

September 2016

Dear Year 10 Parent / Guardian

OUTWARD BOUND LOCH EIL: SATURDAY 1ST – FRIDAY 7TH APRIL 2017

I write to you with regard to the annual Year 10 Outdoor Education course based at Loch Eil, near Fort William, on the West Coast of Scotland. This 7-day residential has become extremely popular and is regarded in school as one of the most challenging and rewarding activity courses. 'Outward Bound' is an outdoor activities provider of the highest calibre and they enjoy a first class reputation. Accommodation, equipment and staff expertise are superb, and the centre, close to the foot of Ben Nevis, is surrounded by some of Britain's finest and wildest scenery.

TYPICAL ITINERARY

- Travel to Loch Eil Day 1 am Settle in. Night exercise pm Day 2 Initiative, team building tasks am pm Climbing/abseiling Evening Multi-task competition Day 3 am High challenge activity Kayak pm
- Day 4 am Raft building pm High challenge/team building initiatives

Evening Expedition preparation

- Day 5 Expedition
- Day 6 am Expedition return pm High challenge/zip wire

Evening Final dinner Course review

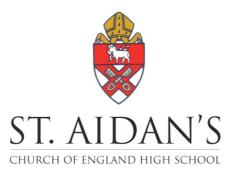
Day 7 am Depart for Harrogate

Outward Bound put great emphasis on the personal development and confidence building aspect of the activities that we do, encouraging individual and group responsibility. The course should appeal to anyone who has an interest in the outdoors and we hope that it will provide an opportunity for all to excel at some part of the week. Some aspects of the course will undoubtedly challenge all pupils!

The cost of the course, including travel by coach is £450.00, which represents excellent value as far as

Headteacher: Mr J Wood

St. Aidan's Church of England High School, Oatlands Drive, Harrogate, North Yorkshire HG2 8JR Tel: 01423 885814 • Fax: 01423 884327 • Email: admin@staidans.co.uk • www.staidans.co.uk



organisations of this calibre are concerned. All equipment is provided including boots, Gore-Tex jackets and waterproofs and there is really no need for very much spending money. The only extra money required will be for a £10 deposit payment which pupils have to give when they arrive and it is refunded at the end of the week when they return their kit.

We are splitting payment for the trip into three payments, the first payment will be £150.00 which is due on **Friday 7th October**, the second payment will be £150.00 due on Friday 2nd December and the final payment of £150.00 is due on Friday 3rd February 2016. **Our preferred method of payment for this trip is via ParentPay**. You will be able to view the balance due as well as giving online consent for the trip. Please note payments by cheque will still be accepted and if this is your preferred method of payment, please complete the consent slip below and return it to the finance department at school with your deposit. **All deposits must be returned by Friday 7th October**.

The centre at Loch Eil has the capacity to accommodate 105 students. Further information can be obtained on the school website www.staidans.co.uk or www.outwardbound-uk.org but if you have any queries about this trip, please do not hesitate to contact me at school.

Yours faithfully

Gunoping D.C.

D Holdsworth Outdoor Education Coordinator

Outward Bound Loch Eil: 1ST – 7TH APRIL 2017

I would like my son/daughter to take part in the above visit. I enclose a cheque for a **non-refundable** deposit of \pounds 150.00.

Please make the cheque payable to St Aidans School Fund and place the cheque and the consent form in an envelope with your Name and Form on into the Catering Card Box outside the Finance Office by Friday 7th October.

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