

St. Aidan's Catering

Restaurant - MAIN MEALS MENU - Years 8, 9, 10

14th - 18th January 2019

| | | | |
|------------------|-------------|--|-------|
| MONDAY | Fast Food | Pasta Bolognese with Parmesan Cheese | £2.10 |
| | | G (wheat, barley), F, C, Sb, M, E | |
| | Traditional | Turkey, Ham & Leek Pie, Roast Potatoes and Carrots | £2.10 |
| | | G (wheat), M, C, Sb | |
| | Dessert | Treacle Sponge and Custard | 90p |
| | | G (wheat), E, M | |
| TUESDAY | Fast Food | Chicken Jalfrezi with Egg Fried Rice | £2.10 |
| | | G (wheat), M, C, Sb, Mu, E | |
| | Traditional | Honey Roasted Bacon Loin, Peas and New Potatoes | £2.10 |
| | | | |
| | Dessert | Jam Sponge and Custard | 90p |
| | | G (wheat), E, M | |
| WEDNESDAY | Fast Food | Cajun Pork Loin with Soft Noodles | £2.10 |
| | | G (wheat), C, Sb | |
| | Traditional | Shepherds Pie with Cabbage and Gravy | £2.10 |
| | | M, C, Sb | |
| | Dessert | Apple Crumble and Custard | 90p |
| | | G (wheat), M | |
| THURSDAY | Fast Food | Sausages with Chips and Beans | £2.10 |
| | | G (wheat), M, Sd | |
| | Traditional | Roasted Peppers & Mushroom Risotto with Parmesan Cheese, Garlic Bread and Salad Leaves | £2.10 |
| | | M, C, Sb, E G (wheat) - garlic bread only | |
| | Dessert | Raspberry Fool with a Shortbread Biscuit | 90p |
| | | M. Non-vegetarian | |
| FRIDAY | Fast Food | Pasta with a Choice of Two Sauces | £2.10 |
| | | Ask staff for allergens | |
| | Traditional | Battered Haddock, New Potatoes and Mushy Peas | £2.10 |
| | | G (wheat), F, Mu, M | |
| | Dessert | Sticky Toffee Pudding and Custard | 90p |
| | | G (wheat), E, M | |

C: Celery & Celeriac, Cru: Crustaceans, E: Eggs, F: Fish, G: Gluten, L: Lupin, M: Milk & milk containing products, Mo: Molluscs, Mu: Mustard, N: Nuts, P: Peanuts, S: Sesame, Sb: Soya, Sd: Sulphur Dioxide

St. Aidan's Catering

Restaurant - LIGHTER OPTIONS MENU - Years 8, 9, 10

14th - 18th January 2019

A Selection of Freshly Cut Sandwiches on White, Brown or Wholemeal Breads from £1.35

To include:

- Tuna Mayonnaise (F, E, Mu, G, M)
- Egg and Cress (E, Mu, G, M)
- Cheddar Cheese with Tomato (M, G)
 - Beef (G, M)
 - Ham (G, M)
 - Turkey (G, M)

A Selection of Triangle Sandwiches with Salad from £1.35

A Selection of Freshly Filled Continental Breads e.g. Bagels, Baguettes, Ciabattas from £2.10

Hot Roast Baguette (G) - £2.20

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|------------------------------------|------------------|---------------------------|------------------------------------|
| Roast Turkey and Cranberry Sauce | Honey Roast Bacon Loin and Mustard | Cajun Pork Loin | Sausages with Onion Gravy | Battered Haddock and Tartare Sauce |
| G (wheat), C, Sb | G (wheat), Mu, Sd | G (wheat), C, Sb | G (wheat), C, Sb, Sd, M | G (wheat), E, F, M, Mu |

Weekly Specials

| | | |
|--|---|-------|
| Soup of the Week with a Bread Roll (G) | Leek & Potato Soup | £1.70 |
| | C, Sb, M | |
| Healthy Choice Salad | Beef Tomato & Buffalo Mozzarella with Spring Onions and Balsamic Glaze | £1.90 |
| | M, Sd | |
| Salad of the Week | Smoked Bacon & Wensleydale Cheese with Roasted Cherry Tomatoes and Chive Mayonnaise | £1.90 |
| | M, E | |
| Jacket Potato | Cheese 'n' Beans | £2.10 |
| | M (Cheese Only) | |
| Jacket Potato of the Week | Beef & Mushroom Stroganoff with Peppers and Paprika | £2.10 |
| | C, Sb, M | |
| Vegetarian Dish | Changed Daily | £1.85 |
| | | |
| Dessert | Changed Daily | 90p |
| | | |

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Main Hall - YEAR 7 MENU

14th - 18th January 2019

Meal Deal '1 - The Lite Bite - £2.65

- A Selection of Freshly Cut Sandwiches on White, Brown or Wholemeal Breads
- A Piece of Fresh Fruit
- A Hot Pudding or Cake
- A Cup of Chilled Fruit Juice

Meal Deal '2 - The Lite Bite - £2.65

| | |
|------------------|--------------------------------------|
| Monday | Pasta Bolognese with Parmesan Cheese |
| | G (wheat, barley), F, C, Sb, M, E |
| Tuesday | Chicken Jalfrezi with Egg Fried Rice |
| | G (wheat), M, C, Sb, Mu, E |
| Wednesday | Cajun Pork Loin with Soft Noodles |
| | G (wheat), C, Sb |
| Thursday | Sausages with Chips and Beans |
| | G (wheat), M, Sd |
| Friday | Pasta with a Choice of Two Sauces |
| | Ask staff for allergens |

Meal Deal 2: To include a Choice of Fresh Fruit or a Piece of Cake or a Hot Pudding and a Chilled Fruit Juice.

Meal Deal '3 - Traditional - £2.65

| | |
|------------------|--|
| Monday | Turkey, Ham & Leek Pie, Roast Potatoes and Carrots |
| | G (wheat), M, C, Sb |
| | Treacle Sponge and Custard |
| | G (wheat), E, M |
| Tuesday | Honey Roasted Bacon Loin, Peas and New Potatoes |
| | 0 |
| | Jam Sponge and Custard |
| | G (wheat), E, M |
| Wednesday | Jacket Potato with Cheese 'n' Beans |
| | M - cheese only |
| | Apple Crumble and Custard |
| | G (wheat), M |
| Thursday | Roasted Peppers & Mushroom Risotto with Parmesan Cheese, Garlic Bread and Salad Leaves |
| | M, C, Sb, E G (wheat) - garlic bread only |
| | Fresh Fruit |
| | |
| Friday | Battered Haddock, New Potatoes and Mushy Peas |
| | G (wheat), F, Mu, M |
| | Sticky Toffee Pudding and Custard |
| | G (wheat), E, M |

Meal Deal 3: Dessert can be omitted for a Piece of Fresh Fruit or Cake. To include a Chilled Fruit Juice.

St. Aidan's Catering

DELI BAR MENU

14th - 18th January 2019

Hot Roast Baguette (G) - £2.20

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|------------------------------------|------------------|--------------------------|------------------------------------|
| Roast Turkey and Cranberry Sauce | Honey Roast Bacon Loin and Mustard | Cajun Pork Loin | Sausages and Onion Gravy | Battered Haddock and Tartare Sauce |
| G (wheat), C, Sb | G (wheat), Mu, Sd | G (wheat), C, Sb | G (wheat), C, Sb, Sd, M | G (wheat), E, F, M, Mu |

Weekly Specials

| | | |
|--|---|-------|
| Wrap of the Week (G) | Chicken Caesar Wrap with Baby Cos Lettuce, Sliced Egg and Parmesan Shavings | £2.10 |
| | G (wheat), E, M | |
| Soup of the Week with a Bread Roll (G) | Leek & Potato Soup | £1.70 |
| | C, Sb, M | |
| Healthy Choice Salad | Beef Tomato & Buffalo Mozzarella with Spring Onions and Balsamic Glaze | £1.90 |
| | M, Sd | |
| Salad of the Week | Smoked Bacon & Wensleydale Cheese with Roasted Cherry Tomatoes and Chive Mayonnaise | £1.90 |
| | M, E | |
| Jacket Potato | Cheese 'n' Beans | £2.20 |
| | M - cheese only | |
| Jacket Potato of the Week | Beef & Mushroom Stroganoff with Peppers and Paprika | £2.20 |
| | C, Sb, M | |

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St. Aidan's Catering

SIXTH FORM - LUNCH MENU

14th - 18th January 2019

Daily Special Options

| | | |
|------------------|--|-------|
| Monday | Pasta Bolognese with Parmesan Cheese | £2.10 |
| | G (wheat, barley), F, C, Sb, M, E | |
| | Treacle Sponge and Custard | |
| | G (wheat), E, M | 90p |
| Tuesday | Chicken Jalfrezi with Egg Fried Rice | £2.10 |
| | G (wheat), M, C, Sb, Mu, E | |
| | Jam Sponge and Custard | |
| | G (wheat), E, M | 90p |
| Wednesday | Cajun Pork Loin with Soft Noodles | £2.10 |
| | G (wheat), C, Sb | |
| | Apple Crumble and Custard | |
| | G (wheat), M | 90p |
| Thursday | Sausages with Chips and Beans | £2.10 |
| | G (wheat), M, Sd | |
| | Raspberry Fool with a Shortbread Biscuit | |
| | M. Non-vegetarian | 90p |
| Friday | Beef & Vegetable Stew in a Giant Yorkshire Pudding | £2.10 |
| | G (wheat), C, Sb, E, M | |
| | Sticky Toffee Pudding and Custard | |
| | G (wheat), E, M | 90p |

Weekly Specials

| | | |
|---|---|-------|
| Jacket Potato | Cheese 'n' Beans | £2.10 |
| | M - cheese only | |
| Jacket Potato of the Week | Beef & Mushroom Stroganoff with Peppers and Paprika | £2.10 |
| | C, Sb, M | |
| Healthy Choice Salad | Beef Tomato & Buffalo Mozzarella with Spring Onions and Balsamic Glaze | £1.90 |
| | M, Sd | |
| Salad of the Week | Smoked Bacon & Wensleydale Cheese with Roasted Cherry Tomatoes and Chive Mayonnaise | £1.90 |
| | M, E | |
| Vegetarian Dish | Changed Daily | £1.85 |
| | | |
| Soup of the Week with a Bread Roll (G) | Leek & Potato Soup | £1.70 |
| | C, Sb, M | |
| Wrap of the Week (G) | Chicken Caesar Wrap with Baby Cos Lettuce, Sliced Egg and Parmesan Shavings | £2.10 |
| | G (wheat), E, M | |

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St. Aidan's Catering

YEAR 11 - CAFÉ MENU

Opening Hours - 12:30pm - 1:30pm

14th - 18th January 2019

Hot Roast Baguette (G) - £2.20

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------|------------------------------------|------------------|---------------------------|------------------------------------|
| Roast Turkey and Cranberry Sauce | Honey Roast Bacon Loin and Mustard | Cajun Pork Loin | Sausages and Spicy Wedges | Battered Haddock and Tartare Sauce |
| G (wheat), C, Sb | G (wheat), Mu, Sd | G (wheat), C, Sb | G (wheat), M, Sd | G (wheat), E, F, M, Mu |

Hot Dish of the Day £2.10

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|--------------------------------------|-------------------------------|--|--|
| Pasta Bolognese with Parmesan Cheese | Chicken Jalfrezi with Egg Fried Rice | Shepherds Pie, Peas and Gravy | Roasted Peppers & Mushroom Risotto with Parmesan Cheese, Garlic Bread and Salad Leaves | Beef & Vegetable Stew in a Giant Yorkshire Pudding |
| G (wheat, barley), F, C, Sb, M, E | G (wheat), M, C, Sb, Mu, E | M, C, Sb | M, C, Sb, E G (wheat) - garlic bread only | G (wheat), C, Sb, E, M |

Weekly Specials

| | | |
|---|---|-------|
| Hot Wrap of the Week with Salad, Salsa and Dressing (G) | Barbecue Chicken with Peppers, Red Onions and Coriander | £2.20 |
| | G (wheat, rye), Sd | |
| Soup of the Week with a Bread Roll (G) | Leek & Potato Soup | £1.70 |
| | C, Sb, M | |

A Selection of Speciality Home-Made Cakes and Pastries from 60p

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