

St Aidan's presents  
**THE STRAY 5K**  
and  
**YOUNG ATHLETES 2 MILER**

**Saturday 7th June 2008**

**2 miler at 10.30am, 5k at 11.00am**

Starting and finishing in the grounds of  
St Aidan's C of E School, Oatlands Drive, Harrogate.

The Stray 5K is a flat accurately measured course  
crossing Harrogate's famous stray.

The Young Athletes 2 miler is an accurately  
measured flat race for young athletes  
and all the family.

**[www.staidans.co.uk](http://www.staidans.co.uk)**

**[www.upandrinning.co.uk](http://www.upandrinning.co.uk)**

Race entered 5K ( ) 2 Miler ( )

I would like to receive the Up & Running e-newsletter  
with details of local events, promotions and special  
offers **YES/NO** (please delete)

Surname .....

First name ..... email .....

Address .....

Postcode ..... Date of Birth ..... Age on race day ..... M / F

contact tel no: day..... evening: .....

UK Affiliated Club ..... NOEAA Registration Number .....

I enclose entry fee of (*see over*)..... and optional donation of .....  
for St. Aidan's School P.T.A. I am a UK taxpayer and would like you to treat my  
optional donation under the terms and conditions of gift aid (delete if inapplicable).

I wish to enter the above race, and hereby declare that I am an amateur as defined by the U.K.A. laws, and I certify  
that I agree that the organisers cannot be held responsible for any loss of property or injury or illness incurred  
to my person during or as a result of my participating in the race referred to on this entry form. I understand my entry  
details may be stored in the entry computer.

The minimum age for the 5K is 13 2 mile runners under 8 should be accompanied by an adult.

Signed ..... Date.....

The 2miler Fun Run will have lots of spot prizes, whether you're sprinting at the front or enjoying a walk at the back, there's a good chance of a prize.

## 5K PRIZES

### MALE

1st, 2nd, 3rd  
1st over 40  
1st over 50  
1st over 60

### FEMALE

1st, 2nd, 3rd  
1st over 35  
1st over 40  
1st over 50

## ENTRY FEES

### 5K

£4 attached  
£6 unattached  
Entries on the day £1 extra

### 2 MILER

£2.50

permit applied for

In association with



**SHOES - CLOTHING - ADVICE**

**for running and the gym**

16 Station Parade, Harrogate.

[www.upandrunning.co.uk](http://www.upandrunning.co.uk)

Cheques/postal orders to be made payable to:  
**St Aidan's School P.T.A**  
St Aidan's students can return entry forms to the School Office.

Entries must be sent to:-  
Race Secretary,  
St Aidan's School,  
Oatlands Drive,  
Harrogate,  
HG2 8JR.

Please enclose SAE (minimum 9"x4" CHECK THE POSTAGE IS CORRECT) for number and race details

**CLOSING DATE FOR POSTAL ENTRIES**

**MONDAY 2nd JUNE 2008**