

### You matter most

# Universal Healthy Child Service

# NORTH YORKSHIRE HEALTHY CHILD PROGRAMME Growing up healthy in North Yorkshire

#### <u>Harrogate and District Foundation Trust Children's Services 5-19</u> <u>Healthy Child Programme</u>

14 April 2015

Dear Parents and Carers,

We would like to introduce you to our new 5-19 Healthy Child Service which has been established for all children and young people within North Yorkshire. This service will work in universal and community settings such as in schools, youth venues and in the family home. The Healthy Child Team will conduct health checks on children entering school and on transfer to secondary schools. We will be the first point of contact for schools where there may be concerns about a child's health and wellbeing, we will offer advice and information to parents and work directly with children and young people. The service will have a named nurse linked to each GP practice in your area. This service will also be responsible for measuring and weighing children as part of the National Child Measurement Programme and will undertake immunisation and vaccinations and help improve their health and wellbeing.

The Service is resourced with a range of health care professionals with the skills and competencies required to deliver an accessible and professional service. This will include:

- Specialist Community Public Health Nurses (SCPHN); Known previously as School Nurses
- Healthy Child Nurses(HCP);



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Assistant Practitioners (AP)

• Screening Technicians and Administrators

We work closely with our colleagues within the Prevention Service, Compass REACH, and the Healthy Lifestyle Service so that Children, Young People and Families receive consistent information about all services available and do not experience a disjointed relationship with either the Healthy Child providers or the Prevention Service.

During the year you will receive on going communication and information from us and we will be developing our website information on the schools and NYCC websites. We look forward to working with you and your families and please don't hesitate to contact us on the number or email below if you need any more information about the Healthy child service or have any health concerns regarding your child

Yours Sincerely

RM Wigh

Rachel Wigin

Professional Clinical Lead 5-19 Healthy Child Service



#### **NHS Foundation Trust**

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- Transition between CAMHS & AMH Sexual Health.
- Support for Parents & Careers
- Immunisations
- Referral to Local
   Specialist Substance
   Misuse Services
- Smoking Cessation
- Targeted approach
- Support Transition of young people leaving care
- Support for young parents
- Looked after Children Reviews
- Safeguarding
- Behaviour Support
- Identification of Targeted Intervention
- Emotional Wellbeing & Health
- Vision & Hearing
- Looked After
   Children Reviews
- Promoting Healthy Weight
- National Child Measurement Programme
- Long Term
   Conditions
- Continence Care
- Immunisations & Vaccination's
- Support for Parents
   & Carers



#### Transition into Adult Hood

16 – 19 Years

11 – 16 Years

> 5-11 Years

4 – 5 Years

- Health Review at School transition
- Emotional Wellbeing & Health
- Self Harm
- NCMP
- · Promoting Healthy Weight
- Long Term Conditions
- Childhood Immunisations
- Teenage Pregnancy & Sexual Health
- Teacher Training Sessions
- Care Plans
- Continence Care
- Promote a Healthy Lifestyle
- Smoking Cessation
- Drugs & alcohol
- Support to Parent & Carers
- Behaviour Management
- Safeguarding

 Transition into school

- Liaison with HV
- School Entry Assessment
- Identification of Targeted Health Needs
- Continence Care
- Behaviour Support
- Safeguarding

