

How to make the most of mock exams



St Aidan's CODE for learning

Pupils are encouraged to do the following to help them learn:

C

Community

- Work together cooperatively
- Have respect for others
- Engage positively in their learning

O

Organisation

- Plan and reflect
- Meet deadlines
- Be ready to learn

D

Determination

- Focus on the tasks
- Be resilient in their learning
- Be prepared to work hard

E

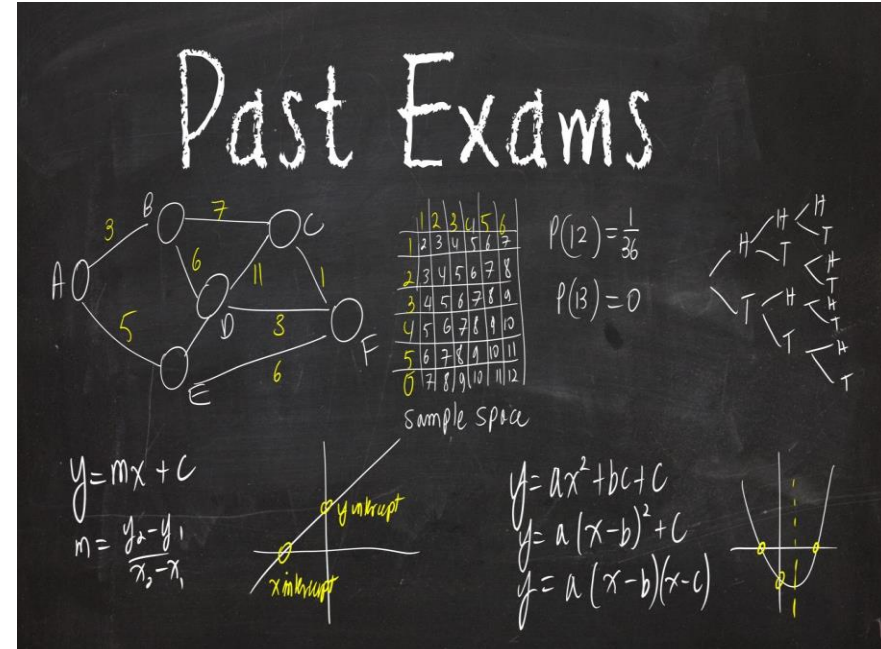
Enterprise

- Take the initiative
- Use the resources available intelligently
- Think independently and set goals

CODE

- C work with peers/teachers co-operatively
- O make a revision plan, be realistic
- D be resilient and prepared to work hard
- E use available resources intelligently

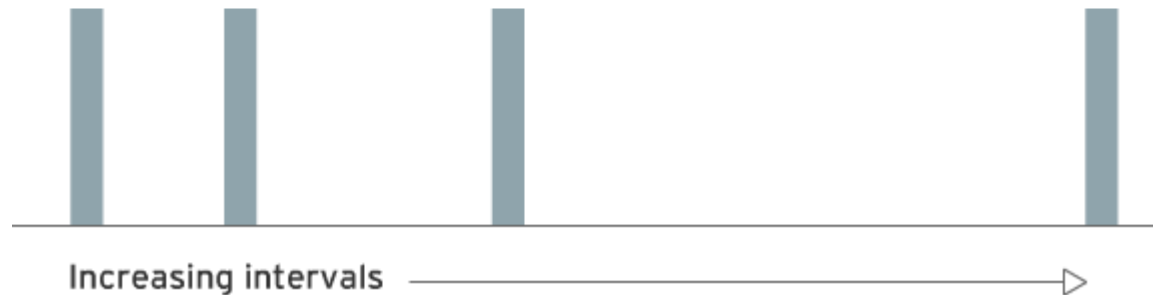
Do...keep testing (yourself)



Forgetting is an
important part of
remembering!

Do...keep revisiting material after increasing intervals

Optimally Spaced Repetitions are based on the 'Spacing Effect'

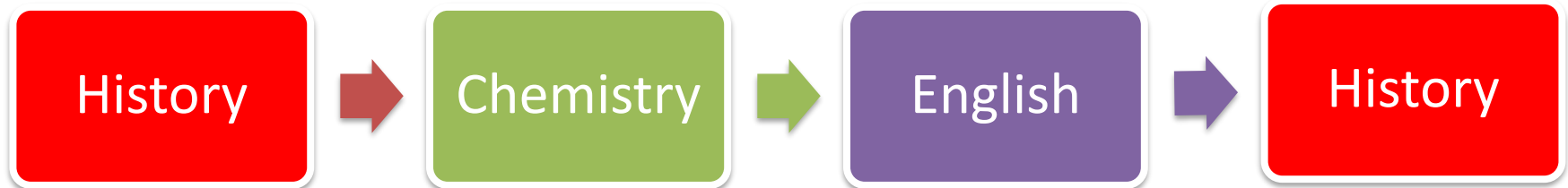


Do...switch topics/subjects

Your memory works best when it is forced to mix up different subjects and topics within subjects

This will feel more difficult and it takes careful planning but it will be more effective.

Chunks of 15-30 mins are ideal.



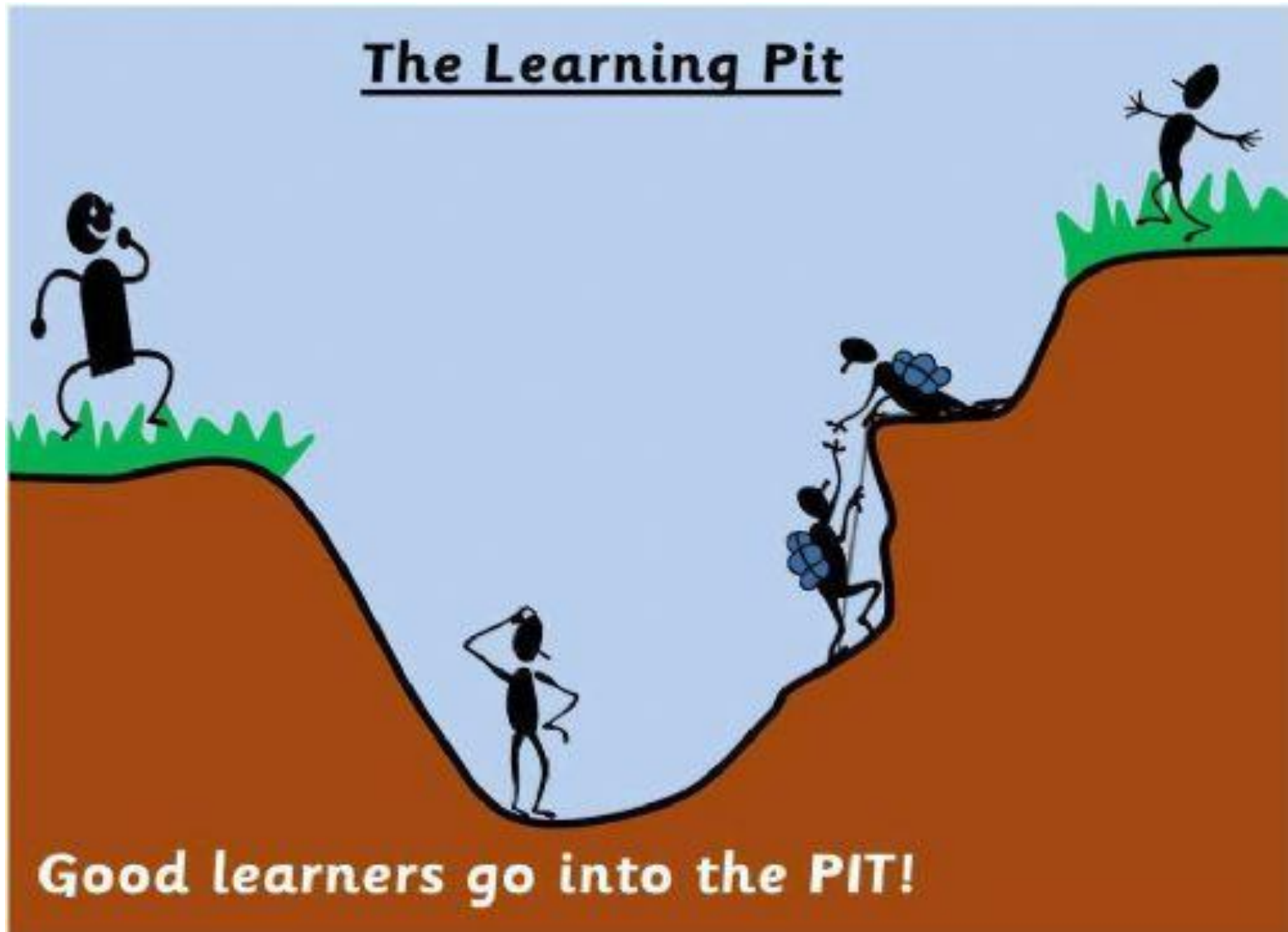
DO...act on feedback

1. Advice from teachers
2. CODE scores on recent PRs

THEN

Feedback from the mock exams

DO...keep trying



DO...plan some technology blackout

DO...stay active in your revision

- Reading your notes through and/or highlighting is a very low value activity
- Your brain needs to work hard and exercise – if you're having to think hard, its doing you good!

