



## St Aidan's C of E High School Food Allergy Information

### **Sandwiches**

All bread contains gluten and soya

All margarine contains milk

Fillings are free from the 14 listed allergens unless otherwise stated

If you supplied your child with gluten / wheat / soya free bread the school will happily make this into a sandwich with their chosen filling from those available on the day.

### **Fillings available:**

Bacon, Lettuce & Tomato (contains eggs)

Beef Salad

Beef

Cheese and Cucumber (contains milk)

Cheese and Tomato (contains milk)

Cheese (contains milk)

Cream Cheese Salad (contains milk)

Egg and Cress (contains egg)

Ham Salad

Ham

Parma Ham Salad

Prawn Salad (contains crustaceans)

Salmon Salad (contains fish)

Sardine Salad (contains fish)

Tuna Mayonnaise and Cucumber (contains fish and eggs)

Tuna Mayonnaise (contains fish and eggs)

Turkey