



ST. AIDAN'S

CHURCH OF ENGLAND HIGH SCHOOL

November 2017

Dear Parents /Guardians and Students

Year 8 Trip to Ullswater – 18-22 December 2017

I am writing to give you the final details for the forthcoming Ullswater trip for your son/daughter.

Monday 18 December 2017

Arrive at school at the normal time for registration. **Pupils must put their bags in the deli bar until they are ready to leave school**

10:10 two coaches will arrive for pupils and staff to load their luggage and get seated
10:30 approximate departure time from St Aidan's
12:30 approximate arrival time at Ullswater.

Please ensure your son/daughter has a **packed lunch and a drink for the first day**. The first meal at Ullswater will be in the evening. It will be useful to have a water bottle for the duration of the trip.

The kit list is attached to remind you of what is required on the trip. The Centre provides the equipment required for the activities including hiking boots and waterproofs. Specialist additional clothing is therefore not required. However the students **must bring £10.00** with them as this will be taken from each pupil upon arrival and returned to them when they hand back the clothing and equipment they have borrowed at the end of the trip.

Friday 22 December 2017

11.00 The coaches will depart Ullswater and return to St Aidan's in time for the school buses.

Ullswater Contact Details

Address: The Outward Bound Trust, Ullswater Centre, Watermillock,
Penrith, Cumbria, CA11 0JL

Tel: 01768 485000

Website: www.outwardbound.org.uk

Regards

Mrs T Collins
Trips Administrator

Headteacher: Mr J Wood

St. Aidan's Church of England High School, Oatlands Drive, Harrogate, North Yorkshire HG2 8JR

Tel: 01423 885814 • Fax: 01423 884327 • Email: admin@staidans.co.uk • www.staidans.co.uk



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YOUR OUTWARD BOUND EXPERIENCE

During your stay, you will have to take responsibility for your daily life, respecting those living alongside you, making your bed, tidying your room, looking after your belongings and those of the Centre

The Centre will provide you with all specialist activity and safety equipment (please bring a refundable £10.00 deposit with you as this is required on arrival). However you are welcome to bring your own kit and use it, providing it meets the Centre's safety standards. You will need to bring personal clothing and footwear.

CLOTHING CHECK LIST

BED LINEN IS PROVIDED BUT PLEASE SUPPLY YOUR OWN TOWELS.

- Casual T-shirts
- Sweatshirts
- Thermal Tops
- Jumpers
- Fleece tops
- Thick and thin walking socks
- Synthetic trousers for walking (not jeans)
- JEANS (for around centre only)
- 2 pairs of trainers (one which can get wet)
- Underwear
- Pyjamas
- Shorts
- Hat and gloves
- Towel and swimwear
- Prescribed medicate (where necessary)

All courses may involve getting wet at some point, so please make sure you have plenty of spare dry clothes to change into.

MONEY

You will only need to bring a small amount of money, as all courses are full inclusive. However all centres have a shop which sells confectionery, souvenirs and some items of clothing. We advise £15.00 per week, plus the £10.00 refundable deposit of equipment.

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USEFUL ITEMS (DEPENDING ON TIME OF YEAR)

Notepad and Pen, sun glasses, sun cream, blister kit, camera, insect repellent, books and magazines.

WHAT NOT TO BRING

You may want to leave valuable watches and jewellery behind. However if you really cannot live without them, you can be given access to a safety deposit box at the Centre. Aerosols and penknives are prohibited.

MOBILE PHONES

School has a preference that mobile phones are not permitted.

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