

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

14th - 18th October 2019

MONDAY	Fast Food	Chicken Madras with Egg Fried Rice	£2.30
		G (wheat), C, Sb, M, Mu, E	
	Traditional	Beef & Vegetable Pie with New Potatoes and Cabbage	£2.30
		G (wheat), C, Sb	
Dessert	Chocolate & Vanilla Sponge with Chocolate Custard	95p	
	G (wheat), E, M		
TUESDAY	Fast Food	Pasta Bolognese with Parmesan Cheese	£2.30
		G (wheat, Rye), F, C, Sb, M, E	
	Traditional	Lamb & Vegetable Hotpot with Broccoli	£2.30
		C, Sb	
Dessert	Rice Pudding with Raspberry Sauce	95p	
	M		
WEDNESDAY	Fast Food	Sweet 'n' Sour Turkey with Soft Noodles	£2.30
		C, Sb, G (wheat)	
	Traditional	Sausages with Mashed Potatoes, Peas and Gravy	£2.30
		G (wheat), C, Sb, Sd, M	
Dessert	Jam Sponge and Custard	95p	
	G (wheat), E, M		
THURSDAY	Fast Food	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.30
		G (wheat), M, S, Mu	
	Traditional	Vegetable & Pulse Curry with Steamed Rice	£2.30
		C, Sb, Mu, M	
Dessert	Banoffee Pie	95p	
	G (wheat), M		
FRIDAY	Fast Food		£2.30
	Traditional	Staff Training Day	£2.30
Dessert		95p	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

14th - 18th October 2019

A Selection of Freshly Cut Sandwiches on Brown Bread or White Bread: G (wheat), Sb or Granary Bread G (wheat, barley), Sb

From £1.40 to include:

- Tuna Mayonnaise (F, E, Mu, G, M, Sb)
- Egg and Cress (E, Mu, G, M, Sb)
- Cheddar Cheese with Tomato (M, G, Sb)
 - Beef (G, M, Sb)
 - Ham (G, M, Sb)
 - Turkey (G, M, Sb)

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.15

(Please ask the Server for Allergen Information)

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roast Bacon Loin	Stuffed Lamb Shoulder with Gravy	Roasted Turkey Breast with Gravy and Cranberry Sauce	Roast Loin of Pork and Apple Sauce	Staff Training Day
Not Applicable	G (wheat), C, Sb, Sd	C, Sb	C, Sb	

Weekly Specials

Soup of the Week with a Bread Roll (G, E, M, Sb)	Carrot & Coriander Soup	£1.70
	C, Sb, M	
Healthy Choice Salad	Parma Ham, Buffalo Mozzarella and Olives with Mixed Salad Leaves and Vinaigrette	£1.90
	M, Mu, Sd	
Salad of the Week	Roasted Vegetables & Cous Cous with Pesto Dressing	£1.90
	Sb, Sd, G (wheat), M	
Jacket Potato	Cheese 'n' Beans	£2.15
	M - cheese only	
Jacket Potato of the Week	Chicken, Bacon & Mushrooms in a Creamy Garlic Sauce	£2.15
	G (wheat), M, C, Sb	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.85
Dessert	Changed Daily. Please see the Main Meals Menu.	95p

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Main Hall - YEAR 7 MENU

14th - 18th October 2019

Meal Deal 1 - The Lite Bite - £2.90

- A Selection of Freshly Cut Sandwiches on Brown, or White Bread: Sb, G (wheat) or Granary Bread Sb, G (wheat, barley)
- A Piece of Fresh Fruit
- A Hot Pudding or Cake

Note: All our Home-Made Cakes and Biscuits contain G (wheat), E, M, Sb, Sd

Meal Deal 2 - The Lite Bite - £2.90

Monday	Chicken Madras with Egg Fried Rice
	G (wheat), C, Sb, M, Mu, E
Tuesday	Pasta Bolognese with Parmesan Cheese
	G (wheat, Rye), F, C, Sb, M, E
Wednesday	Sweet 'n' Sour Turkey with Soft Noodles
	C, Sb, G (wheat)
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish
	G (wheat), M, S, Mu
Friday	Staff Training Day

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding

Meal Deal 3 - Traditional - £2.90

Monday	Beef & Vegetable Pie with New Potatoes and Cabbage
	G (wheat), C, Sb
	Chocolate & Vanilla Sponge with Chocolate Custard
	G (wheat), E, M
Tuesday	Lamb & Vegetable Hotpot with Broccoli
	C, Sb
	Rice Pudding with Raspberry Sauce
	M
Wednesday	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Jam Sponge and Custard
	G (wheat), E, M
Thursday	Vegetable & Pulse Curry with Steamed Rice
	C, Sb, Mu, M
	Fresh Fruit
	No Allergens
Friday	
	Staff Training Day

Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake

St. Aidan's Catering

DELI BAR MENU

14th - 18th October 2019

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roast Bacon Loin	Stuffed Lamb Shoulder with Gravy	Roasted Turkey Breast with Gravy and Cranberry	Roast Loin of Pork and Apple Sauce	Staff Training Day
Not Applicable	G (wheat), C, Sb, Sd	C, Sb	C, Sb	

Weekly Specials

Wrap of the Week G (wheat)	Tuna & Sweetcorn Wrap with Crisp Salad and Marie Rose Sauce	£2.15
	F, E, M	
Soup of the Week with a Bread Roll (G, E, M, Sb)	Carrot & Coriander Soup	£1.70
	C, Sb, M	
Healthy Choice Salad	Parma Ham, Buffalo Mozzarella and Olives with Mixed Salad Leaves and Vinaigrette	£1.90
	M, Mu, Sd	
Salad of the Week	Roasted Vegetables & Cous Cous with Pesto Dressing	£1.90
	Sb, Sd, G (wheat), M	
Jacket Potato	Cheese 'n' Beans	£2.40
	M - cheese only	
Jacket Potato of the week	Chicken, Bacon & Mushrooms in a Creamy Garlic Sauce	£2.40
	G (wheat), M, C, Sb	

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SIXTH FORM - LUNCH MENU

14th - 18th October 2019

Daily Special Options

Monday	Chicken Madras with Egg Fried Rice	£2.30
	G (wheat), C, Sb, M, Mu, E	
	Chocolate & Vanilla Sponge with Chocolate Custard	95p
	G (wheat), E, M	
Tuesday	Pasta Bolognese with Parmesan Cheese	£2.30
	G (wheat, Rye), F, C, Sb, M, E	
	Rice Pudding with Raspberry Sauce	95p
	M	
Wednesday	Sweet 'n' Sour Turkey with Soft Noodles	£2.30
	C, Sb, G (wheat)	
	Jam Sponge and Custard	95p
	G (wheat), E, M	
Thursday	Battered Chicken Burger in a Burger Bun with Fries and Relish	£2.30
	G (wheat), M, S, Mu	
	Banoffee Pie	95p
	G (wheat), M	
Friday	Staff Training Day	£2.30
		95p

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.15
	M - cheese only	
Jacket Potato of the Week	Chicken, Bacon & Mushrooms in a Creamy Garlic Sauce	£2.15
	G (wheat), M, C, Sb	
Healthy Choice Salad	Parma Ham, Buffalo Mozzarella and Olives with Mixed Salad Leaves and Vinaigrette	£1.90
	M, Mu, Sd	
Salad of the Week	Roasted Vegetables & Cous Cous with Pesto Dressing	£1.90
	Sb, Sd, G (wheat), M	
Vegetarian Dish	Changed Daily. Please ask the Server for Allergen Information.	£1.85
Soup of the Week with a Bread Roll (G, E, M, Sb)	Carrot & Coriander Soup	£1.70
	C, Sb, M	
Wrap of the Week	Tuna & Sweetcorn Wrap with Crisp Salad and Marie Rose Sauce	£2.15
	F, E, M	

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YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

14th - 18th October 2019

Hot Roast Baguette G (wheat) - £2.25

Monday	Tuesday	Wednesday	Thursday	Friday
Honey Roast Bacon Loin	Stuffed Lamb Shoulder with Gravy	Roasted Turkey Breast with Gravy and Cranberry Sauce	Battered Chicken Burger in a Burger Bun with Spicy Wedges	Staff Training Day
Not Applicable	G (wheat), C, Sb, Sd	C, Sb	G (wheat), M, Mu	

Hot Dish of the Day £2.30

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Madras with Egg Fried Rice	Pasta Bolognese with Parmesan Cheese	Sausages with Noodles and Sweet 'n' Sour Sauce	Vegetable & Pulse Curry with Steamed Rice	Staff Training Day
G (wheat), C, Sb, M, Mu, E	G (wheat, rye), F, C, Sb, M, E	G (wheat), C, Sb, Sd, M	C, Sb, Mu, M	

Weekly Specials

Hot Wrap of the Week G (wheat) with Salad	Green Thai Curry with Coriander, Peppers and Onions	£2.25
	Cru, Mu	
Soup of the Week with a Bread Roll (G, E, M, Sb)	Carrot & Coriander Soup	£1.70
	C, Sb, M	

A Selection of Speciality Biscuits, Cakes and Pastries from 65p

(All these contain G (wheat, barley), Sb, M, E, Sd and may contain Nuts)

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