

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

3rd - 7th June 2019

MONDAY	Fast Food	Chicken Korma with Egg Fried Rice	£2.10
		G (wheat), M, N (almonds), Mu, C, Sb, E	
	Traditional	Roasted Bacon Loin, Cajun Roast Potatoes and Peas	£2.10
Dessert	Treacle Sponge and Custard	90p	
	G (wheat), E, M		
TUESDAY	Fast Food	Lasagne with Salad Leaves	£2.10
		G (wheat, barley), F, C, Sb, M	
	Traditional	Turkey Breast with Stuffing, Carrots, Chive Potatoes and Gravy	£2.10
		G (wheat), C, Sb	
	Dessert	Apple Crumble and Ice-Cream	90p
		G (wheat), M	
WEDNESDAY	Fast Food	Barbecue Chicken Leg with Soft Noodles	£2.10
		G (wheat, rye), C, Sb, Sd	
	Traditional	Sausages, Cheese 'n' Onion Mash, Savoy Cabbage and Gravy	£2.10
		G (wheat), M, Sd, C, Sb	
	Dessert	Rice Pudding and Toffee Sauce	90p
		M	
THURSDAY	Fast Food	Battered Chicken Burger in a Sesame Seed Bun with Fries and Relish	£2.10
		G (wheat), C, M, Mu, Sb, S	
	Traditional	Roasted Vegetables with Cous Cous, Pesto Dressing and Parmesan Cheese	£2.10
		G (wheat), M, E	
	Dessert	Mixed Fruit Cheesecake	90p
		G (wheat), M. Non-vegetarian	
FRIDAY	Fast Food	Pasta with a Choice of Two Sauces	£2.10
		Ask staff for allergens	
	Traditional	Fresh Fish of the Day with Potatoes and Vegetables	£2.10
		Ask staff for allergens	
	Dessert	Chocolate & Vanilla Sponge with Chocolate Custard	90p
		G (wheat), E, M	

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

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Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

3rd - 7th June 2019

A Selection of Freshly Cut Sandwiches on White, Brown or Wholemeal Breads from £1.35

To include:

- Tuna Mayonnaise (F, E, Mu, G, M)
- Egg and Cress (E, Mu, G, M)
- Cheddar Cheese with Tomato (M, G)
 - Beef (G, M)
 - Ham (G, M)
 - Turkey (G, M)

A Selection of Triangle Sandwiches with Salad from £1.35

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.10

Hot Roast Baguette (G) - £2.20

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Bacon Loin	Roast Turkey and Cranberry Sauce	Sausages with Onion Gravy	Roast Lamb Shoulder	Battered Haddock and Tartare Sauce
G (wheat)	G (wheat), C, Sb	G (wheat), M, Sd, C, Sb	G (wheat), Sb, Sd, C	G (wheat), F, E, M, Mu

Weekly Specials

Soup of the Week with a Bread Roll (G)	Red Lentil & Vegetable Soup with Garlic and Coriander	£1.70
	C, Sb, M	
Healthy Choice Salad	Salmon & Asparagus Salad with Lemon & Spring Onion Mayonnaise	£1.90
	F, Sd, E	
Salad of the Week	Crispy Bacon & Wensleydale Salad with Black Olives and Chive Dressing	£1.90
	M, Mu	
Jacket Potato	Cheese 'n' Beans	£2.10
	M - cheese only	
Jacket Potato of the Week	Prawn & Tomato Coleslaw	£2.10
	Cru, E, F, G (barley)	
Vegetarian Dish	Changed Daily	£1.85
Dessert	Changed Daily	90p

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Main Hall - YEAR 7 MENU

3rd - 7th June 2019

Meal Deal '1 - The Lite Bite - £2.65

- A Selection of Freshly Cut Sandwiches on White, Brown or Wholemeal Breads
- A Piece of Fresh Fruit
- A Hot Pudding or Cake
- A Cup of Chilled Fruit Juice

Meal Deal :2 - The Lite Bite - £2.65

Monday	Chicken Korma with Egg Fried Rice
	G (wheat), M, N (almonds), Mu, C, Sb, E
Tuesday	Lasagne with Salad Leaves
	G (wheat, barley), F, C, Sb, M
Wednesday	Barbecue Chicken Leg with Soft Noodles
	G (wheat, rye), C, Sb, Sd
Thursday	Battered Chicken Burger in a Sesame Seed Bun with Fries and Relish
	G (wheat), C, M, Mu, Sb, S
Friday	Pasta with a Choice of Two Sauces
	Ask staff for allergens

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding and a Chilled Fruit Juice.

Meal Deal :3 - Traditional - £2.65

Monday	Roasted Bacon Loin, Cajun Roast Potatoes and Peas
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	Treacle Sponge and Custard
	G (wheat), E, M
Tuesday	Turkey Breast with Stuffing, Carrots, Chive Potatoes and Gravy
	G (wheat), C, Sb
	Apple Crumble and Ice-Cream
	G (wheat), M
Wednesday	Jacket Potato with Cheese 'n' Beans
	M - cheese only
	Rice Pudding and Toffee Sauce
	M
Thursday	Roasted Vegetables with Cous Cous, Pesto Dressing and Parmesan Cheese
	G (wheat), M, E
	Fresh Fruit
Friday	Fresh Fish of the Day with Potatoes and Vegetables
	Ask staff for allergens
	Chocolate & Vanilla Sponge with Chocolate Custard
	G (wheat), E, M

Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake. To include a Chilled Fruit Juice.

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DELI BAR MENU

3rd - 7th June 2019

Hot Roast Baguette (G) - £2.20

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Bacon Loin	Roast Turkey and Cranberry Sauce	Sausages with Onion Gravy	Roast Lamb Shoulder	Battered Haddock and Tartare Sauce
G (wheat)	G (wheat), C, Sb	G (wheat), M, Sd, C, Sb	G (wheat), Sb, Sd, C	G (wheat), F, E, M, Mu

Weekly Specials

Wrap of the Week (G)	Tandoori Chicken Wrap with Onion Bhaji, Crisp Salad and Mint Yoghurt	£2.10
	G (wheat), M, Mu, N	
Soup of the Week with a Bread Roll (G)	Red Lentil & Vegetable Soup with Garlic and Coriander	£1.70
	C, Sb, M	
Healthy Choice Salad	Salmon & Asparagus Salad with Lemon & Spring Onion Mayonnaise	£1.90
	F, Sd, E	
Salad of the Week	Crispy Bacon & Wensleydale Salad with Black Olives and Chive Dressing	£1.90
	M, Mu	
Jacket Potato	Cheese 'n' Beans	£2.20
	M - cheese only	
Jacket Potato of the Week	Prawn & Tomato Coleslaw	£2.20
	Cru, E, F, G (barley)	

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SIXTH FORM - LUNCH MENU

3rd - 7th June 2019

Daily Special Options

Monday	Chicken Korma with Egg Fried Rice	£2.10
	G (wheat), M, N (almonds), Mu, C, Sb, E	
	Treacle Sponge and Custard	90p
	G (wheat), E, M	
Tuesday	Lasagne with Salad Leaves	£2.10
	G (wheat, barley), F, C, Sb, M	
	Apple Crumble and Ice-Cream	90p
	G (wheat), M	
Wednesday	Barbecue Chicken Leg with Soft Noodles	£2.10
	G (wheat, rye), C, Sb, Sd	
	Rice Pudding and Toffee Sauce	90p
	M	
Thursday	Battered Chicken Burger in a Sesame Seed Bun with Fries and Relish	£2.10
	G (wheat), C, M, Mu, Sb, S	
	Mixed Fruit Cheesecake	90p
	G (wheat), M, Non-vegetarian	
Friday	Chilli Con Carne, Taco Shells, Sour Cream and Mixed Salad	£2.10
	G (wheat), C, Sb, M	
	Chocolate & Vanilla Sponge with Chocolate Custard	90p
	G (wheat), E, M	

Weekly Specials

Jacket Potato	Cheese 'n' Beans	£2.10
	M - cheese only	
Jacket Potato of the Week	Prawn & Tomato Coleslaw	£2.10
	Cru, E, F, G (barley)	
Healthy Choice Salad	Salmon & Asparagus Salad with Lemon & Spring Onion Mayonnaise	£1.90
	F, Sd, E	
Salad of the Week	Crispy Bacon & Wensleydale Salad with Black Olives and Chive Dressing	£1.90
	M, Mu	
Vegetarian Dish	Changed Daily	£1.85
Soup of the Week with a Bread Roll (G)	Red Lentil & Vegetable Soup with Garlic and Coriander	£1.70
	C, Sb, M	
Wrap of the Week (G)	Tandoori Chicken Wrap with Onion Bhaji, Crisp Salad and Mint Yoghurt	£2.10
	G (wheat), M, Mu, N	

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