

EXTRA CURRICULAR SPORTS ACTIVITIES

Day	Lunch				After School	
	Astro	Fitness Centre	Gym	Sports Hall	Sports Hall	Outside
Mon	U19 Football (DJH)	Mixed Fitness (CW)	Girls Basketball (DB)	Yr 9 B Ball (LM/DS)	U 19 Basketball (LM) Year 9+10 Dance (Studio) (SM)	Yr 8 Football (AR/DS) Senior Girls Hockey (RW/CV) Girls football match night Yr 8 Netball (SWW) Yr 7 Football (JC/PS)
Tue	Yr 9 Girls Hockey (CPW))	Running Club (Outside) Multi-Skill Club (DJH/JC/DS)	Yr 7+8 Netball (SWW) (Outside) Multi-Skill Club (DJH/JC/DS)	Yr 8 B Ball (DB)	YR 7 Basketball (DS/JC/DB)	Yr 7 Hockey (CEW/ JW/CW) Senior Girls Football (CEW)
Wed	Girls Football Yr 9 (MP)	Mixed Fitness (CW)	Yr 9 + 10 netball	Badminton (SW) (Yr 8 first half term, Yr 9 second half term)	Advance (Elite Group Dance) (SM) Senior Circuit Training Yr 11 + Senior Netball (SWW)	Yr 11 football (AR/GD) Girls Football Yrs 7,8,9 (CEW) Yr 10 Hockey (CV) Tag Rugby (DN, MS, BF) Yr 9 Football (PT/PD)
Thurs		Girls Only Fitness (CPW)	Yr 10+11 B ball (PS + DJH + DS)	Yr 10+11 B Ball (PS + DJH + DS)	Yr 7 Netball (SWW) (SPH) Yr 9 + 10 Netball Year 11 + 6 th Dance (Studio)	Yr 10 Football (LM/RI) Yr 12/13 Football (DJH/TP) Yr 8 Hockey (JW/RW)
Friday	World Series (TP) YR 11,12,13	Mixed Fitness (CW)		Girls Cricket (CEW)	Staff Football	Yr 9 Hockey (CPW/CV) (Astro)