Percentage answering that they spend part of their school week learning at another school or centre	32
Q17a. Percentage answering that they are a 'young carer'.	
Q17c. If you are a 'young carer', how much of your time does it take up each day?	33
Q17c. Percentage answering that being a young carer takes up at least an hour of their time each day	33
Q18. Percentage answering that they get free school meals or vouchers for free meals.	
Q20. Percentage of pupils responding 'often' to the following questions:	34
Q20. Percentage of pupils responding to the following questions (North Yorkshire Secondary data in brackets):	34
Q21. Percentage answering that they have changed schools at least twice since their 5 <sup>th</sup> birthday	35
Q22. Percentage responding that they attended school on 5 days in the week before the survey	35
Q23. How many lessons do you enjoy at school?	35
Q23. Percentage answering that they enjoy 'most' or 'all' of their lessons at school	35
Q23. Percentage answering that they enjoy 'hardly any' of their lessons at school	35
Q82. Percentage answering that they worry about exams and tests 'often' or 'all the time'.	36
Q24. Percentage of pupils responding that the following stopped them from going to school in the month before the sur (top 5 – North Yorkshire Secondary data in brackets):	
Q25. Percentage of pupils responding that they 'agree' with the following statements (North Yorkshire Secondary data in brackets):	
Q25. Percentage of pupils responding that they 'agree' with the following statements:	38
Q26. Percentage of pupils responding that they have found school lessons about the following 'quite' or 'very' useful (N Yorkshire Secondary data in brackets):	
$Q26. \ \ Percentage \ of pupils \ responding \ that \ they \ have found \ school \ lessons \ about \ the \ following \ 'quite' \ or \ 'very' \ useful:$	39
Q26. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful (North Yorkshire Secondary data in brackets):	40
Q26. Percentage of pupils responding that they have found school lessons about the following 'not at all' useful:	40
Q27. Percentage of pupils responding that they spent time doing the following after school on the day before the survey (North Yorkshire Secondary data in brackets):	41
Q27. Percentage of pupils responding that they spent time doing the following after school on the day before the survey	:41
Q29. How many hours were you asleep last night?	42
Q29. Percentage answering that they got five or fewer hours' sleep the night before the survey	42
Q29. Percentage answering that they got at least eight hours' sleep the night before the survey	
Q30. At the end of Year 11, do you want to?	
Q30. Percentage answering that they want to continue in full-time education at the end of Year 11	
Q30. Percentage answering that they want to find a job as soon as they can at the end of Year 11	
Q30. Percentage answering that they want to get training for a skilled job or get an apprenticeship at the end of Year 11.	43
Q30. Percentage answering that they want to start a family at the end of Year 11	43

Q32a. Percentage answering that they have had enough information and guidance about their options after Year 11, including apprenticeships	.44
Q32a. Percentage answering that they haven't had enough information and guidance about their options after Year 11, including apprenticeships	
Q32b. Percentage of pupils responding that they haven't had enough information and guidance about their options after Year 11 and would like to know more about the following (top 5 – North Yorkshire Secondary data in brackets):	.44
Q26. Percentage answering that they have found school lessons about careers education 'quite' or 'very' useful	.44
Q33. Percentage answering that they have a regular paid job outside school during term-time	.44
Q34. Mean number of hours pupils with a job worked in the week before the survey:	
Q82. Percentage answering that they worry about money problems 'often' or 'all the time'.	.45
Q35. Over the last six months, how often have you taken part in volunteering outside of school?	.45
Q35. Percentage answering that they have taken part in volunteering at some point outside of school in the last six months	
Q35. Percentage answering that they have taken part in volunteering at least 'once a month' outside of school in the last si months.	.45
Q36. Do you? % responding 'always' (North Yorkshire Secondary data in brackets):	.46
Q37. Percentage answering that they have had at least one accident or injury which needed treatment in the last 12 month Q38. If yes, what was your last accident? (North Yorkshire Secondary data in brackets):	
Q39. Anti-social behaviour summary: Percentage of pupils responding that they have done at least one of the activities listed	
Q39. Percentage answering that they have done four or more of the anti-social behaviours listed at some point	
Q39. Percentage of pupils responding that they have done the following (North Yorkshire Secondary data in brackets):	.47
Q40. Percentage answering that they have been the victim of violence or aggression in the area where they live in the last 12 months.	
Q41a. Have you ever carried weapons or anything else for protection when going out?	.48
Q41a. Percentage answering that they have carried weapons or something else for protection when going out at least sometimes'	.48
Q41c. Percentage of pupils responding that they have carried weapons or something else for protection at the following places (North Yorkshire Secondary data in brackets):	.48
Q42. Percentage of pupils responding that they experienced the following in the month before the survey (top 10 – North Yorkshire Secondary data in brackets):	
Q43. Percentage of pupils responding that they experienced negative behaviour at the following places in the month befor the survey (top 5 – North Yorkshire Secondary data in brackets):	re .49
Q44. Percentage answering that they have been bullied at or near school in the last 12 months	.49
Q45. Have you been bullied or 'picked on' for any of the following reasons?	.50
Q45. Percentage answering that they think they have been picked on or bullied because of their size or weight	.50
Q45. Percentage answering that they think they have been picked on or bullied because of the way they look	
Q46. How well does your school deal with bullying?	
Q46. Percentage answering that their school deals with bullying 'quite' or 'very' well	
Q46. Percentage answering that their school deals with bullying 'badly'	.51
Q26. Percentage answering that they have found school lessons about prejudice, discrimination and bullying 'quite' or 'very' useful.	
Q47a. Percentage answering that they communicate with friends and family they know in real life online	
Q47b. Percentage answering that they communicate with people they have met online and don't know in real life	
Q48. Percentage of pupils responding that they communicate with people online by the following means (North Yorkshire Secondary data in brackets):	.52
Q49a. Percentage of pupils responding that they have experienced the following online (North Yorkshire Secondary data in brackets):	
Q49b. Percentage of pupils responding that they have received a 'sexting' image and did the following (North Yorkshire Secondary data in brackets):	.53
Q82. Percentage answering that they worry about keeping safe on the Internet, email and using mobile phones 'often' or 'a	
Q50. The Short Warwick-Edinburgh Mental Wellbeing Scale (SWEMWBS):	.54
Q50. Mean SWEMWB Score:	.54
Q50. Percentage with a low score (7 – 13) on the SWEMWB Scale	
Q50. Percentage with a high or maximum score (28 – 35) on the SWEMWB Scale.	.54

Q50.	The Short Warwick-Edinburgh Mental Wellbeing Scale (North Yorkshire Secondary data in brackets):	55
Q50.	Percentage of pupils responding 'often' or 'all of the time' to the following:	55
Q51/5	52. Composite resilience score:	56
Q51/5	52. Percentage with a low measure of resilience (0 – 19).	56
Q51/5	52. Percentage with a high measure of resilience (26+)	56
	Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong (North hire Secondary data in brackets):	
Q51.	Percentage of pupils responding that they 'usually' or 'always' do the following when something goes wrong:	57
Q52.	Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed (North	
	hire Secondary data in brackets):	
-	Percentage of pupils responding that they 'usually' or 'always' do the following if at first they don't succeed:	
	Percentage of pupils responding to questions about what they learn in school:	
	Percentage of pupils responding to questions about how they learn in school:	
	Percentage of pupils responding to questions about the school environment:	
Q53.	Percentage of pupils responding to questions about their community:	60
	Percentage of pupils responding that they have had the chance to take part in the following events in their school:  1 Yorkshire Secondary data in brackets):	61
Q55.	What did you have to eat or drink for lunch yesterday?	62
Q55.	Percentage answering that they didn't have anything to eat or drink for lunch on the day before the survey	62
Q55.	Percentage answering that they had something to drink for lunch on the day before the survey.	62
Q55.	Percentage answering that they had something to eat for lunch on the day before the survey.	62
Q56.	What did you have to eat or drink before lessons this morning?	63
Q56.	Percentage answering that they didn't have anything to eat or drink before lessons on the morning of the survey	63
Q56.	Percentage answering that they had something to drink before lessons on the morning of the survey	63
Q56.	Percentage answering that they had something to eat before lessons on the morning of the survey	63
Q57.	How many portions of fruit and vegetables did you eat yesterday?	64
Q57.	Percentage answering that they didn't eat any portions of fruit or vegetables on the day before the survey	64
Q57.	Percentage answering that they ate at least 5 portions of fruit and vegetables on the day before the survey	64
Q58.	How many snacks did you eat yesterday?	65
Q58.	Percentage answering that they didn't eat any snacks on the day before the survey.	65
Q58.	Percentage answering that they ate at least 5 snacks on the day before the survey.	65
	How many fizzy drinks and/or energy drinks did you drink yesterday?	
Q59.	Percentage answering that they didn't drink any fizzy drinks or energy drinks on the day before the survey	66
Q59.	Percentage answering that they drank at least 5 fizzy drinks and/or energy drinks on the day before the survey	66
Q60.	Which statement describes your eating habits best?	67
Q60.	Percentage answering that they never worry about how much they eat	67
Q60.	Percentage answering that they try to lose weight a couple of times a year.	67
	Percentage answering that they are 'often on a diet, or at least trying not to eat too much'	
	Percentage answering that they are 'always on a diet'.	
	Percentage of pupils responding that they have done the following (North Yorkshire Secondary data in brackets):	
	Percentage of pupils responding that they have done the following:	
	Percentage answering that they worry about the way they look 'often' or 'all the time'	
-	Percentage answering that they can easily get water at school.	
	How many hours of physical activity do you do in a typical week in and out of school?	
	Percentage answering that they don't do a single hour of physical activity in a typical week in and out of school	
	Percentage answering that they do five or more hours of physical activity in a typical week in and out of school	
-	Do you find it easy to be as physically active as you like?	
	Percentage answering that they find it 'not at all' easy to be as physically active as they like	
-	Percentage answering that they find it 'quite' or 'very' easy to be as physically active as they like	
	. How much do you enjoy team sport?	
	. Percentage answering that they don't enjoy team sport at all.	
	. Percentage answering that they enjoy team sport 'quite a lot' or 'a lot'.	

•	. How much do you enjoy individual sport?	
Q65b.	. Percentage answering that they don't enjoy individual sport at all.	72
Q65b.	. Percentage answering that they enjoy individual sport 'quite a lot' or 'a lot'.	72
Q65c.	How much do you enjoy general physical activity?	73
	Percentage answering that they don't enjoy general physical activity at all.	
Q65c.	Percentage answering that they enjoy general physical activity 'quite a lot' or 'a lot'	73
Q65.	Physical activity summary: Percentage of pupils responding 'quite a lot' or 'a lot' to the following:	74
	If you ever drink alcohol at home, do your parents/carers know?	
Q66.	Percentage answering that they either never drink alcohol, or don't drink it at home.	75
Q66.	Percentage answering that they drink alcohol at home and their parents 'always' know	75
Q66.	Percentage answering that they drink alcohol at home and their parents 'never' or only 'sometimes' know	75
Q67.	Percentage answering that they had an alcoholic drink in the 7 days before the survey.	76
	Percentage of pupils responding that they have got alcoholic drink from the following in the 7 days before the surve – North Yorkshire Secondary data in brackets):	
Q26.	Percentage answering that they have found school lessons about alcohol 'quite' or 'very' useful.	76
	Smoking: Which statement describes you best?	
Q69.	Percentage answering that they have smoked in the past or smoke now.	77
Q69.	Percentage answering that they smoke 'regularly'	77
Q70.	Percentage answering that they are an occasional/regular smoker and smoked in the 7 days before the survey	77
Q72.	In the past year, how often has someone smoked cigarettes/cigars in the same room that you were in?	78
	Percentage answering that someone smoked cigarettes/cigars in the same room that they were in at least 'once or a month' in the past year.	78
Q73.	In the past year, how often has someone smoked cigarettes/cigars in the same car that you were in?	78
	Percentage answering that someone smoked cigarettes/cigars in the same car that they were in at least 'once or twic ' in the past year	
Q26.	Percentage answering that they have found school lessons about smoking 'quite' or 'very' useful	78
Q74.	This question is about electronic cigarettes or 'e-cigarettes':	79
Q74.	Percentage answering that they have at least tried electronic cigarettes.	79
Q75.	Percentage answering that they have been offered cannabis.	79
Q76a.	Percentage answering that they have been offered other drugs (not cannabis).	79
	Percentage of pupils responding that they have been offered cannabis or other drugs by the following (North nire Secondary data in brackets):	79
	Percentage of pupils responding that they have been offered cannabis or other drugs at the following places (North hire Secondary data in brackets):	
Q77.	Percentage answering that they have taken at least one of the drugs listed in the questionnaire	80
Q78.	Summary of some common recreational drugs (North Yorkshire Secondary data in brackets):	80
	Drugs summary: Percentage of pupils responding that they have tried at least one of the recreational drugs listed:	
Q78.	Percentage answering that they have taken one of the drugs listed during the last month	81
Q78.	Percentage answering that they have taken one of the drugs listed during the last year	81
	Percentage answering that they have taken drugs and alcohol on the same occasion.	
	Percentage answering that they know where they can get condoms free of charge.	
	Sexual orientation: Which of the following best describes how you think about yourself?	
Q19.	Percentage answering that they are heterosexual	82
	Percentage answering that they are gay/lesbian.	
Q82.	Percentage answering that they worry about being different because of their sexuality 'often' or 'all the time'	82
Q93.	Year 10: Sexual relationships: Which of the following best describes you?	<b>8</b> 3
	Percentage answering that they have had sex and always used a method of protection or contraception	
	Percentage answering that they have had sex and have taken risks with sex after drinking alcohol or drug use	
Q96.	Year 10: Have any of these things happened to you in a relationship with a boyfriend/girlfriend? (North Yorkshire dary data in brackets):	
	Percentage of Year 10 pupils responding that they have experienced at least one of the negative behaviours listed	
-	Percentage of Year 10 pupils answering that if any of the things in Q96 happened to them, they would look after	
thems	elves without help	84

Q97b. Percentage of Year 10 pupils answering that if any of the things in Q96 happened to them, they know where to get	
help.	.84
Q81. Awareness of local services (North Yorkshire Secondary data in brackets):	
Q82. Worrying summary: Percentage of pupils responding that they worry about at least one of the issues listed:	.85
Q82. Percentage answering that they worry about at least one of the issues listed 'often' or 'all of the time'	.85
Q82. Percentage of pupils responding that they worry about the following 'often' or 'all of the time' (top 10 – North Yorkshire Secondary data in brackets):	.86
Q83. Percentage answering that they know an adult they trust who they can talk to if they are worried about something	.86
Q84. Percentage of pupils responding that if they wanted to find out more information about any of the issues listed in Q8 they would like to get more information from the following places (top $10 - N$ orth Yorkshire Secondary data in brackets): .	
Q85. Percentage of pupils responding that they do the following when they have a problem or feel stressed (top 10 – Nor Yorkshire Secondary data in brackets):	
Q86. Percentage answering that they have a parent/carer who is in the armed forces.	.87
Q87. Percentage of pupils responding that their following parent/carer is in the armed forces (North Yorkshire Secondary data in brackets):	.87
Q88. Percentage of pupils responding that they have a parent/carer in the following armed forces (North Yorkshire Secondary data in brackets):	.87
Q89. Do you worry about them when they are away on operations?	.88
Q89. Percentage answering that they worry 'quite a lot' or 'a lot' about their parent/carer when they are away on military operations	.88
Q90. Percentage of pupils responding that they would turn to the following if they worry 'quite a lot' or 'a lot' about their parent/carer when they are away on operations (top 3 – North Yorkshire Secondary data in brackets):	
Q91. Percentage answering that they would find it useful to have a counsellor to talk to about their parent/carer in the	.88
Q92. Percentage of pupils responding that they would find it useful to have a counsellor to talk to and would prefer to see them at the following (North Yorkshire Secondary data in brackets):	



# This is not the end of your Growing Up in North Yorkshire Survey!

You will be receiving a pupil friendly summary report by the end of the year, which we would like you to share with your pupils.

# Ask us about...

... Getting your data into your computers
... Turning your data into graphs and pie charts
... Your data and Healthy Schools

... Free resources about young people's health-related behaviour: www.sheu.org.uk/node/366